

DAFTAR PUSTAKA

1. Heesakkers J. The 2024 compilation of the International Continence Society Standardisations, Consensus statements, Educational modules, Terminology and Fundamentals documents, with the International Consultation on Incontinence algorithms. 2024;1–1034.
2. Liang Y, Si GW, Hu HJ, Zhang ZW, Song CP, Dou QF, et al. Prevalence, Risk Factors, and Psychological Effects of Overactive Bladder in Chinese University Students. *Int Neurourol J*. 2022;26(4):342–8.
3. Zhang L, Cai N, Mo L, Tian X, Liu H, Yu B. Global Prevalence of Overactive Bladder: A Systematic Review and Meta-analysis. *Int Urogynecol J*. 2025;(0123456789).
4. De Boer TA, Hove MCPS Ten, Burger CW, Vierhout ME. The prevalence and risk factors of overactive bladder symptoms and its relation to pelvic organ prolapse symptoms in a general female population. *Int Urogynecol J*. 2011;22(5):569–75.
5. Przydacz M, Golabek T, Dudek P, Lipinski M, Chlosta P. Prevalence and bother of lower urinary tract symptoms and overactive bladder in Poland, an Eastern European Study. *Sci Rep [Internet]*. 2020;10(1):1–12. Available from: <https://doi.org/10.1038/s41598-020-76846-0>
6. Chuang YC, Liu SP, Lee KS, Liao L, Wang J, Yoo TK, et al. Prevalence of overactive bladder in China, Taiwan and South Korea: Results from a cross-sectional, population-based study. *LUTS Low Urin Tract Symptoms*. 2019;11(1):48–55.
7. Agustina N, Santoso BI, Junizaf J. Prevalensi penderita Overactive Bladder pada pegawai perempuan di lingkungan Departemen Obstetri dan Ginekologi RSUPN Dr. Cipto Mangunkusumo Jakarta. *Indones J Obstet Gynecol [Internet]*. 2008;82–92. Available from: <https://inajog.com/index.php/journal/article/view/153>
8. Airlangga A, Daryanto B, Kustono A. Prevalence Overactive Bladder At Tertiary Hospital: a Retrospective Single Center Study. *Indones J Urol*. 2022;29(3):203–7.
9. Utama BI, Widayat W, Arwan B. The Incidence of Overactive Bladder in KIA Poly Patients at Pauh Health Center in Padang City Using Overactive Bladder Symptoms Score. Vol. 3, *Andalas Obstetrics And Gynecology Journal*. 2019. p. 83–9.
10. Irwin DE, Milsom I, Hunskaar S, Reilly K, Kopp Z, Herschorn S, et al. Population-Based Survey of Urinary Incontinence, Overactive Bladder, and Other Lower Urinary Tract Symptoms in Five Countries: Results of the EPIC Study. *Eur Urol*. 2006;50(6):1306–15.
11. Coyne KS, Sexton CC, Kopp ZS, Ebel-Bitoun C, Milsom I, Chapple C.

- The impact of overactive bladder on mental health, work productivity and health-related quality of life in the UK and Sweden: Results from EpiLUTS. *BJU Int.* 2011;108(9):1459–71.
12. Coyne KS, Wein AJ, Tubaro A, Sexton CC, Thompson CL, Kopp ZS, et al. evaluating the effect of LUTS on health-related quality of life , anxiety and depression : EpiLUTS. *BJU Int.* 2009;4–11.
 13. Atlihan U, Öztürk B, Yazici Tekeli E, Uysal D. Evaluation of overactive-bladder syndrome's impact on woman sexual function. *Pelviperrineology.* 2025;44(1):17–23.
 14. Irwin DE, Kopp ZS, Agatep B, Milsom I, Abrams P. Tract Symptoms , Overactive Bladder , Urinary Incontinence and Bladder Outlet Obstruction. *BJU Int.* 2011;108:1132–9.
 15. Reynolds WS, Fowke J, Dmochowski R. The Burden of Overactive Bladder on US Public Health. *HHS Public Access.* 2016;
 16. Huang L, Hu SW, Lu CJ, Chang CC, Chen G Den, Ng SC. The three-year evolution of overactive bladder syndrome in community-dwelling female residents aged 40 years and above. *Taiwan J Obstet Gynecol* [Internet]. 2022;61(3):479–84. Available from: <https://doi.org/10.1016/j.tjog.2022.03.014>
 17. Alghamdi AA, Alyousif GF, Alghamdi RL, Almulhim FA, Alsadah HM. The prevalence of urinary incontinence symptoms among multiparous women : a survey of Saudi health-care centers. 2020;
 18. Tural E, Tural E, Deniz A, Coşkun E, Pınar G, Vural F. Exploring Overactive Bladder Symptoms in Premenopausal and Postmenopausal Women: A Comparative Cross-Sectional Study. *Makara J Heal Res.* 2024;28(2).
 19. Russo E, Caretto M, Giannini A, Bitzer J, Cano A, Ceausu I, et al. Management of urinary incontinence in postmenopausal women: An EMAS clinical guide. *Maturitas.* 2021;143(September 2020):223–30.
 20. Kalonio DE, Ratulangi JIL, Tuegeh NMRNPJ, Habibah N, Gurning SH, Martawinarti N, et al. Bunga Rampai Farmakoterapi Sistem Perkemihan [Internet]. 2024. 1–207 p. Available from: www.mediapustakaindo.com
 21. Ernawati, Aritonang TR, Mawardi EA, Setiawandari, Syamsiah S. Organ Reproduksi Wanita. Malang: Rena Cipta Mandiri; 2023.
 22. E.Hall J. Buku Ajar Fisiologi Kedokteran. Elseiver; 2018.
 23. Harrina Erlianti Rahardjo. Panduan Tata Laksana Gejala Saluran Kemih Bagian Bawah Non-Neurogenik pada Perempuan. 2022. 162 p.
 24. Kwon J, Kim DY, Cho KJ, Hashimoto M, Matsuoka K, Kamijo T, et al. Pathophysiology of Overactive Bladder and Pharmacologic Treatments Including β 3-Adrenoceptor Agonists-Basic Research Perspectives. *Int Neurourol J.* 2024;28(suppl 1):12–33.

