

## DAFTAR PUSTAKA

1. Sugondo S. *Obesitas*. In: *Buku Ajar Ilmu Penyakit Dalam*. VI. Jakarta: Interna Publishing; 2014. p. 2559–2568.
2. Ismail M, CL. T. Prevalence of obesity in Malaysia. In: *The Asia-Pacific perspective: redefining obesity and its treatment*. Geneva, Switzerland: World Health Organization. 2000. p. 56.
3. Riset Kesehatan Dasar (Riskesdas). Hasil Utama Riskesdas 2018. 2018;89–92.
4. Riskesdas. Laporan Provinsi Sumatera Barat Riskesdas 2018. Laporan Riskesdas Nasional 2018. 2018. 493 p.
5. Sudikno S, Syarief H, Dwiriani CM, Riyadi H, Pradono J. Hubungan Obesitas Sentral Dengan Profil Lipid Pada Orang Dewasa Umur 25-65 Tahun Di Kota Bogor (Baseline Studi Penyakit Tidak Menular di Kota Bogor, Jawa Barat). *Gizi Indones*. 2017;39(2):81.
6. WHO | Obesity. WHO. World Health Organization; 2014.
7. Kurniati N. Obesity and central obesity. *Med J Indones*. 2018;27(2):1–2.
8. Sahakyan KR, Somers VK, Rodriguez-Escudero JP, Hodge DO, Carter RE, Sochor O, et al. Normal Weight Central Obesity: Implications for Total and Cardiovascular Mortality. *Physiol Behav*. 2017;176(3):139–48.
9. Ahmad N, Adam SIM, Nawati AM, Hassan MR, Ghazi HF. Abdominal obesity indicators: Waist circumference or waist-to-hip ratio in Malaysian adults population. *Int J Prev Med*. 2016;2016(June):1–5.
10. Kemenkes RI. Situasi kesehatan jantung. Pus data dan Inf Kementeri Kesehatan RI [Internet]. 2014;3. Available from: <http://www.depkes.go.id/download.php?file=download/pusdatin/infodatin/infodatin-jantung.pdf>
11. Adam JM. *Dislipidemia*. In: *Buku Ajar Ilmu Penyakit Dalam*. VI. Jakarta: Interna Publishing; 2014. p. 2549–58.
12. Howard B V., Ruotolo G, Robbins DC. Obesity and dyslipidemia. *Endocrinol Metab Clin North Am*. 2003;32(4):855–67.
13. Sumarni. Hubungan Antara Lingkar Pinggang Dengan Profil Lipid Pada Dewasa Obes. 2016;3(2).
14. Chmelarova A. The association between lipid parameters and obesity in university students. 2015;(March).
15. Mardiana, Kartini A, Widjasena B. *Media Medika*. Pemberian Cairan Karbohidrat Elektrolit, Status Hidrasi dan Kelelahan pada Pekerja Wanita. 2012;46(14):6–11.
16. Astrup A. Obesity. In: *Human Nutrition*. 11th ed. London: Elsevier Churchill Livingstone; 2005. p. 379–99.
17. Yang F, Lv J, Lei S, Chen X, Guo Y, Guo J, et al. Receiver-operating characteristic analyses of body mass index, waist circumference and waist-

to-hip ratio for obesity : Screening in young adults in central south of China. 2006;1030–9.

