

## DAFTAR PUSTAKA

- Alberti, R. E., & Emmons, M. L. (2017). *Your perfect right*. Impact Publishers.
- Anastasi, & Urbina. (2007). *Tes psikologi*. PT. Macanan Jaya Cemerlang.
- Asosiasi Penyedia Jasa Internet Indonesia. (2020). *Laporan survei internet APJII 2019 – 2020 (Q2)*. Indonesia Survei Center
- Ayu, W. T. (2020). Konsep diri, Regulasi Emosi dan Asertivitas Mahasiswa. *Philanthropy Journal of Psychology*, 1(4), 25 – 33.
- Azwar, S. (2007). *Metode penelitian*. Pustaka Pelajar.
- Azwar, S. (2011). *Dasar – dasar psikometri* (10th ed). Pustaka Pelajar.
- Azwar, S. (2012). *Reliabilitas dan Validitas* (4th ed). Pustaka Pelajar.
- Azwar, S. (2016). *Dasar – dasar psikometri*. Pustaka Pelajar.
- Begley, C.M., Glacken, M., (2004). Irish nursing student's changing levels of assertiveness during their pre-registration programme. *Nurse Education Today*, 24(7), 501 – 510.
- Bower, S. A., & Bower, G. H. (2004). *Asserting yourself: a Practical guide for positive change*. Da Capo Life Long Book.
- Boyd, D. M., & Ellison, N. B. (2008). Social network sites: Definition, history, and scholarship. *Journal of Computer – Mediated Communication*, 13, 210 - 230
- Chaidirman. Indriastuti, Diah., Narmi. (2019). Fenomena kecanduan penggunaan gawai (gadget) pada kalangan remaja suku bajo. *Holistic Nursing and Health Science*, 2(2):33–41.
- Chambless, D. L., Hunter, K., & Jackson, A. (1982). Social anxiety and assertiveness: a Comparison of the correlations in phobic and college student samples. *Behavior Research and Therapy*, 20(4), 403 – 404.
- Chen, Y. F., & Peng, S. S. (2008). University student's internet use and its relationships with academic performance, interpersonal relationships, psychosocial adjustment, and selfevaluation. *Cyberpsychology & Behavior*, 11 (4), 467-469.
- Creswell, J. W. (2012). *Research design: Pendekatan kualitatif, kuantitatif, dan mixed*. Pustaka Pelajar.
- Davidson, J. (1997). *The complete idiot's guide to assertiveness*. Penguin Group Inc.
- Ellis, A., & Harper, R. A. (1975). *A new guide to rational living*. Melvin Powers

- Eskin, M. (2003). Self-reported assertiveness in Swedish and Turkish adolescents: A cross-cultural comparison. *Scandinavian Journal Psychology*, 44, 7 – 12.
- Galassi, J. P & Galassi, M. D. (1974). The college self – expression scale: a Measure of assertiveness. *Behavior Therapy*, 5, 165 – 171.
- Galassi, J. P., Hollanndsworth, J. G.,Redecker, J. C., Gay, M. L., Howe, M. R., Evans, C. L. (1976). Behavioral performance in the validation of an asertiveness scale. *Behavio Therapy*, 7, 447 - 452
- Hergenhahn, B. R., Olson, M H. (2008). *Theories of learning*. Prentice Hall.
- Horrigan, J. B. (2002). New internet users: What they do online, what they don't and implications for the net's future. [http://www.pewinternet.org/pdfs/New\\_Users\\_Report.pdf\(9/10/2011\)](http://www.pewinternet.org/pdfs/New_Users_Report.pdf(9/10/2011))
- Kaplan, Andreas M & Michael Haenlein. (2010). *Users of the world, unite! The challenges and opportunities of social media*. Business Horizons.
- Kulsum, U. (2013). *Efektivitas assertion training terhadap asertivitas calon tenaga kerja wanita (TKW) di PTJKI Semarang* [Unpublished thesis]. Universitas Negeri Semarang.
- Lemeshow, S., Hosmer, David W., Kloe, J., & Lwanga, S.K. (1997). *Besar sampel dalam penelitian kesehatan*. UGM Press.
- Majorsy U., Kinasih A. D., Andriani, I., & Lisa W. (2013). Hubungan antara keterampilan sosial dan kecanduan jejaring sosial pada masa dewasa awal. *PESAT (Psikologi, Ekonomi, Sastra, Arsitektur & Teknik Sipil)*, 5, 78 - 84.
- Meena, Parth S., Mittal, P., Solanki, Ram K. (2012). Problematic use of social networking sites among urban school going teenagers. *Industrial Psychiatry Jourbal*, 21(2): 94 – 97
- Murairwa, S. (2015). Voluntary Sampling Design. *International Journal of Advanced Research in Management and Social Sciences*. 4(2), 185 – 200.
- Myers, D. G. (2012). Psikologi sosial jilid 2. Salemba Humanika
- Novalia, & Dayaksini, T. (2013). Perilaku asertif dan kecenderungan menjadi korban bullying. *Jurnal Ilmiah Psikologi Terapan*, 1(1), 172 – 178.
- Parham, J. B., Lewis, C. C., Fretwell, C. E., Irwin, J. G., & Schrimsher, M. R. (2015). Influences on assertiveness: Gender, national culture, and ethnicity. *The Journal of Management Development*, 34(4), 421.
- Pusdatin Iptek Dikti Kementrian Riset, Teknologi dan Pendidikan Tinggi. (2019). *Statistik pendidikan tinggi tahun 2019*. Pusata Data dan Informasi IPTEK DIKTI.
- Rahman, A. R. (2017). *Metode penelitian psikologi*. PT Remaja Rosdakarya.

