

DAFTAR PUSTAKA

- Abidin, R. R. (1990). Introduction to the special issue: The stresses of parenting. *Journal of clinical child psychology*, 19(4), 298-301.
- Alia, T., & Irwansyah, I. (2018). Pendampingan orang tua pada anak usia dini dalam penggunaan teknologi digital [parent mentoring of young children in the use of digital technology]. *Polyglot: Jurnal Ilmiah*, 14(1), 65-78.
- Akbar, Z., & Kartika, K. (2016). Konflik peran ganda dan keberfungsian keluarga pada ibu yang bekerja. *JPPP-Jurnal Penelitian Dan Pengukuran Psikologi*, 5(2), 63-69.
- Apreviadizy, P., & Puspitacandri, A. (2014). Perbedaan Stres Ditinjau dari Ibu bekerja dan Ibu Tidak Bekerja. *Jurnal Psikologi Tabularasa*, 9(1).
- Azwar, S. (2012). *Penyusunan Skala Psikologi (edisi kedua)*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2017). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar
- Baqutayan, S. M. S. (2015). Stress and coping mechanism: a historical overview. *Mediterranean Journal of Social Sciences*, 6(2), 479- 488.
- Belsky, J. (1984). The determinants of parenting: A process model. *Child development*, 83-96.
- Berry, J. O., & Jones, W. H. (1995). The Parental Stress Sacale: Initial Psychometric Evidence. *Journal of Social and Personal Relationships*, 12, (3), 463-472.
- Bloomfield, L., Kendall, S., Applin, L., RHV, V. A. R., Dearnley, K., Edwards, L., & Newcombe, T. (2005). A qualitative study exploring the experiences and views of mothers, health visitors and family support centre workers on the challenges and difficulties of parenting. *Health & social care in the community*, 13(1), 46-55.
- Bloomfield, L., & Kendall, S. (2012). Parenting self-efficacy, parenting stress and child behaviour before and after a parenting programme. *Primary health care research & development*, 13(4), 364-372.
- Bögels, S., Lehtonen A., & Restifo, K. (2010). Mindful parenting in mental health care. *Mindfulness*, 1, 107-120.

- Borelli, J. L., Nelson, S. K., River, L. M., Birken, S. A., & Moss-Racusin, C. (2017). Gender differences in work-family guilt in parents of young children. *Sex Roles: A Journal of Research*, 76(5-6), 356–368.
- Can, D., & Ginsburg-Block, M. (2016). Parenting stress and home-based literacy interactions in low-income preschool families. *Developmental Psychology*.
- Coleman, P. K., & Karraker, K. H. (1998). Self-efficacy and parenting quality: Findings and future applications. *Developmental review*, 18(1), 47-85.
- Coleman, P. K., & Karraker, K. H. (2000). Parenting self-efficacy among mothers of school-age children: Conceptualization, measurement, and correlates. *Family Relations*, 49(1), 13-24.
- Coleman, P. K., & Karraker, K. H. (2003). Maternal self-efficacy beliefs, competence in parenting, and toddlers' behavior and developmental status. *Infant Mental Health Journal: Official Publication of The World Association for Infant Mental Health*, 24(2), 126-148.
- Crnic, K A., & Low, C. (2002). Everyday Stress and Parenting. In M. H. Bornstein (Ed), *handbook of Parenting volume: 5 Practical Issues in parenting (2nd ed., pp. 243-267)*. Mahwah, NJ: Lawrence Erlbaum Associates.
- Crnic, K., & Ross, E. (2017). Parenting stress and parental efficacy. In *Parental stress and early child development* (pp. 263-284). Springer, Cham.
- Deckard, K. (2004). *Parenting stress*. New Haven, CT: Yale University Press
- Dey, B. K., Bairagi, A., Kabir, S. M. S., & Shahrier, M. A. (2013) Parenting stress and Depression in Children of Working Mother. *Journal of Biological Science*, 7(1-2), 151-165
- Encyclopedia of children's health*. Working Mothers. Diakses 23 November 2020 dari <http://www.healthofchildren.com/U-Z/Working-Mothers.html>
- Gani, I. A., & Kumalasari, D. (2019). Be Mindful, Less Stress: Studi Tentang Mindful Parenting Dan Stres Pengasuhan Pada Ibu Dari Anak Usia Middle Childhood Di Jakarta. *Jurnal Psikologi*, 15(2), 98-107.
- Ghozali, I. (2011). *Aplikasi analisis multivariate dengan program ibm spss 19 (5th ed)*. Universitas Diponegoro.
- Gracia, A., Ren, L., Estraich, J., & Raikes, H. (2017). Influence of child behavioral problems and parenting stress on parent-child conflict among low income families. *Merrill-Palmer Quarterly*. 63(3), 311-339

