

## CHAPTER V

### CONCLUSION AND SUGGESTIONS

#### 5.1 Conclusion

In *The Midnight Library*, the writer found the issues of low self-esteem. The writer analyzed this novel using Abraham Maslow's Hierarchy of Needs theory. Nora had goals and dreams, but she was just a child who wanted her parent's affection, so she followed what her parents wanted and gave up her dreams. Failures came into Nora's life, making her more depressed and her self-esteem become low.

The writer found that Nora suffered from low self-esteem. The writer found the family problems and Nora's own struggles were the causes of her low self-esteem. Nora wanted to be successful in what people around her wanted and to marry to her fiancé, Dan. A person might felt inferior when all the things they wanted failed and not as they expected. Feelings of inability and insecurity made self-esteem lower. Nora felt unworthy when her life became different from her expectations. She made decision to end her life after so many failures and losses happened in her life.

After analyzing Nora's self-esteem in *The Midnight Library*, it could be concluded that Nora had struggled with low self-esteem throughout her life. Nora's mother, Donna, had made her feel bad about being imperfect from the

start. Nora never got emotional support from her parents. It made her feel unable to do anything at her best. Nora's low self-esteem and past failures had affected her life. She was unable to have a good relationship, follow her dreams, or be successful at work, hobbies, and love. She had often avoided taking risks or trying to improve herself because she was afraid of failing and thought she did not deserve to be happy. Nora's story showed how unresolved emotional problems could affect our lives and highlighted the importance of being kind to ourselves.

However, the midnight library gave Nora an opportunity to improve her life by trying all kinds of lives that she might have wanted. Through this journey, Nora began to understand her value and slowly rebuilt her self-esteem. It was symbolized by Nora writing a letter entitled *A Thing I Have Learned (Written by A Nobody Who Has Been Everybody)*. This research also reflected the importance of social interaction and support in developing an individual's self-esteem. Social interactions and support from characters such as Mrs. Elm and Hugo were crucial in rebuilding Nora's self-esteem. Mrs. Elm gave her emotional guidance and a new perspective on life's possibilities, while Hugo provided Nora with the emotional support and validation she desperately needed. Also, in her alternate lives, Nora had the opportunity to repair her relationships with family, friends, and those closest to her.

## 5.2 Suggestion

The writer personally suggests the next research to do a deeper analysis of other characters, examine how other characters in *The Midnight Library* affect Nora's self-esteem development, do a comparison study with main characters in

other novels who face similar situations, and combine literary analysis with psychological theories to gain a more comprehensive understanding of the relationship between self-esteem and life experiences. By understanding the dynamics of self-esteem through characters in literature, this research provides useful insights into the importance of social interaction, social support, and self-reflection in the development of individual self-esteem.

