

DAFTAR PUSTAKA

- Adelman R.D. Tmanova, L.L., Delgado, D., Dion, S., & Lachs, M.R. (2014). Caregiver Burden: A Clinical Review. *American Medical Association*, 311(10), 1052-1059.
- Adyan, R.P. (2022). *Hubungan antara Beban Pengasuhan dan Resiliensi Keluarga pada Keluarga Pengasuh Lansia Perempuan di Masa Pandemi COVID-19* [Skripsi, Universitas Indonesia]. Repositori Perpustakaan UI.
- Albarracin, A.P., Cerquera, M., & Pabon, D.K. (2016). Escala de Sobrecarga del Cuidador Zarit: Estructura Factorial en Cuidadores Informales de Bucaramanga. *Rev. Psicol. Univ. Antioquia*, 8, 87-99.
- Afriyeni, N., & Sartana. (2016). Gambaran Tekanan dan Beban yang Dialami oleh Keluarga sebagai Caregiver Penderita Psikotik di RSJ Prof. H.B. Sa'Anin Padang. *Jurnal Ecopsy*, 3(3), 115-120.
- Anidi., & Anlianna. (2022). Permasalahan Anak Disabilitas Intelektual dan Disabilitas Mental di Sekolah. *Arus Jurnal Pendidikan*, 2(3), 233-243.
- APA. (2022). *Diagnostic and Statistical Manual of Mental Disorders: DSM-5-TR*. American Psychiatric Association Publishing.
- Arakkathara, E. R., & Bance, F. K. (2020). Parental resilience and its role in moderating stress associated with caring for children with intellectual disabilities. *Journal of Autism and Developmental Disorders*, 50(5), 1823–1835.
- Ariska, Y.N., Handayani, P.A., & Hartati, E. (2020). Faktor yang Berhubungan dengan Caregiver Burden dalam Merawat Keluarga yang Mengalami Stroke. *Journal of Holistic and Health Science*, 3(1), 52-63.
- Azwar, S. (2015). *Penyusunan Skala Psikologi*. Pustaka Belajar.
- Azwar, S. (2017). *Metode Penelitian Psikologi*. Pustaka Belajar.
- Azwar, S. (2022). *Metode Penelitian Psikologi*. Pustaka Belajar.
- Bathia, M.S., Srivastava, S., Gautam, P., Saha, R., & Kaur, J. (2015). Burden Assessment, Psychiatric Morbidity, and Their Correlates in Caregivers of Patients with Intellectual Disability. *East Asian Arch Psychiatric*, 25, 159-163.
- Bathia, M.S., Srivastava, S., Gautam, P., Saha, R., & Kaur, J. (2015). Burden Assessment, Psychiatric Morbidity, and Their Correlates in Caregivers of Patients with Intellectual Disability. *East Asian Arch Psychiatric*, 25, 159-163.
- Bayat, M. (2007). Evidence of Resilience in Families of Children with Autism. *Journal of Intellectual Disability Research*, 51(9), 702-714.
- Biggs, E.E., Zhang, L.S., & Ling, C. (2024). Stress and Resilience of Family with Children with Intellectual and Developmental Disabilities During the COVID-19 Pandemic: A Mixed-Methods Study. *Research and Practice for Persons with Severe Disabilities*, 49(4), 242-261.
- Boostaneh, M., Mamaghani, E.A., Zirak, M., Abbasdost, R., & Fallah, R. (2024). Burden of Care and Its Relationship with Sleep Quality of Cancer Patients' Caregivers: A Descriptive-Correlational Study. *International Journal of Africa Nursing Sciences*, 20, 1-6.

- Burke, M. M., & Hodapp, R. M. (2014). Relating stress of mothers of children with developmental disabilities to family–school partnerships. *Intellectual and Developmental Disabilities*, 52(1), 13–23.
- Carr, A. (2006). *The Handbook of Child and Adolescent Clinical Psychology: A Contextual Approach*. Routledge.
