BAB VII
PENUTUP

A. **Kesimpulan**

1. Karateristik remaja lebih dari setengahnya adalah perempuan dengan rentang umur 15–20 tahun yang tinggal dipanti asuhan di kota Padang.

2. Remaja yang tinggal dipanti asuhan di kota Padang Lebih dari setengahnya memiliki *Self Esteem* rendah.

3. Remaja yang tinggal dipanti asuhan dikota Padang Lebih dari setengahnya Faktor yang mempengaruhi *Self Esteem* (harga Diri) adalah memiliki katagori rendah yaitu faktor individu, faktor pengasuh, faktor sosial dan faktor orang tua.

4. Terdapatnya hubungan yang signifikan antara faktor individu dengan *Self Esteem* (harga Diri) remaja yang tinggal di panti asuhan di kota Padang

5. Tidak terdapatnya hubungan yang signifikan antara faktor orang tua dengan *Self Esteem* (harga Diri) remaja yang tinggal di panti asuhan di kota Padang.

6. Terdapatnya hubungan yang signifikan antara faktor pengasuh dengan *Self Esteem* (harga Diri) remaja yang tinggal di panti asuhan di kota Padang

7. Tidak terdapatnya hubungan signifikan antara faktor Sosial dengan *Self Esteem* (harga Diri) remaja yang tinggal di panti asuhan di kota Padang.

8. Faktor dominan yang memiliki hubungan erat dengan *Self Esteem* (harga Diri) remaja adalah faktor Pengasuh.

B. Saran

1. Dinas Sosial Kota Padang

Diharapkan kepada Kepala Dinas untuk bahan acuan untuk dibuatnya bahan pertimbangan membuat suatu program untuk kesejaahteraan anak remaja dipanti asuhan dan juga dapat meningkatkan jumlah pengasuh sesuai dengan jumlah yang sudah dikeluarkan oleh peraturan dinas.

2. Pihak Puskesmas

Dengan tingginya angka rendahnya *Self Esteem* negatif diharapkan kepada pimpinan Puskesmas dapat membentuk suatu upaya praktek keperawatan untuk peningkatan pengetahuan program kelompok khusus untuk memberikan edukasi tentang permasalahan tumbuh kembang dan upaya penatalaksanaannya.

3. Pihak Fakultas Keperawatan Unand

Diharapkan kepada pihak kampus sebagai bahan acuan untuk menyelesaikan tugas-tugas yang bersangkutan *Self Esteem*. Pihak pendidikan dalam dunia keperawatan hendaknya mengembangkan asuhan keperawatan pada kelompok usia remaja yang lebih terfokus kepada harga diri terutama untuk anak-anak panti asuhan. Pihak pendidikan harus mengoptimalkan pemberian asuhan keperawatan sesuai dengan perkembangan usia remaja agar mereka dapat paham tentang apa saja tahap perkembangan apa yang akan mereka lalui.

4. **Manfaat Bagi Remaja**

   Di harapkan kepada remaja agar dapat menilai harga diri sendiri secara dini agar mampu berinteraksi serta bersosialisasi dengan baik di lingkungan baik di lingkungan panti asuhan, sekolah dan masyarakat.

5. **Pengembangan Metodologi Pendidikan**

   Perlu dilakukan penelitian lebih lanjut yang berfokus pada satu faktor saja sehingga dapat membahas lebih fokus dan mendalam tentang faktor tersebut. Penelitian lebih lanjut sebaiknya kualitatif dan eksperimen.

DAFTAR PUSTAKA

Abdallat, M. M. A. (2012). Actual Self-Image, Ideal Self-Image and the Relation between Satisfaction and Destination Loyalty - actual-self-image-ideal-self-image-and-the-relation-between-satisfaction-and-destination-loyalty-2167-0269.1000102.pdf. *Journal of Tourism & Hospitality*, *1*(4), 1–11. https://doi.org/10.4172/2167-0269.1000102

Abraham, D. (2010). *A Study on the Self-Esteem and Social Relations of Adolescents with Learning Disability*. Christ University.

Adejoh, S. O., Esan, D. T., & Adejayan, A. (2018). Social role performance and self-identity among breast cancer patients in Lagos , Nigeria. *Journal of Health and Social Sciences*, 171–184. https://doi.org/10.19204/2018/scrl7

Alami, A., Khosravan, S., Moghadam, L. S., Pakravan, F., & Hosseni, F. (2014). Adolescents ' Self-Esteem in Single and Two- Parent Families. *IJCBNM*, *2*(2), 69–76.

Alifiati, F. (2013). *Determinan Depresi pada anak remaja*.

Alimbayeva, R., Baimukanova, M., Sabirova, R., Karipbaev, B., & Tamabayeva, M. (2018). Psychological peculiarities of the professional self-determination of social orphans in senior adolescence. *International Journal of Adolescence and Youth*, *23*(4), 457–467. https://doi.org/10.1080/02673843.2018.1433694

Aliyev, B., & Türkmen, A. (2014). Parent, Peer and Media Effect on the Perception of Body Image in Preadolescent Girls and Boys. *Universal Journal of Psychology*, *2*(7), 224–230. https://doi.org/10.13189/ujp.2014.020703

Ananda, D. R. T., & Sawitri, D. R. (2015). Konsep Diri Ditinjau Dari Dukungan Teman Sebaya Pada Remaja Di Panti Asuhan Qosim Al-Hadi. *Jurnal Empati*, *4*(4), 298–303.

Ariana, A. D., & Pramita, S. (2014). Hubungan antara Konsep Diri Fisik dan Kecenderungan Kecemasan Sosial pada Remaja Awal. *Jurnal Psikologis Klinis Dan Kesehatan Mental*, *03*(4), 48–53.

