

DAFTAR PUSTAKA

- Ahn, J. (2011). *The effect of social network sites on adolescents' social and academic development: Current theories and controversies*. Journal of the American Society for Information Science and Technology, 62(8), 1435-1445.
- Akakandelwa, Akakandelwa and Walubita, Gabriel. (2017). *Students' Social Media Use and its Perceived Impact on their Social Life: A Case Study of the University of Zambia*. The International Journal of Multi-Disciplinary Research
- Aljawiy, A. Y. Dan Muklason, A. (2011). *Jurnal Ilmiah "Teknologi": Jejaring Sosial dan Dampak Bagi Penggunanya*. Program Studi Sistem Informasi Unipdu, Jombang
- Aryani, R. (2012). *Kesehatan Remaja Problem dan Solusinya*. Jakarta : Salemba Medika
- Asosiasi Penyelenggara Jasa Internet Indonesia (APJII). (2018). *Potret Zaman Now Pengguna & Perilaku Internet Indonesia*. Jakarta : Asosiasi Penyelenggara Jasa Internet Indonesia.
- Azwar, Saifuddin. (2013). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Badan Pusat Statistik (BPS). 2015. *Survei Penduduk Antar Sensus 2015*. Jakarta : BPS
- Baradero, Mary, Dayrit, M.W, and Maratning, A. (2015). *Kesehatan Mental Psikiatri: Seri Asuhan Keperawatan*. Jakarta : EGC
- Bashir, Hilal, and Bhat, S. A. (2017). *Effects of Social Media on Mental Health: A Review*. The International Journal of Indian Psychology ISSN 2348-5396
- BKKBN. (2015). *Kajian Profil penduduk Remaja (10-24 tahun) : Ada Apa Dengan Remaja*. Policy Brief Puslitbang Kependudukan-BKKBN
- Brusilovskiy, E., Townley, G., Snethen, G., & Salzer, M. S. (2016). *Social media use, community participation and psychological well-being among individuals with serious mental illnesses*. Computers in Human Behavior, 65, 232–240.
- Carroll, JA and Kirkpatrick, RL. (2011). *Impact of Social Media on Adolescent Behavioral Health*. Oakland, CA: Adolescent Health Collaborative
- Chaturvedi, M. & Chander, R. (2010). *Development of emotional stability scale*. Industrial Psychiatry Journal. Vol. 19(1) : 37 – 40.

- Dahlan, Sopiyudin. (2011). *Statistik untuk kedokteran dan kesehatan Edisi 5.* Jakarta: Salemba Medika.
- Davis, Katie. (2013) *Young people's digital lives: The impact of interpersonal relationships and digital media use on adolescents' sense of identity.* University of Washington, The Information School, Mary Gates Hall, Suite 370, Box 352840, Seattle, WA 98195, USA
- Desmita, (2015). *Psikologi Perkembangan.* Bandung : PT Remaja Rosdakarya
- Dinas Kesehatan Kota Padang. *Laporan Kasus Kesehatan Jiwa Dinas Kesehatan Kota Padang Tahun 2018.* Padang: Dinas Kesehatan Kota Padang
- Eid, M. I., & Al-Jabri, I. M. (2016). *Social networking, knowledge sharing, and student learning: The case of university students.* Computers & Education, 99, 14-27.
- Fitri, Aini, Neherta, Meri , & Sasmita, Heppy. (2018). *Faktor – Faktor Yang Memengaruhi Masalah Mental Emosional Remaja Di Sekolah Menengah Kejuruan (Smk) Swasta Se Kota Padang Panjang Tahun 2018*
- Frison, E., & Eggermont, S. (2017). *Browsing, posting, and liking on Instagram: The reciprocal relationships between different types of Instagram use and adolescents' depressed mood.* Cyberpsychology, Behavior & Social Networking, 20(10), 603_609.
- Gunarsa, Y. S. D. (2012). *Psikologi Remaja* (1st ed.). Jakarta: Libri.
- Hannah Ritchie and Max Roser (2019) "Mental Health". Published online at OurWorldInData.org. Retrieved from: '<https://ourworldindata.org/mental-health>' [Online Resource]
- Hootsuite and We Are Social. *Digital Information Word* (2019). "[Essential Insights Into Internet, Social Media, Mobile And Ecommerce Use Around The World](https://www.digitalinformationworld.com/2018/07/global-internet-stats-infographic.html)". <https://www.digitalinformationworld.com/2018/07/global-internet-stats-infographic.html> Diakses pada tanggal 12 April 2019
- Hu, Y, Manikonda, L & Kambhampati, S. (2014). *What we instagram: a firts analysis of instagram photo content and user types.* <http://www.Aaa.Org/ocs/idex.Php/IJCAI123/paper/download/6670/7113>.
- Huang, H. (2014). *Social Media Generation in Urban China. Understanding China.* doi:10.1007/978-3-642-45441-7
- Hurlock, E. B. 2011. *Psikologi Perkembangan.* Jakarta: Erlangga.
- Hurlock, Elizabeth B. 2004. *Developmental Psychology.* Jakarta : Erlangga
- IDAI. 2013. Masalah Kesehatan Mental Remaja di Era Globalisasi. <http://idai.or.id/public-articles/seputar-kesehatan-anak/masalah-kesehatan-mental-remaja-di-era-globalisasi.html> diakses 2 Juli 2019.

