

DAFTAR PUSTAKA

- Amelia, R., Wahyuni, A. S., & Harahap, J. (2021). Hubungan Status Depresi Dengan Kualitas Hidup Lansia Di Kota Medan. *Talenta Conference Series: Tropical Medicine (TM)*, 1(2), 342–347. <https://doi.org/10.32734/tm.v1i2.198>
- Annisia, Ibrahim, & Khairani. (2023). Hubungan Dukungan Keluarga dengan Kualitas Hidup Lanjut Usia pada Hipertensi Di Wilayah Kerja Puskesmas Baiturrahman Banda Aceh. *Jurnal Ilmu Keperawatan*.
- Antonucci, T. C., Ajrouch, K. J., & Birditt, K. S. (2014). The convoy model: Explaining social relations from a multidisciplinary perspective. *Gerontologist*, 54(1), 82–92. <https://doi.org/10.1093/geront/gnt118>
- Antony, A., Parida, S. P., Behera, P., & Padhy, S. K. (2023). Geriatric depression: prevalence and its associated factors in rural Odisha. *Frontiers in Public Health*, 11(5). <https://doi.org/10.3389/fpubh.2023.1180446>
- Australian Psychological Society. (2018). *Loneliness is a health issue, and needs targeted solutions*.
- Azari, A. A., & Zururi, M. I. (2021). Faktor-Faktor Yang Berhubungan Dengan Depresi Pada Lansia. *Medical Jurnal of Al Qodiri*, 6(2), 66–72. https://doi.org/10.52264/jurnal_stikesalqodiri.v6i2.94
- Badan Pusat Statistik. (2024). *Statistik Penduduk Lanjut Usia 2024* (Vol. 21).
- Badan Pusat Statistik Kabupaten Padang Pariaman. (2025). *Kecamatan Batang Anai dalam Angka 2025* (Vol. 15).
- Badan Pusat Statistik Sumatera Barat. (2024). *Jumlah Penduduk Menurut Kelompok Umur dan Jenis Kelamin di Provinsi Sumatera Barat 2024*. <https://sumbar.bps.go.id/id/statistics-table/3/WVc0MGEyMXBkVFUxY25KeE9HdDZkbTQzWkVkb1p6MDkjMw==/jumlah-penduduk-menurut-kelompok-umur-dan-jenis-kelamin--ribu->

jiwa--di-provinsi-sumatera-barat--2023.html?year=2024

- Barnett, K., Mercer, S. W., Norbury, M., Watt, G., Wyke, S., & Guthrie, B. (2012). Epidemiology of multimorbidity and implications for health care, research, and medical education: A cross-sectional study. *The Lancet*, 380(9836), 37–43. [https://doi.org/10.1016/S0140-6736\(12\)60240-2](https://doi.org/10.1016/S0140-6736(12)60240-2)
- Barus, M., Saragih, H., & Dawolo, V. O. (2026). *Hubungan Dukungan Keluarga dengan Tingkat Depresi pada Lansia Di Desa Kenangan Baru Kecamatan Percut Sei Tuan Tahun 2025*. 14(01), 1–22.
- Blazer, D. G. (2003). Depression in Late Life: Review and Commentary. *The Journals of Gerontology Series A: Biological Sciences and Medical Sciences*, 58(3), M249–M265. <https://doi.org/10.1093/gerona/58.3.M249>
- Cao, W., Cao, C., Ren, B., Yang, J., Chen, R., Hu, Z., & Bai, Z. (2023). Complex association of self-rated health, depression, functional ability with loneliness in rural community-dwelling older people. *BMC Geriatrics*, 23(1), 1–9. <https://doi.org/10.1186/s12877-023-03965-4>
- Charlson, M. E., Pompei, P., Ales, K. L., & MacKenzie, C. R. (1987). A new method of classifying prognostic comorbidity in longitudinal studies: Development and validation. *Journal of Chronic Diseases*, 40(5), 373–383. [https://doi.org/10.1016/0021-9681\(87\)90171-8](https://doi.org/10.1016/0021-9681(87)90171-8)
- Chen, S., Wang, S., Jia, W., Han, K., Song, Y., Liu, S., Li, X., Liu, M., & He, Y. (2022). Spatiotemporal Analysis of the Prevalence and Pattern of Multimorbidity in Older Chinese Adults. *Frontiers in Medicine*, 8(January), 1–12. <https://doi.org/10.3389/fmed.2021.806616>
- Choi, E., Han, K.-M., Chang, J., Lee, Y. J., Choi, K. W., Han, C., & Ham, B.-J. (2021). Social participation and depressive symptoms in community-dwelling older adults: Emotional social support as a mediator. *Journal of Psychiatric Research*, 137, 589–596. <https://doi.org/10.1016/j.jpsychires.2020.10.043>
- Djernes, J. K. (2006). Prevalence and predictors of depression in populations of

elderly: a review. *Acta Psychiatrica Scandinavica*, 113(5), 372–387.
<https://doi.org/10.1111/j.1600-0447.2006.00770.x>

