

DAFTAR PUSTAKA

- Anugrah, M. M., Aini, N. N., Sukaesih, N. S., Ningrum, D., Arabani, H. P., Nurhadi, R. F., Rohman, Z. M., & Fadilah, A. M. (2026). Complementary Therapy for Treating Pruritus in Chronic Kidney Disease Patients: Systematic Literature Review. *Jurnal Keperawatan Profesional (KEPO)*, 7(1), 19–36. <https://doi.org/10.36590/kepo.v7i1.1443>
- Azalea, F., Roisyah, F., Chayati, N., & Purnomo, S. (2025). Manajemen Keperawatan Pada Pasien Chronic Kidney Disease (Ckd) Stadium Akhir Dengan Masalah Pola Napas Tidak Efektif, Nyeri Akut, Dan Risiko Perfusi Renal Tidak Efektif Di Igd : Studi Kasus Deskriptif Kualitatif. *Jurnal Penelitian Perawat Profesional*, 7. <http://jurnal.globalhealthsciencegroup.com/index.php/JPPP>
- Bangun, H., Lubis, R., & Nasution, A. (2022). Hubungan kadar albumin serum dengan derajat edema pada pasien sindrom nefrotik. *Jurnal Kesehatan Andalas*, 11(2), 88–95.
- Chen, T. K., Knicely, D. H., & Grams, M. E. (2019). Chronic Kidney Disease Diagnosis and Management: A Review. *JAMA*, 322(13), 1294–1304. <https://doi.org/10.1001/jama.2019.14745>
- Cheng, A. Y., & Wong, L. S. (2022). Uremic Pruritus: From Diagnosis to Treatment. *Diagnostics*, 12(5). <https://doi.org/10.3390/diagnostics12051108>

Cortinovis, M., Perico, N., & Remuzzi, G. (2024). Tubulointerstitial injury in proteinuric chronic kidney diseases. *Frontiers in Medicine*, 11. <https://doi.org/10.3389/fmed.2024.1478697>

Dina, P. I., Ikbal, R. N., & Mailita, W. (2024). Kepatuhan Pembatasan Cairan dan Kejadian Edema pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa. *JIK JURNAL ILMU KESEHATAN*, 8(2), 242. <https://doi.org/10.33757/jik.v8i2.917>

Ekaputri, M., Susanto, G., Paryono, Kusumaningtiyas, D. P. H., Aisyah, Farhan Alfaris, M., Naryati, Nur, S., & Yuliasna Kosim, M. (2024). *Proses Keperawatan : Konsep, Implementasi, dan Evaluasi* (Tahta Media, Ed.; 1st ed.). Tahta Media group.

Elsaie, L., El Mohsen, A., Ibrahim, I., Mohey-Eddin, M., & Elsaie, M. (2016). Effectiveness of topical peppermint oil on symptomatic treatment of chronic pruritus. *Clinical, Cosmetic and Investigational Dermatology*, Volume 9, 333–338. <https://doi.org/10.2147/CCID.S116995>

Harmilah. (2019). *Asuhan Keperawatan pada Pasien dengan Gangguan sistem Perkemihan*. Pustaka Baru.

Helnawati, Maryuni, S., & Antoro, B. (2022). Pengaruh Pemberian Massage Virgin Coconut Oil Terhadap Pruritus Pada Pasien Ginjal Kronik yang Menjalani Hemodialisa. *Jurnal Ilmu Kesehatan Indonesia (JIKSI) E-ISSN*, 3(2), 2745–8555.

Herrington, W. G., Judge, P. K., Grams, M. E., & Wanner, C. (2026). Chronic kidney disease. *The Lancet*, 407(10523), 90–104. [https://doi.org/10.1016/S0140-6736\(25\)01942-7](https://doi.org/10.1016/S0140-6736(25)01942-7)

Herwinda, H., Kusumajaya, H., & Faizal, Kgs. M. (2023). Faktor-faktor yang berhubungan dengan kejadian hipervolemia pada pasien Gagal Ginjal Kronik yang menjalani hemodialisis di ruang hemodialisa Rumah Sakit Medika Stannia Sungailiat tahun 2022. *Journal of Nursing Practice and Education*, 3(2), 118–126. <https://doi.org/10.34305/jnpe.v3i2.678>

