

DAFTAR PUSTAKA

- Agusti, R. D. C. W. & Leonardi, T. (2015). Hubungan antara kesepian dengan problematic internet use pada mahasiswa. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 4(1), 9-13. <http://www.journal.unair.ac.id/download-fullpapers-jpkka5763873a82full.pdf>
- Amichai-Hamburger, Y. (2009). Personality, individual differences and internet use. In A. N. Joinson, K. Y. A. McKenna, T. Postmes, & U. D. Reips (Eds.). *Oxford handbook of internet psychology*. Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780199561803.013.0013>
- Amichai-Hamburger, Y. (2017). *Internet psychology: The basics*. Routledge.
- APJII. (2019). Penetrasi & profil perilaku pengguna internet di Indonesia. <https://apjii.or.id/survei2018>
- Atwal, J., Klaus, N., & Daily, R. (2012). Problematic internet use in adolescents: An overview for primary care provider. *Kansas Journal of Medicine*, 108-113. <https://core.ac.uk/download/pdf/210549353.pdf>
- Azwar, S. (1995). *Sikap manusia teori dan pengukurannya*. Pustaka Pelajar Offset.
- _____. (2011). *Dasar-dasar psikometri (10th ed.)*. Pustaka Pelajar Offset.
- _____. (2013). *Penyusunan skala psikologi*. Pustaka Pelajar Offset.
- _____. (2018). *Metode penelitian psikologi (2nd ed.)*. Pustaka Pelajar Offset
- Baker, L. R. & Debra L. O. (2010). Shyness and online social networking services. *Journal of Social and Personal Relationships*, 27(7), 873-889. <https://doi.org/10.1177/0265407510375261>
- Caplan, S. E. (2002). Problematic internet use and psychosocial well-being: development of a theory-based cognitive-behavioral measurement instrument. *Computers in Human Behavior*, 18(5), 553-575. [https://doi.org/10.1016/S0747-5632\(02\)00004-3](https://doi.org/10.1016/S0747-5632(02)00004-3)
- _____. (2003). Preference for online social interaction: A theory of problematic internet use and psychosocial well-being. *Communication research*, 30, 625-648. <https://doi.org/10.1177/0093650203257842>
- _____. (2005). A social skill account of problematic internet use. *Journal of Communication*, 55(4), 721-736. <https://doi.org/10.1111/j.1460-2466.2005.tb03019.x>

- _____. (2010). Theory and measurement of generalized problematic internet use: A two-step approach. *Journal of Computers in Human Behavior*, 26(5), 1089-1097. <https://doi.org/10.1016/j.chb.2010.03.012>
- Caplan, S. E., Williams, D., & Yee, N. (2009). Problematic internet use and psychosocial well-being among mmorpg players. *Journal of Computers in Human Behavior*, 25(6), 1-8. <https://doi.org/10.1016/j.chb.2009.06.006>
- Caplan, S., & High, A. (2011). Online social interaction, psychosocial well-being, and problematic internet use. In K. S. Young. & C. N Abreu. (Eds.) *Internet addiction: A handbook and guide to evaluation and treatment* (pp. 35-53). John Wiley & Sons, Inc. <https://doi.org/10.1002/9781118013991.ch3>
- Chak, K. & Leung, L. (2004). Shyness and locus of control as predictors of internet addiction and internet use. *CyberPsychology & Behavior*, 7(5), 559-570. <https://doi.org/10.1089/cpb.2004.7.559>
- Cheek, J. M., & Buss, A. H. 1981. Shyness and sociability. *Journal of Personality and Social Psychology*, 41(2), 330-339. <https://doi.org/10.1037/0022-3514.41.2.330>
- Cheek, J. M., Melchior, L. A., & Carpentieri, A. M. (1986). *Shyness and self-concept*. In L. M. Hartman, & K. R. Blankstein (Eds.), *Advances in the study of communication and affect, Voll. 11. Perception of self in emotional disorder and psychotherapy* (pp. 113-131). Plenum Press. https://doi.org/10.1007/978-1-4613-1793-7_5
- Cheek, J. M., & Watson, A. K. (1989). The definition of shyness: Psychological imperialism or construct validity? *Journal of Social Behavior and Personality*, 4(1), 85-95. [https://www.researchgate.net/publication/232534100 The definition of shyness Psychological imperialism or construct validity](https://www.researchgate.net/publication/232534100)
- Creswell, J. W. (2009). *Research design: Qualitative, quantitative and mixed method approaches*. Sage Publications.
- <https://doi.org/10.7748/nr.12.1.82.s2>
- Crozier, W. R. (1990). Social psychological perspectives on shyness, embarrassment and shame. In W. R. Crozier, *Shyness and embarrassment*, (pp. 19-58), Cambridge University Press. <https://doi.org/10.1017/CBO9780511571183>
- Crozier, W. R. (2001). *Shyness: Developmental, consolidation, and change*. Routledge
- Davis, R. A. (2001). A cognitive-behavioral model of pathological internet use. *Computers in Human Behavior*, 17(2), 187-195. [https://doi.org/10.1016/S0747-5632\(00\)00041-8](https://doi.org/10.1016/S0747-5632(00)00041-8)

