

DAFTAR PUSTAKA

- _____. (1999). *Himpunan Peraturan Perundang-Undangan Republik Indonesia* Tahun 1998. Jakarta: Eko Jaya.
- Alibhai SM, Greenwood C, Payette H. (2005). 'An approach to the management of unintentional weight loss in elderly people'. *CMAJ*, vol.172, hh.773-780.
- Almatsier S. (2004). *Prinsip Dasar Ilmu Gizi*. Jakarta: PT. Gramedia Pustaka Utama
- Amarantos E, Martinez A, Dwyer J. (2001). 'Nutrition, Physical Activity, and Quality of Life in Older Adults'. *J Gerontol A Biol Sci Med Sci*, vol.56, no.2, hh.54-64.
- Ariyudha, J. (2014). 'Faktor-faktor yang mempengaruhi kualitas hidup penduduk lanjut usia di Kelurahan Jogotrunang Kabupaten Lumajang'. Dilihat pada 16 Februari 2016. <<http://repository.unej.ac.id/handle/123456789/15330>>
- Astuti, FAA. (2012). *Hubungan Status Gizi dengan Kualitas Hidup Geriatri di Posyandu Lansia Ngudi Sehat Bibis Baru Nusukan Banjarsari Surakarta*. Naskah Publikasi. Dilihat pada 28 Oktober 2015. <http://eprints.ums.ac.id/22652/31/NASKAH_PUBLIKASI.pdf>
- Avolio M, Montagnoli S, Marino M, Basso D, Furia G, Ricciardi W, et al. (2013). 'Influencing Quality of Life for Disabled and Nondisabled Elderly Population: The Results of a Multiple Correspondence Analysis'. *Current Gerontology and Geriatrics Research*, hh.258-274.
- Badan Pusat Statistik. (2013). *Statistik Penduduk Lansia*. Badan Pusat Statistik. Jakarta.
- Birren JE. (2007). *Encyclopedia of Gerontology*. United Kingdom: Elsevier.
- Bittner AK, et al. (2010). Coping strategies to manage stress related to vision loss and fluctuations in retinitis pigmentosa. hh. 461-486.
- Blackburn JA, Dulmus CN. (2007). *Handbook of Gerontology*. New Jersey: John Wiley & Sons, Inc.
- British Association for Parenteral and Enteral Nutrition. (2016). What are the consequences of malnutrition?. Dilihat pada 12 April 2016. <<http://www.bapen.org.uk/malnutrition-undernutrition/introduction-to-malnutrition?showall=&start=2>>
- Broadwin J, Goodman-Gruen D, Slymen D. (2001). Ability of fat and fat-free mass percentages to predict functional disability in older men and women. *J Am Geriatr Soc*, vol. 14, hh.1641-1645.
- Bryła M, Burzyńska M, Maniecka-Bryła I. (2013). 'Self-rated quality of life of city-dwelling elderly people benefitting from social help: results of a

- cross-sectional study'. *Health and Quality of Life Outcomes*, vol.11, hh.181.
- Cambridge Academic Content Dictionary. Dilihat pada 2 November 2015. <<http://dictionary.cambridge.org/us/dictionary/english/quality-of-life>>.
- Chaimongkol T. (2013). *Factors Affecting Quality of Life of the Elderly in Sumutsongkram Province*. Dilihat pada 3 November 2015. <https://www.academia.edu/7943891/Factors_Affecting_Quality_of_Life_of_the_Elderly_in_Sumutsongkram_Province>.
- Coqueiro RS, Barbosa, AR, Borgatto AF. (2010). 'Nutritional status, health conditions, and socio-demographic factors in the elderly of Havana, Cuba: data from SABE survey'. *J Nutr Health Aging*, vol.14, hh.803-808.
- D'Amelio P, Rosso B, Fornelli G, Eandi C, Maniero MT, Cobianchi D, et al. (2014). 'Malnutrition Reduces Quality of Life and Performance in Hospitalized Elderly'. *Open Journal of Endocrine and Metabolic Diseases*, vol.4, hh.147-157.
