



UNIVERSITAS ANDALAS

**ANALISIS PELAKSANAAN PROGRAM PUSKESMAS
SANTUN LANSIA DI PUSKESMAS PAUH
KOTA PADANG TAHUN 2025**

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xi + 108 halaman, 16 tabel, 4 gambar, 11 lampiran

ABSTRAK

Tujuan Penelitian

Puskesmas Pauh memiliki jumlah dan kunjungan lansia terbanyak di Kota Padang tahun 2024. Namun ditemukan keterbatasan fasilitas untuk lansia. Tujuan penelitian ini untuk menganalisis pelaksanaan program puskesmas santun lansia.

Metode

Penelitian kualitatif deskriptif di Puskesmas Pauh pada mei-juni 2025. Informan dipilih dengan *purposive sampling* berjumlah 10 orang. Pengumpulan data melalui wawancara mendalam, observasi dan telaah dokumen. Analisis data dengan reduksi data, penyajian dan penarikan kesimpulan. Indikator yang diteliti menggunakan teori pendekatan sistem dari *input*, *proses* dan *output*.

Hasil

Kebijakan program puskesmas santun lansia merujuk pada PMK No.67 Tahun 2015. Ketersediaan sarana prasarana, dana dan tenaga belum mencukupi dan belum semua tenaga mendapat pelatihan. Pelayanan belum memprioritaskan lansia. Senam lansia tidak diadakan di puskesmas, tetapi ada di kelompok lansia. Penyuluhan rutin di puskesmas, tetapi jarang di posyandu. Kunjungan rumah tidak rutin dilaksanakan. Tidak pernah membahas masalah lansia saat pertemuan lintas sektor.

Kesimpulan

Pelaksanaan puskesmas santun lansia belum berjalan optimal karena belum tersedianya jalur prioritas bagi lansia dan tempat duduk lansia diruang tunggu bergabung dengan pasien umum. Perlunya perbaikan dari segi dana, tenaga dan sarana prasarana dengan menyediakan jalur prioritas dan ruang tunggu khusus bagi lansia untuk mendukung pelayanan santun lansia.

Daftar Pustaka : 49 (2009-2024)

Kata Kunci : Analisis, Kesehatan, Puskesmas, Program Santun Lansia, Usia lanjut

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**ANALYSIS OF THE IMPLEMENTATION OF THE ELDERLY-POLITE
PRIMARY HEALTH CARE CENTER PROGRAM AT PAUH HEALTH
CENTER IN PADANG CITY IN 2025**

xi + 108 pages, 16 tables, 4 figures, 11 appendices

ABSTRACT

Objective

Pauh Public Health Center had the highest number of elderly individuals and elderly visits in Padang City in 2024. However, limitations in facilities for the elderly were identified. This study aimed to analyze the implementation of the elderly-friendly health center program.

Method

This descriptive qualitative study was conducted at Pauh Health Center during May to June 2025. Informants were selected through purposive sampling, totaling 10 people. Data were collected through in-depth interviews, observation, and document review. Data were analyzed using data reduction, data presentation, and drawing conclusions. The indicators used were based on the systems approach theory, including input, process, and output components.

Result

The policy of the elderly-friendly health center program referred to Ministry of Health Regulation No. 67 of 2015. The availability of infrastructure, funding, and personnel was still inadequate, and not all health workers had received training. Services had not yet prioritized the elderly. Elderly exercise was not conducted at the health center but existed in elderly community groups. Health education was regularly held at the health center but rarely at *posyandu* (integrated health posts). Home visits were not carried out regularly. Issues concerning the elderly were never discussed during cross-sectoral meetings.

Conclusion

The implementation of the elderly-friendly health center program had not been optimal due to the absence of a priority queue for the elderly and the lack of a separate waiting area, as elderly patients shared the waiting room with general patients. Improvements in funding, staffing, and facilities were needed, including providing a priority service lane and a dedicated waiting area for the elderly to support the implementation of elderly-friendly services.

References

: 49 (2009-2024)

Keywords

: Analysis, Elderly, Health, Health Center, Elderly-Polite Program