- Ebeling-Witte, S., Frank, M. L., & Lester, D. (2007). Shyness, internet Use, and Personality. *CyberPsychology & Behavior*, 10(5), 713-716. <https://doi.org/10.1089/cpb.2007.9964>
- Eroglu, M., Pamuk, M., & Pamuk, K. (2013). Investigation of problematic internet use of university students with psychosocial level at different levels. *Procedia – Social and Behavioral Science*, 103, 551-557. <https://doi.org/10.1016/j.sbspro.2013.10.372>
- Fauziawati, W. (2015). Upaya mereduksi kebiasaan bermain game online melalui teknik diskusi kelompok. *Psikopedagogia*, 4(2), 115-123. <http://dx.doi.org/10.12928/psikopedagogia.v4i2.4483>
- Henderson, L & Zimbardo, P. (1998). *Encyclopedia of mental health*. Academic Press.
- Huan, V. S., Ang, R. P., & Chye, S. (2014). Loneliness and shyness in adolescent problematic internet users: The role of social anxiety. *Child & Youth Care Forum*, 43(5), 539-551. <https://doi.org/10.1007/s10566-014-9252-3>
- Hurlock, E. B. (2004). *Psikologi perkembangan*. (Terjemahan Istiwidyanti dan Soejarwo). Erlangga
- Johepio, P. J., Wesonga, R., Candia, D. A. (2017). Internet heavy usage and its influence on academic achievement of university students. *International Journal of Engineering Science and Computing*, 7(3), 5756-5762. <http://ijesc.org/upload/c1203c10b6b09b29cbaa34a754b2ad13.Internet%20Heavy%20usage%20and%20its%20Influence%20on%20Academic%20Achievement%20of%20University%20Students.pdf>
- Karabacak, K. & Oztunc, M. (2014). The effect of addiction for communication tools o the feelings of shyness and loneliness. *International Journal of Academic Research*, 6(1), 368-373. <https://doi.org/10.7813/2075-4124.2014/6-1/B.49>
- Kim, J., LaRose, R., Peng, W. (2009) Loneliness as the cause and the effect of problematic internet use: The relationship between internet use and psychological well-being. *CyberPsychology and Behavior*, 12(4), 451-455. <https://doi.org/10.1089/cpb.2008.0327>
- Kominfo. (2014). *Digital citizenship safety among children and adolescents in Indonesia*. <https://web.kominfo.go.id/sites/default/files/users/12/Kominfo-Presentasi%20Laporan%20Hasil%20Penelitian%20-%20Gati%20Gayatri.pdf>
- Kuntjojo. (2009). *Metode penelitian*. Universitas Nusantara PGRI

- LaRose, R., Lin, C.A., & Eastin, M.S. (2003). Unregulated internet usage: Addiction, habit, or deficient self-regulation? *Journal of Media Psychology*, 5, 225-253. https://doi.org/10.1207/S1532785XMEP0503_01
- Lerner, J. V., Lerner, R. M., Finkelstein, J. (2001). *Adolescence in America: An encyclopedia*. ABC-CLIO.
- Lestari, T. (2016). Hubungan antara shyness dengan kecenderungan kecanduan internet pada remaja pengguna internet (Skripsi). Fakultas Psikologi, Universitas Gunadarma.
- McKenna, K. Y. A., Green, A. S., & Gleason, M. E. J. (2002). Relationship formation of the internet: What's the big Attraction?. *Journal of Social Issues*, 58(1), 9-31. <https://doi.org/10.1111/1540-4560.00246>
- Mertens, D. M. (2010). *Research and evaluation in education and psychology: Integrating diversity with quantitative, qualitative, and mixed method* (3rd ed.). Sage Publication.
- Morahan-Martin, J. (1999). The relationship between loneliness and internet use and abuse. *CyberPsychology and Behavior*, 2(5), 431-439. <https://doi.org/10.1089/cpb.1999.2.431>
- Morahan-Martin, J., & Schumacher, P. (2000). Incidents and correlates of pathological internet use among college students. *Computers in Human Behavior*, 16, 13–29. [https://doi.org/10.1016/S0747-5632\(99\)00049-7](https://doi.org/10.1016/S0747-5632(99)00049-7)
- Nugraha,F. (2011, Januari 16). Perkembangan pasar handphone di Indonesia dari tahun 2005 hingga 2010. <https://teknojurnal.com/perkembangan-pasar-handphone-di-indonesia-dari-tahun-2005-hingga-2010/>
- Oakes, K. (2016, Februari 20). How shy are you, according to science? <https://www.buzzfeed.com/kellyoakes/how-shy-are-you-actually>
- Ozgur, H. Demilaray, T. Demilaray, I. (2014). Exploration of problematic internet use and loneliness among distance education students. *Journal of Distance Education*, 15(2),75-90. <https://doi.org/10.17718/tojde.43009>
- Papalia, D. E., Sally W. O., Ruth D. F. (2008). *Human development* (9th ed.). Kencana.
- Parisa, N., & Leonardi, T. (2014). Hubungan antara problematic internet use dengan social anxiety pada remaja. *Jurnal Psikologi Kepribadian dan Sosial*, 3(1), 44-51. <http://journal.unair.ac.id/downloadfull/JPKS8893-79597b6047fullabstract.pdf>
- Priyatno, D. (2013). *Analisis korelasi, regresi, dan multivariate dengan SPSS*. Penerbit Gava Media.

