

**ANALISIS KETAHANAN PANGAN RUMAH TANGGA
MISKIN DI KELURAHAN PADANTINGGI PILIANG
KECAMATAN PAYAKUMBUH BARAT KOTA
PAYAKUMBUH DI MASA PANDEMI COVID-19 TAHUN 2020**

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ANALISIS KETAHANAN PANGAN RUMAH TANGGA MISKIN DI KELURAHAN PADANGTINGGI PILIANG KECAMATAN PAYAKUMBUH BARAT KOTA PAYAKUMBUH DI MASA PANDEMI COVID-19 TAHUN 2020

Abstrak

Penelitian ini bertujuan untuk (1) menghitung proporsi pengeluaran pangan rumah tangga miskin selama Pandemi Covid-19 (2) untuk menganalisis kondisi ketahanan pangan rumah tangga selama Pandemi Covid-19. Penelitian dilakukan di Kelurahan Piliang Padangtinggi, Kota Payakumbuh. Pemilihan lokasi penelitian dilakukan dengan cara purposing sampling. Metode penelitian yang digunakan adalah metode deskriptif dengan pendekatan kuantitatif. Untuk menentukan sampel digunakan metode random sampling sederhana dan rumus slovin sehingga didapatkan jumlah responden sebanyak 39 responden. Hasil penelitian menunjukkan mayoritas responden berusia >50 tahun, dengan jumlah tanggungan sekitar 3-4 orang, dan pendapatan rata-rata rumah tangga responden sebesar Rp 1.171.128,21 per bulan. Proporsi pengeluaran pangan mayoritas responden sebesar 52.38%, termasuk dalam kategori tahan pangan. Tingkat konsumsi energi rumah tangga responden termasuk dalam kategori kurang pangan, dengan konsumsi energi rata-rata sebesar 45.43% dan konsumsi protein rata-rata sebesar 46.64%. Kesimpulan, ketahanan pangan rumah tangga responden berada pada kondisi kurang pangan dengan kondisi proporsi pengeluaran pangan <60% pengeluaran total dan tingkat konsumsi energi $\leq 80\%$ Kecukupan Energi. Peneliti memberikan saran agar rumah tangga responden dapat memperbaiki pola konsumsi pangan sesuai kecukupan energi dan protein yang dianjurkan dan mengendalikan pengeluaran pangan secara tepat.

Kata Kunci: Ketahanan Pangan, Rumah Tangga Miskin, Pandemi Covid-19



ANALYSIS OF FOOD SECURITY OF POOR HOUSEHOLDS IN PADANGTINGGI PILIANG SUBDISTRICT OF PAYAKUMBUH BARAT KOTA PAYAKUMBUH DURING THE COVID-19 PANDEMIC IN 2020

Abstract

This study aims to (1) calculate the proportion of food expenditure of poor households during the Covid-19 Pandemic (2) to analyze household food security conditions during the Covid-19 Pandemic. The research was conducted in Piliang Padangtinggi Village, Payakumbuh City. Selection of research locations is done by purposive sampling. The research method used is descriptive method with quantitative approach. To determine the sample used simple random sampling method and slovin formula so that the number of respondents obtained as many as 39 respondents. The results showed the majority of respondents were 50 years old, with the number of dependents around 3-4 people and, the average household income of respondents amounted to Rp 1,171,128.21 per month. The proportion of food expenditure of the majority of respondents was 52.38%, belonging to the food resistance category. Respondents' household energy consumption levels fall into the category of lack of food, with an average energy consumption of 45.43% and average protein consumption of 46.64%. In conclusion, household food security respondents are in a condition of lack of food in the condition of the proportion of food expenditure < 60% of total expenditure and energy consumption level $\leq 80\%$ Energy Adequacy. Researchers advise that respondents' households can improve food consumption patterns in accordance with the recommended energy and protein adequacy and control food expenditure appropriately.

Keywords: Food Security, Poor Households, Covid-19 Pandemic

