

DAFTAR PUSTAKA

- Agustina, N.W.P.D., Nursasi, A.Y. & Permatasari, H., 2023. Konseling Kesehatan dalam Meningkatkan Kepatuhan Minum Obat pada Lansia Hipertensi. *Jurnal Keperawatan Silampari*, 6(2), hal.2049–2059.
- Akbar, T., 2022. Hubungan Jenis Kelamin dan Riwayat Keluarga dengan Kejadian Hipertensi Pada Pra Lansia di Wilayah Kerja Puskesmas Leuwigajah 2021. *Jurnal Kesehatan Kartika*, 17(1), hal.40–43.
- Algabbani, F.M., & Algabbani, A.M., 2020. Treatment adherence among patients with hypertension: finding from a cross sectional study. *Clinical Hypertension*, 26(18), hal.29.
- Aliyah, N. & Damayanti, R., 2022. Faktor-Faktor yang Berhubungan dengan Kepatuhan Minum Obat Pasien Hipertensi di Primary Health Care Negara Berkembang : Systematic Review. *Syntax Literate: Jurnal Ilmiah Indonesia*, 7(5), hal.107–15.
- Andrianto, M.B., & Sartika, A., 2020. Kualitas Tidur Berhubungan Dengan Perubahan Tekanan Darah Pada Lansia. , 2, hal.1–11.
- Baechle, J.J. et al., 2023. Chronic inflammation and the hallmarks of aging. *Molecular Metabolism*, 74(June), hal.1–26.
- Benetos, A., Petrovic, M. & Strandberg, T., 2019. Hypertension Management in Older and Frail Older Patients. *Circulation Research*, 124(7), hal.1045–1060.
- BPOM, P., *Informatorium Obat Nasional Indonesia*, Jakarta. Available at: www.pionas.pom.go.id/ioni.
- Brannon & Feist, 2014. *Health Psychology an Introducing to Behaviour and Health*, California : Wadswort Cengange Learning.
- Budiartani, N., 2020. Konsep Dasar Tuberkulosis Paru. *Repository Poltekkes Denpasar*, hal.7–29.
- Burnier, M. & Vrijens, B., 2019. Drug Adherence in Hypertension and Cardiovascular Protection. In M. Burnier, ed. *Taxonomy of Medication Adherence; Recent Developments*. Lausanne, Switzerland: Service of Nephrology and Hypertension CHUV, University of Lausanne.

- Burnier, M., Polychronopoulou, E. & Wuerzner, G., 2020. Hypertension and Drug Adherence in the Elderly. *Frontiers in Cardiovascular Medicine*, 7(April), hal.1–9.
- Chen, Y.; Li, X.; Jing, G.; Pan, B.; Ge, L.; Bing, Z.; Yang, K.; Han, X., 2020. Health education interventions for older adults with hypertension: A systematic review and meta-analysis. *Public Health Nursing*, 37(3), hal.461–469. Available at: <https://pubmed.ncbi.nlm.nih.gov/31943315/>.
- Dipiro et al, 2019. Hypertension. In J. T. Dipiro et al., ed. *Pharmacotherapy: A Pathophysiologic Approach*. New York, USA: McGraw-Hill Education, hal. 1233–1268.
- Erkoc, S.B. et al., 2012. Hypertension knowledge-level scale (HK-LS): A study on development, validity and reliability. *International Journal of Environmental Research and Public Health*, 9(3), hal.1018–1029.
- Ernawati, I., Fandinata, S.S., & Permatasari, S. N. (2022). Kepatuhan Konsumsi Obat Pasien Hipertensi: Pengukuran dan cara meningkatkan kepatuhan. Yogyakarta: Deepublish
- Ernawati, I., Fandinata, S.S. & Permatasari, S.N., 2021. SCIENTIA Jurnal Farmasi dan Kesehatan Pengaruh Tingkat Pengetahuan Hipertensi Terhadap Kepatuhan Konsumsi Obat Pasien Hipertensi Pada Beberapa Puskesmas Di Surabaya. *Jurnal Farmasi dan Kesehatan*, 11(1), hal.42–48.
- Ernawati, I. & Islamiyah, W.R., 2019. Uji Validitas Dan Reliabilitas Kuesioner Kepatuhan Mgl (Morisky, Green, Levine Adherence Scale) Versi Bahasa Indonesia Terhadap Pasien Epilepsi. *Jurnal Ilmiah Ibnu Sina (JIIS): Ilmu Farmasi dan Kesehatan*, 4(2), hal.305–313.
- Ernawati, I., Selly Septi Fandinata, et al, 2020. Translation and validation of the indonesian version of the hypertension knowledge-level Scale. Open Access Macedonian Journal of Medical Sciences, 9, hal.630–637.
- Falah, M., 2019. Hubungan Jenis Kelamin dengan Angka Kejadian Hipertensi pada Masyarakat di Kelurahan Taman Sari Kota Tasikmalaya. *Jurnal Keperawatan & Kebidanan Stikes Mitra Kencana Tasikmalaya*, 1, hal.88.

