

DAFTAR PUSTAKA

- Afriyeni, N., Amalia, V., & Puspasari, D (2019). Adaptasi alat ukur psikologis: The students sources of stress scale. Laporan Penelitian dosen. Padang: Program Studi Psikologi Fakultas Kedokteran Universitas Andalas.
- Agusmar, A. Y., Vani, A. T., & Wahyuni, S. (2019). Perbandingan tingkat stres pada mahasiswa angkatan 2018 dengan angkatan 2015 fakultas kedokteran universitas baiturrahmah. *Health & Medical Journal*, 1(2), 34-38.
- Al-Adawiyah, R., & Syamsudin, H. (2008). *Agar ngampus tak sekadar status*. Surakarta: Indiva Media Kreasi.
- American College Health Association. (2013). *National College Health Assesment II: Reference Group Data Report Spring 2013*: Hanover, MD: American College Health Association.
- Ananda, O.T., Gusyaliza, R., Pertiwi, D. (2018). Stres dan prestasi kademik mahasiswa indekos FK Unand angkatan 2016. *Jurnal Kesehatan Andalas*, 7(3), 375-380.
- Anggraini, D. P. (2016). Analisis kesulitan mahasiswa dalam perkuliahan dan praktikum kimia dasar di jurusan pendidikan biologi FKIP UNISBA. *Konstruktivisme: Jurnal Pendidikan dan Pembelajaran*, 8(1), 61-71.
- Azila-Gbettor, E. M., Atatsi, E. A., Danku, L. S., & Soglo, N. Y. (2015). Stress and academic achievement: Empirical evidence of business students in a Ghanaian polytechnic. *International Journal of Research in Business and Management*, 2, 14.
- Azwar, S. (2015). *Penyusunan skala psikologi edisi 2*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2016). *Metode penelitian*. Yogyakarta: Pustaka Pelajar.
- Bamuhair, S. S., Al Farhan, A. I., Althubaiti, A., Agha, S., & Ibrahim, N. O. (2015). Sources of stress and coping strategies among undergraduate medical students enrolled in a problem-based learning curriculum. *Journal of Biomedical Education*, 2015.
- Basnet, G., Chhetri, B., Gautam, J., & Bijukche, S. (2018). Factors associated with stress among nursing students: A Cross Sectional Study.
- Britt, S. L., Canale, A., Fernatt, F., Stutz, K., & Tibbetts, R. (2015). Financial stress and financial counseling: Helping college students. *Journal of Financial Counseling and Planning*, 26(2), 172-186.

- Bulo, J.G. & M.G. Sanchez (2014). Sources of stress among college students. *CVCITC Research Journal*, 1 (1), pp 16 – 25.
- Bybee, R. W. (2000). Achieving technological literacy: A national imperative. *The Technology Teacher*, 60(1), 23–28.
- Calaguas, G. M. (2011). College academic stress: Differences along gender lines. *Journal of social and development sciences*, 1(5), 194-201.
- Carim, A & Sun, R (1989) *teaching science through discovery (6 edition)*. Merril Publishing Company: Colubu, Ohio.
- Chernomas, W. M., & Shapiro, C. (2013). Stress, depression, and anxiety among undergraduate nursing students. *International journal of nursing education scholarship*, 10(1), 255-266.
- Ciccarelli, S. K., & White, J. N. (2012). *Psychology 3th Ed*. New Jersey: Pearson Education.
- Clark-Carter, D. (2010). *Quantitative psychological research: The Complete student's companion, 3rd Ed*. East Sussex: Psychology Press.
- Cress, V.G. & Lampman, C. (2007). Hardiness, stress, and health-promoting behaviors among college students. *Psi Chi Journal of Undergraduate Research*, 12 (1), 18-23.
- Delbanco, A. (2012). *College: What it was, is, and should be*. New York: Princeton University Press.
- Dolu, G. (2016). University students' opinions concerning science-technology-society issues. *Educational Sciences: Theory and Practice*, 16(3), 1051-1076.
- Dotado-Maderazo, J. U. (2017). Stress and academic performance of dental clinicians in one private university in the Philippines.
- Dugger Jr, W. E. (2001). Standards for technological literacy. *Phi Delta Kappan*, 82(7), 513-517.
- Edmonds, W.A. & Kennedy, T.D. (2017). *An applied guide to research design: quantitative, qualitative, and mixed methods, 2nd Ed*. California: Sage Publications.
- Evanda, R. B. (2015). Faktor-faktor internal yang mempengaruhi stres pada mahasiswa angkatan 2014 fakultas kedokteran Universitas Jember.