Indaryani, & Iskandar, S. (2025). Effectiveness Of Virgin Coconut Oil Therapy On Reducing Pruritus in Patients With Chronic Renal Failure. *Jurnal Ilmu Kesehatan*, 2(1), 9. <https://doi.org/10.58222/jurik.v1i1.996>

Kalantar-Zadeh, K., Jafar, T. H., Nitsch, D., Neuen, B. L., & Perkovic, V. (2021). Chronic kidney disease. *Lancet (London, England)*, 398(10302), 786–802. [https://doi.org/10.1016/S0140-6736\(21\)00519-5](https://doi.org/10.1016/S0140-6736(21)00519-5)

Kementerian Kesehatan RI. (2023). *Survei Kesehatan Indonesia (SKI) Dalam Angka Data Akurat Kebijakan Tepat*.

Ko, M. J., Peng, Y. Sen, & Wu, H. Y. (2023). Uremic pruritus: Pathophysiology, clinical presentation, and treatments. *Kidney Research and Clinical Practice*, 42(1), 39–52. <https://doi.org/10.23876/j.krcp.21.189>

Ko, M.-J., Peng, Y.-S., & Wu, H.-Y. (2023). Uremic pruritus: pathophysiology, clinical presentation, and treatments. *Kidney Research and Clinical Practice*, 42(1), 39–52. <https://doi.org/10.23876/j.krcp.21.189>

Kusuma, M. A., & Putri, N. A. (2020). Review: Asam Lemak Virgin Coconut Oil (VCO) dan Manfaatnya untuk Kesehatan. *Jurnal Agrinika : Jurnal Agroteknologi Dan Agribisnis*, 4(1), 93. <https://doi.org/10.30737/agrinika.v4i1.1128>

Lin, Y., Wang, C.-L., & Chiang, T.-I. (2024). Eicosapentaenoic acid supplementation alleviates pruritus, enhances skin moisture, and mitigates depression in maintenance hemodialysis patients. *Frontiers in Nephrology*, 4. <https://doi.org/10.3389/fneph.2024.1365809>

Melia Rahmawati, A., & Rosmelia. (2026). Hubungan Antara Keparahan Pruritus Uremik Dengan Quality Of Life Pada Pasien Gagal Ginjal Kronik Dengan Dialisis Di Rsu Islam Klaten. *Jurnal Ilmu Kesehatan*, 22(2). <https://doi.org/10.5455/mnj.v1i2.644>

Merdawati, L., & Malini, H. (2019). *Buku Ajar Keperawatan Medikal Bedah II*. Rajawali Pers.

Mettang, T., & Kremer, A. E. (2015). Uremic pruritus. *Kidney International*, 87(4), 685–691. <https://doi.org/10.1038/ki.2013.454>

Muliani, R., Vitniawati, V., & Rakhman, D. A. (2021). Effectiveness of Olive Oil with Virgin Coconut Oil on Pruritus Grade Scores Among Hemodialysis Patients. *International Journal of Advancement in Life Sciences Research*, 4(4), 25–33. <https://doi.org/10.31632/ijalsr.2021.v04i04.004>

Muyassaroh, F. U., Pratiwi, T. F., Camelia, D., Fitriyah, E. T., & Roni, F. (2025). Asuhan Keperawatan Pada Pasien Gagal Ginjal Kronik Yang Menjalani

Hemodialisa Dengan Masalah Keperawatan Gangguan Integritas Kulit Menggunakan Terapi Virgin Coconut Oil Di Ruang Sadewa Rsud Kabupaten Jombang. *Jurnal Kesehatan Tambusai*, 6(1), 2600–2608. <https://doi.org/10.31004/jkt.v6i1.38523>

Nafssiyah, Z., Susanto, G., Wardoyo, E., & Hardono. (2025). Faktor- Faktor yang Mempengaruhi Kualitas Tidur Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis di RSUD Jendral Ahmad Yani Metro Provinsi Lampung. *Health Research Journal of Indonesia (HRJI)*, 3(4), 233–240. <https://doi.org/https://doi.org/10.63004/hrji.v3i4.645>

Narsa, A. C., Maulidya, V., Reggina, D., Andriani, W., & Rijai, H. R. (2022). Studi Kasus: Pasien Gagal Ginjal Kronis (Stage V) dengan Edema Paru dan Ketidakseimbangan Cairan Elektrolit. *Jurnal Sains Dan Kesehatan*, 4(SE-1), 17–22. <https://doi.org/10.25026/jsk.v4iSE-1.1685>