- Gregory, R.J. (2015). *Psychological Testing: History, Principles, and Applications*. United States of America: Pearson Education Limited.
- Hairina, Y., & Fadhila, M. (2019). dinamika parenting stress dan strategi coping pada ibu bekerja. *Psycho Holistic*, 1(2), 73-80.
- Hardani, H. A., Ustiawaty, J., Istiqomah, R. R., Fardani, R. A., Sykmana, D. J., & Auliya, N. H. (2020). *Buku Metode Penelitian Kualitatif & Kuantitatif*. Yogyakarta: CV. Pustaka Ilmu Group.
- Holloway, S. D., & Behrens, K. Y. (2002). Parenting self-efficacy among Japanese mothers: Qualitative and quantitative perspectives on its association with childhood memories of family relations. *New directions for child and adolescent development*, 2002(96), 27-44.
- Hong, X., & Liu, Q. (2019). Parenting stress, social support and parenting self-efficacy in Chinese families: does the number of children matter?. *Early Child Development and Care*, 1-12.
- Jackson, A. P., Brooks-Gunn, J., Huang, C., & Glassman, M. (2000). Single mothers in low-wage jobs: Financial strain, parenting, and preschoolers' outcomes. *Child development*, 71(5), 1409-1423.
- Jones, T. L., & Prinz, R. J. (2005). Potential roles of parental self-efficacy in parent and child adjustment: A review. *Clinical psychology review*, 25(3), 341-363.
- Kumalasari, D., & Gani, I. A. A. (2020). Mengasuh Anak Usia PraMiddle Childhood vs Anak Usia Middle Childhood Dasar: Manakah yang Lebih Menimbulkan Stres Pengasuhan pada Ibu?. *Personifikasi*, 11(2), 146-160.
- Kwok, S. Y. C. L., & Wong, D. (2000). Mental health of parents with young children in Hong Kong: The roles of parenting stress and parenting self-efficacy. *Child and Family Social Work*, 5(1), 57-65.
- Lubis, P., Hasanah, O., & Dewi, A. P. (2015). Gambaran Tingkat Risiko Cedera pada Anak Usia Sekolah (Doctoral dissertation, Riau University). *JOM*, 2(2), 1335-1343
- Nazir, M. (2011). *Metode Penelitian*. Bogor: Ghalia Indonesia.
- Papalia, D.E., Olds, S.W., & Feldman, R.D. (2009). *Human Development*. 11th Ed. New York: McGraw-Hill Companies, Inc.
- Periantalo, J. (2016). *Penelitian kuantitatif untuk psikologi*. Yogyakarta: Pustaka Pelajar.

- Profil Perempuan Indonesia. (2018). Kementerian Pemberdayaan Perempuan Indonesia
- Rahmat, S. T. (2018). Pola asuh yang efektif untuk mendidik anak di era digital. *Jurnal Pendidikan Dan Kebudayaan Missio*, 10(2), 143-161.
- Rahmawati, R. A., & Ratnaningsih, I. Z. (2020). Hubungan antara Parenting Self-Efficacy dan Konflik Pekerjaan-Keluarga pada Ibu Bekerja yang Memiliki Anak Usia Middle Childhood Dasar di PT.“X” Cirebon. *Empati*, 7(2), 582-590.
- Raikes, H. A., & Thompson, R. A. (2005). Efficacy and social support as predictors of parenting stress among families in poverty. *Infant Mental Health Journal: Official Publication of The World Association for Infant Mental Health*, 26(3), 177-190.
- Santrock, J. W. (2013). *Life Span Development* (14thed). New York: McGraw-Hill Higher Education.
- Sari, T. D. M. N., & Wahini, M. (2015). Pola Asuh Makan Antara Ibu Bekerja Dan Tidak Bekerja Dan Faktor Yang Mempengaruhi Status Gizi Anak Usia Sekolah Dasar (Kasus Di Desa Tingkis, Kecamatan Singgahan, Kabupaten Tuban). *Jurnal Tata Boga*, 4(1).
- Sitorus, F. H. (2020). Stres Pada Ibu Bekerja. *Psikologi Prima*, 3(2), 1-21
- Suarmini, N. W., Zahrok, S., & Agustin, D. S. Y. (2018). Peluang dan Tantangan Peran Perempuan di Era Revolusi Industri 4.0. *IPTEK Journal of Proceedings Series*, (5), 48-53.
- Supratiknya, A. (2014). Pengukuran psikologis. Yogyakarta: Universitas Sanata Darma.
- Susan D. Holloway; Kazuko Y. Behrens (2002). Parenting self-efficacy among Japanese mothers: Qualitative and quantitative perspectives on its association with childhood memories of family relations. , 2002(96), 27-44. doi:10.1002/cd.42
- Utami, P. L., & Puspitadewi, N. W. S. (2012). Perbedaan tingkat stres ditinjau dari empty nest syndrome dan status ibu. *Jurnal Psikologi*, 1(1), 1-7.
- Webster-Stratton, C. (1990). Stress: A potential disruptor of parent perceptions and family interactions. *Journal of Clinical Child Psychology*, 19(4), 302-312.
- Wibowo, A., & Saidiyah, S. (2018). Proses Pengasuhan Ibu Bekerja. *Jurnal Psikologi Integratif*, 1(2), 105-123.

Wibowo, S. (2010). Modul Pelatihan SPSS: Aplikasi Pada Penelitian Sosial. Fakultas Psikologi, Universitas Muhamadiyah Lampung, Lampung.

Yunita, R. D. (2017). Dilema Ibu Bekerja. *Indigenous: Jurnal Ilmiah Psikologi*, 3(1), 7-12

