

**PENGARUH KOMBINASI PIJAT BAYI DAN TERAPI *MURROTAL*  
TERHADAP PENINGKATAN BERAT BADAN BAYI  
BBLR DI RUANG PERINATOLOGI  
RSUD RADDEN MATTATHER  
JAMBI**

**TESIS**

**OLEH**

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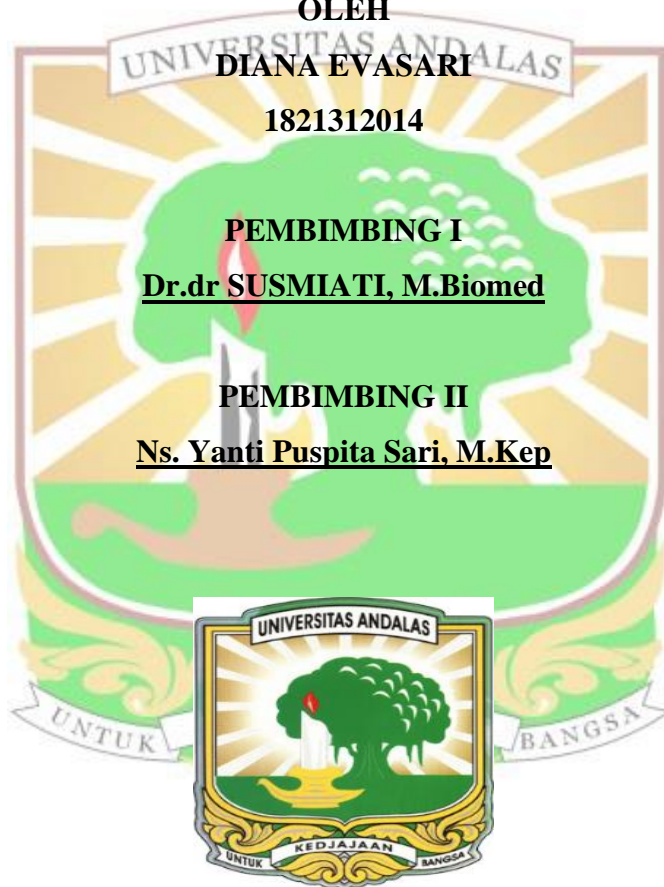
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**PROGRAM STUDI S2 KEPERAWATAN  
KEKHUSUSAN KEPERAWATAN ANAK  
FAKULTAS KEPERAWATAN – UNIVERSITAS ANDALAS  
PADANG 2020**

**PROGRAM STUDI S2 KEPERAWATAN  
KEKHUSUSAN KEPERAWATAN ANAK  
FAKULTAS KEPERAWATAN UNIVERSITAS ANDALAS**

Tesis, Juli 2020  
Diana Evasari

**Pengaruh kombinasi pijat Bayi dan terapi *murrotal* terhadap peningkatan berat badan bayi berat badan lahir rendah diruang Perinatologi RSUD Radden Mattaheh Jambi**

xvi + 80 hal + 8 tabel + 17 lampiran + 4 skema

**ABSTRAK**

Bayi Berat Badan Lahir Rendah (BBLR) merupakan bayi yang lahir dengan berat badan kurang dari 2500 gram, tanpa memandang usia gestasi. BBLR berkontribusi besar atas kematian bayi dinegara berkembang terutama Indonesia. Intervensi yang spesifik perlu dilakukan dalam tatalaksana pada bayi BBLR. Penelitian dilakukan di ruang Perinatologi RSUD Radden Mattaheh. Tujuan penelitian ini untuk melihat pengaruh dari kombinasi pijat bayi dan terapi *murrotal* terhadap peningkatan berat badan bayi BBLR. Desain penelitian yang digunakan adalah *Quasy Exsperimen Pre Post Test With Control Group*. Instrumen penelitian menggunakan lembar observasi, sampel berjumlah 32 responden, diambil dengan menggunakan *pulposive sampling*. Analisa data menggunakan analisa univariat dan bivariat Hasil penelitian membuktikan bahwa terdapat pengaruh kombinasi pijat bayi dan terapi *murrotal* terhadap peningkatan berat badan bayi BBLR dengan nilai *p value*  $0,000 < 0,05$ . Diharapkan kombinasi pijat bayi dan terapi *murrotal* dapat menjadi salah satu intervensi keperawatan mandiri pada bayi BBLR yang dapat diterapkan di rumah sakit.