- Cruz, E., Pare, M.A., Stan, C., Voth, J., Ward, L., & Taboun, M. (2024). Caring for the Caregiver: An Exploration of the Experiences of Caregivers of Adults with Mental Illness. *SSM - Qualitative Research in Health*, 5, 1-9.
- Dancey, C., & Reidy, J. (2017). *Statistics Without Maths for Psychology* (7th Ed). Pearson.
- Davidson, G.C., Kring, A., & Neale, J.M. (2010). *Psikologi Abnormal*. PT. Raja Grafindo Persada.
- Desiningrum, D.R. (2016). *Psikologi Anak Berkebutuhan Khusus*. Psikosain.
- Duri, D.R. & Yati, D. (2018). Gambaran Pola Asuh Orang Tua pada Anak Retardasi Mental (Intellectual Disability) di SLB Bakti Siwi Sleman. *Jurnal Kesehatan Saelmaekers Perdana*, 1(2), 18-25.
- Dykens, E.M. (2000). Psychopathology in Children with Intellectual Disability. *Journal of Child Psychology Psychiatry*, 41(4): 407-417.
- Edwina, O.I.P., & Sembiring, T. (2021). Peran Mindset terhadap Resiliensi Keluarga pada Dewasa Awal. *Jurnal Ilmiah Psikologi*, 8(2), 183-194.
- Faccio, F., Gandini, S., Renzi, C., Fioretti, C., Crico, C., & Pravettoni, G. (2019). Development and Validation of the Family Resilience (FaRE) Questionnaire: An Observational Study in Italy. *BJM Open*, 9(6), 1-10.
- Fithriyani, A.S. (2015). *Perkembangan Kognitif dan Psikomotorik Anak Tunagrahita: Studi pada Keterampilan Tata Boga di SLB Negeri Pembina Yogyakarta* [Skripsi, UIN Sunan Kalijaga]. Institutional Repository UIN Sunan Kalijaga Yogyakarta.
- Gabriel, I.O. (2019). Caregiver Burden Among Informal Caregivers of Women with Breast Cancer. *Biomedical Journal of Scientific and Technical Research*, 15(3), 1-9.
- Golzar, J., Noor, S., & Tajik, O. (2022). Convenience Sampling. *International Journal of Education and Language Studies*, 1(2), 72-77.
- Hall, D.L., Fell, L., Perez, G.K., Markwart, M., Cammarata, C., Si, Y., Cantillon, A., Park, E.R., & Kuhlthau, K. (2024). Development and Feasibility of a Virtual, Synchronous Mind-Body Resiliency Intervention for Fathers of Children and Youth with Special Healthcare Needs. *Brain Behavior and Immature Integrative*, 5, 1-8.
- Hallahan, D.P., & Kauffman, J.M. (2006). *Exceptional Learner: An Introduction to Special Education*. Allyn & Bacon Lc.
- Hawley, D.R., & DeHaan, L. (1996). Toward a Definition of Family Resilience: Moving into the Third Wave. *Family Process*, 35(3), 283-298.
- Herfinanda, R., Puspitasari, A., Rahmadian, L., & Kaloeti, V.S. (2021). Family Resilience during the COVID-19 Pandemic: A Systematic Literature Study: Resiliensi Keluarga selama Pandemi COVID-19: Studi Literatur Sistematis. *Proceding of Inter-Islamic University Comference*, 1(1), 1-11.

- Hoover, C.G., Collier, R.J., Houtrow, A., Harris, D., Agrawal, R., & Turchi, R. (2022). Understanding Caregiving and Caregivers: Supporting Children and Youth with Special Health Care Needs at Home. *Academic Pediatrics*, 22(2), 14-21.
- Jacobson, J.W. (1982). Problem Behavior and Psychiatric Impairment within a Developmentally Disabled Population: Behavior Frequency. *Applied Research in Mental Retardation*, 3, 121-139.
- Kalil, A. (2003). *Family Resilience and Good Child Outcomes: A Review of the Literature*. Centre for Social Research and Evaluation, Ministry of Social Development, Te Manatu- Whakahiato Ora.
