

DAFTAR PUSTAKA

- Apley, A. G., & Solomon, L. (2018). *Apley's and Solomon's System of Orthopaedics and Trauma 10th edition*. CRC Press.
- Ashar, B., & Hudiyawati, D. (2025). Pemberian Aromaterapi Lavender Terhadap Penurunan Skala Nyeri pada Pasien Post Operasi Fraktur ORIF. *Jurnal Penelitian Perawat Profesional*, 7(1), 1333–1336.
- Astuti, L., & Aini, L. (2020). Pengaruh Pemberian Aromaterapi Lavender Terhadap Skala Nyeri Pada Pasien Post Operasi Fraktur. *Jurnal Ilmiah Multi Science Kesehatan*, 12(1), 171–178.
- Benson, H., Greenwood, M. M., & Klemchuk, H. (1975). The Relaxation Response: Psychophysiologic Aspects and Clinical Applications. *The International Journal of Psychiatry in Medicine*, 6(1–2), 87–98.
- Berman, A., Snyder, S., & Koizer, B. (2020). *Kozier & Erb's Fundamentals of Nursing: Concepts, Process, and Practice (11th ed.)*. Pearson.
- Black, J., & Hawks, J. (2014). *Keperawatan Medikal Bedah : Manajemen Klinis Untuk Hasil yang Diharapkan*. Jakarta : Salemba Emban Patria.
- Borschitz, T., Schlicht, S., Siegel, E., Hanke, E., & Von Stebut, E. (2015). Improvement of a clinical score for necrotizing fasciitis: “Pain out of proportion” and high CRP levels aid the diagnosis. *PLoS ONE*, 10(7), 1–13.
<https://doi.org/10.1371/journal.pone.0132775>
- Bulchoz, R. W., Heckman, J. D., & Court-Brown, C. M. (2018). *Rockwood and*

Green's Fracture in Adults. Wolters Kluwer.

- Chou, R., Gordon, D. B., Rosenberg, J. M., Chittenden, E. H., Degenhardt, E., Griffith, S., Murphy, J., Perkal, M. F., Suresh, S., Sluka, K., Weisman, S. J., & Wu, C. L. (2016). Management of Postoperative Pain: A Clinical Practice Guideline from the American Pain Society, the American Society of Regional Anesthesia and Pain Medicine, and the American Society of Anesthesiologists' Committee on Regional Anesthesia, Executive Commi. *Journal of Pain*, 17(2), 131–157. <https://doi.org/10.1016/j.jpain.2015.12.008>
- Corwin, E. J. (2011). *Handbook of Pathophysiology, 3rd Ed*. Lippincott Williams & Wilkins.
- Curran, J. D., Major, P., Tang, K., Bagshaw, S. M., Dionne, J. C., Menon, K., & Rochweg, B. (2021). Comparison of Balanced Crystalloid Solutions: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Critical Care Explorations*, 3(5), E0398. <https://doi.org/10.1097/CCE.0000000000000398>
- Erden, S., Guler, S., Tura, I., Basbibuyuk, I. F., & Arslan, U. E. (2023). Evaluating Patient Outcomes in Postoperative Pain Management According to the Revised American Pain Society Patient Outcome Questionnaire (APS-POQ-R). *Appl Nurs Res*. <https://doi.org/10.1016/j.apnr.2023.151734>
- Fatikha, D., & Nurmawati, T. (2023). The Effect of Benson's Relaxation on Pain in Patients Post Open Reduction Internal Fixation (ORIF) Extremity Fractures. *Health Gate*, 1(4), 122–129. <https://doi.org/10.70111/hg1402>