Dwisetya, B., Rantiasa, I. M., & Sanggilalung, G. (2024). Hubungan Dukungan Keluarga dengan Loneliness pada Lansia di Desa Binjeita Kecamatan Bolangitang Timur. *Jurnal Kesehatan Amanah*, 8(1), 13–23.
<https://doi.org/10.57214/jka.v8i1.674>

Elia, A., & Dkk. (2023). *Metode Penelitian Kualitatif dan Kuantitatif*.

Festy, P. W. (2018). *Lanjut Usia, Perspektif, dan Masalah : Buku Ajar Lansia*. Surabaya: UM Surabaya. 1–6.
https://www.google.co.id/books/edition/Lanjut_Usia_Perspektif_dan_Masalah/aPmvDwAAQBAJ?hl=id&gbpv=1&dq=lansia+artinya+apa&pg=PA3&printsec=frontcover

Fierloos, I. N., Tan, S. S., Williams, G., Alhambra-Borrás, T., Koppelaar, E., Bilajac, L., Verma, A., Markaki, A., Mattace-Raso, F., Vasiljev, V., Franse, C. B., & Raat, H. (2021). Socio-demographic characteristics associated with emotional and social loneliness among older adults. *BMC Geriatrics*, 21(1), 1–10.
<https://doi.org/10.1186/s12877-021-02058-4>

Friedman, M. M., Bowden, V. R., & Jones, E. G. (2010). *Buku Ajar Keperawatan Keluarga : Riset, Teori, & Praktik* (5 ed.). EGC.

Gao, Q., Lei, C., Wei, X., Peng, L., Wang, X., Yue, A., & Shi, Y. (2024). Exploring the interplay of living arrangements, social support, and depression among older adults in rural northwest China. *BMC Public Health*, 24(1).
<https://doi.org/10.1186/s12889-024-20737-w>

Gao, S., & Zhang, H. (2025). Development and validation of a depression risk prediction model for rural elderly living alone. *BMC Psychiatry*, 25(1).
<https://doi.org/10.1186/s12888-025-06785-5>

Gautam, S., Poudel, A., Khatry, R. A., & Mishra, R. (2024). The mediating role of perceived social support on loneliness and depression in community-dwelling

- Nepalese older adults. *BMC Geriatrics*, 24(1). <https://doi.org/10.1186/s12877-024-05461-9>
- Gierveld, J. D. J., & Van Tilburg, T. (2006). A 6-item scale for overall, emotional, and social loneliness: Confirmatory tests on survey data. *Research on Aging*, 28(5), 582–598. <https://doi.org/10.1177/0164027506289723>
- Hadrianti, D., Saherna, J., Arji, A., Pratama, Z., Putri, A., & Khaliza, N. (2024). *Geriatric Depression Scale (GDS) Sebagai Pengkajian Status Psikologis pada Lansia*. 2, 306–312.
- Hikhmat, R. (2025). *Menggapai Bahagia Bersama di Usia Senja* (Jamali, A. Asmuni, & J. Anda (ed.); 1 ed.). K-Media. https://www.google.co.id/books/edition/MENGGAPAI_BAHAGIA_BERSAMA_DI_USIA_SENJA/aBhCEQAAQBAJ?hl=id&gbpv=1&dq=dampak+kesepian+pada+lansia&pg=PA32&printsec=frontcover
- Hikmawati, F. (2020). *Metodologi Penelitian* (1 ed.). Rajawali Pers.
- Hilmawan, R., Sari, I., Hartinah, D., & Jauhar, M. (2023). *Tingkat Spiritualitas dan Risiko Kesepian pada Lansia*. 14(2), 507–517.
- Hindriyastuti, S., & Safitri, F. (2022). Hubungan Kesepian dengan Tingkat Depresi pada Lansia di Posyandu Lansia Desa Geritan Kecamatan Panti. *Jurnal Profesi Keperawatan*, 9(2), 110–126. <http://jurnal.akperkridahusada.ac.id>
- House, J. S., Umberson, D., & Landis, K. R. (1988). Structures and Processes of Social Support. *Annual Review of Sociology*, 14(1), 293–318. <https://doi.org/10.1146/annurev.so.14.080188.001453>
- Hussain, B., Mirza, M., Baines, R., Burns, L., Stevens, S., Asthana, S., & Chatterjee, A. (2023). Loneliness and social networks of older adults in rural communities: a narrative synthesis systematic review. *Frontiers in Public Health*, 11. <https://doi.org/10.3389/fpubh.2023.1113864>
- Jasmita, R. (2024). Pengaruh Dukungan Sosial Dan Kesejahteraan Psikologis