- De la Fuente M. (2002). 'Effects of antioxidants on immune system ageing'. *Eur J Clin Nutr*. vol.56, no.3, hh.5-8.
- De Lima CBV, Moraes, FL, Souza LAC. (2012). 'Nutritional Status and Associated Factors in Institutionalized Elderly'. *J Nutr Disorders Ther*. vol.2, no.3
- Dent E, Visvanathan R, Piantadosi C, Chapman I. (2012). 'Nutritional screening tools as predictors of mortality, functional decline, and move to higher level care in older people: a systematic review'. *J Nutr Gerontol Geriatr*, vol.31, no.2, hh. 97-145.
- Departemen Gizi dan Kesehatan Masyarakat FKM UI. (2007). *Gizi dan Kesehatan Masyarakat*. Jakarta: PT RajaGrafindo Persada.
- Dinas Kesehatan Kota Padang. (2014). Profil Kesehatan (2013). Dilihat pada 30 Oktober 2015. <<https://dinkeskotapadang1.files.wordpress.com/2014/08/profil-tahun-2013-edisi-2014.pdf>>.
- Dodds C. (2006). 'Physiology of ageing'. *Anaesthesia & Intensive Care Medicine*, vol.7, no.12, hh.456-458.
- Dorr DA, Jones SS, Burns L, Donnelly SM, Brunker CP, Wilcox, A. et al. (2006). 'Use of health-related, quality-of-life metrics to predict mortality and hospitalizations in community-dwelling seniors'. *J Am Geriatr Soc*, vol.54, hh.667-673.
- Dudek SG. (1997). *Nutrition handbook for nursing practice*. 3rd Ed. Philadelphia: Lippincott-Raven.

- Enny E, Elnovriza D, Hamid S. (2006). ‘Faktor-faktor yang berhubungan dengan status gizi usila di Kota Padang tahun 2006’. *Jurnal Kesehatan Masyarakat*, vol.1, no.1, hh.5-8.
- Fatmah. (2010). *Gizi Usia Lanjut*. Jakarta: Penerbit Erlangga.
- Feldblum I, German L, Castel H, Harman-Boehm I, Bilenko N, Eisinger M, et al. (2007). ‘Characteristics of undernourished older medical patients and the identification of predictors for undernutrition status’. *Nutrition Journal*, vol.6, no.1, hh.37.
- Formayoza. (2006). Hubungan Karakteristik, Tingkat Pendidikan, Status Ekonomi, Aktivitas Fisik dan Riwayat Sakit dengan Status Gizi Lansia Puskesmas Kecamatan Nanggalo Kota Padang, Provinsi Sumatra Barat. Tesis. Fakultas Kesehatan Masyarakat Universitas Indonesia.
- Furman EF. (2006). ‘Undernutrition in Older Adults Across the Continuum of Care.’ *Journal of Gerontological Nursing*, vol.1, no.32, hh.22–27.
- Glenn ND, Weaver CN. (1978). A multivariate, multisurvey study of marital happiness. *Journal of Marriage and the Family*. 269-281.
- Guest JF, Panca M, Baeyens JP, de Man F, Ljungqvist O, Pichard C, et al. (2011). ‘Health economic impact of managing patients following a community-based diagnosis of malnutrition in the UK’. *Clin Nutr*, vol.30, no.4, hh.422-429.
- Guigoz Y, Jensen G, Thomas D, Vellas B, et al. (2006). The mini nutritional assessment (MNA) review of the literature-what does it tell us?. *The Journal of Nutrition, Health, and Aging*, vol.10, hh. 466.
- Halida, RC. (2014). Hubungan antara status gizi dengan kualitas hidup pada lansia di Posbindu Kenanga RW 05 Kelurahan Kebon Pedes Kota Bogor April 2014. *Medical Knowledge Center FK UPNVJ*.
