

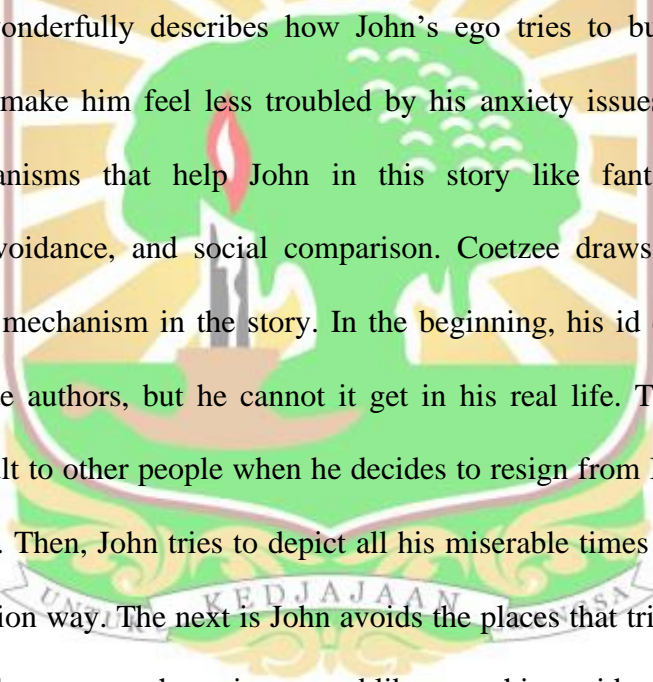
BAB V. CONCLUSION

This chapter concludes that Coetzee's novel *Youth* presents both anxiety and defense mechanisms interestingly. Coetzee fascinatingly images John experiences three types of anxieties in *Youth*. As the cause of the imbalance of John's id, ego, and superego, he suffers from neurotic, realistic, and moral anxiety in the story. I claim that John's id works under the influence of his favorite authors' life. He eagerly in which his ego cannot find satisfaction to fulfill it when his ego cannot satisfy his id demand. He never prepares himself to fail. It puts him to experience neurotic anxiety in his life.

The leading cause of his neurotic anxiety is caused by mother fixation and brother rivalry conditions, which cause his loneliness. Most parts of the story show how John suffers from neurotic anxiety. I argue that the way Coetzee depicts John's neurotic anxiety seems so real through his panic attacks, irrational fears. It leads him often think negatively in his daily life. Thus, John experiences neurotic anxiety in most of his life, which makes him full of miserable. John also experiences realistic anxiety and moral anxiety that multiply his life issues in the story.

I claim Coetzee accurately pictures John's realistic anxiety as the cause of his childhood's unpleasant memories with his parents and environment. John unconsciously lives with the belief that no one will like him the way he is. It makes him often hide the truth by lying about himself in everyday life. Living as an outsider in South Africa and England also causes realistic anxiety. In another case, I also believe that the imbalance between John's id and his superego, causing

moral anxiety for him. I strongly argue that John's ego tries to fulfill the id's demand to share his affection with perfect women while his superego cannot accept his deed. When John badly refuses the ugly woman to live with him, the result shows that the clash between John's id and his superego provokes his moral anxiety. This condition makes him feel guilty and threatened by the incident. Therefore, even though realistic and moral anxieties are less dominant in John's life, he still gets threatened by these anxieties that make him more miserable from time to time.



Coetzee wonderfully describes how John's ego tries to build the defense mechanism to make him feel less troubled by his anxiety issues. I find several defense mechanisms that help John in this story like fantasy, projection, sublimation, avoidance, and social comparison. Coetzee draws a condition as John's defense mechanism in the story. In the beginning, his id demands to live like his favorite authors, but he cannot get it in his real life. The next is John projects his fault to other people when he decides to resign from IBM's job as his projection way. Then, John tries to depict all his miserable times in literary work as his sublimation way. The next is John avoids the places that trigger his anxiety and find the calm space such as cinema and library as his avoidance way. The last one is that John feels he is so much better than Ganapathy, who also has so many issues in his life.

In conclusion, John uses the defense mechanism to make him less overwhelmed by the anxiety problems he experiences in the story. Therefore, throughout the story, it shows John's anxiety and defense mechanism are portrayed in an attractive way. I claim that Coetzee depicts these psychological

issues in the same measure because at the time, John feels disturbed by his anxiety. Coetzee presents John's ego, which tries to build the defense mechanism to make him feel less troubled by his anxiety.