- Ghosal, K., & Behera, A. (2018). Study on prevalence of stress in medical students. *Journal of Research in Medical and Dental Science*, 6(5), 182-186.
- Gokul, G. & Jayalakshmi (2016). The mental stress levels of students studying in different professional courses. *Journal of pharmaceutical sciences and research*, 8(6), 483.
- Hadi, S. (2014). hubungan antara adversity quotient dengan prokrastinasi akademik pada mahasiswa yang sedang menyelesaikan skripsi di program studi teknik mesin universitas andalas. (*Skripsi terpublikasi*). Sumatera Barat: Universitas andalas
- Hadi, S. (2016). *Metodologi Riset*. Yogyakarta: Pustaka Belajar
- Hardjana, A. M. (1994). *Stres tanpa distres: Seni mengolah stres*.
- Insel, P. M., Roth, W. T., & Insel, C. E. (2018). *Connect core concepts in health 15th ed*. New York: McGraw-Hill.
- Kumar, R. (2011). *Research Methodology: A Step-by-Step Guide for Beginners 3rd Ed*. London: Sage Publications
- Lazarus, R. S. & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer Publishing
- Legiran, A.M.Zalili, Bellinawati, Nedy.(2015)Faktor resiko stres dan perbedaannya pada mahasiswa berbagai angkatan di fakultas kedokteran universitas muhammadiyah Palembang. *Jurnal Kedokteran dan Kesehatan*, Volume 2, No 2, April 2015: 197-202.
- Levy, P.S. & Lemeshow, S. (2008). *Sampling of popuation: Methods and Applications, 4th Ed*. New Jersey: Wiley.
- Lola, Y. K. (2017) Hubungan dukungan social dengan stres pada mahasiswa preklinik keperawatan Universitas andalas tahun 2016. (*Skripsi terpublikasi*). Sumatera Barat: Universitas andalas.
- Lukaningsih, Z.L. dan S. Bandiyah. 2011. *Psikologi kesehatan*. Nuha Medika:Yogyakarta
- Maksum, Ali. (2015). *Kurikulum dan Pembelajaran di Perguruan Tinggi: Menuju Pendidikan yang Memberdayakan*. Makalah disampaikan dalam seminar nasional hasil penelitian pendidikan dan pembelajaran, 25-26 April 2015 di STKIP PGRI Jombang.
- Marbun, A. P. S., Arneliwati, & Amir, Y. (2018). Faktor-faktor yang mempengaruhi stres mahasiswa program transfer keperawatan yang

sedang menyusun skripsi di Universitas Riau. *Journal Of Nursing.Researchgate*, 1(1), 2–5.