- Fhandy Aldy Mandaty et al., 2023. Hubungan Dukungan Keluarga Dengan Kepatuhan Minum Obat Pada Lansia Hipertensi Di Kabupaten Pati. *Jurnal Ilmiah Ilmu dan Teknologi Rekayasa*, 0387(2), hal.95–102.
- Gusty, R. et al., 2022. Association between Knowledge and Self-care Adherence among Elderly Hypertensive Patient in Dwelling Community. *Open Access Macedonian Journal of Medical Sciences*, 10, hal.206–212.
- Health education, *Health Education: Creating Strategies for School & Community Health* - Glen G. Gilbert, Robin G. Sawyer, Elisa Beth McNeill,
- Hidayati, N., Juanita & Rahmawati, 2023. Asuhan Keperawatan Pada Lansia Dengan Hipertensi Nursing Care in Elderly with Hypertension: A Case Study. *JIM Fkep*, 2, hal.9–16.
- I Ketut Sukardika, 2023. *Metodologi Penelitian Kesehatan* (Edisi 1). Yogyakarta: Penerbit Andi
- Iqbal, M.F. & Handayani, S., 2022. Terapi Non Farmakologi pada Hipertensi. *Jurnal Untuk Masyarakat Sehat (JUKMAS)*, 6(1), hal.41–51.
- Irawan, M. and Arifin, M.Z. and Djumhana, A. and Gustriawanto AR, H., 2016. *Farmakologi dan Terapi* 5 ed., Jakarta: Badan Penerbit FKUI.
- Irmu, A.-Z., Permana, D. & Arsyad, M., 2024. Penggunaan Obat Antihipertensi Sebagai Terapi Hipertensi pada Pasien Geriatri Rawat Jalan di Rsud Dr. Drajat Prawiranegara Serang dan Tinjauannya Menurut Pandangan Islam The Use of Antihypertension Drugs as Hypertension Therapy in Outpatient Geriatric Pat. *Junior Medical Journal*, 2(7), hal.820–830.
- James, P.A. et al., 2014. 2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8). *JAMA*, 311(5), hal.507–520.
- Kementerian Kesehatan Republik Indonesia. (2021). Pedoman nasional pelayanan kedokteran: Tata laksana hipertensi 2021 (hal. 1–85). Jakarta: Kementerian Kesehatan RI.
- Klein, S. 'Meyfroidt, G. 'Depreitere, B., 2021. Pathophysiology of cerebrovascular autoregulation in view of clinical autoregulation monitoring. (October 2021).

- Krousel-Wood, M., Holt, E., Joyce, C., Ruiz, R., Dornelles, A., Webber, L. S., Morisky, D. E., Frohlich, E. D., Re, R. N., He, J., Whelton, P. K., & Muntner, P., 2015. Differences in cardiovascular disease risk when antihypertensive medication adherence is assessed by pharmacy fill versus self-report: the Cohort Study of Medication Adherence among Older Adults (CoSMO). *Journal of Hypertension*, 33(2), hal.412–420.
- Lan, N.S.H. et al., 2018. Pulmonary Arterial Hypertension: Pathophysiology and Treatment. *Diseases*, 6(2), hal.38.
- Longa, R., Nurwidi Antara, A. & Sumekar, A., 2023. Hubungan Tingkat Pengetahuan dengan Kepatuhan Minum Obat Relationship Between Level of Knowledge and Medication Adherence. *Gorontalo Journal of Public Health*, 6(1), hal.12–21.
- Lubis, E.M. et al., 2023. Hubungan Perilaku Merokok dengan Kejadian Hipertensi di Desa Saentis. *Jurnal Ilmiah Universitas Batanghari Jambi*, 23(2), hal.2001.
- Mara, T. et al., 2018. The prevalence rates of major chronic diseases in retired and in-service Chinese military officers (2000-2016): A meta-analysis. *Military Medical Research*, 5(1), hal.1–11.
- Mardiana, S.S. et al., 2021. Hubungan Tingkat Pendidikan dengan Kepatuhan Minum. *Jurnal Kesehatan*, 2(1), hal.623.
- Mubarak, dkk, 2011. *Promosi Kesehatan Sebuah Pengantar Proses Belajar Mengajar dalam Pendidikan*, Jogjakarta: Graha Ilmu.
- Muhadi, 2016. JNC 8 : Evidence-based Guideline Penanganan Pasien Hipertensi Dewasa. *Cermin Dunia Kedokteran*, 43(1), hal.54–59.
- Mukkamala, R., Stergiou, G.S. & Avolio, A.P., 2022. Cuffless Blood Pressure Measurement. *Annual Review of Biomedical Engineering*, 24, hal.203–230.
- Munir, R., Permana, D., & Arsyad, M. (2024) . Konseling mengenai hipertensi pada lansia. *Jurnal Farmasi dan Kesehatan*, 4(1), hal.8–13.
- Notoatmodjo, S., 2018. *Ilmu Perilaku Kesehatan*. Jakarta: Rineka Cipta.
- Nugroho, W., 2020. Hubungan Pengetahuan Kesehatan Dan Kebugaran Jasmani Terhadap Gaya Hidup Lansia (Studi Kasus Lansia Di Kelurahan Tlogosari Kulon Kecamatan Pedurungan). *Journal of Sport Science and Fitness*, 6(2 SE-Articles) ,hal.84–90. Available at:

- <https://journal.unnes.ac.id/sju/index.php/jssf/article/view/41919>.
- Oliveros, E. et al., 2020. Hypertension in older adults: Assessment, management, and challenges. *Clinical Cardiology*, 43(2), hal.99–107.
- Pandit, J.J., 2025. Neurological and humoral control of blood pressure. *Anaesthesia & Intensive Care Medicine*, 26(2), hal.122–126. Available at: <https://linkinghub.elsevier.com/retrieve/pii/S147202992400242X>
- Pedoman Pelayanan Kefarmasian pada Hipertensi, 2019. Pedoman Pelayanan Kefarmasian pada Hipertensi. *Suparyanto dan Rosad (2015, 5(3), hal.248–253*.
- Pelayanan Kefarmasian di RS, 2019. Petunjuk Teknis Standar Pelayanan Kefarmasian Di Rumah sakit. *Kementerian Kesehatan Republik Indonesia*, hal.1–74. Available at: https://www.academia.edu/download/51525296/juknis_pelaksanaan_kefarmasian_apotek.pdf.
- Perez-Escamilla, B., Franco-Trigo, L., Moullin, J. C., Martinez-Martinez, F., & Garcia-Corpas, J.P., 2015. Identification of validated questionnaires to measure adherence to pharmacological antihypertensive treatments. *Patient Preference and Adherence*, 9, hal.569–578.
- Perhimpunan Hipertensi Indonesia (PERHI). (2021). Konsensus Penatalaksanaan Hipertensi 2021: Update Konsensus PERHI 2019. *I-Hefcard.Com*, hal.118. Available at: http://www.inash.or.id/upload/event/event_Update_konsensus_2019123191.pdf.
- Perhimpunan Dokter Spesialis Kardiovaskular Indonesia (PERKI). (2015). *Perhimpunan Dokter Spesialis Kardiovaskular Indonesia*, Jakarta.
- Pharmacology of Beta-Blockers, 2020. Pharmacology of Beta-Blockers | Pharmacology Mentor. Available at: <https://pharmacologymentor.com/beta-blockers/> [Diakses September 10, 2024].
- Pratama, Y.Y., 2021. Factors Associated With Hypertension Among Postmenopausal Women in Parangtritis Coastal Area in Bantul, Yogyakarta, Indonesia. *Epidemiology and Society Health Review (ESHR)*, 3(2), hal.10–16.
- Pudjiastuti, S.S., & Utomo, B., 2013. *Fisioterapi pada Lansia*, Jakarta: EGC.
- Puumalainen, I. et al., 2005. Validation of the United States Pharmacopeia (USP)

- Medication Counselling Behaviour Guidelines. *Pharmacy Education*, 5(2), hal.87–96.
- Rabi, D.M. et al., 2020. Hypertension Canada's 2020 Comprehensive Guidelines for the Prevention, Diagnosis, Risk Assessment, and Treatment of Hypertension in Adults and Children. *Canadian Journal of Cardiology*, 36(5), hal.596–624.
- Riskesdas 2018, 2019. *Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan Republik Indonesia*, Jakarta.
- Rory & Hidayah, H., 2024. Kabupaten Padang Pariaman Dalam Angka. *Badan Statistik Kabupaten Padang Pariaman*, 25(1), hal.IXII-744.
- Sari, H.S.P., Wiyono, J. & Adi, W.R.C., 2018. Hubungan Tingkat Pengetahuan Lansia Tentang Hipertensi Dengan Kepatuhan Dalam Meminum Obat Di Posyandu Lansia Drupadi. *Nursing News : Jurnal Ilmiah Keperawatan*, 3, hal.1–10.
- Sari, Y.K. & Susanti, E.T., 2016. Hubungan Jenis Kelamin dengan Kejadian Hipertensi pada Lansia di Puskesmas Nglegok Kabupaten Blitar. *Jurnal Ners dan Kebidanan (Journal of Ners and Midwifery)*, 3(3), hal.262–265.
- Silwanah, A.S., Yusuf, R.A. & Hatta, N., 2020. Pengaruh Aktivitas Jalan Pagi Terhadap Tekanan Darah Pada Penderita Hipertensi Di Pusat Pelayanan Sosial Lanjut Usia Mappakasunggu Pare-Pare. *Journal of Aafiyah Health Research (JAHR)*, 1(2), hal.74–83.
- Sinha, et al, 2019. Clinical pharmacology of antihypertensive therapy for the treatment of hypertension in CKD. *Clinical Journal of the American Society of Nephrology*, 14(5), hal.757–764.
- Sinuraya, R.K. et al., 2017. Assessment of Knowledge on Hypertension among Hypertensive Patients in Bandung City: A Preliminary Study. *Indonesian Journal of Clinical Pharmacy*, 6(4), hal.290–297.
- Siregar, R.R., 2023. Konseling Proses Penuaan dan Perubahan Pada Lansia. *Health Community Service*, 1(1), hal.18–21.
- Survei Kesehatan Indonesia (SKI). (2023). Hipertensi: *Prevalensi hipertensi*