- Terhadap Loneliness Pada Lansia. *Cons-Iedu*, 4(1), 11–25.
<https://doi.org/10.51192/cons.v4i1.849>
- Joshanloo, M., & Blasco-Belled, A. (2023). Reciprocal Associations between Depressive Symptoms, Life Satisfaction, and Eudaimonic Well-Being in Older Adults over a 16-Year Period. *International Journal of Environmental Research and Public Health*, 20(3). <https://doi.org/10.3390/ijerph20032374>
- Kementerian Kesehatan. (2023). *Dalam Angka Tim Penyusunan SKI Tahun 2023 Dalam Angka Kementerian Kesehatan*.
- Kim, J., & Cha, E. (2021). Predictors of cognitive function in community-dwelling older adults by age group: Based on the 2017 national survey of older Korean adults. *International Journal of Environmental Research and Public Health*, 18(18). <https://doi.org/10.3390/ijerph18189600>
- Li, Y., Bai, X., & Chen, H. (2022). Social Isolation, Cognitive Function, and Depression Among Chinese Older Adults: Examining Internet Use as a Predictor and a Moderator. *Frontiers in Public Health*, 10(March), 1–12. <https://doi.org/10.3389/fpubh.2022.809713>
- Li, Z., Qin, S., Zhu, Y., Zhou, Q., Yi, A., Mo, C., Gao, J., Chen, J., Wang, T., Feng, Z., & Mo, X. (2025). Social support mediates the relationship between depression and subjective well-being in elderly patients with chronic diseases: Evidence from a survey in Rural Western China. *Plos One*, 20(6 JUNE), 1–18. <https://doi.org/10.1371/journal.pone.0325029>
- Lim, Y. M., Baek, J., Lee, S., & Kim, J. S. (2022). Association between Loneliness and Depression among Community-Dwelling Older Women Living Alone in South Korea: The Mediating Effects of Subjective Physical Health, Resilience, and Social Support. *International Journal of Environmental Research and Public Health*, 19(15). <https://doi.org/10.3390/ijerph19159246>
- Lin, H., Xiao, S., Shi, L., Zheng, X., Xue, Y., Yun, Q., Ouyang, P., Wang, D., Zhu, H., & Zhang, C. (2021). Impact of Multimorbidity on Symptoms of

- Depression, Anxiety, and Stress in Older Adults: Is There a Sex Difference? *Frontiers in Psychology*, 12(December), 1–8. <https://doi.org/10.3389/fpsyg.2021.762310>
- Liu, H., Fan, X., Luo, H., Zhou, Z., Shen, C., Hu, N., & Zhai, X. (2021). Comparison of Depressive Symptoms and Its Influencing Factors among the Elderly in Urban and Rural Areas: Evidence from the China Health and Retirement Longitudinal Study (CHARLS). *International Journal of Environmental Research and Public Health*, 18(8), 1–18. <https://doi.org/10.3390/ijerph18083886>
- Lukman, S. (2024). *Buku Ajar Keperawatan Keluarga*. Sarana Ilmu Indonesia (Salnesia). <https://doi.org/10.36590/penerbit.salnesia.5>
- Luo, Y., Hawkey, L. C., Waite, L. J., & Cacioppo, J. T. (2012). Loneliness, health, and mortality in old age: A national longitudinal study. *Social Science & Medicine*, 74(6), 907–914. <https://doi.org/10.1016/j.socscimed.2011.11.028>
- Maryam. (2016). *Mengenal Usia Lanjut dan Perawatannya* (R. Angriani (ed.)). Salemba Medika. https://www.google.co.id/books/edition/Menengenal_Usia_Lanjut_dan_Perawatannya/jxpDEZ27dnwC?hl=id&gbpv=1&dq=perubahan+fisik+lansia&pg=PA55&printsec=frontcover
- Maryam, A., Elis, A., & Kasmawati. (2022). Faktor-Faktor Yang Mempengaruhi Terjadinya Mala-Mala Kabupaten Kolaka Utara. *Zahra: Journal of Health and Medical Research*, 2(3), 185–203.
- Mauviroh, F. Y., & Suryadi, S. (2025). Analisis Loneliness (Perasaan Kesepian) Pada Lansia Di Unit Pelaksana Teknis Pelayanan Sosial Tresna Werdha Jember Kecamatan Puger. *Psychospiritual: Journal of Trends in Islamic Psychological Research*, 4(1), 69–80. <https://doi.org/10.35719/psychospiritual.v4i1.126>
- Mualim, A., Jannah, S. R., Syarif, H., Asniar, & Kesuma, Z. M. (2025). *Determinan*