- Hambleton P, Keeling S, McKenzie M. (2008). ‘Quality of Life is...: The Views of Older Recipients of Low-Level Home Support’. *Social Policy Journal of New Zealand*, no.33, hh.146-162.
- Hamid AY. (2000). *Buku Ajar Aspek Spiritual dalam Keperawatan*. Jakarta: Widya Medika.
- Harley CB, Futcher AB, Greider CW. (1990). 'Telomeres shorten during ageing of human fibroblasts'. *Nature*. hh. 458-60
- Harman D. (2003). ‘The free radical theory of aging: Antioxid Redox Signal’, *Pub Med*, vol 5 hh. 557-561.
- Hensrud D. (1999). Nutrition Screening and Assessment. *Medical Clinics*, vol.83, no.6, hh. 1525-1546.

- Herrman N, Mittmann N, Silver IL, et al. (1996). 'A validation study of the Geriatric Depression Scale short form'. *Int J Geriatr Psychiatry*, vol.11, hh.451-460.
- Hickson & Frost. (2004). An investigation into the relationships between quality of life, nutritional status, and physical function. *Clin Nutr*. vol 23. no. 2. hh. 213-221.
- Hidajat MM. (2009). *Facing the health challenges of Indonesia's aging population*. Candidate Department of Sociology Population Research Institute. Pennsylvania State University.
- Inelmen EM, Sergi G, Coin A, Miotto F, Peruzza S, Enzi G. (2003). 'Can obesity be a risk factor in elderly people?'. *Obes Rev*, vol.4, hh.147-155. Inzitari, M., et al. 2011. 'Nutrition In the Age-Related Disablement Process'. *The Journal of Nutrition, Health & Aging*, vol.15, no.8.
- Inzitari, M., et al. (2011). 'Nutrition In the Age-Related Disablement Process'. *The Journal of Nutrition, Health & Aging*, vol.15, no.8.
- Jeong WM, Sohn T. (2005). 'Analysis of the Factors Affecting the Quality of Life of Elderly in the Senior Citizen Academies'. *Asian J Occup Ther*, vol.4, hh.13-23.
- Jiménez-Redondo S, De Miguel B, Banegas JG, Mercedes LGJ, Gomez-Pavon J, Vives CC. (2014). 'Influence of nutritional status on health-related quality of life of non-institutionalized older people'. *The Journal of Nutrition, Health & Aging*, vol.18, no.4, hh.359-364.
- Jyrkka J, Enlund H, Lavikainen P, Sulkava R, Hartikainen S. (2011). 'Association of polypharmacy with nutritional status, functional ability and cognitive capacity over a three-year period in an elderly population'. *Pharmacoepidemiol Drug Saf*, vol.20, hh.514-522.
- Kaiser MJ, Bauer JM, Rämsch, et al, (2010). 'Frequency of malnutrition in older adults: A multinational perspective using the mini nutritional assessment'. *Journal of the American Geriatrics Society*, vol.58, hh. 1734-1738.
- Kane RL, Ouslander JG, Abrass IB, Resnick B. (2009). *Essential of Clinical Geriatrics 6th Edition*. USA: McGraw-Hill Companies.
- Kanungo MS. (1975). 'A model for aging'. *J Theor Biol*, vol.53, hh. 253-261.
- Keller HH. (2004). Nutrition and health-related quality of life in frail older adults. *J Nutr Health Aging*, vol.8, no.4, hh.245-252.
- Kementerian Kesehatan Republik Indonesia. (2012). *Pedoman Pelayanan Gizi Lanjut Usia*. Jakarta: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2014). *Situasi dan Analisis Lanjut Usia*. Pusat Data dan Informasi. Jakarta.

