

**PENGARUH *PERCEIVED SOCIAL SUPPORT* TERHADAP *WORK FAMILY*
CONFLICT PADA *DUAL CAREER FAMILY* DENGAN ANAK USIA DINI**

SKRIPSI

**Diajukan Untuk Memenuhi Salah Satu Syarat Untuk Mendapatkan
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THE INFLUENCE OF PERCEIVED SOCIAL SUPPORT ON WORK FAMILY CONFLICT AMONG DUAL CAREER FAMILY WITH EARLY CHILDHOOD

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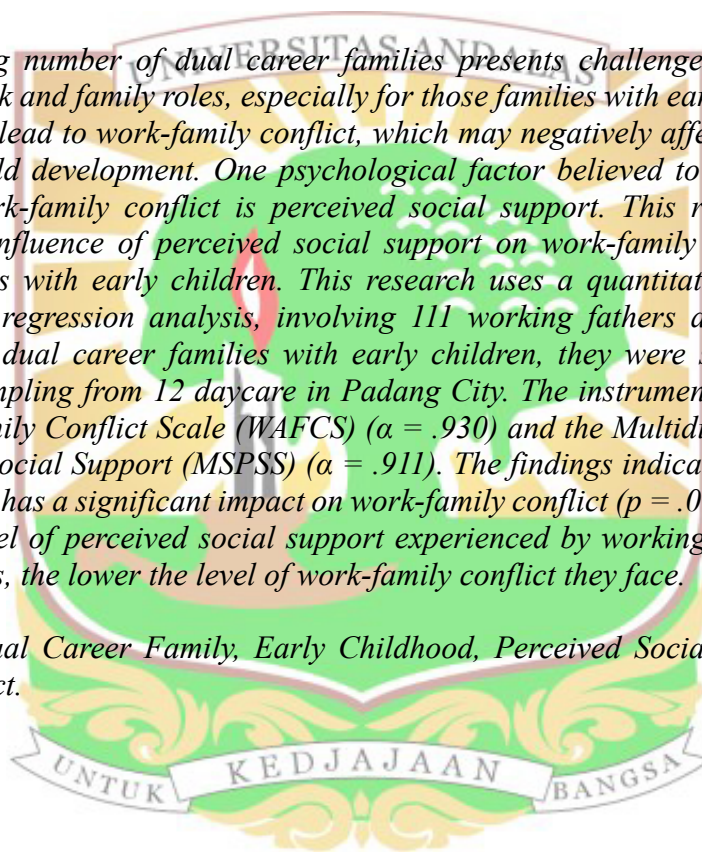
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ABSTRACT

The increasing number of dual career families presents challenges for parents in balancing work and family roles, especially for those families with early children. This condition can lead to work-family conflict, which may negatively affect parents' well-being and child development. One psychological factor believed to help reduce the impact of work-family conflict is perceived social support. This research aims to examine the influence of perceived social support on work-family conflict in dual career families with early children. This research uses a quantitative method with simple linear regression analysis, involving 111 working fathers and 111 working mothers from dual career families with early children, they were selected through accidental sampling from 12 daycare in Padang City. The instruments used were the Work and Family Conflict Scale (WAFCS) ($\alpha = .930$) and the Multidimensional Scale of Perceived Social Support (MSPSS) ($\alpha = .911$). The findings indicate that perceived social support has a significant impact on work-family conflict ($p = .001$; $p < .05$). The higher the level of perceived social support experienced by working parents in dual career families, the lower the level of work-family conflict they face.

Keywords: *Dual Career Family, Early Childhood, Perceived Social Support, Work Family Conflict.*



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ABSTRAK

Peningkatan angka keluarga karir ganda (*dual career family*) membawa tantangan bagi orang tua dalam menyeimbangkan peran pekerjaan dan keluarga, khususnya pada keluarga dengan anak usia dini. Kondisi ini dapat memicu konflik pekerjaan-keluarga (*work family-conflict*) yang berdampak terhadap kesejahteraan orang tua dan perkembangan anak. Salah satu faktor psikologis yang diyakini dapat membantu mengurangi dampak *work family conflict* yaitu persepsi individu tentang ketersediaan dukungan dari lingkungan sosial (*perceived social support*). Penelitian ini bertujuan melihat pengaruh *perceived social support* terhadap *work-family conflict* pada *dual career family* dengan anak usia dini. Penelitian ini menggunakan metode kuantitatif berupa analisis regresi linear sederhana, dengan melibatkan 111 ayah bekerja dan 111 ibu bekerja dalam *dual career family* dengan anak usia dini di 12 TK dan *daycare* di Kota Padang menggunakan *accidental sampling*. Penelitian ini menggunakan alat ukur *Work and Family Conflict Scale* (WAFCS) ($\alpha = .930$) dan *Multidimensional Scale of Perceived Social Support* (MSPSS) ($\alpha = .911$). Hasil penelitian menunjukkan bahwa terdapat pengaruh yang signifikan antara *perceived social support* terhadap *work-family conflict* pada *dual career family* dengan anak usia dini $p = .001$ ($p < .05$). Hal ini menunjukkan bahwa *perceived social support* berpengaruh secara signifikan terhadap *work family conflict*. Semakin tinggi tingkat *perceived social support* yang dirasakan orang tua bekerja dalam *dual career family*, maka semakin rendah tingkat *work family conflict* yang dialaminya.

Kata Kunci: Anak Usia Dini, *Dual Career Family*, *Perceived Social Support*, *Work Family Conflict*.