

KARYA ILMIAH AKHIR

ASUHAN KEPERAWATAN PADA PASIEN *SEVERE COMMUNITY ACQUIRED PNEUMONIA* DENGAN VENTILASI MEKANIK MELALUI PENERAPAN TERAPI MUROTTAL AL-QUR'AN TERHADAP TINGKAT NYERI SELAMA PROSEDUR *SUCTION* DI RUANG ICU TULIP 3 RSUP DR. M. DJAMIL PADANG



DHEA PUTRI DAHYANA, S. Kep

NIM. 2541312130

PROGRAM STUDI PROFESI NERS

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**FAKULTAS KEPERAWATAN
UNIVERSITAS ANDALAS
KARYA ILMIAH AKHIR
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Nama : Dhea Putri Dahyana
NIM : 2541312130

*Asuhan Keperawatan Pada Pasien Severe Community Acquired Pneumonia
Dengan Ventilasi Mekanik Melalui Penerapan Terapi Murottal Al-Qur'an
Terhadap Tingkat Nyeri Selama Prosedur Suction Di Ruang ICU
Tulip 3 RSUP Dr. M Djamil Padang*

ABSTRAK

Pasien *Severe Community Acquired Pneumonia* (sCAP) sebagian besar memerlukan bantuan ventilasi mekanik. Prosedur *suction* pada pasien sCAP yang terpasang ventilasi mekanik memicu peningkatan nyeri. Terapi murottal Al-Qur'an dapat menurunkan tingkat nyeri selama prosedur *suction*. Penulisan ini bertujuan untuk memaparkan asuhan keperawatan pada pasien sCAP dengan ventilasi mekanik melalui penerapan terapi murottal Al-Qur'an terhadap tingkat nyeri selama prosedur *suction* di ruang ICU Tulip 3 RSUP Dr. M. Djamil Padang. Metode penulisan adalah studi kasus dengan penerapan *Evidence-based Nursing Practice*, berupa pengkajian, diagnosa keperawatan, intervensi, implementasi dan evaluasi. Pengkajian didapatkan masalah keperawatan meliputi bersihan jalan napas tidak efektif, gangguan pertukaran gas, risiko syok, dan nyeri akut. Intervensi keperawatan meliputi manajemen jalan napas, manajemen jalan napas buatan, manajemen ventilasi mekanik, manajemen asam-basa asidosis respiratorik, pemantauan cairan, manajemen nyeri, dan terapi murottal Al-Qur'an selama 45 menit sebanyak 1 kali sehari dalam 3 hari rawatan. Hasil evaluasi menunjukkan bersihan jalan napas tidak efektif belum teratasi, gangguan pertukaran gas belum teratasi, risiko syok belum teratasi, dan nyeri akut teratasi sebagian yang tercermin dari penurunan *Behavioral Pain Scale* (BPS) dari skala 9 nyeri sedang menjadi skala 5 nyeri ringan. Hal ini membuktikan bahwa terapi murottal Al-Qur'an bisa diterapkan dalam menurunkan tingkat nyeri selama prosedur *suction* pada pasien dengan ventilasi mekanik. Oleh karena itu, perawat disarankan untuk menerapkan terapi murottal Al-Qur'an sebagai manajemen nyeri nonfarmakologis pada pasien dengan ventilasi mekanik. di ruang ICU.

Kata kunci : ventilasi mekanik, ICU, murottal Al-Qur'an, nyeri.

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**NURSING FACULTY
ANDALAS UNIVERSITY
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Name : Dhea Putri Dahyana
NIM : 2541312130

Nursing Care for Severe Community Acquired Pneumonia Patients with Mechanical Ventilation Through the Application of Al-Qur'an Murottal Therapy to the Level of Pain During the Suction Procedure in the ICU Room Tulip 3 Hospital Dr. M. Djamil Padang

ABSTRACT

Severe Community Acquired Pneumonia (sCAP) patients mostly need mechanical ventilation assistance. The suction procedure in sCAP patients who are equipped with mechanical ventilation triggers an increase in pain. Al-Qur'an murottal therapy can reduce pain levels during the suction procedure. This writing aims to explain nursing care for sCAP patients with mechanical ventilation through the application of Al-Qur'an murottal therapy to the level of pain during the suction procedure in the ICU room Tulip 3 RSUP Dr. M. Djamil Padang. The writing method is a case study with the application of Evidence-based Nursing Practice, in the form of assessment, nursing diagnosis, intervention, implementation and evaluation. Assessment found nursing problems including ineffective airway clearance, gas exchange disorder, risk of shock, and acute pain. Nursing interventions include airway management, artificial airway management, mechanical ventilation management, acid-base management of respiratory acidosis, fluid monitoring, pain management, and Al-Qur'an murottal therapy for 45 minutes as much as 1 time a day for 3 days of treatment. The evaluation results show that the ineffective airway clearance has not been resolved, gas exchange disorders have not been resolved, the risk of shock has not been resolved, and acute pain has been partially resolved which is reflected in the decrease in the Behavioural Pain Scale (BPS) from a scale of 9 moderate pain to a scale of 5 mild pain. This proves that Al-Qur'an murottal therapy can be applied in reducing the level of pain during the suction procedure in patients with mechanical ventilation. Therefore, nurses are advised to apply Al-Qur'an murottal therapy as a non-pharmacological pain management in patients with mechanical ventilation. in the ICU room.

Keywords: mechanical ventilation, ICU, murottal Al-Qur'an, pain.

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