- Kindig DA, Booske BC, Remington PL. (2010). 'Mobilizing Action Toward Community Health (MATCH): metrics, incentives, and partnerships for population health'. *Prev Chronic Dis*, vol.7, no.4. Dilihat pada 28 Oktober 2015. <http://www.cdc.gov/pcd/issues/2010/jul/10_0019.htm>.
- Kinosian B, Jeejeebhoy KN. (1995). 'What is malnutrition? Does it matter?'. *Nutrition*, vol.11, hh.196-197.
- Kostka J, Borowiak E, Kostka T. (2014). 'Nutritional status and quality of life in different populations of older people in Poland'. *Eur J Clin Nutr*. vol.68. hh. 1210-1215.
- Kuria, W. (2012). 'Coping with age related changes in elderly'. *Arcada*. Thesis.
- Kurnia W. (2012). Pengukuran antropometri pengganti untuk mendekripsi kasus BBLR di Kota Pontianak dan Kabupaten Kubu Raya Tahun 2011. Tesis. Dilihat pada 30 November 2015. <<http://lib.ui.ac.id/file?file=digital/20298168-T30026%20-%20Pengukuran%20antropometri.pdf>>
- Kusirisin W, et al. (2006). *Malnutritional status and quality of life of the elderly at out patient of primary care unit, Department of Family Medicine*. Chiang Mai University, Thailand.
- Kvamme JM, Olsen, JA, Florholmen J, Jacobsen BK. (2011). 'Risk of malnutrition and health-related quality of life in community-living elderly men and women: The Tromsø study. Qual Life Res. vol.20 no.4. hh.575-582.
- Larsson J, Andersson M, Askelof N, Bark T. (1994). 'Malnutrition common in Swedish hospitals: Risk of complications and prolonged care increases'. *Nord Med*, vol.109, no.11, hh.292-295.
- Lis CG, Gupta D, Lammersfeld CA, Markman M, Vashi PG. (2012). 'Role of nutritional status in predicting quality of life outcomes in cancer - a systematic review of the epidemiological literature'. *Nutrition Journal*, vol.11, no.27.
- Lochs H, Allison SP, Meier R, Pirlich M, Kondrup J, Schneider S. (2006). 'Introductory to the ESPEN Guidelines on enteral nutrition: terminology, definitions and general topics'. *Clin Nutr*, vol.25, hh.180-186.
- Marian AE, et al. (2013). 'Prevalence and determinants for malnutrition in geriatric outpatients.' *Clin Nutr*, vol 32, hh.1007-1011.
- Medvedev ZA. (1990). 'An attempt at a rational classification of theories of ageing'. *Biol Rev Camb Philos Soc*, vol.65, no.3, hh.375-398.
- Mitchell AJ. (2009). 'A meta-analysis of the accuracy of the mini-mental state examination in the detection of dementia and mild cognitive impairment'. *J Psychiatr Res*, vol.43, no.4, hh.411-431.

- Moore MC. (2009). *Pocket guide to nutritional assessment and care*. 6th ed. St. Louis Missouri: Mosby Elsevier.
- Morley JE. (1997). ‘Anorexia of aging: physiologic and pathologic’. *Am J Clin Nutr*, hh.760-773
- Nestlé Nutrition Institute. (2009). *Nutrition Screening as Easy as MNA: A Guide to completing the Mini Nutritional Assessment - Short Form (MNA-SF)*. Dilihat pada 3 November 2015. <http://www.mna-elderly.com/forms/mna_guide_english_sf.pdf>.
- Netuveli G, Blane D. (2008). ‘Quality of life in older ages’. *Br Med Bull*, vol.85, no.1, hh.113-126.
- Nigam Y, Knight J, Bhattacharya S, Bayer A. (2012). ‘Physiological Changes Associated with Aging and Immobility’. *Journal of Aging Research*, vol.2012, hh.1-2.
- Oeyen SG, Vandijck DM, Benoit DD, Annemans L, Decruyenaere JM. (2010). ‘Quality of life after intensive care: a systematic review of the literature’. *Crit Care Med*, vol.38, hh.2386–2400.