Ashaalan, L., & Al-Zeiby, I. (2015). Methods Of Care For Children Living In Orphanages In Saudi Arabia (An Exploratory Field Study). *Journal of International Education Research*, *11*(1), 21–28.

Asif, A. (2017). Self-Esteem and Depression among Orphan and Non-Orphan Children. *MedCrave Group LLC*, *July*, 1–29.

https://pdfs.semanticscholar.org/b38d/5229eb24f4b63c75ad6d219b6f93aa44
3ac3.pdf

Augestad, L. B. (2017). Self-concept and self-esteem among children and young
adults with visual impairment: A systematic review. *Cogent Psychology*,
4(1), 1–12. https://doi.org/10.1080/23311908.2017.1319652

Badan Pusat Statistik. (2017). *Jumlah Panti Asuhan*.

Badan Pusat Statistik. (2018). *Jumlah Remaja di Indonesia*.

Badatala, A., Leddo, J., Islam, A., Patel, K., & Surapaneni, P. (2016). The effects
of playing cooperative and competitive video games on teamwork and team
performance. *International Journal of Humanities and Social Science
Research*, *2*(12), 24–28.

Bavelier, D., York, N., & Green, C. S. (2015). Brains on video games. *Nat Rev
Neurosci*, *12*(12), 763–768. https://doi.org/10.1038/nrn3135.Brains

Bettmann, J. E., Mortensen, J. M., & Akuoko, K. O. (2015). Orphanage
Caregivers' Perceptions of Children's Emotional Needs. *Children and Youth
Services Review*, *49*, 71–79. https://doi.org/10.1016/j.childyouth.2015.01.003

Bharathi, T. A., & Sreedevi, P. (2013). A Study on the Self-Concept of
Adolescents. *International Journal of Science and Research (IJSR) ISSN
(Online Index Copernicus Value Impact Factor*, *14*(10), 2319–7064.

Bharathi, T. A., & Sreedevi, P. (2013). A Study on the Self-Concept of
Adolescents. *International Journal of Science and Research (IJSR)*, *14*(10),
2319–7064.

Bireda, A. D., & Pillay, J. (2018). Perceived parent–child communication and
well-being among Ethiopian adolescents. *International Journal of
Adolescence and Youth*, *23*(1), 109–117.
https://doi.org/10.1080/02673843.2017.1299016

Birkeland, M. S. (2013). *Development of Global Self- Esteem*.

Bratha, S. D. K., Neherta, M., & Putri, D. E. (2018). The Effect of Therapeutic
Group Therapy to Mother ' s Knowledge about Cognitive and Psychosocial
of Preschool-age. *International Journal of Research in Nursing*, *02*(15), 1–6.
https://doi.org/10.3844/ijrnsp.2018.

Caserta, T. A. (2017). The Psychosocial Wellbeing of Orphans and Youth in
Rwanda : Analysis of Predictors, Vulnerability Factors and Buffers.
Publication of the Department of Social Science University of Helsinki,

Faculty of Social Sciences, Department of Social Studies, Social Psychology, 36(January). http://urn.fi/URN:ISBN:978-951-51-2578-1

Castillo, J. T., Sarver, C. M., Bettmann, J. E., Mortensen, J., & Akuoko, K. (2012). Orphanage caregivers' perceptions: The impact of organizational factors on the provision of services to orphans in the Ashanti Region of Ghana. *Journal of Children and Poverty*, *18*(2), 141–160. https://doi.org/10.1080/10796126.2012.710484

Castillo, J. T., Sarver, C. M., Bettmann, J. E., Mortensen, J., & Akuoko, K. (2012). Orphanage caregivers' perceptions: The impact of organizational factors on the provision of services to orphans in the Ashanti Region of Ghana. *Journal of Children and Poverty*, *18*(2), 141–160. https://doi.org/10.1080/10796126.2012.710484

Cluver, L., Gardner, F., & Operario, D. (2007). Psychological distress amongst AIDS-orphaned children in urban South Africa. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, *48*(8), 755–763. https://doi.org/10.1111/j.1469-7610.2007.01757.x

Cuberos, Ortega, Sánchez, Garcés, Martínez, & Ruiz. (2018). The association of Self-concept with Substance Abuse and Problematic Use of Video Games in University Students: A Structural Equation Model. *Adicciones*, *30*(3), 19–32.

Currid, T. J., Nikčević, A. V, & Spada, M. M. (2011). Cognitive behavioural therapy and its relevance to nursing. *British Journal of Nursing*, *20*(22), 1443–1447. https://doi.org/10.12968/bjon.2011.20.22.1443

Damayanti, R., & Nurjannah, P. A. (2016). Pengaruh Konseling Kognitif Perilaku dengan Teknik Restrukturisasi Kognitif Terhadap Harga Diri Peserta Didik Kelas VIII Di MTs N 2 Bandar Lampung. *KONSELI: Jurnal Bimbingan Dan Konseling (E-Journal)*, *3*(2), 221–234.

De Witt, M., & Lessing, A. (2010). The Psychosocial Well-Being of Orphans in Southern Africa : The Perception of Orphans and Teachers. *The Journal for Transdisplinary Research in Southern Africa*, *6*(December), 461–477.

Demoze, M. B., Angaw, D. A., & Mulat, H. (2018). Prevalence and Associated Factors of Depression among Orphan Adolescents in Addis Ababa, Ethiopia. *Psychiatry Journal*, *2018*, 1–6. https://doi.org/10.1155/2018/5025143

Demoze, M. B., Angaw, D. A., & Mulat, H. (2018). Prevalence and Associated Factors of Depression among Orphan Adolescents in Addis Ababa, Ethiopia. *Psychiatry Journal*, *2018*, 1–6. https://doi.org/10.1155/2018/5025143

Devi, S., & Jyotsana. (2016). Identity Formation : Role of Social Support and Self Esteem among Indian Adolescents. *Identity Formation: Role of Social Support and Self Esteem among Indian Adolescents*, *3*(2), 114–124.