- Idaiani, S. & Suhardi (2006). *Validitas dan reliabilitas General Health Questionnaire untuk skrining distres psikologik dan disfungsi sosial di masyarakat*. *Bul. Penel. Kesehatan*. 34(4): 161-173.
- Jacob. (2014). *Gender Identity and Lexical Variation in Social Media*. *Journal of Sociolinguistic* 18. 2.
- Jahja, Y. (2015). *Psikologi Perkembangan*. Jakarta: Prenadamedia Group.
- Jalonens, H. (2014). *International conference on communication, media, technology and design: Social media – An arena for venting negative emotions*. Finland: Turku University of Applied Sciences.
- Jaya, Stefani P, Wardani, Natalia D dan Jusup, Innawati. (2016). *Hubungan Intensitas Penggunaan Situs Jejaring Sosial dengan Depresi pada Mahasiswa Tingkat Akhir*. 5(4) : 1770-1783
- Kelly, Y., Zilanawala, A., Booker, C., & Sacker, A. (2019). *Social Media Use and Adolescent Mental Health: Findings From the UK Millennium Cohort Study*. EClinicalMedicine.
- Kementerian Komunikasi dan Informatika Republik Indonesia (Kominfo).(2013). *Kementerian Kominfo Sebut Pengguna Internet Indonesia Capai 54 Persen*. Sleman: Kementerian Komunikasi dan Informatika Republik Indonesia
- Kchristianty, W. et.all (2015). *Hubungan Durasi Penggunaan Media Sosial dengan Kejadian Insomnia Pada Remaja di SMA Negeri 9 Menado*. Menado : Fakultas Kedokteran Universitas Menado.
- Kotler, Philip & Kevin, Lane Keller. (2009). *Manajemen Pemasaran*. Jakarta : PT Index
- Kramer, A., Guillory, J.E., & Hancock, J.T. (2014). *Experimental evidence of massive scale emotional contagion through social networks*.
- Kusumadewi. (2012). *Hubungan antara Dukungan Sosial Peer Group dan Kontrol Diri dengan Kepatuhan terhadap Peraturan pada Remaja Putri di Pondok Pesantren Modern Islam Assalaam Sukoharjo*. Fakultas Kedokteran Universitas Sebelas Maret.
- Kyle, Terri & Carman, Susan. (2013). *Essentials of Pediatric Nursing 2nd Edition*. China: Wolters Kluwer.
- Kyle, Terri & Carman, Susan. (2013). *Pediatric Nursing Clinical Guide*. China: Wolters Kluwer.
- Li, W. H., Chung, J. O., Chui, M. M., & Chan, P. S. (2009). *Factorial structure of the Chinese version of the 12-item General Health Questionnaire in adolescents*. *Journal of Clinical Nursing*, 18(23), 3253–3261.

- Liang, Y., Wang, L., & Yin, X. (2016). *The factor structure of the 12-item general health questionnaire (GHQ-12) in young Chinese civil servants*. *Health and Quality of Life Outcomes*, 14(1)
- Malathy, M and Rani, M. (2018). *How Social Media Creates an Impact in our Mental, Physical Health and Culture – Portrayal of Social Mobile Media Culture Technology in India*
- Muhith, A. (2015). *Pendidikan Keperawatan Jiwa*. Yogyakarta : Andi Offset.
- Nadiandra, Vhira. (2018). *Hubungan harga diri dengan cyberbullying pada remaja di SMKS I Kosgoro padang tahun 2018*.
- Nasir, Abdul & Muhith, Abdul.(2011). *Dasar-dasar Keperawatan jiwa, Pengantar dan Teori*. Jakarta: Salemba Medika.
- Notoatmodjo, Soekidjo. (2010). *Metodelogi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Notosoedirdjo & Latipun.(2005). *Kesehatan Mental, Konsep dan Penerapan*. Jakarta: EGC
- O'Keeffe, G. S., & Clarke-Pearson, K. (2011). *The Impact of Social Media on Children, Adolescents, and Families*. PEDIATRICS, 127(4), 800–804. doi:10.1542/peds.2011-0054
- Papalia, D. E., & Feldman, R. D. (2014). *Menyelami Perkembangan Manusia: Experience Human Development*. Jakarta: Salemba Humanika
- Papalia, D.E., Olds, S.W., & Feldman, R.D. (2009). *Human Development (Perkembangan Manusia)* (Ed. 10). Terjemahan: Brian Marwensdy. Jakarta: Salemba Humanika.
- Pew Research Center. (2018). *Teens, Social Media & Technology* https://www.pewinternet.org/wpcontent/uploads/sites/9/2018/05/pi_2018.05.31_teenstech_final.pdf
- Potter, P. A., & Perry, A. G. (2010). *Fundamental of Nursing: Fundamental Keperawatan*. (D. Sjabana, Ed.) (7th Buku 1). Indonesia: Salemba Medika.
- Primack, B. A., Shensa, A., Escobar-Viera, C., Barrett, E. L., Sidani, J. E., Colditz, J. B., & James, E. (2017). *Use of multiple social media platforms and symptoms of depression and anxiety: A nationally-representative study among U.S. young adults*. Computers in Human Behavior, 69, 1_9.
- Przybylski, A. K. (2012). *The ideal self at play: The appeal of videogames that let you be all you can be*. Psychological Science, 23, 69-76.
- Puspita, R. H., & Rohedi, D. (2018). *The Impact of Internet Use for Students*. IOP Conference Series: Materials Science and Engineering.

