

CHAPTER VI

CLOSING

This chapter contains the conclusions that have been obtained from the research and recommendations for further research.

6.1 Conclusions

The conclusions obtained based on the results of the study are as follows:

1. The Frustration Level (FL) indicator is the indicator that most affects students' stress levels, and the FL indicator becomes the indicator with the highest value of 24%. The Effort (EF) indicator as to the second highest with a value of 18%, then the Performance (P) indicator 18% and Mental Demand (MD) at 17%, followed by the Temporal Demand (TP) indicator at 15%, and the Physical Demand (PD) indicator at 8%.
2. Based on the calculations from 98 respondents, 50% fall into the very high mental load, 47% fall into the category of high mental load, and 3% in moderately high mental load.
3. There is a motivational influence on students in finishing their study. The online learning construct has a significant and positive effect on the motivation variable. In the Covid-19 pandemic conditions, most respondents faced challenges and high levels of stress during online lectures, which made students drive to continue growing high. This result also made students have a high level of achievement of results during online lectures.
4. Online learning significantly affects motivation with a T-statistic value of 4.533 and p-values of 0.000 and has a positive coefficient value of 0.458. Based on this conclusion, the research hypothesis (H1) is proven to be acceptable. It means that any increase in the motivation possessed by students

in carrying out their work to finishing their studies will also provide an increase in their performance.

6.2 Recommendations

Based on the results of the research that has been done, recommendations that can be given for future research are as follows:

1. Research the relationship of online learning with other variables and consider mediating or intervening variables.
2. Further research can be developed by increasing the number of samples to get more accurate results regarding the impact of online learning variables due to the Covid-19 pandemic with students' motivation.

