

**EFEKTIVITAS BEBERAPA METODE PENDIDIKAN KESEHATAN
PROGRAM PENCEGAHAN KANKER PAYUDARA TERHADAP
PENGETAHUAN, SIKAP DAN TINDAKAN REMAJA
TENTANG SADARI
(Systematic Review)**

TESIS

DISUSUN OLEH

ANDRE UTAMA SAPUTRA

BP. 1921312030



DOSEN PEMBIMBING:

PEMBIMBING I : Dr.Budhi Mulyadi, S.Kp., M.Kep., Sp.Kom

PEMBIMBING II : Agus Sri Banowo, S.Kp., M.PH

**PROGRAM STUDI S2 KEPERAWATAN
KEKHUSUSAN KEPERAWATAN KOMUNITAS
FAKULTAS KEPERAWATAN – UNIVERSITAS ANDALAS
PADANG TAHUN 2020**

**PROGRAM STUDI S2 KEPERAWATAN
KEKHUSUSAN KEPERAWATAN KOMUNITAS
FAKULTAS KEPERAWATAN UNIVERSITAS ANDALAS**

Tesis, April 2021

Andre Utama Saputra

**Efektivitas Beberapa Metode Pendidikan Kesehatan Program Pencegahan
Kanker Payudara Terhadap Pengetahuan, Sikap Dan Tindakan Remaja
Tentang SADARI : *Systematic Review***

X + 105 hal + 5 tabel + 1 Skema + 2 lampiran

ABSTRAK

Kanker payudara adalah salah satu penyakit yang memiliki persentase kematian yang cukup tinggi terutama pada wanita. Tujuan penelitian ini adalah untuk menganalisis keefektifan beberapa metode Pendidikan Kesehatan program pencegahan kanker payudara terhadap pengetahuan, sikap dan Tindakan remaja tentang SADARI. Metode penelitian ini dimulai dari pencarian data menggunakan lima database yaitu Science Direct, Taylor & Francis Online (Tandfonline), PubMed, DOAJ dan SAGE dengan rentang tahun 2015-2020 dengan jumlah 1361 artikel. Artikel dicari dengan kata kunci “*actions*” and “*attitudes*” and “*breast cancer*” and “*breast self-examination*” and “*Health Education*” and “*knowledge*” and “*Youth Adolescents*” or “*Teenager*” and “*demonstrations*” and “*lectures*” and “*seminars*” and “*peer education*.”. Ditemukan 16 artikel memenuhi kriteria yang dinilai menggunakan the JBI critical appraisal tools. Keseluruhan artikel menyebutkan bahwa beberapa media efektif terhadap pengetahuan, sikap dan tindakan dalam pencegahan kanker payudara terutama pada remaja putri. Penggunaan metode pendidikan kesehatan yang efektif digunakan untuk meningkatkan pengetahuan, sikap dan tindakan yaitu ceramah dan demonstrasi. Kesimpulan dari telaah artikel ini adalah metode Pendidikan Kesehatan terbukti efektif terhadap pencegahan kanker payudara dalam hal pengetahuan, sikap dan Tindakan remaja tentang sadari..

Kata Kunci : Kata kunci: metode pendidikan kesehatan; kanker payudara; pengetahuan; sikap;tindakan;remaja putri
Daftar pustaka : 110 (2003 – 2020)

**NURSING POST GRADUATE PROGRAM
SPECIALY OF COMMUNITY NURSING
FACULTY OF NURSING UNIVERSITAS ANDALAS**

**Thesis, Juli 2020
Andre Utama Saputra**

Effectiveness of Several Health Education Methods of Breast Cancer Prevention Program on Knowledge, Attitudes and Actions of Adolescents About BSE: Systematic Review

X + 105 pages + 5 tables + 1 Schema + 2 attachments

ABSTRACT

Breast cancer is a disease that has a high percentage of mortality, especially in women. The purpose of this study was to analyze the effectiveness of several methods of breast cancer prevention program health education on knowledge, attitudes and actions of adolescents about SADARI. This research method starts from searching data using five databases, namely Science Direct, Taylor & Francis Online (Tandfonline), PubMed, DOAJ and SAGE with a range of 2015-2020 with a total of 1361 articles. Articles searched for the keyword's "actions" and "attitudes" and "breast cancer" and "breast self-examination" and "Health Education" and "knowledge" and "Youth Adolescents" or "Teenager" and "demonstrations" and "lectures" and "seminars" and "peer education.". It was found that 16 articles met the criteria that were assessed using the JBI critical appraisal tools. The whole article states that several media are effective on knowledge, attitudes and actions in breast cancer prevention, especially in adolescent girls. The use of effective health education methods is used to increase knowledge, attitudes and actions, namely lectures and demonstrations. The conclusion from the review of this article is that Health Education methods are proven to be effective in preventing breast cancer in terms of knowledge, attitudes and actions of adolescents about awareness.

Keywords: health education methods; breast cancer; knowledge; attitude; action; young women

Reference : 110 (2003 – 2020)