- Masih, and Gulrez, 2006. Age and gender differences on stress recent trends in human stress management. New Delhi, India: Global Mission publishing House.
- Matud, M. P. (2004). Gender differences in stress and coping styles. *Personality and individual differences*, 37(7), 1401-1415.
- Mertens, D.M. (2010). *Research and evaluation in education and psychology (3rd ed)*. United States of America: Sage Publications.
- Misra, R., & Castillo, L. G. (2004). Academic stress among college students: Comparison of American and international students. *International Journal of stress management*, 11(2), 132.
- Myint, K., See-Ziau, H., Husain, R., & Ismail, R. (2016). Dental students' educational environment and perceived stress: The university of Malaya experience. *The Malaysian journal of medical sciences: MJMS*, 23(3), 49.
- N, Veen., Shastri, Shailaja. (2016). Stress and academic performance. *The International Journal of India Psychology*, 3(4).
- Nandamuri, P.P. & Gowthami, Ch. (2011). Sources of academic stress—A study on management students. *Journal of Higher Education*, 61, 31-42.
- Niknami, M., Dehghani, F., Bouraki, S., Kazemnejad, E., & Soleimani, R. (2015). An assessment of the stressors and ways of coping in Iranian medical sciences students. *Iranian journal of nursing and midwifery research*, 20(4), 521.
- Nisa, M. & Nizami, A. (2013). *Personality traits sources of stress and self_efficacy as related to mental health amongst adolescents*. Thesis. Department of Psychology Aligarh Muslim University.
- Nisa, M. & Nizami, N. (2014). Development and validation of student's sources of stress scale. *Indian journal of health and well-being*, 5(9),
- Norkasioni & Tamher. 2009. *Kesehatan usia lanjut dengan pendekatan asuhan keperawatan*. Jakarta: Salemba Medika.
- Nuas, A. M., Mercado, C. B., Owen, C., Matanguihan, M. A. B., Dumaoal2and, O. S. R., & Flores, M. S. E. stressors and coping mechanism of physical therapy students of lyceum of the philippines University-Batangas.

- Nurdiana, A. (2013). *Cara belajar di perguruan tinggi*. *Lentera STKIP-PGRI Bandar Lampung*, 2, 16-23.
- Opoku-Acheampong, A., Kretchy, I. A., Acheampong, F., Afrane, B. A., Ashong, S., Tamakloe, B., & Nyarko, A. K. (2017). Perceived stress and quality of life of pharmacy students in University of Ghana. *BMC research notes*, 10(1),115.
- Pekdag, B. (2014). Prospective chemists' and pre-service chemistry teachers' views about sciencetechnology-society (STS) issues Special issue. *Croatian Journal of Education*, 16(3), 11–53.
- Pfeiffer, D. (2001). *Academic and environmental stress among undergraduate and graduate college students: A literature review*.
- Punita, P., & Saranya, K. Chand of stress in Medical students". *International Journal of Current Re.*
- Putri, D. U. M., Anward, H. H., & Erlyani, N. (2017). Peranan penyesuaian diri terhadap stres akibat kemacetan pada mahasiswa fakultas kedokteran Universitas Lambung Mangkurat Banjarmasin. *Jurnal Ecopsy*, 3(2).
- Rahmayani, Liza, & Syah. (2019). Gambaran tingkat stres berdasarkan stressor pada mahasiswa kedokteran tahun pertama program studi profesi Dokter Fakultas Kedokteran Universitas Andalas Angkatan 2017. 8(1), 103 – 111.
- Ramteke, I. V., & Ansari, J. (2016). Stress and anxiety among first year and final year engineering students. *Stress*, 3(4).
- Rasmun, N. M., & Kep, M. (2004). *Stres, koping dan adaptasi*. Jakarta: CV Sagung Seto.
- Republik Indonesia. (1961). *Undang-Undang Nomor 22 Tahun 1961 tentang Perguruan Tinggi*. Jakarta: Sekretariat Negara.
- Rismen, S. (2015). Analisis kesulitan mahasiswa dalam penyelesaian skripsi di Prodi Pendidikan Matematika STKIP PGRI. *Lemma*, 1(2).
- Rock, B., Ronald, R., Elamparithi, T., Zakeena, S., Susin, M., Sundri, R., ... & Naveen, K. (2017). Prevalance of stress and its risk factors among medical students. *International Journal of Community Medicine and Public Health*, 4(12), 4589.
- Ross, S. E., Niebling, B. C., & Heckert, T. M. (1999). Sources of stress among college students. *Social psychology*, 61(5), 841-846.
- Ryan. T. P. (2013). *Sample size determination and power*. New Jersey: WILEY