25. Alshiek J, Garcia B, Minassian VA, Iglesia CB, Clark A, Sokol ER, et al. Vaginal Energy Based Devices - AUGS Clinical Consensus Statement. *Female Pelvic Med Reconstr Surg*. 2020;26(5):287–98.
26. Homma Y, Yoshida M, Seki N, Yokoyama O, Kakizaki H, Gotoh M, et al. Symptom assessment tool for overactive bladder syndrome-overactive bladder symptom score. *Urology*. 2006;68(2):318–23.
27. Gormley EA, Lightner DJ, Faraday M, Vasavada SP. Diagnosis and treatment of overactive bladder (non-neurogenic) in adults: AUA/SUFU guideline amendment. *J Urol* [Internet]. 2015;193(5):1572–80. Available from: <http://dx.doi.org/10.1016/j.juro.2015.01.087>
28. Herman SJTH. Buku Acuan Persalinan Kurang Bulan (Prematur) 1. Buku Acuan Persalinan Kurang Bulan. 2020;1–219.
29. Awang MN. Cara Penulisan Diagnosa Kebidanan dengan Pendekatan Manajemen Kebidanan Varney. Yogyakarta: Deepublish Digital; 2024.
30. Bozkurt M, Yumru AE, Şahin L. Pelvic floor dysfunction, and effects of pregnancy and mode of delivery on pelvic floor. *Taiwan J Obstet Gynecol*. 2014;53(4):452–8.
31. Viktrup L. The risk of lower urinary tract symptoms five years after the first delivery. *Neurourol Urodyn*. 2002;21(1):2–29.
32. Mutmainnah AU, Johan H, Llyod SS. Asuhan Persalinan Normal dan Bayi Baru Lahir. Yogyakarta: ANDI; 2017.
33. Yulizawati, SST. MK, Marzatia Yulika, S.Keb. B. Mengenal fase menopause. *J Ilm Kedokt Wijaya Kusuma* [Internet]. 2022;17–24. Available from: <http://repo.unand.ac.id/47678/>
34. Rejeki PS, Kurniawati EM, Widiatmaja DM. Menopause Konsep Dasar dan Intervensi Olahraga. Surabaya: Airlangga University Press; 2024.
35. Don Nutbeam. Health Literacy. Nutbeam D Heal Lit as a public Heal goal a Chall Contemp Heal Educ Commun Strateg into 21st century. 2006;15(3):439–58.
36. Bandura,Albert. Social Cognitive Theory: An Agentic Perspective. *Asian J Soc Psychol* [Internet]. 1999;2(1):1–26. Available from: <http://search.ebscohost.com/login.aspx?direct=true&db=aph&%2338;AN=4369846&%2338;site=ehost-live>
37. Kavita MAAA, Purnami CT, Agushybana F, Dharminto D. Hubungan Faktor Demografi dengan Literasi Kesehatan tentang Penyakit tidak Menular pada Lansia. *J Manaj Kesehat Indones*. 2022;10(2):95–105.
38. Griebing TL. Re: Effects of Biofeedback-Based Sleep Improvement Program on Urinary Symptoms and Sleep Patterns of Elderly Korean Women with Overactive Bladder Syndrome. *J Urol*. 2020;204(1):163–4.
39. Lai H, Gardner V, Vetter J, Andriole GL. Correlation between