- Rathus, S.A. dan Nevid, J.S. (2016). *Adjustment and growth: the Challenges of life*. CBS College Publishing.
- Robbins, Stephen P., & Hunsaker, Philip L. (2014). *Training in interpersonal skills: Tips for managing people at work*. Pearson Education Limited.
- Saputra, A. (2019). Survei pengguna media sosial di kalangan mahasiswa Kota Padang menggunakan teknik uses and gratifications. *BACA: Jurnal Dokumentasi dan Informasi*, 40(2) 207 – 216.
- Shaughnessy, J. J., Eugene, B. Z., & Jeanne, S. Z. (2012). *Metode penelitian dalam psikologi* (9th ed). Salemba Humanika.
- Simarmata, E. R., & Rahayu, A. (2017). Correlation between assertiveness and empathy with adolescent's social adjustment and social home of south jakarta. *Advances and Social Science, Education and Humanities Research*. 139, 157-163.
- Siswoyo, D. (2007). *Ilmu pendidikan*. UNY Press.
- Stuart, G., & Laraia, M. (2012). *The principle and practise of psychiatric nursing*. Elsevier Mosby.
- Sue, S. K., Min, K. H., & Jing, H. (2003). Culture-specific pattern in the prediction of life satisfaction: Roles of emotion, relationship quality, and self-esteem. *Personality and Social Psychology Bulletin*, 29 (12), 1596 – 1608.
- Sugiyono. 2013. *Metode penelitian pendidikan pendekatan kuantitatif, kualitatif, dan r&d*. Alfabeta.
- Supratiknya, A. (2014). *Pengukuran psikologis*. Universitas Sanata Dharma
- Susanti, A., Soemitro, R., & Suprayitno, H. (2018). Pencarian rumus perhitungan jumlah sampel minimal yang digunakan pada perilaku perjalanan terdahulu. *Jurnal manajemen aset infrastruktur dan fasilitas*.
- Townsend, Mary C. (2014). *Psychiatric mental health nursing concepts of care in evidence-based practice*. Davis Company.
- Twenge, J. M. (2001). Changes in women's assertiveness in response to status and roles: a Cross-temporal meta-analysis, 1931 – 1993. *Journal of Personality and Social Psychology*, 81(1), 133 – 145.
- We are Social. (2020). *Digital 2020 global overview report*. Diakses pada 1 Maret 2021, dari <https://datareportal.com/reports/digital-2020-global-digital-overview>
- Wee, C., Zhao, Z., Yap, P., Wu, G., Shi, F., Price, T., Du, Y., Xu, J., Zhou, Y., & Shen, D. (2014). Disrupted brain functional network in internet addiction disorder: A resting-state functional magnetic resonance imaging study. *PloS One*, 9(9), 107-306.

Zulkaida, A. (2005, 23 – 24 Agustus). Tingkah laku asertif pada mahasiswa.  
*Proceeding, Seminar Nasional PESAT.*

