

REFERENCES

- Asati, P., & Tiwari, S. (2025). Fragmented Narratives and Sudden Harm: A Comprehensive Study of Trauma in Literature and Unintentional Trauma. *Research Journal of English Language and Literature (RJELAL)*, 13(1), 36-41. <https://doi.org/10.33329/rjelal.13.1.36>
- Abrams, M. (1999). *A Glossary of Literary Terms: Seventh Edition*. Boston, Thomson Learning.
- Adhiyantami, Z. F., & Syah, A. R. (2022). Post-Traumatic Stress Disorder in Indamā Qatalū Al-Rabi Novel. *Litteratura: Jurnal Bahasa dan Sastra*, 1(2), 141-154.
- American Psychiatric Association. (2023). *Understanding mental disorders: Your guide to DSM-5-TR®*. American Psychiatric Pub.
- American Psychological Association. (2013, August 15). *Trauma*. <https://www.apa.org/topics/disasters-response/recovering>
- Arofah, A., & Rokhman, M. A. (2021). Memori, Trauma, dan Upaya Rekonsiliasi Perang Teluk II dalam Novel Sā'atu Bagdād Karya Syahad Al-rāwiy. *Adabiyyāt: Jurnal Bahasa dan Sastra*, 4(2), 139-164.
- Bailey, R., & Pico, J. (2023). Defense Mechanisms. In *StatPearls*. StatPearls Publishing.
- Baldick, C. (2001). *The Oxford dictionary of literary terms*. Oxford University Press.
- Berger, A. A. (2017). *Media analysis techniques* (6th ed.). SAGE Publications.
- Bonn, J. D. (2010). *A Comprehensive Dictionary of Literature*. India: Abhishek Publication.
- Cramer P. (2015). Understanding Defense Mechanisms. *Psychodynamic psychiatry*, 43(4), 523–552. <https://doi.org/10.1521/pdps.2015.43.4.523>
- Cramer, P. (2006). *Protecting the self: Defense mechanisms in action*. The Guilford Press.
- Cuddon, J. A. (1999). *Penguin Dictionary of Literary Terms and Literary*.

- Febriana, A., & Diana Budi Darma. (2022). Defense Mechanism as a Strategy to Overcome Jacob's Anxiety in William Landay's *Defending Jacob*. *Jurnal Onoma: Pendidikan, Bahasa, Dan Sastra*, 8(1), 331-343. <https://doi.org/10.30605/onoma.v8i1.1730>
- Fisher, J. (2023, December 12). 5 stages of grief: Coping with the loss of a loved one. Harvard Health Publishing. <https://www.health.harvard.edu/mind-and-mood/5-stages-of-grief-coping-with-the-loss-of-a-loved-one>
- Freud, A. (1966). *The ego and the mechanisms of defence*. Karnac Books.
- Gorat, R. (2020). The Influence of Traumatic Experience in Jennifer Niven's Novel 'All the Bright Places'. *Morphosis: Journal of Literature*, 2(2).
- Guerin, W. L.. (2005). *A handbook of critical approaches to literature: fifth edition*. Oxford University Press.
- Herman, J. L. (1992). *Trauma and recovery: The aftermath of violence—from domestic abuse to political terror*. Basic Books.
- Hossain, Md. Mahroof. "Psychoanalytic Theory used in English Literature: A Descriptive" *Global Journal of Social Science & Linguistic and Education*, vol. 4, 2017.
- Iyadurai, L., Visser, R. M., Lau-Zhu, A., Porcheret, K., Horsch, A., Holmes, E. A., & James, E. L. (2019). Intrusive memories of trauma: A target for research bridging cognitive science and its clinical application. *Clinical psychology review*, 69, 67–82. <https://doi.org/10.1016/j.cpr.2018.08.005>
- Karna B, Sankari A, Tatikonda G. Sleep Disorder. [Updated 2023 Jun 11]. In: *StatPearls* [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK560720/>

- Klarer, M. (2004). *Introduction to Literary Studies Ed. 2*. Taylor & Francis.
- Latumeten, A. A. T., & Nofansyah. (2024). The Lemon Trees and the Syrian Homeland: An Ecocritical Reading of Zoulfia Katouh's *As Long As The Lemon Trees Grow*. *Prologue: Journal on Language and Literature*, 10(2), 355–370.
<https://doi.org/10.36277/jurnalprologue.v10i2.212>
- Mann SK, Marwaha R, Torrico TJ. Posttraumatic Stress Disorder. [Updated 2024 Feb 25]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK559129/>
- Marlinna, D. A. T., & Ernawati, A. (2024). The Kya's PTSD and Defense Mechanism as Represented in Delia Owens' *Where The Crawdads Sing*. *Loquēla (Journal of Linguistics, Literature, and Education)*, 2(2), 99-114.
- Marantika, G. J., & Litaay, A. G. (2024). Salama's Post-Traumatic Stress Disorder in Zoulfia Katouh's *As Long as the Lemon Trees Grow*. *Proceeding of Undergraduate Conference on Literature, Linguistic, and Cultural Studies*, 3(1), 544-554
- Mbambut, A. M., & Andayani, A. (2023). Laura's Post-Traumatic Stress Disorder in Ruth Wares' *The Woman in Cabin 10*. In *Proceeding of Undergraduate Conference on Literature, Linguistic, and Cultural Studies* (Vol. 2, No. 1, pp. 758-770).
- Oppenheim, L. (1952). *International law: A treatise* (H. Lauterpacht, Ed.; 7th ed., Vol. 2, Disputes, war, and neutrality). Longmans, Green and Co.
- Quinn, E. G. (2006). *A Dictionary of Literary and Thematic Terms*. Checkmark Books.
- Ressler, K. J., Berretta, S., Bolshakov, V. Y., Rosso, I. M., Meloni, E. G., Rauch, S. L., & Carlezon, W. A., Jr (2022). Post-traumatic stress disorder: clinical and

translational neuroscience from cells to circuits. *Nature reviews. Neurology*, 18(5), 273–288. <https://doi.org/10.1038/s41582-022-00635-8>

Sartika, Arlin Adam, Syamsu A. Kamaruddin, & Ansyaruddin. (2024). Personality Development in Psychoanalytic Perspective: Literature Review. *International Journal of Health, Economics, and Social Sciences (IJHESS)*, 6(1), 143~147. <https://doi.org/10.56338/ijhess.v6i1.4753>.

Smith, N. A., Voisin, D. R., Yang, J. P., & Tung, E. L. (2019). Keeping Your Guard Up: Hypervigilance Among Urban Residents Affected By Community And Police Violence. *Health affairs (Project Hope)*, 38(10), 1662–1669. <https://doi.org/10.1377/hlthaff.2019.00560>

Surayya, M., & Purwarno, P. (2022). Post-Traumatic Stress Disorder In Kathleen Glasglow’s Novel Girl In Pieces. *Journal of Language*, 4(2), 350-360.

Tyrrell, P., Harberger, S., Schoo, C., & Siddiqui, W. (2023). Kubler-Ross Stages of Dying and Subsequent Models of Grief. In *StatPearls*. StatPearls Publishing.

Van der Kolk, B. (2014). *The body keeps the score: Brain, mind, and body in the healing of trauma*. Viking.