- Sarafino, E. P. & Smith, T. W. (2011). *Health Psychology, Biopsychosocial Interactions 7ed*. New Jersey: Wiley.
- Sarwono, S. W. (1992). *Psikologi lingkungan*. Grasindo.
- Selye, H. (1950). Stress. Montreal. *Acta, Inc*, 143.
- Septiani, E. (2013). Hubungan antara tingkat stres dengan gaya humor pada mahasiswa (Skripsi). UIN SGD Bandung.
- Shafira, N. N. A. (2017). Presepsi mahasiswa terhadap lingkungan pembelajaran di program studi kedokteran fakultas kedokteran dan ilmu kesehatan universitas jambi. *Jambi medical journal" Jurnal Kedokteran dan Kesehatan"*, 5(2).
- Shenoy, U. A. (2000). *College-stress and symptom-expression in International students: A comparative study* (Doctoral dissertation, Virginia Tech).
- Simpson, A.Rae. 2010. Young adult development, what the research tells us. *Parenting Education & Research Massachusetts Institute of Technology*.
- Singh, Y.K. (2006). *Fundamental of research methodology and statistics*. New Dehli: New Age International (P) Limited, Publishers.
- Siregar, C. J. P. & Kumolosaso, E. 2006. *Farmasi Klinik, Teori dan Penerapan*. Jakarta: Buku Kedokteran EGC.
- Skead, N. K. & Rogers, S. L. (2015). Do law students stand apart from other university students in their quest for mental health: A comparative study on wellbeing and associated behaviours in law and psychological students. *International journal of law and psychiatry*, 1-10.
- Sun, S. H., & Zoriah, A. (2015). Assessing stress among undergraduate pharmacy students in University of Malaya. *Indian J Pharm Educ*, 49(2), 99-105.
- Sutjiato, M., Kandou, G.D., & Tucunan, A.A.T. (2015). Hubungan faktor internal dan eksternal dengan tingkat stress pada mahasiswa fakultas kedokteran universitas sam ratulangi manado. *JIKMU 5 (1)*, 30-42.
- Supratiknya, A. (2014). *Pengukuran Psikologis*. Yogyakarta: Universitas Sanata Dharma.
- Tiara Mardalifa, Y. R. (2018). Hubungan sleep hygiene dengan hasil belajar blok pada mahasiswa tahap akademik fakultas kedokteran. jurnal.fk.unand.ac.id.

- Undang-Undang No.22 Tahun 1961 diakses melalui ([https://kelembagaan.ristekdikti.go.id/wp-content/uploads/2016/08/UU-12 Tahun2011.pdf](https://kelembagaan.ristekdikti.go.id/wp-content/uploads/2016/08/UU-12-Tahun2011.pdf)) pada tanggal 30 juli 2019. Pukul 20.00 WIB.
- Wahyudi, R., Bebasari, E., & Nazriati, E. (2015). Hubungan kebiasaan berolahraga dengan tingkat stres pada mahasiswa Fakultas Kedokteran Universitas Riau tahun pertama. *Jurnal Online Mahasiswa Fakultas Kedokteran Universitas Riau*, 2(2), 1-11.
- Wijayanti Nindya. (2013). Strategi coping menghadapi stres dalam penyusunan tugas akhir skripsi pada mahasiswa program s1 fakultas ilmu pendidikan. (*skripsi terpublikasi*). Yogyakarta: Universita negeri Yogyakarta.
- Winarsunu, T. (2004). *Statistik dalam penelitian psikologi dan pendidikan*. Malang: UMM Press.
- Winkel. 1998. *Psikologi pengajaran*. Jakarta: Gramedia.
- Yikealo, D., Tareke, W., & Karvinen, I. (2018). The level of stress among college students: A Case in the College of Education, Eritrea Institute of Technology. *Open Science Journal*, 3(4).
- Yorika, H. (2016). hubungan kualitas tidur dengan depresi pada mahasiswa tingkat akhir jurusan teknik mesin universitas andalas tahun 2016 (*Skripsi terpublikasi*). Sumatera Barat: Universitas andalas.
- Zewail, A. (2002). *Science and technology in the twenty-first century*. Kuala Lumpur: Academy of Sciences Malaysia Lecture Series.