Diri, H., Akhir, R., Juhaeriah, J., & Rahmawati, F. (2011). *Faktor-Faktor Yang Mempengaruhi Akibat Perceraian Orang Tua Di Sma*. 226–230.

Dong, G., & Potenza, M. N. (2015). A cognitive-behavioral model of Internet gaming disorder: Theoretical underpinnings and clinical implications. *J Psychiatr Res*, *143*(5), 951–959. https://doi.org/10.1017/S0950268814002131.Tuberculosis

Dorsey, S., Lucid, L., Murray, L., Bolton, P., Itemba, D., Manongi, R., & Whetten, K. (2015). A qualitative study of mental health problems among orphaned children and adolescents in Tanzania. *Journal of Nervous and Mental Disease*, *203*(11), 864–870. https://doi.org/10.1097/NMD.0000000000000388

Duraku, Z., & Hoxha, L. (2018). Self-esteem, study skills, self-concept, social support, psychological distress, and coping mechanism effects on test anxiety and academic performance. *Health Psychology Open*, *5*(2). https://doi.org/10.1177/2055102918799963

Edwin, V. (2018). Influence of personal characteristics on self-concept and job satisfaction of registered nurses working in cross-cultural settings in the United Arab Emirates. *Hamdan Medical Journal*, *11*(1), 22. https://doi.org/10.7707/hmj.718

EL Koumi, M. A., Ali, Y. F., El Banna, E. A., Youssef, U. M., Yasser Raya, M., & Ismail, A. A. (2012). Psychiatric Morbidity among a Sample of Orphanage Children in Cairo. *International Journal of Pediatrics*, *2012*, 1–7. https://doi.org/10.1155/2012/141854

Elsherif, Z. A. E. G., & Abdelraof, A. S. E. (2018). The Relation between body image satisfaction , self-esteem and the academic behavior among the first and fourth year students in the faculty of nursing Tanta University. *Clinical Nursing Studies*, *6*(3), 28–38. https://doi.org/10.5430/cns.v6n3p28

Erango, M. A., & Ayka, Z. A. (2015). Psychosocial support and parents' social life determine the self-esteem of orphan children. *Risk Management and Healthcare Policy*, *8*, 169–173. https://doi.org/10.2147/RMHP.S89473

Eskasasnanda, I. D. P. (2017). Causes and Effects of Online Video Game Playing among Junior-Senior High School Students in Malang East Java. *Komunitas: International Journal of Indonesian Society and Culture*, *9*(2), 191. https://doi.org/10.15294/komunitas.v9i2.9565

Esnaola, I., Sesé, A., Antonio-Agirre, I., & Azpiazu, L. (2018). The Development of Multiple Self-Concept Dimensions During Adolescence. *Journal of Research on Adolescence*, *2016*, 1–15. https://doi.org/10.1111/jora.12451

Findley, D., & Ojanen, T. (2013). *Self-Concept Clarity and Self-Esteem in Adolescence: Associations with Psychological, Behavioral, and Academic Adjustment*. *1535460*(January), 72. http://search.proquest.com/docview/1346190672?accountid=17242

Gana, K. (2012). Psychology of Self-Concept. In K. Gana (Ed.), *Psychology of Emotions, Motivation and Action*. NOVA. http://ovidsp.ovid.com/ovidweb.cgi?T=JS%7B&%7DPAGE=reference%7B&%7DD=psyc9%7B&%7DNEWS=N%7B&%7DAN=2013-06567-000

Gandaputra, A. (2017). Gambaran self esteem remaja yang tinggal di panti asuhan. *Jurnal Psikologi*, *7*(2), 52–70.

Gavidia-Payne, S., Denny, B., Davis, K., Francis, A., & Jackson, M. (2015). Children's self-concept: parental school engagement and student–teacher relationships in rural and urban Australia. *Social Psychology of Education*, *18*(1), 121–136. https://doi.org/10.1007/s11218-014-9277-3

Granic, I., Lobel, A., & Engels, R. C. M. E. (2014). The benefits of playing video games. *American Psychologist*, *69*(1), 66–78. https://doi.org/10.1037/a0034857

Greitemeyer, T., & Mügge, D. O. (2014). Video Games Do Affect Social Outcomes: A Meta-Analytic Review of the Effects of Violent and Prosocial Video Game Play. *Personality and Social Psychology Bulletin*, *40*(5), 578–589. https://doi.org/10.1177/0146167213520459

Gupta, M., & Lakhani, B. (2018). Parenting as the Key Determinant of Self-Confidence Among Secondary School Students. *Indian Jounal of Applied Research*, *8*(6), 6–9.