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak. (2011). *Anak Berkebutuhan Khusus*. Menteri Negara Pemberdayaan Perempuan dan Perlindungan Anak Republik Indonesia.
- Kementerian Pendidikan dan Kebudayaan. (2021). *Statistik Sekolah Luar Biasa (SLB) 2020/2021*. Sekretariat Jenderal, Kementerian Pendidikan dan Kebudayaan.
- Kim, H., Chang, M., Rose, K., & Kim S. (2011). Predictors of Caregiver Burden in Caregivers of Individuals with Dementia. *Journal of Advanced Nursing*, 64(4), 846-855.
- Krisnandari, A.A.S.W., Rahyanti, N.M.S., Sriasih, N.K., & Sari, N.M.C.C. (2023). Beban Orang Tua dalam Merawat Anak Berkebutuhan Khusus di Bali. *Malahayati Nursing Journal*, 5(4), 1221-1233.
- Kuhlthau, K.A., Ames, S.G., Ware, A., Hoover, C.G., Wells, N., & Shelton, C. (2022). Research on Family Health and Children and Youth with Special Health Care Needs. *Academic Pediatrics*, 22, 22-27.
- Kyzar, K.T., Turnbull, A.P., Summers, J.A., & Gomez, V.A. (2014). The Relationship of Family Support to Family Outcomes for Families of Children with Disabilities. *Educational and Training in Autism and Developmental Disabilities*, 49(3), 317-328.
- Li, S., Chen, Z., Yong, Y., Xie, J., & Li, Y. (2023). Effectiveness of Acceptance and Commitment Therapy-Based Interventions for Improving the Psychological Health of Parents of Children with Special Health Care Needs: A Systematic Review and Meta-Analysis. *Comprehensive Psychiatry*, 127, 1-12.
- Li, Y., Qiao, Y., Luan, X., Li, S., Wang, K. (2019). Family Resilience and Psychological Well-Being among Chinese Breast Cancer Survivors and Their Caregivers. *European Journal of Cancer Care*, 28(2), 28.
- Li, Y., Wang, K., Yin, Y., Li, Y., & Li, S. (2018). Relationship between Family Resilience Breast Cancer Survivors' Individual Resilience, and Caregiver Burden: A Cross-Sectional Study. *International Journal of Nursing Studies*, 88, 79-84.
- Liu, Z., Heffernan, C., & Tan, J. (2020). Caregiver Burden: A Concept Analysis. *International Journal of Nursing Sciences*, 7(4), 438-445.
- Lubis, R., Syafitri, N., Maylinda, R.N., Alyani, N.N., Anda, R., Zulfiyanti, N., & Surbakti, O.Z. (2023). Pendekatan Behavioristik untuk Anak Disabilitas

- Intelektual Sedang. *Jurnal Obsesi: Jurnal Pendidikan Anak Usia Dini*, 7(2), 1626-1638.
- Luthfiah, J.N. (2023). *Hubungan antara Perceived Social Support dengan Caregiver Burden: Studi pada Family Caregiver Pasien Stroke* [Skripsi, Universitas Hasanuddin Makassar]. Repository Unhas.
- Maguire, R., Hanly, P., Hyland, P., & Sharp, L. (2018). Understanding Burden in Caregivers of Colorectal Cancer Survivor: What Role Do Patient and Caregiver Factors Play? *European Journal Cancer Care*, 27(1).
- Mangunsong, F. (2009). *Psikologi dan Pendidikan Anak Berkebutuhan Khusus*. LPSP3 UI.
- Mangunsong, F. (1998). *Psikologi dan Pendidikan Anak Luar Biasa*. LPSP3 Universitas Indonesia.
- Maulidia, F.N., Kinanthi, M.R., Permata, A.S., & Fitria, N. (2017). Family Resilience pada Keluarga yang Memiliki Anak dengan Spektrum Autistik – Ditinjau dari Perspektif Ibu. *Intuisi: Jurnal Psikologi Ilmiah*, 9(1), 47-56.