- Oktariyani. (2012). Gambaran Status Gizi pada Lanjut Usia di Panti Sosial Tresna Werdha (PSTW) Budi Mulya 01 dan 03 Jakarta Timur. [Skripsi]. Universitas Indonesia. Jakarta Timur.
- Oktavianus S, Sudharma NI, Kusumaratna RK, Hidayat A. (2007). ‘Validitas dan Reliabilitas World Health Organization Quality of Life-BREF untuk mengukur kualitas hidup lanjut usia’. *Universa Medicina*, vol.26, no.1.
- Palestin B, Nurachmah E, Ariawan I, Wiarsih W. (2006). *Pengaruh Umur, Depresi, dan Demensia terhadap Disabilitas Fungsional Lansia di PSTW Abiyoso dan PSTW Budi Dharma Provinsi D.I. Yogyakarta (Adaptasi Model Sistem Neuman)*. Tesis. Fakultas Ilmu Keperawatan Universitas Indonesia. Jakarta.
- Papalia, Olds, & Feldman. (2001). *Human Development* 9th Ed. New York: McGraw Hill Company.
- Population Reference Bureau. (2007). ‘Underweight, undernutrition, and the aging’. *Today's Res Aging*. Dilihat pada 2 November 2015. <<http://www.prb.org/pdf07/TodaysResearchAging8.pdf>>.
- Rahmianti, Bahar B, Yustini. (2014). Hubungan Pola Makan, Status Gizi, dan Interaksi Sosial dengan Kualitas Hidup Lansia Suku Bugis di Kelurahan Supenang Kabupaten Pangkep. [Skripsi]. Universitas Hasanuddin.
- Rasheed S, Woods RT. (2013). ‘An investigation into the association between nutritional status and quality of life in older people admitted to hospital’. *J Hum Nutr Diet*. Dilihat 12 Agustus 2015. <<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12072/epdf>>.

- Rowe JW, Kahn RL. (1998). *Successful Aging*. New York: Random House (Pantheon).
- Sari K. (2012). *Gambaran Tingkat Depresi pada Lanjut Usia (Lansia) di Panti Sosial Tresna Wredha Budi Mulia 01 dan 03 Jakarta Timur*. Skripsi. Fakultas Ilmu Keperawatan Universitas Indonesia.
- Sarnings, WO. (2012). Status gizi dan kualitas hidup lansia di Kabupaten Barru Kecamatan Sopengriaja dan Mallusetasi. Dilihat pada 16 Februari 2016. <<http://dokumen.tips/documents/status-gizi-dan-kualitas-hidup-lansia-di-kabupaten-barru-kecamtan-sopengriaja.html>>
- Saxena S, O'Connell K. (2002). 'A commentary: cross-cultural quality of life assessment at the end of life'. *Gerontologist*, vol.42, hh.81-85.
- Schipper H, Clinch JJ, Olweny CLM. (1996). 'Quality of life studies: definitions and conceptual issues'. *Quality of Life and Pharmacoeconomics in Clinical Trials*, hh.11-23. Philadelphia: Lippincott-Raven Publishers.
- Setiati S, Harimurti K, Dewiasty E, Istanti R. (2010). 'Predictors and Scoring System for Health-related Quality of Life in Indonesian Community - Dwelling Elderly Population'. *Acta Med Indones-Indones J Intern Med*. hh. 237-242.
- Soejono, Heriawan Czeresna. (1996). Gii pada Usia Lanjut. Pedoman Pengelolaan Kesehatan Pasien Geriatri. Fakultas Kedokteran Universitas Indonesia.
- Sudoyo AW, Setiyohadi B, Alwi IK, Marcellus S, Setiati S. (2009). *Buku Ajar Ilmu Penyakit Dalam Jilid I Edisi V*. Jakarta: Interna Publishing.