Gürsoy, F., Biçakçi, M. Y., Orhan, E., Bakırcı, S., Çatak, S., & Yerebakan, Ö. (2012). Study on Self-Concept Levels of Adolescents in the Age Group of 13-18 Who Live in Orphanage and Those Who do not Live in Orphanage. *International Journal of Social Sciences and Education*, *2*(1), 2223–4934. http://www.ijsse.com/sites/default/files/issues/2012/volume 2 issue 1 Jan 2012/paper 5/paper-05.pdf

Hailegiorgis, M. T., Berheto, T. M., Sibamo, E. L., Assefa, N. A., Tesfa, G., & Birhanu, F. (2018). Psychological wellbeing of children at public primary schools in Jimma town: An orphan and non-orphan comparative study. *PLoS ONE*, *13*(4), 1–9. https://doi.org/10.1371/journal.pone.0195377

Hardhana, B., Budiono, C. S., Kurniasih, N., Manullang, E. V, Susanti, M. I., Pangribowo, S., Harpini, A., Aprianda, R., Satriani, E., Mardina, R., Susetyoaji, E., Habibi, H. A., Sari, M., & Sigit, B. B. (2016). *Departemen Kesehatan RI 2016.*

Herbert, W., & Gary, E. (1987). *The Tennessee Self Concept Scale: Reliability.*

Hidayati, F. (2016). *Pengaruh dukungan sosial terhadap harga diri reaaaja desa wonoayu kecaaaatan wajak. 13.*

Horowitz, M. J. (2012). Self-Identity Theory and Research Methods. *Journal of Research Practice*, *8*(2), 14. http://jrp.icaap.org/index.php/jrp/article/view/296/261

Humphreys, K. L. (2019). Future Directions in the Study and Treatment of Parent–Child Separation. *Journal of Clinical Child and Adolescent Psychology*, *48*(1), 166–178. https://doi.org/10.1080/15374416.2018.1534209

Hurlock, E. (2012). *Psikologi Perkembangan, Suatu Pendekatan Sepanjang Rentang Kehidupan (edisi ke lima).*

Husein, H. A., Alwan, I. H., & Khudhair, M. H. (2016). Psychological distress among Orphans in orphanage in Baghdad City. *The 2nd International Scientific Conference of Medical and Health Specialties*, *January 2015*, 643–649.

Huynh, H. V., Limber, S. P., Gray, C. L., Thompson, M. P., Wasonga, A. I., Vann, V., Itemba, D., Eticha, M., Madan, I., & Whetten, K. (2019). Factors affecting the psychosocial wellbeing of orphan and separated children in five low- and middle-income countries: Which is more important, quality of care or care setting? *PLoS ONE*, *14*(6), 1–12. https://doi.org/10.1371/journal.pone.0218100

Irshad, I. A. (2016). Kashmiri Orphan: Fragile Sections of Society. *International Journal of Social Sciences and Management*, *2*(4), 327–332. https://doi.org/10.3126/ijssm.v2i4.13538

Ittyerah, M., & Kumar, N. (2007). The actual and ideal self-concept in disabled children, adolescents and adults. *Psychology and Developing Societies*, *19*(1), 81–112. https://doi.org/10.1177/097133360701900104

Iurp, W., & Wr, D. (n.d.). *'Hyhorsphqw Ri Joredo Vhoi Hvwhhp.*

James, J., & Rajan, S. K. (2015). Identity Crisis Among Early Adolescents in Relations to Abusive Experiences in the Childhood , Social Support and Parental Support. *Journal of Psychosocial Research*, *10*(1), 165–173.

Juniarti mabuia. (2017). IMPLEMENTASI POLA ASUH DALAM MENGEMBANGKAN KEMANDIRIAN ANAK PANTI ASUHAN NUR SIAMATU DI TABARIA KOTA MAKASSAR. *Journal of Chemical Information and Modeling*, *53*(9), 1689–1699. https://doi.org/10.1017/CBO9781107415324.004

Kalin, M., & Sambanis, N. (2018). How to Think About Social Identity. *Annual Review*, *21*(239), 239–260.

Kartini. (2013). *KOMUNIKASI ORANG TUA DALAM MEMBANGUN KECERDASAN EMOSIONAL DAN SPRITUAL REMAJA*.

Kasiri, N., Alidousti, M., Soureshjani, S. H., & Mohamadi, S. (2015). Comparison of the real self , ideal self and ought self in adolescents with and without criminal history in Isfahan Comparison of the real self , ideal self and ought self in adolescents with and without criminal history in Isfahan. *Fundamentals of Mental Health*.

Kelley, M. C., Brazg, T., Wilfond, B. S., Lengua, L. J., Rivin, B. E., Martin-Herz, S. P., & Diekema, D. S. (2016). Ethical challenges in research with orphans and vulnerable children: A qualitative study of researcher experiences. *International Health*, *8*(3), 187–196. https://doi.org/10.1093/inthealth/ihw020

Khurshid, F., Mahsood, N., & Kibria, Z. (2018). Prevalence and Determinants of Behavioral Problems Among Adolescents Living in Orphanage Facilities of District Peshawar, Khyber Pakhtunkhwa, Pakistan. *KMUJ, 10*(2), 95–100.

Kidman, R., & Thurman, T. R. (2014). Caregiver burden among adults caring for orphaned children in rural South Africa. *Vulnerable Children and Youth Studies*, *9*(3), 234–246. https://doi.org/10.1080/17450128.2013.871379

Kiling, B. N., & Kiling, I. Y. (2015). Tinjauan Konsep Diri Dan Dimensinya Pada Anak Dalam Masa Kanak-Kanak Akhir. *Jurnal Psikologi Pendidikan Dan Konseling: Jurnal Kajian Psikologi Pendidikan Dan Bimbingan Konseling*, *1*(2), 116. https://doi.org/10.26858/jpkk.v1i2.1811

Kiritsis, D. (2016). Self-concept and Family: A study on Greek secondary school students. *Journal of Contemporary Issues in Education*, *10*(1), 25–45. https://doi.org/10.1017/CBO9781107415324.004

Kirkpatrick, S. M., Rojjanasrirat, W., South, B. J., Sindt, J. A., & Williams, L. A. (2012). Assessment of Emotional Status of Orphans and Vulnerable Children in Zambia. *Journal of Nursing Scholarship*, *44*(2), 194–201. https://doi.org/10.1111/j.1547-5069.2012.01447.x

Kraja, P. (2014). Self-Concept and Self-Evaluation in the Transition From Primary To Lower Secondary Education. *The Eurasia Proceedings of Educational & Social Sciences*, *1*(2), 420–426.