Naryati, N., Widakdo, G., Aisyah, A., Nuraenah, N., Fadhillah, H., Mahmud, U. H., Waluyo, I. K., & Heryadi, R. (2023). Pengaruh Edukasi Terintegrasi Terhadap Manajemen Adekuasi Asuhan Pasien Hemodialisis di Rumah Sakit Islam Jakarta Cempaka Putih. *Malahayati Nursing Journal*, 5(10), 3613–3621. <https://doi.org/10.33024/mnj.v5i10.12153>

Nisrina, F. A., Sulistini, R., & Susanti, E. (2025). Manajemen Hipervolemia Pada Pasien Gagal Ginjal Kronik: Studi Kasus. *JKM: Jurnal Keperawatan Merdeka*, 5(1), 26–30. <https://doi.org/10.36086/jkm.v5i1.2812>

- Panma, Y., Yetti, K., & Sukmarini, L. (2021). Application of Acupressure in Reducing Pruritus Scale in Hemodialysis Patients. *KnE Life Sciences*, 371–382. <https://doi.org/10.18502/cls.v6i1.8627>
- Perez-Gomez, M. V., Bartsch, L. A., Castillo-Rodriguez, E., Fernandez-Prado, R., Fernandez-Fernandez, B., Martin-Cleary, C., Gracia-Iguacel, C., & Ortiz, A. (2019). Clarifying the concept of chronic kidney disease for non-nephrologists. *Clinical Kidney Journal*, 12(2), 258–261. <https://doi.org/10.1093/ckj/sfz007>
- Phan, F., Srilestari, A., Mihardja, H., & Marbun, M. (2018). Effects of acupuncture on uremic pruritus in patients undergoing hemodialysis. *Journal of Physics: Conference Series*, 1073, 062049. <https://doi.org/10.1088/1742-6596/1073/6/062049>
- Pitriani, ., Maria Ginting, W., Ginting, S., Purba, A., & Maysara, A. (2020). The Effect of Virgin Coconut Oil Therapy for Skin Moisture in Chronic Kidney Client. *International Conference on Health Informatics and Medical Application Technology*, 611–617. <https://doi.org/10.5220/0010019306110617>
- Prayulis, I., & Susanti, I. H. (2023). Asuhan Keperawatan Pola Nafas Tidak Efektif dengan Balloon Blowing pada Pasien Chronic Kidney Disease. *Jurnal Penelitian Perawat Profesional*, 6(2), 503–508. <https://doi.org/10.37287/jppp.v6i2.2205>

Rahman, Z., Khariroh, S., & Abdi, F. N. (2022). Kualitas Hidup Pasien Gagal Ginjal Kronik Dengan Komorbid Diabetes Melitus Dan Hipertensi Yang Menjalani Hemodialisa. *Menara Medika*, 5(1), 121–127.
<https://doi.org/10.31869/mm.v5i1.3541>

Rasyid, N., Sulistianengseh, D., Sari, I., Labusa, S., Maslu, K., Hasbi, A. R., & Sapar, S. (2022). Inovasi Olahan Kelapa Menjadi Virgin Coconut Oil Solusi Kesehatan. *To Maega : Jurnal Pengabdian Masyarakat*, 5(3), 442–452.
<https://doi.org/10.35914/tomaega.v5i3.1192>

Rayner, H. C., Larkina, M., Wang, M., Graham-Brown, M., van der Veer, S. N., Ecker, T., Hasegawa, T., Kleophas, W., Bieber, B. A., Tentori, F., Robinson, B. M., & Pisoni, R. L. (2017). International comparisons of prevalence, awareness, and treatment of pruritus in people on hemodialysis. *Clinical Journal of the American Society of Nephrology*, 12(12), 2000–2007.
<https://doi.org/10.2215/CJN.03280317>

Reiss, A. B., Jacob, B., Zubair, A., Srivastava, A., Johnson, M., & De Leon, J. (2024). Fibrosis in Chronic Kidney Disease: Pathophysiology and Therapeutic Targets. *Journal of Clinical Medicine*, 13(7), 1881.
<https://doi.org/10.3390/jcm13071881>

