

KARYA ILMIAH AKHIR

**STUDI KASUS :PERSEPSI LANSIA DALAM MEMATUHI PROTOKOL
KESEHATAN COVID-19 DI RW 08
KELURAHAN PASIA NAN TIGO**



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ABSTRAK

Lansia merupakan salah satu kelompok yang berisiko tinggi terhadap penyebaran virus covid-19. Menurut WHO (2020) lansia lebih banyak mengalami infeksi virus corona yang berdampak infeksi berat dan kematian. Dengan demikian kepatuhan dalam menjalankan protocol kesehatan penting dilakukan semua kalangan terutama lansia. Akan tetapi di RW 08 Kelurahan Pasia Nan Tigo ditemukan lebih dari separuh lansia yang berkegiatan di luar rumah (pasar, acara pernikahan, kegiatan penyuluhan dan masjid) tanpa mematuhi protocol kesehatan seperti tidak memakai masker dan tidak menjaga jarak. *Health belief model* merupakan kombinasi antara pengetahuan, pendapat, dan tindakan yang dilakukan oleh individu atau kelompok yang mengacu pada kesehatan mereka. HBM terdiri dari empat komponen dasar persepsi dan satu komponen lainnya. Penelitian ini bertujuan untuk mengetahui persepsi lansia dalam mematuhi protocol covid-19 di RW 08 Kelurahan Pasia Nan Tigo. Metode penelitian yang digunakan adalah penelitian kualitatif dengan pendekatan studi kasus dengan metode wawancara semi terstruktur. Pemilihan partisipan dalam penelitian ini menggunakan snowball sampling yang didapatkan jumlah partisipan sebanyak 3 orang yang berada di wilayah RW 08 Kelurahan Pasia Nan Tigo. Hasil wawancara dikumpulkan berupa rekaman wawancara ditranskripkan secara verbatim dan di olah sehingga menghasilkan 5 tema utama yaitu lansia beranggapan dirinya tidak rentan terhadap COVID-19, lansia beranggapan covid-19 penyakit tidak serius/parah, lansia kurang mengetahui manfaat mematuhi proses, terdapat hambatan pada lansia dalam menjalankan proses ,petunjuk bertindak pada lansia dalam menjalankan proses sudah memadai. Diharapkan pada pelayanan kesehatan agar meningkatkan kuantitas serta kualitas penyebaran informasi mengenai penerapan protokol kesehatan secara langsung ataupun melalui media sosial mengenai manfaat penerapan protokol kesehatan terutama pada lansia di wilayah RW 08 Kelurahan Pasia Nan Tigo.

**Kata kunci :Kepatuhan, Persepsi, Lansia, Protokol Kesehatan
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***Case Study: Perceptions of the Elderly in Obeying the Covid-19 Health Protocol
in RW 08 Pasia Nan Tigo Village***

ABSTRACT

The elderly are one of the groups at high risk for the spread of the COVID-19 virus. According to the WHO (2020) the elderly are more likely to experience corona virus infections which have an impact on severe infections and death. Thus, compliance in carrying out health protocols is important for all groups, especially the elderly. However, in RW 08 Pasia Nan Tigo Village, it was found that more than half of the elderly were active outside the home (markets, weddings, counseling activities and mosques) without complying with health protocols such as not wearing masks and not keeping a distance. Health belief model is a combination of knowledge, opinions, and actions taken by individuals or groups that refer to their health. HBM consists of four basic components of perception and one other component. This study aims to determine the perception of the elderly in complying with the covid-19 protocol in RW 08 Pasia Nan Tigo Village. The research method used is a qualitative research with a case study approach with a semi-structured interview method. The selection of participants in this study using snowball sampling which obtained the number of participants as many as 3 people who are in the RW 08 Pasia Nan Tigo Village area. The results of the interviews were collected in the form of interview recordings transcribed verbatim and processed to produce 5 main themes, namely the elderly think they are not vulnerable to COVID-19, the elderly think that COVID-19 is not a serious/severe disease, the elderly do not know the benefits of complying with health procedures, there are obstacles in the elderly In carrying out the health care program, the instructions for acting on the elderly in carrying out the health care program are adequate. It is hoped that health services will increase the quantity and quality of disseminating information regarding the application of health protocols directly or through social media regarding the benefits of implementing health protocols, especially for the elderly in the RW 08 area of Pasia Nan Tigo Village.

**Keywords : Compliance, Perception, Elderly, Health Protocol
Bibliography : 49 (2009-2021)**