yang Berhubungan dengan Risiko Depresi pada Lansia. 6(0), 167–186.

Nadia Monicaputri, & Nurul Ulya Luthfiyana. (2025). Kesepian dan Depresi pada Lansia di Pelayanan Sosial Tresna Werdha (PSTW) Jember, Indonesia. *Sehat Rakyat: Jurnal Kesehatan Masyarakat*, 4(4), 1294–1303. <https://doi.org/10.54259/sehatrakyat.v4i4.6179>

Nareswari, P. J. (2021). Depresi Pada Lansia : Faktor Resiko, Diagnosis Dan Tatalaksana. *Jurnal Medika Utama*, 02(02), 1–58.

Ni, W., Yuan, X., Zhang, Y., Zhang, H., Zheng, Y., & Xu, J. (2023). Sociodemographic and lifestyle determinants of multimorbidity among community-dwelling older adults: findings from 346,760 SHARE participants. *BMC Geriatrics*, 23(1), 1–10. <https://doi.org/10.1186/s12877-023-04128-1>

Nirwan. (2020). Faktor Yang Berhubungan Dengan Kejadian Depresi Pada Lansia di RSUD Sawerigading Kota Palopo. *Jurnal Kesehatan Luwu raya*, 6(02), 11.

Notoatmodjo, S. (2018). *Metodologi Penelitian Kesehatan* (3 ed.). Rineka Cipta.

Park, K. S., Lee, G. Y., Seo, Y. M., Seo, S. H., & Yoo, J. Il. (2021). Disability, Frailty and Depression in the community-dwelling older adults with Osteosarcopenia. *BMC Geriatrics*, 21(1), 1–7. <https://doi.org/10.1186/s12877-021-02022-2>

Peplau, L. A., & Perlman, D. (1979). *Blueprint For A Social Psychological Theory Of Loneliness. Note 3*, 99–108.

Peraturan Presiden Republik Indonesia No. 88, Peraturan Presiden RI No 88 1 (2021). peraturanbpk.go.id

Putri, W., Sari, Y. P., & Oktarini, S. (2025). *Hubungan Dukungan Keluarga Terhadap Tingkat Kesepian Pada Lansia Di Puskesmas Guguk Panjang Kota Bukittinggi The Relationship Between Family Support and the Level of Loneliness Among the Elderly at Pendahuluan Seiring bertambahnya usia , lansia mengalami. 8(3).* <https://doi.org/10.32524/jksp.v8i3.1710>