Kudryashova, M. G. (2018). Key features of psychological support for social orphans in substitute families during the adaptation stage. *International Journal of Culture and Mental Health*, *11*(1), 99–101. https://doi.org/10.1080/17542863.2017.1401271

Kuss, D. J. (2013). Internet gaming addiction: current perspectives Daria. *Psychology Research and Behavior Management*, *6*(5), 125–137. https://doi.org/10.2147/PRBM.S39476

Latiff, A. A., Muhamad, J., & Rahman, R. A. (2018). Body image dissatisfaction and its determinants among young primary-school adolescents. *Journal of Taibah University Medical Sciences*, *13*(1), 34–41. https://doi.org/10.1016/j.jtumed.2017.07.003

Livsey, B. K. (2013). *Self-Concept and Online Social Networking in Young Adolescents: Implications for School Counselors*.

Llapo, O. P. (2015). *Caregivers Perception of Emotional and Behavioural Difficulties Experienced by Teenage Orphans Living in Mogapi (Botswana)*. University of The Witwatersrand.

Maiyuniati. (2015). *Faktor Penyebab Kurang Lancarnya Remaja Awal dalam Melaksanakan Tugas-Tugas Perkembangan di SMP Negeri 25 Padang*. STKIP PGRI Sumatera Barat.

Makufa, S. C., Kisyombe, D., Miller, N., & Barkey, N. (2017). Empowering caregivers of orphans and vulnerable children in Swaziland. *African Journal of AIDS Research*, *16*(4), 355–363. https://doi.org/10.2989/16085906.2017.1387579

Makufa, S. C., Kisyombe, D., Miller, N., Barkey, N., Choice, S., Kisyombe, D., Miller, N., Barkey, N., & Group, F. (2017). Empowering caregivers of orphans and vulnerable children in Swaziland. *African Journal of AIDS Research ISSN:*, *16*(4), 355–363. https://doi.org/10.2989/16085906.2017.1387579

Marais, L., Sharp, C., Pappin, M., Lenka, M., Cloete, J., Skinner, D., & Serekoane, J. (2013). Housing conditions and mental health of orphans in South Africa. *Health and Place*, *24*(0), 23–29. https://doi.org/10.1016/j.healthplace.2013.08.004

Martin, C. (2015). *Caregiver Perspectives on Psychosocial Support Programming for Orphans and Vulnerable Children in South Africa : a Non- Govermental Organization Case Study*. University of Ottawa.

Maundeni, T., & Malinga-Musamba, T. (2013). The role of informal caregivers in the well-being of orphans in Botswana: A literature review. *Child and Family Social Work*, *18*(2), 107–116. https://doi.org/10.1111/j.1365-2206.2011.00820.x

Maundeni, T., & Malinga-Musamba, T. (2013). The role of informal caregivers in the well-being of orphans in Botswana: A literature review. *Child and Family Social Work*, *18*(2), 107–116. https://doi.org/10.1111/j.1365-2206.2011.00820.x

Maya, S., Soetjiningsih, S.-, Windiani, I. T., & Adnyana, I. S. (2018). Korelasi Pola Asuh Orangtua Terhadap Self-Esteem Remaja Sekolah Lanjutan Tingkat Pertama Harapan Denpasar. *Sari Pediatri*, *20*(1), 24. https://doi.org/10.14238/sp20.1.2018.24-30

Mayasari, I. A., & Janah, M. (2015). *Hubungan Konsep Diri dengan Perilaku Prososial pada Remaja di Panti Asuhan Kedungwuni Kabupaten Pekalongan*. Sekolah Tinggi Ilmu Kesehatan Muhammadiyah Pekajangan Pekalongan.

Mehrad, A. (2016). Mini Literature Review of Self-Concept. *Journal of Educational, Health and Community Psychology*, *5*(2), 62. https://doi.org/10.12928/jehcp.v5i2.6036

Minev, M., Petrova, B., Mineva, K., Petkova, M., & Strebkova, R. (2018). Self-esteem in adolescents. *Trakia Journal of Science*, *16*(2), 114–118. https://doi.org/10.15547/tjs.2018.02.007

Mishra, R., & Sondhi, V. (2018). Fostering Resilience among Orphaned Adolescents through Institutional Care in India. *Residential Treatment for Children and Youth*, *00*(00), 1–24. https://doi.org/10.1080/0886571X.2018.1535286

Mishra, S. K., & Worth, S.-. (2016). Self- Concept- A Person ' s Concept of Self-Influence. *International Journal of Recent Research Aspects*, *8*(1), 8–13.

Mogonea, F.-R., & Mogonea, F. (2014). The Role of the Family in Building Adolescents' Self-esteem. *Procedia - Social and Behavioral Sciences*, *127*(1), 189–193. https://doi.org/10.1016/j.sbspro.2014.03.238

Mohammadzadeh, M., Awang, H., Kadir Shahar, H., & Ismail, S. (2018). Emotional Health and Self-esteem Among Adolescents in Malaysian Orphanages. *Community Mental Health Journal*, *54*(1), 117–125. https://doi.org/10.1007/s10597-017-0128-5

Moksnes, U. K., & Espnes, G. A. (2013). Self-esteem and life satisfaction in adolescents-gender and age as potential moderators. *Quality of Life Research*, *22*(10), 2921–2928. https://doi.org/10.1007/s11136-013-0427-4