18. Tilaki KH, Heidari B. Is Waist Circumference A Better Predictor of Diabetes Than Body Mass Index Or Waist - To - Height Ratio In Iranian Adults ? 2015;
19. Obesity Education Initiative Electronic Textbook--Treatment Guidelines [Internet]. [cited 2020 Mar 1]. Available from: [https://www.nhlbi.nih.gov/health-pro/guidelines/current/obesity-guidelines/e\\_textbook/txgd/4142.htm](https://www.nhlbi.nih.gov/health-pro/guidelines/current/obesity-guidelines/e_textbook/txgd/4142.htm)
20. Klein S, Allison DB, Heymsfield SB, Kelley DE, Leibel RL, Nonas C, et al. Waist circumference and cardiometabolic risk: A consensus statement from shaping America's health: Association for weight management and obesity prevention; NAASO, the obesity society; the American society for nutrition; and the American diabetes associat. *Obesity*. 2007;15(5):1061–7.
21. Wang J, Thornton JC, Bari S, Williamson B, Gallagher D, Heymsfield SB, et al. Comparisons of waist circumferences measured at 4 sites. *Am J Clin Nutr*. 2003;77(2):379–84.
22. World Health Organisation (WHO). WHO | Waist Circumference and Waist–Hip Ratio. Report of a WHO Expert Consultation. Geneva, 8-11 December 2008. 2008;(December):8–11. Available from: <http://www.who.int>
23. Kim D, Hou W, Wang F, Arcan C. Factors affecting obesity and waist circumference among US adults. *Prev Chronic Dis*. 2019;16(1):1–9.
24. Kurdanti W, Suryani I, Syamsiatun NH, Siwi LP, Adityanti MM, Mustikaningsih D, et al. Faktor-faktor yang mempengaruhi kejadian obesitas pada remaja. *J Gizi Klin Indones*. 2015;11(4):179.
25. Marmi. *Gizi Dalam Kesehatan Reproduksi*. Yogyakarta: Pustaka Belajar; 2013.
26. Pampang E, Purba MB, Huriyati E. Asupan Energi, Aktivitas Fisik, Persepsi Orang Tua, dan Obesitas Siswa dan Siswi SMP di Kota Yogyakarta. *J Biomedik*. 2009;5(3):108–13.
27. Norgan NG. Population differences in body composition in relation to the body mass index. *Eur J Clin Nutr* [Internet]. 1994;48 Suppl 3:S10—25; discussion S26—7. Available from: <http://europepmc.org/abstract/MED/7843146>
28. Lee Y, Siddiqui WJ. Cholesterol Levels [Internet]. *StatPearls* [Internet]. 2020 [cited 2020 Mar 21]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK542294/>
29. Jim EL. Metabolisme Lipoprotein. *J Biomedik*. 2014;5(3).
30. Rodwell VW, Bender DA, Botham KM, Kennelly PJ, Weil PA. *Biokimia Harper*. 30th ed. Jakarta: EGC; 2017.
31. Semenkovich CF, Goldberg AC, Goldberg IJ. Disorders of lipid metabolism.

- In: Melmed S, Polonsky KS, Larsen PR, Kronenberg HM, editors. *Williams Textbook of Endocrinology*. Philadelphia: Elsevier Saunders; 2011. p. 1633–74.
32. Rader DJ, Hobbs HH. Disorders of lipoprotein metabolism. In: Fauci AS, Braunwald E, Kasper DL, Hauser SL, Longo DL, Jameson JL, et al., editors. *Harrison's Principles of Internal Medicine*. New York: McGrawHill Medical; 2008. p. 2416–28.
  33. Malloy MJ, Kane JP. Disorders of lipoprotein metabolism. In: Gardner DG, Shoback D, editors. *Greenspan's Basic & Clinical Endocrinology*. 8th ed. New York: McGrawHill Medical; 2007. p. 770–95.
  34. Dorland N. *Kamus Saku Kedokteran Dorland*. 28th ed. Mahode AA, editor. Jakarta: EGC; 2011. 1066–1135 p.
  35. National Institutes of Health. *ATP III Guidelines At-A-Glance Quick Desk Reference*. 2001; Available from: <https://www.nhlbi.nih.gov/files/docs/guidelines/atglance.pdf>
  36. Ujjani S. Hubungan antara usia dan jenis kelamin dengan kadar kolesterol penderita obesitas rsud abdul moeloek provinsi lampung. 2014;
  37. Evans K, Laker MF. Intra-individual factors affecting lipid, lipoprotein and apolipoprotein measurement: A review. *Ann Clin Biochem*. 1995;32(3):261–80.
  38. Clayton BE, Jenkins P, Round JR. *Paediatric Chemical Pathology: Clinical Tests and Reference Ranges*. Oxford: Blackwell; 1980.
  39. Scott PH, Wharton BA. Biochemical values in the newborn. In: Robertson N, editor. *Textbook of Neonatology*. 2nd ed. Edinburgh: Churchill Livingstone; 1992. p. 1213–29.
  40. Hemer HA, de Bourges V V, Ayala JJ, Brito G, Diaz-Sanchez V, Garza-Flores J. Variations in serum lipids and lipoproteins throughout the menstrual cycle. *Fertil Steril*. 1985;44:80–4.
  41. Fahreus L, Larsson-Cohn U, Wallentin L. Plasma lipoproteins including high density lipoprotein subfractions during normal pregnancy. *Obs Gynecol*. 1985;66:468–72.
  42. Anwar TB. Dislipidemia Sebagai Faktor Resiko Penyakit Jantung Koroner. 2004;1–10.
  43. Perhimpunan Dokter Spesialis Kardiovaskular Indonesia. *Pedoman Tatalaksana Dislipidemia*. 1st ed. Jakarta: Centra Communication; 2013.
  44. Arsana PM, Rosandi R, Manaf A, Budhiarta A, Permana H, Sucipta KW, et al. *Panduan pengelolaan dislipidemia di Indonesia*. Pb Perkeni. 2015;4.
  45. Rizk NM, Yousef M. Association of lipid profile and waist circumference as cardiovascular risk factors for overweight and obesity among school children in Qatar. *Diabetes, Metab Syndr Obes Targets Ther*. 2012;5:425–32.
  46. Syahdrajat T. *Panduan Penelitian Untuk Skripsi Kedokteran & Kesehatan*. Rizky Offsset; 2019. 28 p.