- Rachmawati, F., Z, D., Muttaqin, Z., & Muryati, M. (2023). Analisis Faktor Penyebab Depresi pada Lansia: Riwayat Penyakit, Interaksi Sosial dan Dukungan Keluarga. *Jurnal Keperawatan Indonesia Florence Nightingale*, 3(2), 8–16. <https://doi.org/10.34011/jkifn.v3i2.1782>
- Rahmawati, A. R., Wisnusakti, K., & Bolla, I. N. (2023). Hubungan Tingkat Kesepian dengan Depresi Pada Lansia Di UPTD Pusat Pelayanan Sosial Griya Lansia. *Jurnal Ilmu Kesehatan Kejuruan*, 1(2), 1–6.
- Rakhmawati, T. A., Elmanora, & Mulyati. (2022). Hubungan Koneksi Sosial Dengan Kesepian Lansia Di Rumah Pelayanan Sosial Lanjut Usia Klampok Brebes. *Jurnal KELUARGA*, 8(02), 149–161. <http://jurnal.ustjogja.ac.id/index.php/keluarga/index>
- Remes, O., Francisco, J., & Templeton, P. (2021). Biological, Psychological, and Social Determinants of Depression: A Review of Recent Literature. *Brain Sciences*, 11(12). <https://doi.org/10.3390/brainsci11121633>
- Reza, Ardiansyha, & Arjuna. (2025). Hubungan Dukungan Keluarga, Jenis Kelamin, dan Status Perkawinan terhadap Kesepian pada Lansia Di Wilayah Kerja Puskesmas Simpang Rimba Kabupaten Bangka Selatan Tahun 2024. *Jurnal Kesehatan Tambusai*, 6(2), 8534–8541.
- Rong, J., Chen, G., Wang, X., Ge, Y., Meng, N., Xie, T., & Ding, H. (2019). Correlation between depressive symptoms and quality of life, and associated factors for depressive symptoms among rural elderly in Anhui, China. *Clinical Interventions in Aging*, 14, 1901–1910. <https://doi.org/10.2147/CIA.S225141>
- Sadock, B. ., Sadock, V. ., & Ruiz, P. (2015). *Kaplan and Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry* (11 ed.). Wolters Kluwer Health. <https://psycnet.apa.org/record/2014-37072-000>
- Sangha, O., Stucki, G., Liang, M. H., Fossel, A. H., & Katz, J. N. (2003). The self-administered comorbidity questionnaire: A new method to assess comorbidity for clinical and health services research. *Arthritis Care & Research*, 49(2),

156–163. <https://doi.org/10.1002/art.10993>

Santriono, H., Hadi, S., Adhi, M., Ayu, I. G., & Ustiawaty, J. (2024). *Hubungan Dukungan Keluarga dengan Depresi pada Lansia di Desa Bentek Kabupaten Lombok Utara*. 3.

Sari, M. M., Desi, & Dese, D. C. (2020). Dukungan Keluarga terhadap Peningkatan Kualitas Hidup Lansia Melalui Pendekatan “Bahaum Bapakat.” *Jurnal Keperawatan Muhammadiyah*, 8(1), 51.

Serretti, A. (2023). Anhedonia and Depressive Disorders. *Clinical Psychopharmacology and Neuroscience*, 21(3), 401–409. <https://doi.org/10.9758/cpn.23.1086>

Sofianti, V., Hadiansyah, T., Agus, D., & Siatang, W. (2025). *Buku Masalah Psikososial pada Lanjut Usia*. Mahakarya Citra Utama Grup. https://www.google.co.id/books/edition/Buku_Masalah_Psikososial_Pada_Usia_Lanju/AW5zEQAAQBAJ?hl=id&gbpv=0

Suardiman, S. P. (2016). *Psikologi Usia Lanjut*. Gadjah Mada University Press.

Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D* (19 ed.). ALFABETA, CV.

Susanti, M. L., & Mariyati, L. I. (2024). Dukungan Keluarga dan Kesejahteraan Psikologis Lansia di Desa Kesambi. *Journal of Islamic Psychology*, 1(2), 11. <https://doi.org/10.47134/islamicpsychology.v1i2.88>

Teting, B., Yani, Y., & Jho, Y. L. (2022). Dukungan Keluarga Dan Tingkat Depresi Pada Lansia Di Kelompok Lansia St. Angela Samarinda. *Sebatik*, 26(1), 81–86. <https://doi.org/10.46984/sebatik.v26i1.1679>

Triana, M. (2025, Agustus 1). 5 Daerah di Sumbar dengan Jumlah Lansia Tertinggi, Kota Padang Paling Banyak! Cek Daerah Lainnya. padang.tribunnews.com/2025/08/01/5-daerah-di-sumbar-dengan-jumlah-lansia-tertinggi-kota-padang-paling-banyak-cek-daerah-lainnya?page=2