Montag, C., Zhao, Z., Sindermann, C., Xu, L., Fu, M., Li, J., Zheng, X., Li, K., Kendrick, K. M., Dai, J., & Becker, B. (2018). Internet Communication Disorder and the structure of the human brain: Initial insights on WeChat addiction. *Scientific Reports*, *8*(1), 1–10. https://doi.org/10.1038/s41598-018-19904-y

Moreira, L. V., DeSouza, M. L., Guerra, V. M., Moreira, L. V., DeSouza, M. L., & Guerra, V. M. (2018). Self-Perception, Empathy and Moral Self-Concept Predict Moral Concerns in Adults. *Paidéia (Ribeirão Preto)*, *28*(0), 1–8. https://doi.org/10.1590/1982-4327e2818

Morsünbül, Ü. (2015). The Effect of Identity Development, Self-Esteem, Low Self-Control and Gender on Aggression in Adolescence and Emerging Adulthood. *Eurasian Journal of Educational Research*, *15*(61), 99–116. https://doi.org/10.14689/ejer.2015.61.6

Motha, K. C. (2018). Educational Support for Orphaned Children: What Can We Learn from the African Extended Family Structure? *Children and Society*, *32*(1), 50–60. https://doi.org/10.1111/chso.12232

Muhith, A. (2015). Pendidikan Keperawatan Jiwa. In *Teori dan Aplikasi Keperawatan Jiwa*.

Mutiso, D. N. (2018). Challenges Affecting Orphans and Vulnerable Children (Ovcs) in Embu County. *International Journal of Sociology*, *1*(1), 18–36. www.iprjb.org

Naz, S., & Gul, S. (2016). Translation and Validation of Tennessee Self Concept Scale. *Journal of Behavioural Sciences*, *26*(1), 130.

Nimbalkar, N. (2011). John Locke on Personal Identity. *Mens Sana Monographs*, *9*(1), 268. https://doi.org/10.4103/0973-1229.77443

Ningrum, N. A. (2013). Hubungan Antara Coping Strategi dengan Kenakalan pada Remaja Awal. *Jurnal Psikologi*, *7*(1), 481–489.

Nurliana, Y. (2017). Konsep Diri Remaja. *Psikologi & Kemanusian*, *4*(2), 978–979.

Nursalam. (2013). *Konsep Penerapan Metode Penelitian Ilmu Keperawatan*. Salemba Medika.

Nurul, H. (2013). Hubungan antara Penerimaan Diri dengan Harga Diri pada Remaja pasca Perceraian Orangtua. *Jurnal Psikologi Kepribadian Dan Sosial*, *2*(1), 1–6.

Oktafia, D. (2015). *Faktor- Faktor yang Berhubungan dengan Bukittinggi*. Universitas Andalas.

Omidire, F., & Mampane, M. R. (2015). Perceptions of the Roles and Responsibilities of Caregivers in Children's Homes in South Africa. *Revista de Asistenta Sociala*, *2*, 113–126. http://s3.amazonaws.com/academia.edu.documents/40600762/omidire_et_al. pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1490945 060&Signature=WVebqQihg%2FaGrYkvYG%2BH4%2FPRgwA%3D&res ponse-content-disposition=inline%3B filename%3DPerceptions_of_the_Roles_an

Omidire, F., & Mampane, M. R. (2015). Perceptions of the Roles and Responsibilities of Caregivers in Children's Homes in South Africa. *Revista de Asistenta Sociala*, *2*, 113–126.

Osuji, H. L., Nabunya, P., Byansi, W., Parchment, T. M., Ssewamala, F., McKay, M. M., & Huang, K. Y. (2018). Social support and school outcomes of adolescents orphaned and made vulnerable by HIV/AIDS living in South Western Uganda. *Vulnerable Children and Youth Studies*, *13*(3), 228–238. https://doi.org/10.1080/17450128.2018.1439211

Palaus, M., Marron, E. M., Viejo-Sobera, R., & Redolar-Ripoll, D. (2017). Neural Basis of Video Gaming: A Systematic Review. *Frontiers in Human Neuroscience*, *11*(May). https://doi.org/10.3389/fnhum.2017.00248

Pan, N., Yang, Y., Du, X., Qi, X., Du, G., Zhang, Y., Li, X., & Zhang, Q. (2018). Brain structures associated with internet addiction tendency in adolescent online game players. *Frontiers in Psychiatry*, *9*(MAR). https://doi.org/10.3389/fpsyt.2018.00067

Paramitha, H., & Widiasavitri, N. (2018). Gambaran Kelekatan pada Remaja Akhir Putri di Panti Asuhan Tunas Bangsa Denpasar. *Jurnal Psikologi Udayana*, *5*(3), 737–754.

Pengembangan, P. D., Bebas, U. N., Selatan, A., Psikologi, D., Serikat, A., Kesehatan, F. I., Stellenbosch, U., Antropologi, D., Bebas, U. N., & Selatan, A. (2018). *Afrika 4*. 1–12.

Permatasari, D. (2017). Hubungan Dukungan Orangtua dan Harga diri dengan Harapan sebagai Variabel Mediator. *Psikodimensia*, *16*(1), 20. https://doi.org/10.24167/psiko.v16i1.918

Preckel, F., Niepel, C., Schneider, M., & Brunner, M. (2013). Self-concept in adolescence: A longitudinal study on reciprocal effects of self-perceptions in academic and social domains. *Journal of Adolescence*, *36*(6), 1165–1175. https://doi.org/10.1016/j.adolescence.2013.09.001

Priyanka, Parasar, A., & Dewangan, R. L. (2018). A Comparative Study of Self Esteem and Level of Depression in Adolescents Living in Orphanage Home and Those Living With Parents. *International Journal of Humanities and Social Science Research*, *4*(2), 51–53.

