## CHAPTER 5 CONCLUSIONS AND RECOMMENDATIONS

## 5.1 Conclusions

Based on the results of data analysis, the conclusions drawn from this study are as follows:

- 1. The irradiation time for the PS technique was 275.8 seconds, whereas the PBS technique required only 96.4 seconds.
- 2. The PBS technique demonstrated superior dose coverage to the PTV, achieving 95.2% compared to 94.7% with PS. Moreover, the PBS dose coverage falls within the ICRU-recommended range of 95% to 107%, while also resulting in lower radiation doses to OAR.

## 5.2 Recommendations

Based on the study Dosimetric Comparison of Passive Scattering and Pencil Beam Scanning in Carbon Ion Therapy for Gastric Cancer (A Particle and Heavy Ion Transport Code System (PHITS)-Based Case Study), several recommendations can be proposed:

- 1. The use of modern phantoms based on mesh or voxel structures enables more accurate dose calculations compared to the ORNL-MIRD phantom, especially when modeled according to the anatomical characteristics of the Indonesian population.
- Consider applying multiple radiation beam angles to the cancer target aims
  to decrease radiation exposure to surrounding healthy tissues, enhancing
  both treatment safety and effectiveness.