- Sunyoto D. (2012). *Statistik kesehatan: Analisis data dengan perhitungan manual dan program SPSS*. Yogyakarta: Nuha Medika.
- Supariasa IDN, Fajar I, Bakri B. (2001). Penilaian Status Gizi. Jakarta: EGC.
- Susanti E. (2009). *Uji Keandalan Mini Nutritional Assessment untuk Menilai Status Nutrisi pada Usia Lanjut*. Tesis. Fakultas Kedokteran Universitas Indonesia. Jakarta.
- Sutikno, E. (2011). 'Hubungan Antara Fungsi Keluarga dan Kualitas Hidup Lansia'. *Indonesian Journal of Medicine*. vol.2 no.1.
- Syahrul, S. (2013). 'Nutritional status related to quality of life of elderly people in Rappokaling Makassar'. Dilihat pada 16 Februari 2016. <<http://repository.unhas.ac.id/handle/123456789/6590>>
- Tami DR, Bahar B, Najamuddin U. (2014). Hubungan Pola Makan, Status Gizi, dan Interaksi Sosial dengan Kualitas Hidup Lansia di Kecamatan Tamalanrea Tahun 2014. [Skripsi]. Universitas Hasanuddin.

- The Scottish Government. (2009). *Older People Living in the Community - Nutritional Needs, Barriers, and Interventions*. Dilihat pada 2 November 2015. <<http://www.gov.scot/Publications/2009/12/07102032/9>>.
- Toner PH, et al. (2003). Pathophysiological changes in the elderly. Best Practice & Clinical Anaesthesiology. pp. 163 - 177.
- United Nations. (1995). 'ESCAP: Population Ageing and Development'. *Asian Population Studies Series* no.140. bag.1. hh.7-8.
- United Nations. (2013). *World Population Prospects The 2012 Revision: Highlight and Advance Tables*. New York: United Nations.
- Vetta F, Ronzoni S, Taglieri G, Bollea MR. (1999). 'The impact of malnutrition on the quality of life in the elderly'. *Clin Nutr*, vol.18, no.5, hh.259-267.
- Wahl A, Rustoen T, Hanestad B, Lerdal A, Moum T. (2004). Quality of Life in the General Norwegian Population, Measured by the Quality of Life Scale (QOLS-N). *Quality of Life Research Vol.13*. 1001-1009. Netherlands: Kluwer Academic Published.
- Wei YH, Ma YS, Lee HC, Lee CF, Lu CY. (2001). 'Mitochondrial theory of aging matures--roles of mtDNA mutation and oxidative stress in human aging'.
- Wells JL, Dumbrell AC. (2006). 'Nutrition and Aging: Assessment and Treatment of Compromised Nutritional Status in Frail Elderly Patients'. *Clin Interv Aging*, vol.1, no.1, hh.67-79.
- World Health Organization. (2004). *Measuring Quality of Life*. Dilihat pada 4 November 2015. http://www.who.int/mental_health/publications/whoqol/en/.
- World Health Organization. (2015). *Definition of an older and elderly people*. Dilihat pada 30 Oktober 2015. <<http://www.who.int/healthinfo/survey/ageingdefolder/en/>>.
- World Health Organization. (2015). *Nutrition*. Dilihat pada 31 Oktober 2015. <www.who.int/topics/nutrition/en/>.
- Wulandari DW. (2004). 'Penentuan validitas WHOQOL-100 dalam menilai kualitas hidup pada pasien rawat jalan di RSCM (versi Indonesia)'. Universitas Indonesia.
- Ydreborg B, Ekberg K, Nordlund A. (2006). 'Health, quality of life, social network and use of health care: a comparison between those granted and those not granted disability pensions'. *Disability and Rehabilitation*, vol.28, no.1, hh.25-32.
- Ziegler DV, Wiley CD, Velarde MC. (2015). 'Aging Cell. Mitochondrial effectors of cellular senescence: beyond the free radical theory of aging' *Medline*, vol.14, no.1, hh.1-7.