- Purwanto. (2015). *Metode penelitian kuantitatif untuk psikologi dan pendidikan*. Pustaka Pelajar.
- Rahma, A. (2015). Pengaruh penggunaan smartphone terhadap aktivitas kehidupan siswa (studi kasus MAN 1 Rengat Barat). *Jurnal Fakultas Ilmu Sosial Dan Ilmu Politik Universitas Riau. Jom Fisip*, 2(2), 1-12. <https://media.neliti.com/media/publications/32729-ID-pengaruh-penggunaan-smartphone-terhadap-aktifitas-kehidupan-siswa-studi-kasus-ma.pdf>
- Rahman, A. R. (2017). *Metode penelitian psikologi*. PT Remaja Rosdakarya.
- Reinaldo & Sokang, Y. A. (2016). Mahasiswa dan internet: Dua sisi mata uang? Problematic internet use pada mahasiswa. *Jurnal Psikologi*, 43(2), 107-120. <https://doi.org/10.22146/jpsi.17276>
- Ridfah, A. (2007). Shyness pada mahasiswa di Kota Makassar. *Jurnal Ilmu Psikologi*, 5(1), 25-41. https://www.researchgate.net/publication/303058411_Shyness_pada_mahasiswa_di_kota_Makassar_Shyness_in_college_students_in_the_city_of_Makassar
- Roberts, L. D., Smith, L. M., & Pollock, C. M. (2000). 'U r a lot bolder on the net': Shyness and internet use. In W. R. Crozier (Eds.), *Shyness: development, consolidation and change* (pp. 121-138). Routledge.
- Salgado, P. G., Boubeta, A. R., Tobio, T. B., Mallou, J. V., & Couto, C. B. (2014). Evaluation and early detection of problematic internet use in adolescents. *Psicothema*, 26(1), 21-26. <https://doi.org/10.7334/psicothema2013.109>
- Santrock, J. W. (2016). *Life-span development* (14th ed.). McGraw Hill.
- _____. (2016). *Adolescence* (16th ed.). McGraw Hill.
- Sarwono, S. W. (2012) *Psikologi remaja*. Rajawali Pers.
- Sari, A. P., Ilyas, A. & Ifdil, I. (2017). Tingkat kecanduan internet pada remaja awal. *Jurnal Penelitian Pendidikan Indonesia*, 3(2), 110-117. <https://doi.org/10.29210/02018190>
- Schneider, B. H. & Amichai-Hamburger, Y. (2010). Electronic communication: Escape mechanism or relationship-building tool for shy, withdrawn children and adolescents? In K. H. Rubin & R. J. Coplan (Eds.). *The development of shyness and social withdrawal* (pp. 236-261). New York: Guilford Press
- Sekaran, U. & Bougie, R. (2013). *Research methods for business- A skill building approach* (6th ed.). WILEY.

- Suler, J. (2004). The online disinhibition effect. *CyberPsychology & Behavior*, 7(3), 321-326. <https://doi.org/10.1089/1094931041291295>
- Supratiknya, A. (2014). *Pengukuran psikologis*. Universitas Sanata Dharma.
- Thanoesya, R., Syahniar, S., & Ifdil, I. (2016). Konsep diri dan optimisme mahasiswa dalam proses penulisan skripsi. *JPPI (Jurnal Penelitian Pendidikan Indonesia)*, 2(2), 58-61. <https://doi.org/10.29210/02016183>
- Tokunaga, R. S., Rains, S. A. (2010). An evaluation of two characterizations of the relationship between problematic internet use, time spent using the internet, and psychosocial problems. *Human Communication Research*, 36, 512-545. <https://doi.org/10.1111/j.1468-2958.2010.01386.x>
- Wallace, P. (2015). *The psychology of the internet* (2nd ed.). Cambridge University Press.
- Widiartanto, Y. (2016, Januari 21). Apa yang diakses orang Indonesia di ponsel 5,5 jam sehari? <https://tekno.kompas.com/read/2016/02/25/12161537/Apa.yang.Diakses.Orang.Indonesia.di.Ponsel.5.5.Jam.Sehari>.
- Winarsunu, T. (2002). *Statistik dalam penelitian psikologi dan pendidikan*. UMM Press.
- Young, K. S. (2010). *Internet addiction: A handbook and guide to evaluation and treatment*. John Wiley & Sons, Inc.
- Zimbardo, P. G. (1977). *Shyness: What it is, what to do about it*. Reading, MA: Addison-Wesley PC.