

## DAFTAR PUSTAKA

- Agung, G., Putu, A., Ariani, P., & Hernawaty, T. 2018. Relationship between Academic Stress , Family and Peer Attachment with Internet Addiction in Adolescents. *Padjadjaran Nursing Journal*, 6(3), 215–226. DOI: 10.24198/jkp
- Anderson. N. B. (2004). *Encyclopedia of health and behavior*. California: Sage Publications, Inc.
- Asosiasi Penyelenggara Jasa Internet Indonesia. (2020). *Penetrasi & Profil Perilaku Pengguna Internet Indonesia*. Jakarta.
- Ayas, T., & Horzum, M. B. (2013). Relationship Between Depression, Loneliness, Self-Esteem, and Internet Addiction. *Education*, 133 (3), 283–290.
- Aydn, B., Volkan, S., & Sar, Ö. (2011). Internet addiction among adolescents: the role of self-esteem. *Procedia-Social and Behavioral Sciences*, 15, 3500–3505. <https://doi.org/10.1016/j.sbspro.2011.04.325>
- Badan Pusat Statistik. (2020). *Data Sensus Penduduk 2008-2020*. Jakarta Pusat: Badan Pusat Statistik Republik Indonesia.
- Badan Pusat Statistik Provinsi Sumatera Barat. (2020a). *Data Sensus Penduduk Tahun 2020*. Sumatera Barat: Badan Pusat Statistik Republik Indonesia.
- Badan Pusat Statistik Provinsi Sumatera Barat. (2020b). *Proyeksi Penduduk Kabupaten/Kota Provinsi Sumatera Barat*. Sumatera Barat: Badan Pusat Statistik Republik Indonesia.
- Bahri, N. (2015). Internet addiction status and its relation with students' general health at Gonabad Medical University. *Mod Care J*, 8(3): 166 -173.
- Basri, S. H. (2014). Kecanduan Internet Addiction Disorder Mahasiswa Fakultas Dakwah dan Komunikasi ditinjau dari Religiotas. Vol. XV. No. 2.
- Beard, K. W., & Wolf, E. M. (2018). Modification in Proposed Diagnostic Criteria for Internet Addiction. *CyberPsychology*, 4 (3), 377-383.
- Bozoglan, B., Demirer, V., & Sahin, I. (2013). Personality and Social Psychology Loneliness , self-esteem , and life satisfaction as predictors of Internet

- addiction: A cross-sectional study among Turkish university students. *Journal of Psychology*, 2001, 313–319. <https://doi.org/10.1111/sjop.12049>
- Capetillo-Ventura N, J.-T. M. Internet addiction in university medical students. *Med Univ*. 2015, 17(67), 88–93. <https://doi.org/10.1016/j.rmu.2015.02.003>
- Demir, T., & Kutlu, M. (2016). *The Relationship between Loneliness and Depression : Mediation Role of Internet Addiction*. EDUPIJ. Vol. 5. No. 2. Hlm. 97-105. <https://doi.org/10.12973/edupij.2016.52.1>
- Dewi, A. (2019). Hubungan antara loneliness dengan kecenderungan internet addiction pada mahasiswa. *Skripsi* (pp. 1-156). Semarang: Universitas Negeri Semarang.
- Ekasari, P., Dharmawan, H. (2012). Dampak Sosial Ekonomi Masuknya Pengaruh Internet Dalam Kehidupan Remaja Pedesaan. *Jurnal Sosiologi Pedesaan Vol.6*, 06(01), hal 1.
- Erizka, R., Nadjmir., & Usman, E. (2016). Hubungan kejadian internet addiction dengan prestasi belajar pada mahasiswa Fakultas Kedokteran Universitas Andalas. *Jurnal Kesehatan Andalas*. 5(3), 625-629.
- Fallahi, V. (2011). Effects of ICT on the youth: A study about the relationship between internet usage and social isolation among Iranian students. *Procedia Soc Behav Sci*, 15, 394–398. doi: 10.1016/j.sbspro.2011.03.110
- Gunay, G. (2019). Loneliness and Internet Addiction Among University Students. *Karabük University Turkey*, 110-125. <https://doi.org/10.4018/978-1-5225-8900-6.ch022>
- Gunuc, S. (2017). Peer influence in internet and digital game addicted adolescent: Is internet/digital game addiction contagious?. *Int J High Risk Behav Addict*, 10, 1-10. <https://doi.org/10.5812/ijhrba.33681>.
- Halim, C. F. & Dariyo, A. (2016). Hubungan psychological well-being dengan loneliness pada mahasiswa yang merantau. *Jurnal Psikogenesis*, 4(2), 170-181.
- Hasmujaj, E. (2016). Internet Addiction and Loneliness Among Students of University of Shkodra. *Journal of Educational Sciences*, 12(29), 397–407. <https://doi.org/10.19044/esj.2016.v12n29p397>