Putri, D. R. E. (2017). Pelatihan Berpikir Positif Terhadap Konsep Diri Remaja yang Tinggal Di Panti Asuhan. *Psikologika: Jurnal Pemikiran Dan Penelitian Psikologi*, *22*(1), 69–82. https://doi.org/10.20885/psikologika.vol22.iss1.art5

Putri, G. G., Najahi, S., Psikologi, J., Psikologi, F., & Gunadarma, U. (2013). *Perbedaan self-acceptance (penerimaan diri) pada anak panti asuhan ditinjau dari segi usia*. *5*, 8–9.

Qiao, S., Li, X., Zhao, G., Zhao, J., & Stanton, B. (2014). The role of perceived social support in loneliness and self-esteem among children affected by HIV/AIDS: A longitudinal multilevel analysis in rural China. *Aids*, *28*(SUPPL. 3). https://doi.org/10.1097/QAD.0000000000000338

Ragelienė, T. (2016). Links of adolescents identity development and relationship with peers: A systematic literature review. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, *25*(2), 97–105.

Rahmah, S., Ilyas, A., & Nurfahanah, N. (2016). Masalah-Masalah yang Dialami Anak Panti Asuhan dalam Penyesuaian Diri dengan Lingkungan. *Konselor*, *3*(3), 107–112.

Reardon, C., George, G., Mucheuki, C., Govender, K., & Quinlan, T. (2015). Psychosocial and Health Risk Outcomes Among Orphans and Non-Orphans

in Mixed Households in KwaZulu-Natal, South Africa. *African Journal of AIDS Research*, *14*(4), 323–331. https://doi.org/10.2989/16085906.2015.1095774

Reardon, C., George, G., Mucheuki, C., Govender, K., Quinlan, T., Adejoh, S. O., Esan, D. T., Adejayan, A., Schemmel, C., Bettmann, J. E., Mortensen, J. M., Akuoko, K. O., Kalin, M., Sambanis, N., Augestad, L. B., Esnaola, I., Sesé, A., Antonio-Agirre, I., Azpiazu, L., … Group, F. (2018). Empowering caregivers of orphans and vulnerable children in Swaziland. *African Journal of AIDS Research*, *8*(1), 1–6. https://doi.org/10.15406/jpcpy.2018.09.00498

Refaeli, T., Levy, D., & Benbenishty, R. (2018). Self-Esteem , Life Satisfaction , and Positive Future Perception among at-Risk and Comparison Group Participants in National Civic Service. *Journal of Social Service Research*, *8376*. https://doi.org/10.1080/01488376.2018.1476292

Resty, G. T. (2016). Pengaruh Penerimaan Diri terhadap harga diri Remaja Di Panti Asuhan YAtimputri Aisyah yogyakarta. *Acta Universitatis Agriculturae et Silviculturae Mendelianae Brunensis*, *16*(2), 39–55. https://doi.org/10.1377/hlthaff.2013.0625

Rifai, M. (2016). Meningkatkan Prestasi Belajar Siswa Dengan Pembelajaran Stad Pada Pembelajaran Ips Siswa Kelas Iv Min Manisrejo Kota Madiun. *Premiere Educandum : Jurnal Pendidikan Dasar Dan Pembelajaran*, *4*(02), 156–169. https://doi.org/10.25273/pe.v4i02.315

Riyadi, Rusmil, K., & Effendi, S. H. E. (2014). Risiko Masalah Perkembangan dan Mental Emosional Anak yang Diasuh di Panti Asuhan Dibandingkan dengan Diasuh Orangtua Kandung. *Jurnal MKB*, *46*(2), 118–124.

Rosenberg, M. (1965). Rosenberg Self-Esteem Scale. *Mindfulness*, *6*(6), 1366–1378. https://doi.org/10.1007/s12671-015-0407-6

Sadhwani, I. (2012). Effect of Self - Concept on Adolescent Depression. *Journal Psychosoc. Res.*, *7*(1), 147–152.

Safdar, S. (2018). Comparative Analysis of Childhood Depression and Self-Esteem among Orphan Girls and Boys. *Journal of Psychology and Clinical Psychiatry*, *9*(2). https://doi.org/10.15406/jpcpy.2018.09.00498

Safdar, S. (2018). Comparative Analysis of Childhood Depression and Self-Esteem among Orphan Girls and Boys. *Journal of Psychology and Clinical Psychiatry*, *9*(2). https://doi.org/10.15406/jpcpy.2018.09.00498

Sahad, S. M., Mohamad, Z., & Shukri, M. (2018). Differences of Mental Health among Orphan and Non-Orphan Adolescents. *International Journal of*

Academic Research in Psychology, *5*(1), 556–565. https://doi.org/10.6007/IJARP/v5-i1/3492

Santrock, J. W. (2014). *Adolescent* (15th ed.). McGraw-Hill Education.

Saraswatia, G. K., Zulpahiyana, & Arifah, S. (2015). Faktor-Faktor yang Mempengaruhi Konsep Diri Remaja di SMPN 13 Yogyakarta. *Jurnal Ners Dan Kebidanan Indonesia*, *3*(1), 33. https://doi.org/10.21927/jnki.2015.3(1).33-38

Schemmel, C. (2018). Real self-respect and its social bases. *Canadian Journal of Philosophy*, *5091*, 1–24. https://doi.org/10.1080/00455091.2018.1463840

Sharma, M. K., & Palanichamy, T. S. (2018). Psychosocial interventions for technological addictions. *Indian Journal of Psychiatry*, *60*(Suppl 4), 541–545. https://doi.org/10.4103/psychiatry.IndianJPsychiatry

Shiferaw, G., Bacha, L., & Tsegaye, D. (2018). Prevalence of Depression and Its Associated Factors among Orphan Children in Orphanages in Ilu Abba Bor Zone, South West Ethiopia. *Psychiatry Journal*, *2018*, 1–7. https://doi.org/10.1155/2018/6865085

Siregar, E. Y., & Siregar, R. H. (2013). Penerapan Cognitive Behavior Therapy (CBT) Terhadap Pengurangan Durasi Bermain Games Pada Individu Yang Mengalami Games Addiction. *Jurnal Psikologi UIN Sultan Syarif Kasim Riau*, *9*(Juni), 17–24.

