



UNIVERSITAS ANDALAS

**HUBUNGAN STIGMA DAN DUKUNGAN SOSIAL DENGAN
STRES PADA TENAGA KESEHATAN DI RSUD RAJA
AHMAD TABIB PROVINSI KEPULAUAN RIAU
SAAT PANDEMI COVID-19 TAHUN 2021**



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FAKULTAS KESEHATAN MASYARAKAT

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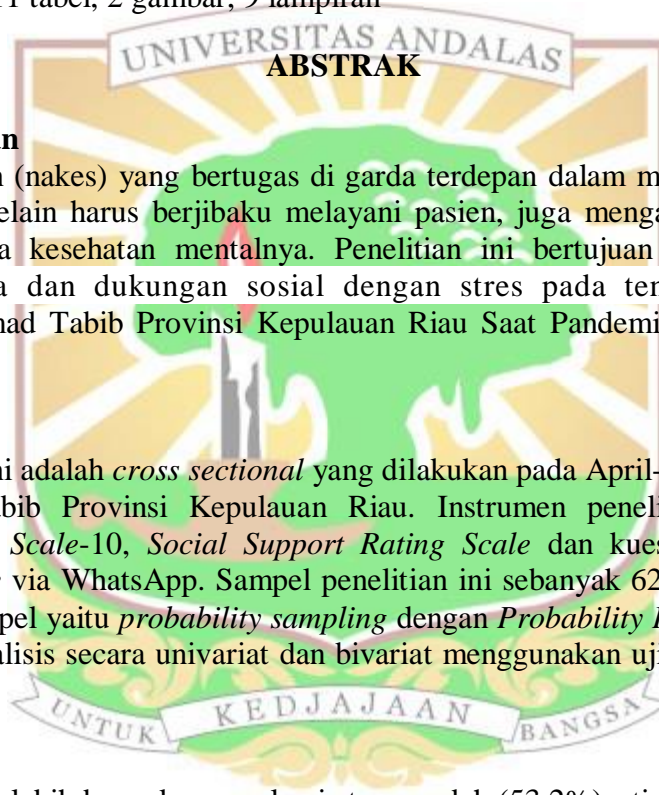
**FAKULTAS KESEHATAN MASYARAKAT
UNIVERSITAS ANDALAS**

Skripsi, 5 Juli 2021

DINDA AULIA RINEFI PUTRI, No. BP.1711212050

**HUBUNGAN STIGMA DAN DUKUNGAN SOSIAL DENGAN STRES PADA
TENAGA KESEHATAN DI RSUD RAJA AHMAD TABIB PROVINSI
KEPULAUAN RIAU SAAT PANDEMI COVID-19 TAHUN 2021**

xii+76 halaman, 11 tabel, 2 gambar, 9 lampiran



ABSTRAK

Tujuan Penelitian

Tenaga kesehatan (nakes) yang bertugas di garda terdepan dalam menghadapi pandemi COVID-19 ini, selain harus berjibaku melayani pasien, juga mengalami tekanan yang berpengaruh pada kesehatan mentalnya. Penelitian ini bertujuan untuk mengetahui hubungan stigma dan dukungan sosial dengan stres pada tenaga kesehatan di RSUD Raja Ahmad Tabib Provinsi Kepulauan Riau Saat Pandemi COVID-19 Tahun 2021.

Metode

Jenis penelitian ini adalah *cross sectional* yang dilakukan pada April-Mei 2021 di RSUD Raja Ahmad Tabib Provinsi Kepulauan Riau. Instrumen penelitian menggunakan *Perceived Stress Scale-10*, *Social Support Rating Scale* dan kuesioner stigma yang disebarakan *online* via WhatsApp. Sampel penelitian ini sebanyak 62 responden. Teknik pengambilan sampel yaitu *probability sampling* dengan *Probability Proportional to Size* (PPS). Data dianalisis secara univariat dan bivariat menggunakan uji *chi square* dengan 95% CI.

Hasil

Tenaga kesehatan lebih banyak mengalami stres rendah (53,2%), stigma rendah (58,1%) dan dukungan sosial tinggi (56,5%). Terdapat hubungan antara stigma ($p=0,00$) dan dukungan sosial ($p=0,01$) dengan stres pada tenaga kesehatan di RSUD Raja Ahmad Tabib Provinsi Kepulauan Riau Saat Pandemi COVID-19 Tahun 2021.

Kesimpulan

Adanya hubungan stigma dan dukungan sosial dengan stres pada tenaga kesehatan di RSUD Raja Ahmad Tabib Provinsi Kepulauan Riau. Diharapkan pihak rumah sakit dapat mengoptimalkan layanan konseling bagi tenaga kesehatan apabila mengalami stres.

Daftar Pustaka : 94 (1960-2021)

Kata Kunci : COVID-19, Dukungan Sosial, Stigma, dan Stres

**FACULTY OF PUBLIC HEALTH
ANDALAS UNIVERSITY**

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DINDA AULIA RINEFI PUTRI, No. BP.1711212050

**ASSOCIATION BETWEEN STIGMA AND SOCIAL SUPPORT WITH STRESS
AMONG HEALTH WORKERS AT RAJA AHMAD TABIB HOSPITAL RIAU
ISLANDS PROVINCE DURING COVID-19 PANDEMIC IN 2021**

xii+76 pages, 11 tables, 2 pictures, 9 appendices

ABSTRACT

Objective

Health workers who are on the front line in dealing with the COVID-19 pandemic, apart from having to work hard to serve patients, also experience pressure that affects their mental health. This study aims to determine the relationship between stigma and social support with stress among health workers at Raja Ahmad Tabib Hospital, Riau Islands Province during COVID-19 pandemic in 2021.

Method

This study uses a cross sectional method was conducted from April-May 2021 in Raja Ahmad Tabib Hospital Rau Islands Province. The research instrument used *Perceived Stress Scale-10*, *Social Support Rating Scale* and a stigma questionnaire distributed via WhatsApp. The research sample was 62 respondents. The sampling technique is probability sampling with the Probability Proportional to Size (PPS). Data were analyzed by univariate and bivariate using chi square test with 95% CI.

Result

Health workers experience more low stress (53.2%), low stigma (58.1%) and high social support (56.5%). There is a relation between stigma ($p=0.00$) and social support ($p=0.01$) with stress on health workers at Raja Ahmad Tabib Hospital, Riau Islands Province during COVID-19 pandemic in 2021.

Conclusion

There is a relation between stigma and social support with stress on health workers at the Raja Ahmad Tabib Hospital, Riau Islands Province. It is hoped that the hospital can optimize counseling services for health workers when experiencing stress.

References : 94 (1960-2021)

Keywords : COVID-19, Social Support, Stigma, and Stress