Rigatto, C., Collister, D., Granger-Vallée, A., Girard, L., Hingwala, J., Karaboyas, A., Levin, A., McFarlane, P., Pisoni, R., Prasad, B., Proulx, N., Schwartz, D., Sood, M., Suri, R., & Tennankore, K. (2024). Pathways for Diagnosing and

Treating CKD-Associated Pruritus: A Narrative Review. *Canadian Journal of Kidney Health and Disease*, 11. <https://doi.org/10.1177/20543581241238808>

Riska, W. M., Arifin Noor, M., Suyanto, & Wahyuningsih, I. S. (2023). Pengaruh Kombinasi Ankle Pump Exercise dan Elevasi 30° terhadap Edema Kaki pada Pasien CKD. *Jurnal Keperawatan Sishana*, 8(1).

Salimi, Y. K., Syarbin, R. A. R., Yusuf, N., Paputungan, M., & Mohamad, E. (2023). Ekstraksi, Analisis Kuantitatif dan Bioaktivitas Virgin Coconut Oil. *Jamb.J.Chem*, 5(1), 66–81.

Saodah, S., Budi Putra, I., & Trisa S, C. (2020). The Effect of Virgin Coconut Oil (VCO) with Lotion On The Skin Moisture among Uremic Patients Undergoing Hemodialysis in Hospital Binjai City, Indonesia. *International Journal of Nursing and Health Services (IJNHS)*, 3(5), 560–568. <https://doi.org/10.35654/ijnhs.v3i5.319>

Sari, S., & Yusuf Muhammad. (2024). Gambaran pengobatan pada pasien gagal ginjal kronik di rumah sakit umum daerah arifin ahmad provinsi riau. *Jurnal Ensiklopedia*, 6(2). <http://jurnal.ensiklopediaku.org>

Sembiring, F., Nasution, S. S., & Ariani, Y. (2021). The Influence of Peppermint Aromatherapy on Reducing Uremic Pruritus in Patients with Chronic Kidney Disease Undergoing Hemodialysis. *Jurnal Keperawatan Soedirman*, 16(1). <https://doi.org/10.20884/1.jks.2021.16.1.1273>

Shahriari, A., Sarani, H., Sheikh, S., & Arbabisarjou, A. (2021). The effect of foot reflexology massage on pruritus in hemodialysis patients. *Journal of*

Education and Health Promotion, 10(1).

https://doi.org/10.4103/jehp.jehp_494_20

Simonsen, E., Komenda, P., Lerner, B., Askin, N., Bohm, C., Shaw, J., Tangri, N.,

& Rigatto, C. (2017). Treatment of Uremic Pruritus: A Systematic Review.

American Journal of Kidney Diseases, 70(5), 638–655.

<https://doi.org/10.1053/j.ajkd.2017.05.018>

Supramanian, K., Sekar, M., & Safwan Hadi Nor Afendi, N. (2024). Chronic

Kidney Disease: Etiology, Pathophysiology, and Management Strategies to

Increase Quality of Life. In *Chronic Kidney Disease - Novel Insights into*

Pathophysiology and Treatment. IntechOpen.

<https://doi.org/10.5772/intechopen.1005083>

Suryani. (2020). *Virgin Coconut Oil: Bakteri Asam Laktat dan Bakteriosin*.

Unitomo Press.

Tim Pokja SDKI DPP PPNI. (2017). *Standar Diagnosa Keperawatan Indonesia*

(1st ed.). DPP PPNI.

Tim Pokja SIKI DPP PPNI. (2018). *Standar Intervensi Keperawatan Indonesia* (1st

ed.). DPP PPNI.

Tim Pokja SLKI DPP PPNI. (2019). *Standar Luaran Keperawatan Indonesia* (1st

ed.). DPP PPNI.

Vaidya, S. R., & Aeddula, N. R. (2026). *Chronic Kidney Disease*.

Valdivia-Cerda, V., Alvarez-Zavala, M., Sánchez-Reyes, K., Cabrera-Silva, R. I., Ruiz-Herrera, V. V., Loza-Salazar, A. D., Martínez-Ayala, P., Vázquez-Limón, J. C., García-García, G., Andrade-Villanueva, J. F., & González-Hernández, L. A. (2021). Prevalence and risk factors of chronic kidney disease in an HIV positive Mexican cohort. *BMC Nephrology*, 22(317), 2–7. <https://doi.org/10.1186/s12882-021-02526-4>