47. Walpole RE. Pengantar Statistika. Jakarta: PT Gramedia Pustaka Utama; 1992.
48. Tiwari R, Jain V, Rajput A, Bhagwat A, Goyal M, Tiwari S. A study to assess prevalence of obesity among medical students of G.R. medical college, Gwalior, M. P., India. *Int J Res Med Sci.* 2014;2(4):1412.
49. Thomas E, Geethadevi M. Prevalence and determinants of overweight and obesity among medical students. 2020;10(01):42–8.
50. Amani F, Fathi A, Farzaneh E, Kahnamousi-aghdam F, Goudarzian M. Prevalence of overweight and obesity among students of Ardabil University, Iran. 2016;3(6):1636–9.
51. Hwalla N, Nasreddine L, El Labban S. Cultural determinants of obesity in low-and middle-income countries in the Eastern Mediterranean Region. *Energy Balanc Obes.* 2018;57–67.
52. Khan ZN, Assir MZ, Shafiq M, Chaudhary AEG, Jabeen A. High prevalence of preobesity and obesity among medical students of Lahore and its relation with dietary habits and physical activity. *Indian J Endocrinol Metab.* 2016;20(2):206–10.
53. Hameed R, Bhat AN, Nowreen N. Prevalence of Overweight and Obesity among Medical Students and its Correlation with Sleep Pattern and Duration. *Int J Contemp Med Res [IJCMR].* 2019;6(6):1–5.
54. Lubis G, Oyong N. Hubungan Lingkar Pinggang dengan Faktor Risiko Penyakit Kardiovaskular pada Anak Obesitas Usia Sekolah Dasar. 2006;8(2):147–53.
55. Putri EMP, Hendriantingtyas M, SL EK. Hubungan Lingkar Pinggang dan Lingkar Lengan Atas dengan HbA1c pada Obesitas. *J Kedokt Diponegoro.* 2018;7(2):10.
56. Widjaja NA, Prihaningtyas RA, Hanindita MH, Irawan R. Lingkar Pinggang dan Adiponektin pada Remaja Obesitas. *Media Gizi Indones.* 2020;15(2):88–93.
57. Fowler JR, Tucker LA, Bailey BW, Lecheminant JD. Physical Activity and Insulin Resistance in 6 , 500 NHANES Adults : The Role of Abdominal Obesity. 2020;2020.
58. Tiala MEARP, Tanudjaja GN, Kalangi SJR. Hubungan Antara Aktivitas Fisik dengan Lingkar Pinggang pada Siswa Obes Sentral. 2013;1:455–60.
59. Begum GS, Jabeen A, Kumar C, Rahaman A. Comparative Study of Lipid Profile with Body Mass Index in young Healthy Medical Students. 2018;14(1):19–25.
60. Hendra P, Virginia DM, Widayati A. Korelasi Antropometri terhadap Profil Lipid pada Masyarakat Pedesaan Cangkringan, Kabupaten Sleman, Daerah Istimewa Yogyakarta. 2017;6(2).
61. Sitepu JN. Hubungan Indeks Massa Tubuh dengan Profil Lipid Serum sebagai faktor risiko Penyakit Kardiovaskuler pada Mahasiswa Universitas