- berdasarkan diagnosis dokter. , hal.261–274. Jakarta: Badan Penelitian dan Pengembangan Kesehatan, Kementerian Kesehatan RI.
- Stirratt, M. J., Dunbar-Jacob, J., Crane, H. M., Simoni, J. M., Czajkowski, S., Hilliard, M. E., Aikens, J. E., Hunter, C. M., Velligan, D. I., Huntley, K., Ogedegbe, G., Rand, C. S., Schron, E., & Nilsen, W.J., 2015. Self-report measures of medication adherence behavior: recommendations on optimal use. *Translational Behavioral Medicine*, 5, hal.470–482.
- Sugiyono, D., 2013. *Metode Penelitian Kuantitatif, Kualitatif, dan Tindakan*. Bandung: Alfabeta.
- Sumantri, A.W., 2024. Hubungan Tingkat Pengetahuan dan Sikap Pasien Hipertensi dalam Mengontrol Tekanan Darah di Wilayah Kerja UPTD Puskesmas Kemalaraja Tahun 2023 The Relationship Level Of Knowledge And Attitude Of Hypertension Patients In Controlling Blood Pressure In The Wo. *Jurnal Kesehatan Saelmakers PERDANA*, 7(1), hal.1–7.
- Sundari, R.K., Latifah & Tasalim, R., 2024. Kepatuhan Minum Obat Antihipertensi pada Lansia Penderita Hipertensi. *Jurnal Ilmiah Permas: Jurnal Ilmiah STIKES Kendal*, 14(3), hal.1063–1072. Available at: <http://journal.stikeskendal.ac.id/index.php/PSKM>.
- Syafika Alaydrus, N.T., 2019. Pola Penggunaan Obat Hipertensi Pada Pasien Geriatri Berdasarkan Tepat Dosis, Tepat Pasien dan Tepat Obat Di Rumah Sakit Anutapura Palu Tahun 2019. *Jurnal Mandala Pharmacon Indonesia*, 5(2), hal.65–73.
- Szeto, W.Y. et al., 2017. Spatio-temporal travel characteristics of the elderly in an ageing society. *Travel Behaviour and Society*, 9, hal.10–20.
- Valensi, P., 2021. Autonomic nervous system activity changes in patients with hypertension and overweight: role and therapeutic implications. *Cardiovascular Diabetology*, 20(1), hal.1–12. Available at: <https://doi.org/10.1186/s12933-021-01356-w>.
- Wijayanti, D., Purwati, A. & Retnaningsih, R., 2024. Hubungan Pengetahuan Dengan Sikap Ibu Hamil Tentang Pemanfaatan Buku KIA. *Jurnal Asuhan Ibu dan Anak*, 9(2), hal.67–74.
- Wiyatami, M.A., Yasin, N.M. & Sari, I.P., 2023. Hubungan Tingkat Pengetahuan

dan Kepatuhan Setelah Pemberian Brief Counseling Terhadap Luaran Klinik Pasien Hipertensi. *Jurnal Manajemen dan Pelayanan Farmasi (Journal of Management and Pharmacy Practice)*, 13(1), hal.33.

Wolff, C.E., Jarodzka, H. & Boshuizen, H.P.A., 2021. Classroom Management Scripts: a Theoretical Model Contrasting Expert and Novice Teachers' Knowledge and Awareness of Classroom Events. *Educational Psychology Review*, 33(1), hal.131–148.

World Health Organization. (2023, September 19). Global report on hypertension: The race against a silent killer. Geneva: World Health Organization.

World Health Organization, 2019. Hypertension. Available at: <https://www.who.int/news-room/fact-sheets/detail/hypertension>.

