

**ANALISIS INTERVENSI GIZI SPESIFIK TERHADAP KEJADIAN STUNTING DI
KABUPATEN PASAMAN BARAT**

TESIS

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**ANALISIS INTERVENSI GIZI SPESIFIK TERHADAP KEJADIAN
STUNTING DI KABUPATEN PASAMAN BARAT**

XV + 192 halaman, 34 tabel, 56 gambar, 8 lampiran

ABSTRAK

Tujuan Penelitian

Stunting merupakan masalah gizi yang mempengaruhi pertumbuhan dan perkembangan anak. Analisis intervensi gizi spesifik menjadi salah satu upaya dalam percepatan penurunan stunting. Penelitian ini bertujuan untuk menganalisis intervensi gizi spesifik terhadap kejadian stunting di Kabupaten Pasaman Barat

Metode

Penelitian menggunakan desain *mixed methode* dengan pendekatan *sequential explanatory design*. Studi kuantitatif memakai desain studi ekologi dengan unit penelitian berupa Kecamatan di Kabupaten Pasaman Barat tahun 2021-2023. Pada tahap kualitatif, data didapatkan melalui *in-depth interview* dan penelusuran dokumen.

Hasil

Hasil analisis menunjukkan terdapat korelasi negatif antara konsumsi Tablet Tambah Darah (TTD) ibu hamil dengan kejadian stunting (*p-value* 0,039 r -0,361). Pelaksanaan intervensi gizi spesifik di Kabupaten Pasaman Barat mengalami beberapa kendala seperti ketersediaan sarana prasarana belum memadai, kurangnya ketersediaan tenaga kesehatan, pengetahuan dan partisipasi masyarakat rendah, dukungan dari beberapa nagari yang dirasa kurang, serta masalah terkait penginputan dan sinkronisasi data.

Kesimpulan

Puskesmas diharapkan memperluas cakupan intervensi gizi spesifik di wilayah kerjanya dengan dukungan aktif dari seluruh lintas sektor guna memperkuat upaya percepatan penurunan stunting.

Daftar Pustaka : 117 (2012-2025)

Kata Kunci : balita; gizi spesifik; intervensi; program; stunting

**FACULTY OF PUBLIC HEALTH
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**ANALYSIS OF SPECIFIC NUTRITION INTERVENTION ON THE
INCIDENCE OF STUNTING IN WEST PASAMAN DISTRICT**

XV + 192 pages, 34 tables, 56 pictures, 8 appendices

ABSTRACT

Objective

Stunting is a nutritional problem that affects the growth and development of children. Analysis of specific nutritional interventions is one of the efforts to accelerate the reduction of stunting. This study aims to analyze specific nutritional interventions on stunting incidents in West Pasaman Regency.

Method

The study used a mixed method design with a sequential explanatory approach. The quantitative study used an ecological study design with research units in the form of Sub-districts in West Pasaman Regency in 2021-2023. In the qualitative, data were obtained through in-depth interviews and document searches.

Result

The analysis results indicate a negative correlation between iron-folic acid (IFA) supplementation among pregnant women and the incidence of stunting ($p\text{-value} = 0.039$; $r = -0.361$). The implementation of specific nutrition interventions in West Pasaman Regency encountered several obstacles such as inadequate infrastructure, lack of health workers, low community knowledge and participation, inadequate support from several villages, and problems related to data input and synchronization.

Conclusion

Health centers are expected to expand the scope of specific nutritional interventions in their work areas with active support from all sectors to strengthen efforts to accelerate stunting reduction.

Reference : 117 (2012-2025)

Keyword : intervention; program; specific nutrition; stunting; toddlers