- Hendriati, A. (2009). Psikologi Perkembangan: Pendekatan Ekologi Kaitannya Dengan Konsep Diri dan Penyesuaian Diri Pada Remaja. Bandung: Rafika Aditama.
- Huan, V. S., Ang, R. P., Chong, W. H., & Chye, S. (2015). Interdisciplinary and Applied The Impact of Shyness on Problematic Internet Use : The Role of Loneliness. *The Journal of Psychology*: 148(6), 699-715. doi: 10.1080/00223980.2013.825229
- Hui, S., Shih, C., Lee, I. H., Hou, Y., Chin, K., Chen, K., Kuang, Y., & Ching, Y. (2012). A study on the sleep quality of incoming university students. *Psychiatry Res*, 197(3), 270–274. doi: 10.1016/j.psychres.2011.08.011
- Karapetsas, A. V., Karapetsas, V. A., Zygouris, N. C., & Fotis, A. I. (2015). Internet addiction and loneliness. *Encephalos*, 52, 4–9.
- Karimpoor, S., Ali, M., Chobegloo, M., Alizadeh, S., & Talebi, B. (2013). Comparing internet addiction, feeling of loneliness, and educational progress in psychologically healthy and at-risk people. *International Journal of Pure And Applied Science and Technology*, 19(1), 88–94.
- Khatib, S. A. (2012). Exploring the Relationship among Loneliness, Self-esteem, Self-efficacy and Gender in United Arab Emirates College Students. *Europe's Journal of Psychology*, 8(1), 159–181. <https://doi.org/10.5964/ejop.v8i1.301>
- Kiany T. (2014). Internet addiction and its related factors among nursing students in Tehran University of Medical Science in 2013. *J Nurs Educ*, 2(4), 50–62.
- Lauder, W., & Sharkey, S. (2004). A community survey of loneliness. *Journal of Advanced Nursing*, 46 (1), 88-94.
- Lisa, M. S. (2013). The self esteem work book for teens: Activities to help build confidence and achieve your goals, *Instans Helps Books* (pp. 1-179). Imprint of New Herbinger Publication, Inc.
- Marisa. (2018). Hubungan Antara Self Compassion dengan Kesepian pada Mahasiswa Universitas Andalas. Padang: Universitas Andalas.
- Mitisari, Z. & Istikomayanti, Y. (2017). Studi pola penyesuaian diri mahasiswa luar jawa di Universitas Tribhuwana Tungadewi Malang. *Prosiding Senaspro*. Universitas Tribhuwana Tungadewi Malang.

- Najafi, F., & Navidian, A. (2018). The Relationship Between Internet Addiction , Loneliness and Sleep Quality Among Students of Nursing and Midwifery Faculty. *Res Med Sci*, 20(12). <https://doi.org/10.5812/zjrms.68394>.
- Notoatmodjo, S. (2014). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Nurfitriana, P. (2016). Penyesuaian diri mahasiswa tahun pertama di Fakultas Psikologi Universitas Muhammadiyah Surakarta. *Skripsi* . Surakarta: Universitas Muhammadiyah Surakarta.
- Nurlayli, R. K. & Hidayati, D. S. (2014). Kesepian yang tinggal terpisah dari keluarga. *Jurnal Ilmiah Psikologi Terapan*, 2(1), 21-35.
- Nursalam. (2013). *Konsep Dan Penerapan Metodologi Penelitian Ilmu Keperawatan: Pedoman Skripsi, Thesis, Dan Instrumen Penelitian Keperawatan*. Jakarta: Salemba Medika.
- Oguz, E., & Cakir, O. (2014). Relationship between the Levels of Loneliness and Internet Addiction. *Anthropologist*, 18(1), 183–189.
- Oztürk, C., Bektas, M., & Ayar, D. (2015). Association of Personality Traits and Risk of Internet Addiction in Adolescents. *Asian Nursing Research*, 9(2), 120–124. <https://doi.org/10.1016/j.anr.2015.01.001>
- Poli, R. (2017). Internet addiction update : diagnostic criteria , assessment and prevalence. *Neuropsychiatry (London)*, Vol 7, no. 1, pp. 4–8.
- Prasetiya, E. C. (2014). Fenomena Internet Addiction Pada Mahasiswa. *Skripsi* (pp.1-203). Yogyakarta: Universitas Islam Sunan Kalijaga.
- Prasojo, R. A., & Maharani, H. (2018). Mengujikan Internet Addiction Test (IAT) ke Responden Indonesia. <https://doi.org/DOI: 10.31227/osf.io/7ag4w>
- Price, H. O. (2011). *Psychology of emotions, motivations, and action*. New York: Nova Science Publisher, Inc.
- Reinaldo & Sokang, Y. A. (2016). Mahasiswa dan internet: Dua sisi mata uang? Problematic internet use pada mahasiswa. *Jurnal Psikologi*, 43(2), 107-120.
- Russell, D. W. (1996). UCLA Loneliness Scale (Version 3): Reliability, Validity, and Factor Structure. *Journal of Personality Assesment*, 66 (1), 10–40.
- Saleem, M., Tufail, M. W., Khan, R., & Ismail, R. B. (2015). Internet Addiction: It's Relation With Loneliness Among Undergraduate Students Of South-Punjab, Pakistan. *Sci. International (Lahore)*, 27(2), 1469–1479.