- HKBP Nommensen. *Nommensen J Med.* 2017;3(1):7–13.
62. Suneetha K. Study of Lipid Profile in Obese and Non-obese Students in Acharya. *Int J Pharm Clin Res.* 2018;10(2):40–2.
  63. Eslami O, Shahraki M, Shahraki T. Obesity Indices in relation to Lipid Abnormalities among Medical University Students in Zahedan, South-East of Iran. *Int J Prev Med.* 2019;10(15).
  64. Ercho, NC, Berawi K, Susantiningsih T. The Relation of Obesity with LDL and HDL Level at Preclinical Student of Medical Faculty Lampung University 2013. 2013;87–92.
  65. Surentu JH. Hubungan Kadar Kolesterol High Density Lipoprotein Darah Dengan Kadar High Sensitivity C-Reactive Protein Pada Remaja Obes. *J e-Biomedik.* 2014;2(1).
  66. Putri SR, A DI. *Obesitas sebagai Faktor Resiko Peningkatan Kadar Trigliserida.* 2013;2007.
  67. Farizal J, Marlina L. Hubungan Kadar Trigliserida dengan Mahasiswa Obesitas. *Avicenna J Ilm.* 2019;14(02):42–6.
  68. Mishra N, Sharma MK, Chandrasekhar M, Suresh M, Prasad SV, Kondam A. Central obesity and lipid profile in North Indian males. *Int J Appl Biol Pharm Technol.* 2012;3(3):291–4.
  69. Arief RQ. *Obesitas dan Profil Lipid pada Mahasiswa Baru Angkatan 2012-2013 Universitas Hasanuddin.* Universitas Hasanuddin; 2013.
  70. Diah Intan Sari. *Korelasi Lingkar Pinggang dan Rasio Lingkar Pinggang Panggul Terhadap Kadar Trigliserida pada Mahasiswa dan Mahasiswa Di Kampus III Universitas Sanata Dharma Yogyakarta.* Universitas Sanata Dharma Yogyakarta; 2012.
  71. Winarta IM. *Hubungan Antara Obesitas Sentral Dengan Profil Lipid pada Penerbang TNI Angkatan Udara yang Melaksanakan Medical Check Up di Lembaga Kesehatan Penerbangan dan Antariksa Saryanto Tahun 2016.* 2017;9(1):53–64.
  72. Nagara AIW. *Hubungan Lingkar Pinggang dan Kebiasaan Merokok Terhadap Kadar Kolesterol Total Pria Usia Produktif [Internet].* Universitas Trisakti; 2017. Available from: [http://repository.trisakti.ac.id/webopac\\_usaktiana/index.php/home/detail/detail\\_koleksi/5/SKR/judul/000000000000000093359/PT](http://repository.trisakti.ac.id/webopac_usaktiana/index.php/home/detail/detail_koleksi/5/SKR/judul/000000000000000093359/PT)
  73. Dewi HI. *Hubungan Antara Lingkar Pinggang dengan Kadar Kolesterol Darah pada Usia Dewasa di Dusun IV Ngrame Tamantirto Kasihan Bantul Yogyakarta.* 2016;
  74. Listiyana AD, Mardiana, Prameswari GN. *Obesitas Sentral dan Kadar Kolesterol Darah.* *J Kesehat Masy.* 2013;9(1):37–43.
  75. Rasdini IGAA. *Hubungan Lingkar Pinggang dengan Kadar Kolesterol LDL Pasien Penyakit Jantung Koroner di RSUP Sanglah Denpasar.* 2007;
  76. Paulina. *Korelasi Lingkar Pinggang dan Rasio Lingkar Pinggang-Panggul*

Terhadap Rasio LDL/HDL. Universitas Sanata Dharma; 2011.

77. Dholakia J, Sharma H, Vasava SN, Kayal S. Correlation of anthropometric parameters with lipid profile in first year medical students. 2018;5(1):54–60.
78. Chehrei A, Sadrnia S, Hassanzadeh A, Ms K, Daneshmand A, Rezaei J. Correlation of dyslipidemia with waist to height ratio , waist circumference , and body mass index in Iranian adults. 2007;16(July 2006):248–53.
79. Hendarto A, Hafifah CN, Sjarif DR, Alhadar AK. Hubungan antara Ukuran Lingkar Pinggang dengan Masa Lemak Tubuh, Profil Lipid, dan Gula Darah Puasa pada Remaja Obes. 2018;20(4):237–41.
80. Devi S, Choudhary AK, Verma P, Jain N, Garg N. Association of Lipid Profile , Body Mass Index , and Waist Circumference as Cardiovascular Risk Factors for Obese Male Adults of North India. 2017;4(10).
81. Ma L, Cai L, Deng L, Zhu Y, Ma J, Jing J, et al. Waist Circumference is Better Than Other Anthropometric Indices for Predicting Cardiovascular Disease Risk Factors in Chinese Children — a Cross-Sectional Study in Guangzhou. 2016;320–9.
82. Priyantono R, Tejoyuwono AAT, Novianry V. Hubungan antara Lingkar Perut dan Kadar HDL menggunakan Metode Presipitasi pada Pegawai Pria Satpol PP di Kota Pontianak tahun 2013. 2015;1:114–26.
83. Ashen MD, Ph D, Blumenthal RS. Low HDL Cholesterol Levels. 2005;1252–60.