Kata Kunci : Pijat bayi, terapi *murrotal*, BBLR

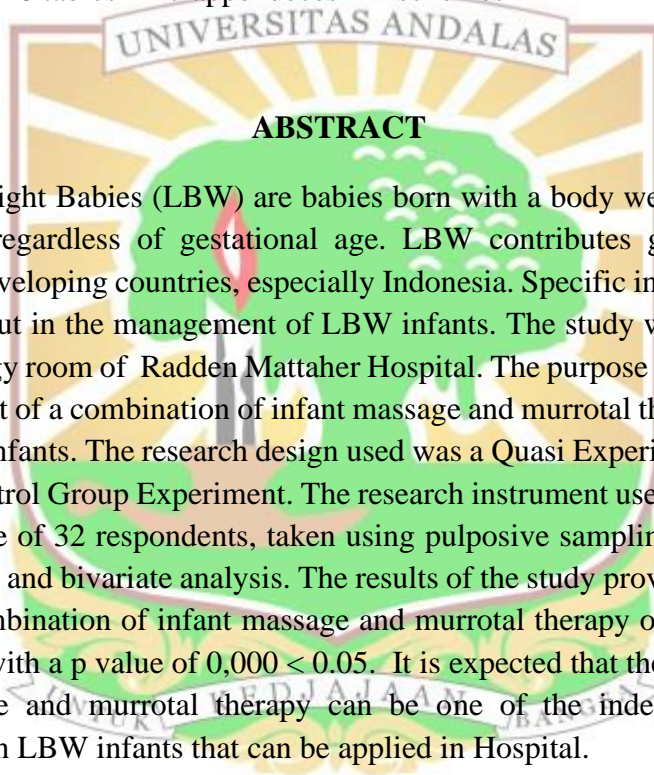
Daftar Pustaka : 77 (2010 – 2020)

**NURSING FACULTY MASTER PROGRAM  
SPECIALIZED NURSING OF CHILDREN  
THE FACULTY OF NURSING ANDALAS UNIVERSITY**

Thesis, July 2020  
Diana Evasari

**Effect of a combination of infant massage and murrotal therapy on weight gain of low birth weight infants in the Perinatology room at Radden Mattaher Hospital Jambi**

xvi + 80 page + 8 tables + 17 appendeces + 4 schemes



**ABSTRACT**

Low Birth Weight Babies (LBW) are babies born with a body weight of less than 2500 grams, regardless of gestational age. LBW contributes greatly to infant mortality in developing countries, especially Indonesia. Specific interventions need to be carried out in the management of LBW infants. The study was conducted in the Perinatology room of Radden Mattaher Hospital. The purpose of this study was to see the effect of a combination of infant massage and murrotal therapy on weight gain in LBW infants. The research design used was a Quasi Experimental Pre-Post Test With Control Group Experiment. The research instrument used an observation sheet, a sample of 32 respondents, taken using purposive sampling. Data analysis uses univariate and bivariate analysis. The results of the study prove that there is an effect of a combination of infant massage and murrotal therapy on weight gain in LBW infants with a p value of  $0,000 < 0.05$ . It is expected that the combination of infant massage and murrotal therapy can be one of the independent nursing interventions in LBW infants that can be applied in Hospital.

Keywords: Infant massage, murrotal therapy, LBW

Bibliography : 77 (2010 – 2020)