- Utami, N. (2019). *Validitas dan Reliabilitas Geriatric Depression Scale-15 Versi Bahasa Indonesia*. <https://repositori.usu.ac.id/handle/123456789/24058>
- Wahyudi, I., & Puspita, T. (2025). *Keperawatan pada Lansia: Pendekatan Holistik dan Profesional* (1 ed.). Jejak Pustaka. https://www.google.co.id/books/edition/Keperawatan_pada_Lansia_Pendekatan_Holis/MWZMEQAAQBAJ?hl=id&gbpv=1
- Wang, W., Liu, Y., Ji, D., Xie, K., Yang, Y., Zhu, X., Feng, Z., Guo, H., & Wang, B. (2024). The association between functional disability and depressive symptoms among older adults: Findings from the China Health and Retirement Longitudinal Study (CHARLS). *Journal of Affective Disorders*, 351, 518–526. <https://doi.org/10.1016/j.jad.2024.01.256>
- Wardhani, Y. F., Nantabah, Z. K., Machfutra, E. D., Lestyoningrum, S. D., Oktarina, & Nurjana, M. A. (2024). The prevalence and distribution of risk factors for depression and emotional mental disorders in the elderly in Indonesia. *International Journal of Social Psychiatry*, 70(4), 763–771. <https://doi.org/10.1177/00207640241227381>
- Wibowo, Y. A. P., Priasmoro, D. P., & Nurmayunita, H. (2025). Profil Dukungan Keluarga pada Lansia yang Mengalami Depresi. *Nursing Information Journal*, 4(2), 129–136. <https://doi.org/10.54832/nij.v4i2.930>
- Wisanti, E., & History, A. (2024). Faktor-Faktor Yang Mempengaruhi Depresi Pada Lansia. *Journal of Nursing Sciences*, 13(1), 204–2156. <https://jurnal.ikta.ac.id/index.php/keperawatan>
- World Health Organization. (2023a). *Depressive Disorder (Depression)*. <https://www.who.int/news-room/fact-sheets/detail/depression>
- World Health Organization. (2023b). *Mental Health of Older Adult*. https://www-who-int.translate.goog/news-room/fact-sheets/detail/mental-health-of-older-adults?_x_tr_sl=en&_x_tr_tl=id&_x_tr_hl=id&_x_tr_pto=tc
- Yesavage, J. A., Brink, T. L., Rose, T. L., Lum, O., Huang, V., Adey, M., & Leirer,

- V. O. (1982). Development and validation of a geriatric depression screening scale: A preliminary report. *Journal of Psychiatric Research*, 17(1), 37–49. [https://doi.org/10.1016/0022-3956\(82\)90033-4](https://doi.org/10.1016/0022-3956(82)90033-4)
- Yesavage, J. A., & Sheikh, J. I. (1986). *Clinical Gerontology: A Guide to Assessment and Intervention* (hal. 165–173). The Haworth Press.
- Yulianti, G. S. (2022). Hubungan Dukungan Keluarga Dan Tingkat Depresi Dengan Kualitas Hidup Lansia Di Kelurahan Paccinongang. *Uin Alauddin Makassar*, 1–86. <http://repositori.uin-alauddin.ac.id/1178/1/rezki.pdf?cv=1>
- Yulianti, M., Kodariah, S. N., & Faozi, B. F. (2024). Hubungan Dukungan Keluarga dengan Tingkat Stress pada Lansia DI Desa Kertaharja Kecamatan Tanjungkerta. *JIKSA - Jurnal Ilmu Keperawatan Sebelas April*, 6(2), 66–70.
- Zenebe, Y., Akele, B., W/Selassie, M., & Necho, M. (2021). Prevalence and determinants of depression among old age: a systematic review and meta-analysis. *Annals of General Psychiatry*, 20(1), 1–19. <https://doi.org/10.1186/s12991-021-00375-x>
- Zhang, L., Zeng, Y., Wang, L., & Fang, Y. (2020). Urban–rural differences in long-term care service status and needs among home-based elderly people in China. *International Journal of Environmental Research and Public Health*, 17(5). <https://doi.org/10.3390/ijerph17051701>
- Zhang, Y., Kuang, J., Xin, Z., Fang, J., Song, R., Yang, Y., Song, P., Wang, Y., & Wang, J. (2023). Loneliness, social isolation, depression and anxiety among the elderly in Shanghai: Findings from a longitudinal study. *Archives of Gerontology and Geriatrics*, 110(January), 104980. <https://doi.org/10.1016/j.archger.2023.104980>
- Zhao, J., Chhetri, J. K., Chang, Y., Zheng, Z., Ma, L., & Chan, P. (2021). Intrinsic Capacity vs. Multimorbidity: A Function-Centered Construct Predicts Disability Better Than a Disease-Based Approach in a Community-Dwelling Older Population Cohort. *Frontiers in Medicine*, 8(September), 1–10.