



## **EVALUASI PELAKSANAAN POSYANDU LANSIA DI WILAYAH KERJA**

### **PUSKESMAS DADOK TUNGGUL HITAMTAHUN 2021**



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PUSKESMAS DADOK TUNGGUL HITAM TAHUN 2021**

xi+ 148 halaman, 16 tabel, 6 gambar, 13 lampiran

**ABSTRAK**

**Tujuan**

Cakupan pelayanan kesehatan usia lanjut tahun 2019 Puskesmas Dadok Tunggul Hitam menduduki posisi terendah di Kota Padang yaitu 36,6% disebabkan rendahnya kunjungan lansia ke Posyandu Lansia. Tujuan penelitian untuk mengevaluasi pelaksanaan posyandu lansia dalam peningkatan cakupan pelayanan kesehatan usia lanjut di Wilayah Kerja Puskesmas Dadok Tunggul Hitam Tahun 2021.

**Metode**

Desain penelitian adalah kualitatif, dilakukan bulan April-Juni 2021. Teknik penentuan informan menggunakan *purposive sampling* berjumlah 15 orang. Pengumpulan data melalui wawancara mendalam, observasi, dan telaah dokumen. Data diolah melalui tahapan reduksi penyajian, dan penarikan kesimpulan, serta triangulasi sumber dan metode.

**Hasil**

Faktor penghambat lansia mengunjungi posyandu adalah pengetahuan kurang, jumlah tenaga belum sesuai pedoman dan belum mendapat pelatihan, dana belum memadai, sarana prasarana terbatas. Dukungan tenaga kesehatan, kader dan tokoh masyarakat belum optimal. Kegiatan di posyandu lansia belum menarik minat lansia untuk datang karena sebatas kegiatan pemeriksaan kesehatan saja. Rendahnya kunjungan mempengaruhi angka cakupan pelayanan kesehatan lansia.

**Kesimpulan**

Pelaksanaan posyandu lansia sudah terlaksana namun belum optimal karena kegiatan yang terselenggara baru sebatas pemeriksaan kesehatan. Diharapkan kepada Petugas kesehatan, kader dan tokoh masyarakat turut meningkatkan perannya dalam posyandu lansia dan menambah kegiatan di posyandu lansia sehingga dapat menarik minat lansia untuk datang berkunjung dan merasakan manfaat yang lebih.

**Daftar Pustaka** : 67 (2007-2021)

**Kata Kunci** : Posyandu, Lansia, Puskesmas

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**EVALUATION OF IMPLEMENTATION OF ELDERLY POSYANDU IN THE  
WORKING AREA OF DADOK TUNGGUL HITAM PUSKESMAS IN 2021**

xiii + 148 pages, 16 tables, 6 pictures, 13 appendix

**ABSTRACT**

**Objective**

The coverage of elderly health services in 2019 was at the Dadok Tunggul Hitam Health Center in Padang City, which was 36.6% due to the low number of elderly visits to the Elderly Posyandu. The purpose of the study was to evaluate the implementation of the Posyandu for the elderly in increasing the coverage of health services for the elderly in the Dadok Tunggul Hitam Health Center Work Area in 2021.

**Method**

The research design is qualitative, conducted in April-June 2021. The technique of determining the informants using purposive sampling is 15 people. Collecting data through in-depth interviews, observation, and document review. The data is processed through the stages of presentation reduction, and drawing conclusions, as well as triangulation of sources and methods.

**Results**

The inhibiting factors for the elderly visiting the posyandu are lack of knowledge, the number of personnel has not been in accordance with the guidelines and has not received training, funds are not adequate, and infrastructure is limited. The support of health workers, cadres and community leaders has not been optimal. Activities at the posyandu for the elderly have not attracted the elderly to come because they are limited to health check-up activities. The low number of visits affects the coverage of elderly health services.

**Conclusion**

The implementation of the posyandu for the elderly has been carried out but is not optimal because the activities carried out are only limited to health checks. It is hoped that health workers, cadres and community leaders will also increase their role in the posyandu for the elderly and add activities at the posyandu for the elderly so that they can attract the elderly to come to visit and feel more benefits.

**References** : 67 (2007-2021)

**Keywords** : Posyandu, Elderly, Public Health Center