- psychological stress levels and the severity of overactive bladder symptoms. *BMC Urol.* 2015;15(1):1–7.
40. Komariah K. Analisis Faktor yang Berhubungan Dengan Kunjungan Lansia ke Posyandu Mutiara Berdasarkan Health Promotion Model di Kelurahan Jawa Kecamatan Samarinda Ulu. Fak Keperawatan Univ Airlangga. 2013;
 41. Robinson D. Oestrogens and lower urinary tract dysfunction chronicling a lifetime of research. *Continence* [Internet]. 2024;12:101720. Available from: <https://doi.org/10.1016/j.cont.2024.101720>
 42. Abrams P, Cardozo L, Wadd A, Wein A. Incontinence (6th Edition 2017). Advanced Ureteroscopy: A Practitioner's Guide to Treating Difficult Problems. International Continence Society; 2017.
 43. Bø K, Hilde G. Retest reliability of surface electromyography on the pelvic floor muscles. *Graefes HH Dederig, A Jonasson, AF. Neurourol Urodyn.* 2013;32(April):215–23.
 44. Tomaszewski J. Postmenopausal overactive bladder. *Prz Menopauzalny.* 2014;13(6):313–29.
 45. Ranson RN, Saffrey MJ. Neurogenic mechanisms in bladder and bowel ageing. *Biogerontology.* 2015;16(2):265–84.
 46. Regina K, Tamba E. Faktor Resiko Inkontinensia Urin pada Lansia. 2024;3(2):206–12.
 47. Esergy FA El, Shopaky SAY El, Farahat TM. Risk fact Risk factors for o ors for ovver eractiv active bladder in postmenopausal women e bladder in postmenopausal women attending Kafr El-Bar attending Kafr El-Baramoon F amoon Family Health Unit, E amily Health Unit, Egypt gypt. *Menoufia Med J.* 2019;
 48. Linggabudi IG, Nandana P, Maulana A, Ansyori M. Relationship of Age and Urinating Behavior with the Incidence of Overactive Bladder (OAB) in Female Nurses at Risa sentra Medika Mataram Hospital. *Lomb J Urol.* 2022;1(1):19–26.
 49. Pribakti B. Epidemiologi Inkontinensia Urin. *J Uroginekologi* [Internet]. 2020;2–9. Available from: [https://repositori.dosen.ulm.ac.id/bitstream/handle/123456789/19972/uroginekologi dan ddp%281%29.pdf?sequence=1&isAllowed=y](https://repositori.dosen.ulm.ac.id/bitstream/handle/123456789/19972/uroginekologi%20dan%20ddp%281%29.pdf?sequence=1&isAllowed=y)
 50. Woodley SJ, Boyle R, Cody JD, Mørkved S, Hay-Smith EJC. Pelvic floor muscle training for prevention and treatment of urinary and faecal incontinence in antenatal and postnatal women. *Cochrane Database Syst Rev.* 2017;2017(12).
 51. Shlain I, Lavy Y, Arbel R, Shveiky D, Woloski Wruble A, Liebergall-Wischnitzer M. Urinary incontinence type, symptoms, and quality of life: A comparison between grand multipara and non-grand multipara women aged ≥50 years. *Japan J Nurs Sci.* 2018;15(4):309–17.

52. Jones HJ, Huang AJ, Subak LL, Brown JS, Lee KA. Bladder Symptoms in the Early Menopausal Transition. *J Women's Heal.* 2016;25(5):457–63.
53. Kurniawati EM, Hardianto G, Paraton H, Azinar AD, Hadi THS, Rahmawati NA. Trends in delivery mode occurring during the Covid-19 pandemic and risks in long-term urogynecology cases: A narrative review. *Maj Obstet Ginekol.* 2021;29(3):136.
54. Tähtinen RM, Cartwright R, Tsui JF, Aaltonen RL, Aoki Y, Cárdenas JL, et al. Long-term Impact of Mode of Delivery on Stress Urinary Incontinence and Urgency Urinary Incontinence: A Systematic Review and Meta-analysis. *Eur Urol.* 2016;70(1):148–58.
55. Yang CF, Huang CY, Wang SY, Chang SR. Prevalence of and Associated Factors for Overactive Bladder Subtypes in Middle-Aged Women: A Cross-Sectional Study. *Med.* 2022;58(3):1–8.