Smith, J. L., & DeMarree, K. G. (2017). *Self-Concept Clarity*. Springer.

Stanibula, S. (2018). Psychological Portrait of an Orphan Child During Professional Studies Research Aspect in the Republic of Belarus. *International Journal of New Economics and Social Sciences*, *8*(2), 266–277. https://doi.org/10.5604/01.3001.0012.9958

Stuart, G. W. (2012). *Principles and Practice of Psyhchiatric Nursing*. Elsevier Ltd.

Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. CV Alfabeta.

Suhaeb, F. W. (2018). The Phenomenon of Orphanage Children from East Nusa Tenggara (NTT) in Gowa Residence. *Journal of Physics: Conference Series*, *1028*(1). https://doi.org/10.1088/1742-6596/1028/1/012190

Suntiawati, N. P., Westa, W., Studi, P., Dokter, P., Kedokteran, F., Udayana, U., Smf, B., Psikiatri, I., Universitas, F. K., & Rsup, U. (2015). Prevalensi

Tingkat Kecemasan Remaja di Panti Asuhan Wisma Anak-Anak Harapan Bangsa Dalung Bali Tahun 2015. *Jurnal Intisari Sains Medis*, *3*(1), 88–93.

Syam, N. W. (2014). *Psikologi Sosial Sebagai Akar Ilmu Komunikasi*. PT Remaja Rosdakarya Offset.

Syawaluddin, & Iswari, M. (2015). Jurnal konseling dan pendidikan. *Jurnal Konseling Dan Pendidikan*, *2*(1), 55–61. http://jurnal.konselingindonesia.com/index.php/jkp/article/view/165/142

Syawaluddin. (2015). Konsep Diri Anak Ditinjau Dari Jenis Kelamin di Panti Asuhan Kota Padang. *Journal of Gender Studies*, *1*(1), 75–86. http://www.ejournal.iainbukittinggi.ac.id

Turel, O., He, Q., Xue, G. U. I., Xiao, L. I. N., & Bechara, A. (2014). Examination of neural systems sub-serving facebook "addiction." *Psychological Reports: Disability & Trauma*, *115*(3), 1–21. https://doi.org/10.2466/18.PR0.115c31z8

Ulfa, M. (2017). Pengaruh Kecanduan Game Online terhadap Perilaku Remaja di Mabes Game Center Jalan HR. Subrantas Kecamatan Tampan Pekanbaru. *JOM. FISIP*, *4*(1), 1–13.

Upamannyu, N. K., Mathur, G., & Bhakar, S. . (2014). The Connection between Self concept (Actual self Congruence & Ideal Self congruence) on Brand Preferences. *International Journal of Management Excellence*, *3*(1), 308. https://doi.org/10.17722/ijme.v3i1.126

Upreti, R. (2018). A Study of Self Esteem and its Relationship with the Adjustment of Orphanage-Reared, Single Parent Family-Reared and Intact Family-Reared Adolescents. *International Journal of Educational Science and Research*, *8*(2), 41–50. https://doi.org/10.24247/ijesrapr20187

Van Dijk, M. P. A., Branje, S., Keijsers, L., Hawk, S. T., Hale, W. W., & Meeus, W. (2014). Self-Concept Clarity Across Adolescence: Longitudinal Associations With Open Communication With Parents and Internalizing Symptoms. *Journal of Youth and Adolescence*, *43*(11), 1861–1876. https://doi.org/10.1007/s10964-013-0055-x

Vasiliu, O., & Vasile, D. (2017). Cognitive-Behavioral Therapy for Internet Gaming Disorder and Alcohol Use Disorder-A Case Report. *International Journal of Psychiatry and Psychotherapy*, *2*, 34–38.

Vollmer, C., Randler, C., Horzum, M. B., & Ayas, T. (2014). Computer game addiction in adolescents and its relationship to chronotype and personality. *SAGEPub*, *4*(1). https://doi.org/10.1177/2158244013518054

Webb, C. (2014). Self Esteem in Pre-Teen Girls. In *Dominican University of California*. Dominican University.

World Health Organization. (2015). *Pengelompokan Usia*.

World Health Organization. (2017). *Health Adolescence 2017*.

Xu, Z., Turel, O., & Yuan, Y. (2012). Online Game Addiction Among Adolescents: Motivation and Prevention Factors. *European Journal of Information Systems*, *21*(3), 321–340. https://doi.org/10.1057/ejis.2011.56

Young, K. S. (2011). CBT-IA: The First Treatment Model for Internet Addiction. *Journal of Cognitive Psychotherapy*, *25*(4), 304–312. https://doi.org/10.1891/0889-8391.25.4.304

Young, K. S. (2013). Treatment outcomes using CBT-IA with Internet-addicted patients. *Journal of Behavioral Addictions*, *2*(4), 209–215. https://doi.org/10.1556/JBA.2.2013.4.3

Zlatković, B., Stojiljković, S., Djigić, G., & Todorović, J. (2012). Self-concept and Teachers' Professional Roles. *Procedia - Social and Behavioral Sciences*, *69*(Iceepsy), 377–384. https://doi.org/10.1016/j.sbspro.2012.11.423