

SKRIPSI

**HUBUNGAN EFIKASI DIRI DENGAN PERILAKU *CARING* PADA
MAHASISWA PROFESI NERS FAKULTAS KEPERAWATAN
UNIVERSITAS ANDALAS**

Penelitian Keperawatan Dasar



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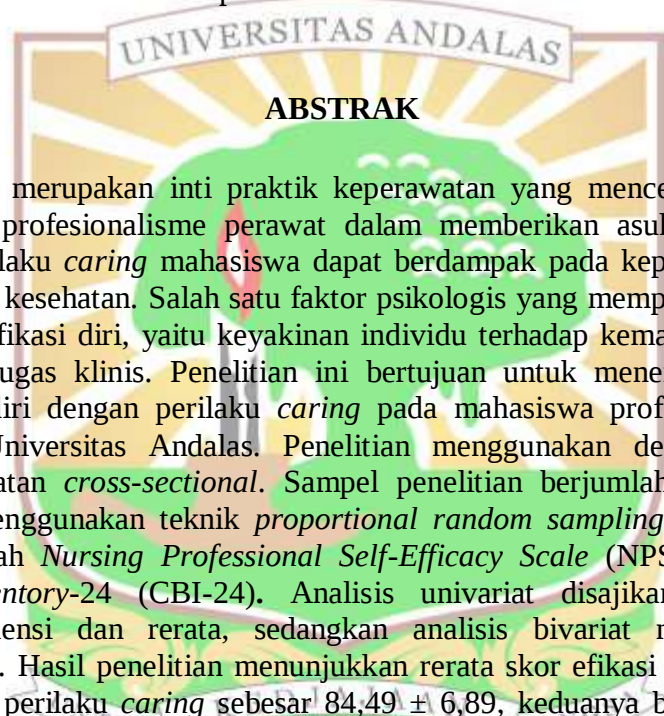
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Hubungan Efikasi Diri dengan Perilaku *Caring* pada Mahasiswa Profesi Ners

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ABSTRAK

Perilaku *caring* merupakan inti praktik keperawatan yang mencerminkan kualitas pelayanan dan profesionalisme perawat dalam memberikan asuhan keperawatan. Rendahnya perilaku *caring* mahasiswa dapat berdampak pada kepuasan pasien dan mutu pelayanan kesehatan. Salah satu faktor psikologis yang mempengaruhi perilaku *caring* adalah efikasi diri, yaitu keyakinan individu terhadap kemampuannya dalam melaksanakan tugas klinis. Penelitian ini bertujuan untuk menentukan hubungan antara efikasi diri dengan perilaku *caring* pada mahasiswa profesi ners Fakultas Keperawatan Universitas Andalas. Penelitian menggunakan desain korelasional dengan pendekatan *cross-sectional*. Sampel penelitian berjumlah 132 mahasiswa yang dipilih menggunakan teknik *proportional random sampling*. Instrumen yang digunakan adalah *Nursing Professional Self-Efficacy Scale* (NPSES) dan *Caring Behaviors Inventory-24* (CBI-24). Analisis univariat disajikan dalam bentuk distribusi frekuensi dan rerata, sedangkan analisis bivariat menggunakan uji Spearman Rank. Hasil penelitian menunjukkan rerata skor efikasi diri $80,54 \pm 8,35$ dan rerata skor perilaku *caring* sebesar $84,49 \pm 6,89$, keduanya berkategori tinggi. Terdapat hubungan positif yang signifikan dengan kekuatan sedang antara efikasi diri dan perilaku *caring* ($r = 0,594$; $r^2 = 0,353$; $p = 0,000$). Implikasi penelitian ini menyarankan institusi pendidikan untuk mengembangkan program intervensi penguatan efikasi diri melalui pembelajaran berbasis simulasi, pembimbingan klinik yang efektif, refleksi praktik, dan umpan balik yang konstruktif sehingga perilaku *caring* mahasiswa dapat berkembang secara optimal dalam pemberian asuhan keperawatan.

Kata Kunci: Efikasi Diri, Mahasiswa Profesi Ners, Perilaku *Caring*

Daftar Pustaka: 68 (1997-2026)

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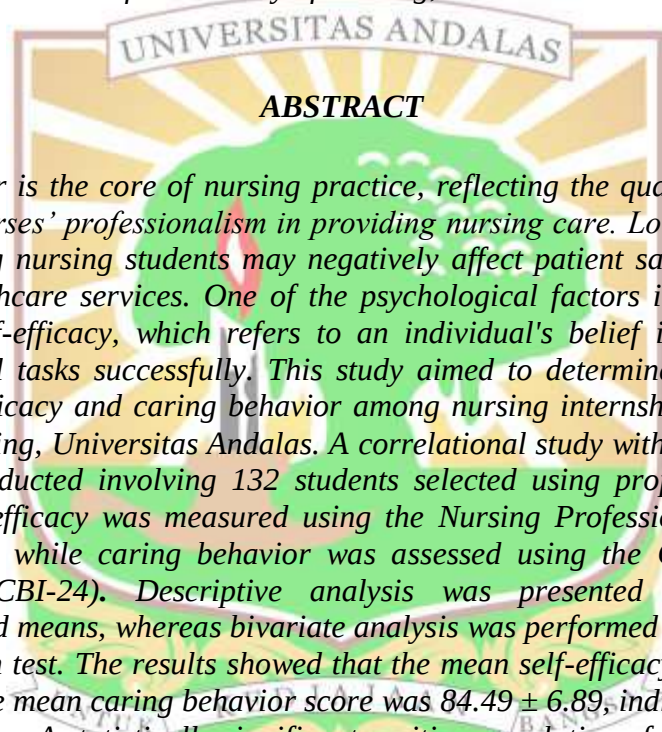
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*The Relationship between Self-Efficacy and Caring Behavior in Nursing Professional
Students of the Faculty of Nursing, Andalas University*



ABSTRACT

Caring behavior is the core of nursing practice, reflecting the quality of healthcare services and nurses' professionalism in providing nursing care. Low levels of caring behavior among nursing students may negatively affect patient satisfaction and the quality of healthcare services. One of the psychological factors influencing caring behavior is self-efficacy, which refers to an individual's belief in their ability to perform clinical tasks successfully. This study aimed to determine the relationship between self-efficacy and caring behavior among nursing internship students at the Faculty of Nursing, Universitas Andalas. A correlational study with a cross-sectional design was conducted involving 132 students selected using proportional random sampling. Self-efficacy was measured using the Nursing Professional Self-Efficacy Scale (NPSES), while caring behavior was assessed using the Caring Behaviors Inventory-24 (CBI-24). Descriptive analysis was presented using frequency distributions and means, whereas bivariate analysis was performed using Spearman's rank correlation test. The results showed that the mean self-efficacy score was 80.54 ± 8.35 , while the mean caring behavior score was 84.49 ± 6.89 , indicating high levels for both variables. A statistically significant positive correlation of moderate strength was found between self-efficacy and caring behavior ($r = 0.594$; $r^2 = 0.353$; $p = 0.000$). These findings indicate that higher self-efficacy is associated with higher caring behavior among professional nursing students. Therefore, nursing education institutions are encouraged to implement interventions aimed at strengthening students' self-efficacy through clinical simulation and mentoring programs, while students are encouraged to actively seek clinical learning experiences and guidance from clinical instructors to further enhance their caring behavior.

Keywords: Self Efficacy, Nursing Student, Caring Behavior

Bibliography: 68 (1997-2026)