

**GAMBARAN SELF DIRECTED LEARNING READINESS MAHASISWA  
PROGRAM STUDI KEDOKTERAN FAKULTAS KEDOKTERAN  
UNIVERSITAS ANDALAS**



**Skripsi**

**Diajukan ke Fakultas Kedokteran Universitas Andalas sebagai Pemenuhan  
Salah Satu Syarat untuk Mendapatkan Gelar Sarjana Kedokteran**

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**ABSTRACT**

**OVERVIEW MEDICAL STUDENT SELF DIRECTED LEARNING  
READINESS IN MEDICAL FACULTY OF ANDALAS UNIVERSITY**

**By**

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**Background:** Student-centered learning methods have been used and applied by the Medical faculty of Andalas University since 2004. To learn with this SCL method students need to have self-directed learning readiness. This reaserch aims to describe the Medical student self directed learning readiness in Medical faculty of Andalas University

**Method:** This research is a descriptive study with a cross sectional approach. The sample of this research was Medical student at FK Unand, using the stratified random sampling method obtained samples of each class 2016, 2017, 2018, 2019 were 72, 75, 80, 74 students respectively. Data collection in this study used the SDLRS questionnaire which was adapted by Zulharman et al. The research data were analyzed using univariate analysis.

**Results:** Medical student self directed learning readiness in Medical faculty of Andalas University were classified as having high self directed learning readiness because as many as 221 (73,4%) students had high SDLR scores and as many as 80 (26,6%) students had medium-low SDLR scores. The highest average SDLR score is owned by the 2016 class whose motivation and control are also high. the lowest SDLR average score is owned by the 2017 class whose self management and self control are also low, while in 2018 they have good self-management but are low in learning motivation.

**Conclusion:** Self-directed readiness of students of the Medical Study Program at the Faculty of Medicine, Andalas University is in the good category.

**Keywords:** student centered learning, self directed learning readiness, SDLRS

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**Latar Belakang** : Metode belajar *student centered learning* telah digunakan dan diaplikasikan oleh Fakultas Kedokteran Universitas Andalas sejak tahun 2004. Untuk mengikuti pembelajaran dengan metode SCL ini mahasiswa perlu memiliki *self directed learning readiness*. Penelitian ini bertujuan untuk melihat bagaimana kesiapan belajar mandiri mahasiswa FK Unand.

**Metode** : Penelitian ini merupakan penelitian deskriptif dengan pendekatan *Cross sectional*. Sampel penelitian ini adalah mahasiswa program studi kedokteran FK Unand, menggunakan metode *stratified random sampling* didapatkan sampel tiap angkatan 2016, 2017, 2018, 2019 secara berurutan adalah 72, 75, 80, 74 mahasiswa. Pengambilan data penelitian ini menggunakan kuesioner SDLRS yang diadaptasi oleh Zulharman et al. Data penelitian dianalisa menggunakan analisis univariat.

**Hasil** : Mahasiswa program studi kedokteran FK Unand tergolong memiliki kesiapan belajar mandiri tinggi karena sebanyak 221 (73,4%) mahasiswa memiliki skor SDLR tinggi dan sebanyak 80 (26,6%) mahasiswa memiliki skor SDLR sedang-rendah. Rata-rata skor SDLR tertinggi dimiliki oleh angkatan 2016 yang motivasi dan kontrol dirinya juga tinggi. rata-rata skor SDLR terendah dimiliki oleh angkatan 2017 yang manajemen diri dan kontrol dirinya juga rendah, sedangkan untuk 2018 memiliki manajemen diri yang baik tetapi rendah dalam motivasi belajar.

**Kesimpulan** : *Self directed learning readiness* mahasiswa program studi kedokteran Fakultas Kedokteran Universitas Andalas berada dalam kategori baik.

**Kata kunci** : *student centered learning, self directed learning readiness, SDLRS*