- Mawarni, S.I. (2020). *Studi Narrative Inquiry: Tentang Pola Asuh Orang Tua pada Anak Retardasi Mental* [Skripsi, Universitas Muhammadiyah Surakarta]. Perpustakaan UMS.
- McConkey, R., Truesdale, M., & Milligan, V. (2008). Resilience and Coping Strategies in Families of Children with Disabilities. *International Journal of Disability, Development and Education*, 55(3), 249-266.
- McPherson, M., Arango, P., Fox, H. (1998). A New Definition of Children with Special Health Care Needs. *Pediatrics*, 102(1), 137-140.
- Mediani, H.S., Hendrawati, S., & Fatimah, S. (2022). Kualitas Hidup Anak dengan Retardasi Mental. *Jurnal Obsesi: Jurnal Pendidikan Anak Usia Dini*, 6(4), 2626-2641.
- Miranda, D. (2013). Strategi Coping dan Kelelahan Emosional (Emotional Exhaustion) pada Ibu yang Memiliki Anak Berkebutuhan Khusus. *Psikoborneo*, 1(2), 64-71.
- Mustikawati, N. (2020). Beban Pengasuhan (Caregiver Burden) Orang Tua pada Anak dengan Retardasi Mental. *Jurnal Ilmiah Kesehatan*, 13(2), 163-168.
- Nevid, J.S. Rathus, S.A., & Green, E.B. (2005). *Psikologi Abnormal*. Erlangga.
- Patel, A.D., Arya, A., Agarwal, V., Gupta, P.K., & Agarwal, M. (2022). Burden of Care and Quality of Life in Caregivers of Children and Adolescents with Autism Spectrum Disorder. *Asian Journal of Psychiatry*, 70, 1-5.
- Patterson, J.M. (2002). Integrating Family Resilience and Family Stress Theory. *Journal of Marriage and Family Therapy*, 28(3), 233-247.
- Purpura, G., Tagliabue, L., Petri, S., Cerroni, F., Mazzarini, A., & Nacinovich, R. (2021). Caregivers' Burden of School-Aged Children with Neurodevelopmental Disorders: Implications for Family-Centered Care. *Brain Science*, 11(7), 1-12.
- Purwandari, E., & Aimin, Z. (2021). Pengembangan Instrumen Perilaku Adaptif bagi Remaja dengan Hambatan Intelektual. *Jurnal Pendidikan Khusus*, 17(2), 45-51.

- Rusadi, M. (2014). *Gambaran Self Esteem Ibu yang Memiliki Anak Down Syndrom di Kota Padang* [Skripsi, Universitas Andalas]. Repositori Perpustakaan Unand
- Ramasubramanian, V., Chellamuthu, R., Selvikumari, R., Raja Soundara Pandian, P., & Gopi, R. (2020). Caregiver burden in children with intellectual disability: Does Special School Education Help? *Industrial Psychiatry Journal*, 28(2), 176–184.
- Sadock, B.J., & Sadock, V.A. (2007). *Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry* (10th ed). Wolters Kluwer.
- Sarmiento, C.A., Glaros, C., Sanders, J.S., Wyrwa, J.M., Holliman, B.D., & Brenner, L.A. (2024). “We Do It All”: A Qualitative Exploration of the Caregiver Role for Young Adults with Cerebral Palsy. *Health Care Transitions*, 2, 1-9.
- Shao, M., Wang, X., Zhang, M., Ding, Y., Ma, B., Yang, Y., Yu, L., Chen, C., & Wang, T. (2024). Caregiver Burden, Mutuality, and Family Resilience in Colorectal Cancer Caring: A Mediating Model Analysis. *European Journal of Oncology Nursing*, 68, 1-7.
- Singh, K., Kumar, R., Sharma, N., & Nehra, D. K. (2014). Study Of Burden In Parents Of Children with Mental Retardation. *Journal of Indian Health Psychology*, 8(2), 13–20.
- Sitorus, M.Y. (2021). *Jalan Mencapai Family Resilience pada Keluarga Single Mother* [Skripsi, Universitas Hasanuddin]. Repository Unhas.