- Santrock, J. W. (2014). *Adolescence Fifteenth Edition*. University of Texas at Dallas: McGraw-HillEducation. Jakarta: Erlangga.
- Sarwono, S. (2015). *Psikologi Remaja*. Jakarta : Rajawali Pers.
- Sembiring, K. D. R. (2017). Hubungan antara kesepian dan kecenderungan narsistik pada pengguna jejaring sosial media instagram. *Journal of Psychology*, 16(2), 147–154.
- Skues, J. L., Williams, B., & Wise, L. (2012). The effects of personality traits, self-esteem, loneliness, and narcissism on facebook use among university students. *Journal Homepage*, 28(6), 2414–2419. doi.org/10.1016/j.chb.2012.07.012
- Skues, J., Williams, B., Oldmeadow, J., & Wise, L. (2016). The Effects of Boredom, Loneliness, and Distress Tolerance on Problem Internet Use Among University Students. *International Journal of Mental Health and Addiction*, 14(2), 167-180. <https://doi.org/10.1007/s11469-015-9568-8>
- Sugiyono. (2014). *Metode Penelitian Kuantitatif, Kualitatif dan R & D*. Bandung: Alfabeta.
- Treat, J. M. D., & Busari, A. O. (2016). Academic Stress and Internet Addiction among Adolescents : Solution Focused Social Interest Programme as Treatment Option. *Journal of Mental Disorders*, 2(2), 1-10. <https://doi.org/10.4172/2471-271X.1000114>
- Tsitsika, A., Critselis, E., Louizou, A., Janikian, M., Freskou, A., Marangou, E., & Kormas, G. (2011). Determinants of Internet Addiction among Adolescents: A Case-Control Study. *The Scientific World Journal*, 11, 866–874. <https://doi.org/10.1100/tsw.2011.85>.
- Wang, H., Zhou, X., Lu, C., Wu, J., Deng, X., & Hong, L. (2011). Problematic Internet Use in High School Students in Guangdong Province , China, 6(5). *Plos One Journal*. <https://doi.org/10.1371/journal.pone.0019660>.
- We Are Social. (2019). *Digital in 2019 : Global Internet Use Accelerates*. England and Wales. Retrieved from <https://wearesocial.com/blog/2019/01/digital-2019-global-internet-use-accelerates#>

World Health Organization (WHO). (2015). *Adolescent Development: Topic at Glance*.

Yao, M. Z., & Zhong, Z. (2014). Loneliness, social contacts and Internet addiction: A cross-lagged. *Computers in Human Behavior*, 30, 164–170. <https://doi.org/10.1016/j.chb.2013.08.007>

Younes, F., Halawi, G., Jabbour, H., Osta, N. El, Karam, L., Hajj, A., & Khabbaz, L. R. (2016). Internet Addiction and Relationships with Insomnia, Anxiety, Depression, Stress and Self-Esteem in University Students: A Cross-Sectional Designed Study. *Plos One*, 11(9). [doi.org/10.1371/journal.pone.0161126](https://doi.org/10.1371/journal.pone.0161126)

Young, K. S., & Abreu, C. N. (2011). *Internet Addiction: A Handbook and Guide to Evaluation and Treatment*. Hoboken, New Jersey: John Wiley & Sons, Inc.

Young, K. S. (1998). Internet Addiction: The Emergence of a New Clinical Disorder. *CyberPsychology & Behavior*, 1 (3), 237-244.

Young, K. (2009). Internet Addiction: Diagnosis and Treatment Considerations, 241–246. <https://doi.org/10.1007/s10879-009-9120-x>