- Putri, Matilda Devina. (2018). *Hubungan Kecanduan Media Sosial dengan Kualitas Komunikasi Interpersonal pada Usia Dewasa Awal*. Yogyakarta : Fakultas Psikologi Universitas Sanata Dharma
- Riset Kesehatan Dasar (Riskesdas) (2018). Badan Penelitian dan Pengembangan Kesehatan Kementerian RI tahun 2018.
- Ristiyani (2017). *Hubungan Tingkat Adiksi Penggunaan Aplikasi Jaringan Sosial Terhadap Kecerdasan Emosional Siswa Kelas V SD Segugus I Kecamatan Sedayu Bantul Yogyakarta*. Universitas PGRI Yogyakarta
- Santrock, J. W. (2012). *Life - Span Development, Perkembangan Masa Hidup (Edisi Ketigabelas) Jilid I*. Jakarta: Erlangga.
- Sarwono S. (2012). *Psikologi Remaja*. Jakarta : Rajawali Pers.
- Sharma, A. & Shukla, A.K. (2016). *Impact of Social Messengers Especially WhatsApp on Youth: A Sociological study*. International Journal of Advance Research and Innovative Ideas in Education, 2(5), 367-375.
- Sudiyatmoko, Ani. (2014). *Panduan Optimalisasi Media Sosial untuk Kementerian Perdagangan RI*. Jakarta: Pusat Humas Kemendag RI
- Sugiyono. (2010). *Metode Penelitian Pendidikan Pendekatan Kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta.
- Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: PT Alfabet.
- Sunaryo. (2013). *Psikologi untuk Keperawatan*. Jakarta : EGC Ed. 2
- The National Institute of Mental Health (NIMH). (2017). *Mental Illness*. Retrieved from <https://www.nimh.nih.gov/health/statistics/mental-illness.shtml>
- Tim Pusat Humas Kementerian Perdagangan RI. (2014). *Panduan Optimalisasi Media Sosial untuk Kementerian Perdagangan RI*. Jakarta: Pusat Hubungan Masyarakat
- Townsend, M. (2012). *Essentials of Psychiatric Mental Health Nursing*. Oklahoma City : F. A. Davis Company.
- Undang-Undang Republik Indonesia. Nomor 18 Tahun 2014. Tentang Kesehatan Jiwa
- UNICEF (2019). *Ensuring mental health and well-being in an adolescent's formative years can foster a better transition from childhood to adulthood*. <https://data.unicef.org/topic/child-health/mental-health/> diakses 5 agustus 2019

- Valkenburg, P. M., Peter, J., & Schouten, A. P. (2006). Friend networking sites and their relationship to adolescents' well-being and social self-esteem. *CyberPsychology & Behavior*, 9(5), 584-590.
- Wong. (2011). *Nursing Care of Infants and Children*. Canada : Elsevier 9th Ed.
- Woods, H. C., & Scott, H. (2016). *#Sleepyteens: Social media use in adolescence is associated with poor sleep quality, anxiety, depression and low self-esteem*. Journal of Adolescence.
- World Health Organization (WHO), (2019). *Adolescent development*. https://www.who.int/maternalchild_adolescent/topics/adolescence/development/en/ diakses tanggal 22 Februari 2018
- World Health Organization (WHO). (2018). *Adolescent Mental Health*. <https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health> diakses tanggal 22 Februari 2018
- World Health Organization: Global School-based Student Health Survey (GSHS), 2015.[online].https://www.who.int/ncds/surveillance/gshs/GSHS_2015_Indonesia_Report_Bahasa.pdf
- Young, K. (1998). *Internet Addiction: The Emergence Of A New Clinical Disorder*. CyberPsychology & Behavior 3:237-244
- Yusuf, Ah, Fitryasari, Rizki, and Tristiana. D. (2019). *Kesehatan Jiwa : Pendekatan Holistik Dalam Asuhan Keperawatan*. Jakarta: Mitra Wacana Media