

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Based on the discussion above, it can be concluded that alterations that occur during the adaptation process can affect the narrative of the adapted literary work. The changes in the medium shift the narrative from telling to showing, as seen in the adaptation of characters who move the plot. The changes affect not only the main character, the central figure of the story, but also other characters who play their roles in building the narrative. The changes also shift the point of view from first-person to third-person. Changes in scene selections also lead to the addition of several scenes, such as flashbacks and flashforwards, as well as the deletion and modification of scenes, resulting in shifts in the central theme of the adapted work.

The story highlights the struggle that a teenager faces when living with *Obsessive-Compulsive Disorder* (OCD). The story also convinces someone who is currently still in the battle to raise their awareness of themselves, and serves as a call to those around them, for mental health is not just an 'issue' one shall face alone. Support from one social environment is also important to help not only the survivor, but also their loved ones, so they do not get hurt.

Aza's journey in *Turtles All the Way Down* has raised that call to the readers, where the story delivered the awareness by telling how someone with OCD proceeds to understand themselves, how they perceive the world, and interact with their close relatives, and how OCD might affect not only themselves but also their relationship with others. The film adaptation effectively captures the main points that the author of the original work intended to convey. However, in adapting the

story to a different medium, alterations are required to its narrative perspective. The filmmaker makes the changes discussed above to bring their vision of the story to life.

The analysis revealed alterations in characterization, point of view, scene selection, chronology, and the central theme. The adaptation process affects the narrative of the adapted literary work in medium shift; the narrative goes from telling to showing.

The alteration transformed the narrative into a visual form. Through *mise-en-scène* elements, the novel narrative is adapted into the characters' dialogue and performance, visual graphics, and even sound effects. However, this alteration allows the audience to experience Aza's journey in a visual form, yet results in a lesser chance of developing a deeper empathy towards the main character.

The alteration also shifts the focus of the story's theme, from three interrelated main themes, into a teenager struggling with *Obsessive-Compulsive Disorder* (OCD), and also a journey in building a romantic relationship. This affects the reduction of the characters' strengths and weaknesses, due to shifts in the medium that alter the depth of each character, including both Aza, the main character, and her friends and relatives, who serve as supporting characters. A few scenes also undergo changes, including being deleted, rearranged in terms of chronology, and modifications to adjust to the demands of the film medium. The changes indeed make it easier for the audience to perceive the story, as it is presented through the director's perspective and execution of the literary work. However, the complexity of the main character's OCD, as conveyed in the novel,

cannot be adapted as it is being told. The limitations of each medium led to these changes, reshaping the audience's perception of the story, particularly in its depiction of OCD, which affects both those who experience it and the people around them. To sum up, the alterations simplified the intensity of the depiction of Aza's OCD and also her journey in building her friendship and relationship.

5.2 Suggestion

For further research, it is suggested that research be conducted by using a psychoanalytical approach to analyze Aza's mental health and OCD representation through a deeper focus and point of view, and also to analyze the audience's reception towards the adaptation relating to this specific topic of discussion. Additionally, due to limitations in access to and copyright of the official source, the subsequent research is suggested to use a complete source, such as an official Blu-ray, to validate the data and support the visual analysis in greater detail.