- Smith, A.M., & Grzywacz, J.G. (2014). Health and Well-Being in Midlife Parents of Children with Special Health Needs. *Families, Systems, & Health*, 32(3), 303-312.
- Sularyo, T.S., & Kadim, M. (2000). Retardasi Mental. *Sari Pediatri*, 2(3), 170-177.
- Sun, X., Wang, Y., Lu, X., Zhang, S., & Zhang, Y. (2024). Factors Influencing Family Resilience in Adult Patients with Acute Leukemia Undergoing Chemotherapy: A Qualitative Study. *Asia-Pacific Journal of Oncology Nursing*, 11, 1-7.
- Supratiknya, A. (2014). *Pengukuran Psikologi*. Universitas Sanata Dharma.
- Susanti, F., Iskandar., & Yuni, I. (2019). Beban Keluarga dalam Merawat Anak Berkebutuhan Khusus (ABK) di SDLB Negeri Kota Banda Aceh. *SEMDI UNAYA*, 6(1), 465-474.
- Suwoto, A.N. (2023). Menurunkan Stres Pengasuhan pada Ibu dengan Anak Berkebutuhan Khusus. *Procedia: Studi Kasus dan Intervensi Psikologi*, 11(2), 55-62.
- Theiss, J.A. (2018). Family Communication and Resilience. *Journal of Applied Communication Research*, 46(1), 1-4.
- UNICEF. (2021). *Embracing Diversity and Inclusion for All: Landscape Analysis on Children with Disabilities in Indonesia*. Smeru: Research Institute.
- Vergara, J.D., Espinoza, H.S.C., & Ventura, G.C. (2023). Zarit Caregiver Burden Interview: Psychometric Properties in Family Caregivers of People with Intellectual Disabilities. *European Journal of Investigation in Health, Psychology and Education*, 13, 391-402.

- Walsh, F. (1996). The Concept of Family Resilience: Crisis and Challenge. *Family Process*, 35, 261–281.
- Walsh, F. (1998). *Strengthening Family Resilience*. The Guilford Press.
- Walsh, F. (2002). A Family Resilience Framework: Innovative Practice Applications. *Family Relations*, 51(2), 130–137.
- Walsh, F. (2003). Family Resilience: A Framework for Clinical Practice. *Family Process*, 42(1), 1–18.
- Walsh, F. (2012). The “New Normal”: Diversity and Complexity in 21st-Century Families. In F. Walsh (Ed.), *Normal Family Processes* (4th ed., pp. 4–27). Guilford Press.
- Walsh, F. (2016). *Strengthening Family Resilience* (3th ed). The Guilford Press.
- Wang, X., Wang, R., Bian, C., Liu, F., Tang, M., & Zhang, Y. (2024). Sleep Quality, Psychological Resilience, Family Resilience, Social Support, and Mental Disability in Patients with Chronic Schizophrenia: A Cross-Sectional Study. *Schizophrenia Research*, 274, 199-205.
- Winarsunu, T. (2017). *Statistik dalam Penelitian Psikologi dan Pendidikan*. UMM Press.
- Xu, Q., Ge, Q., Shi, L., Zhang, Y., & Ma, J. (2024). Assessing the Mediating Role of Family Resilience between Caregiver Burden and Caregiver Capacity: A Cross-Sectional Study among Chinese Stroke Survivors and Family Caregivers in a Real-World Setting. *BMJ*, 14(5), 1-7.
- Yaniawati, P., & Indrawan, R. (2024). *Metodologi Penelitian: Konsep, Teknik, dan Aplikasi*. PT. Refika Aditama.
- Yusri., & Fithria. (2016). Caregiver Burden pada Keluarga dengan Anak Berkebutuhan Khusus (ABK) di SDLB Labui Banda Aceh. *Jurnal Ilmiah Mahasiswa Fakultas Keperawatan*, 1(1), 1-5.
- Zarit, S.H., Reever, K.E., & Bach-Peterson, J. (1980). Relatives of the Impaired Elderly: Correlates of Feelings of Burden. *The Gerontologist*, 20(6), 649-655.