- Hadeed, A., Werntz, R. L., & Varacallo, M. A. (2023). *External Fixation Principles and Overview*. StatPearls Publishing.
<https://www.ncbi.nlm.nih.gov/books/NBK547694/>
- Hardhanti, R., & Relawati, A. (2023). Implementasi Terapi Musik Dan Aromaterapi Lavender Untuk Mengurangi Nyeri Pada Pasien Fraktur Post ORIF. *Informasi Dan Promosi Kesehatan*, 2(1), 43–51. <https://doi.org/10.58439/ipk.v2i1.91>
- Hermanto, R., Isro'in, L., & Nurhidayat, S. (2020). Studi Kasus : Upaya Penurunan Nyeri Pada Pasien Post Operasi Fraktur Femur. *Health Sciences Journal*, 4(1), 111. <https://doi.org/10.24269/hsj.v4i1.406>
- Jin, L., Zhang, S., Zhang, Y., Lin, X., Feng, D., & Hu, K. (2022). Management Algorithm of External Fixation in Lower Leg Arterial Injury for Limb Salvages. *BMC Surgery*, 22(1), 1–10. <https://doi.org/10.1186/s12893-022-01486-2>
- Kemenkes RI. (2018). Laporan Nasional : Riskesdas 2018. In *Riset Kesehatan Dasar*.
- Kemenkes RI. (2023). *Buku Saku Pencegahan Anemia pada Ibu Hamil dan Remasa Putri*.
- Kisner, C., & Colby, L. A. (2012). *Therapeutic Exercise: Foundations and Techniques Sixth Edition*. F.A. Davis Company.
- Koulivand, P. H., Khaleghi Ghadiri, M., & Gorji, A. (2013). Lavender and the Nervous System. *Evidence-Based Complementary and Alternative Medicine*, 2013. <https://doi.org/10.1155/2013/681304>
- Krzyszczyk, P., Schloss, R., Palmer, A., & Berthiaume, F. (2018). The Role of Macrophages in Acute and Chronic Wound Healing and Interventions to

- Promote Pro-wound Healing Phenotypes. *Frontiers in Physiology*, 9, 1–22. <https://doi.org/10.3389/fphys.2018.00419>
- Li, X. J., Yang, Y. J., Li, Y. S., Zhang, W. K., & Tang, H. Bin. (2016). α -Pinene, Linalool, and 1-Octanol Contribute to the Topical Anti-Inflammatory and Analgesic Activities of Frankincense by Inhibiting COX-2. *J Ethnopharmacol*. <https://doi.org/10.1016/j.jep.2015.12.039>
- Liza, S. R., Handayani, T., & Asyari, A. (2022). Hubungan Tekanan Darah dengan Volume Perdarahan Intraserebral Berdasarkan Hasil CT Scan Kepala. *Jurnal Ilmu Kesehatan Indonesia*, 2(2), 81–86. <https://doi.org/10.25077/jikesi.v2i2.463>
- Mahmoodi, A. N., Patel, P., & Kim, P. Y. (2024). *Ketorolac*. StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK545172/>
- Mitchell, S. A. T., Majuta, L. A., & Mantyh, P. W. (2018). New Insights in Understanding and Treating Bone Fracture Pain. *Curr Osteoporos Rep*, 16(4), 325–332. <https://doi.org/10.1007/s11914-018-0446-8>
- Noor, Z. (2017). *Buku Ajar Gangguan Muskuloskeletal*. Jakarta : Salemba Medika.
- Nouira, M., Souayah, N., Kanzari, S. A., Rouis, H., Lika, A., Mbarki, C., Rahali, F. Z., & Bettaieb, H. (2024). Aromatherapy Using Lavender Oil Effectiveness on Pain and Anxiety After C-Section: A Randomized Controlled Trial. *Journal of Epidemiology and Global Health*, 1536–1544. <https://doi.org/10.1007/s44197-024-00305-6>
- Nurdiansyah, I., Wahyono, D., & Sari, I. P. (2024). Kajian Penggunaan Ketorolak sebagai Antinyeri di Ruang Intensif Rumah Sakit Daerah Gunung Jati Kota

- Cirebon. *PHARMACY: Jurnal Farmasi Indonesia*, 21(01), 67–70.
<https://jurnalnasional.ump.ac.id/index.php/PHARMACY>
- Peana, A. T., D'Aquila, P. S., Panin, F., Serra, G., Pippia, P., & Moretti, M. D. L. (2002). Anti-Inflammatory Activity of Linalool and Linalyl Acetate Constituents of Essential Oils. *Phytomedicine*, 9(8), 721–726.
<https://doi.org/10.1078/094471102321621322>
- Pfoh, E. R., Chaitoff, A. M., Martinez, K., Keenan, K., & Rothberg, M. B. (2020). Association Between Pain, Blood Pressure, and Medication Intensification in Primary Care: an Observational Study. *Journal of General Internal Medicine*, 35(12), 3549–3555. <https://doi.org/10.1007/s11606-020-06208-z>
- Potter, & Perry. (2013). *Buku Ajar Fundamen Keperawatan: Konsep dan Praktik*. Jakarta : EGC.
- Price, S. A., & Wilson, L. M. (2014). Patofisiologi: Konsep Klinis Proses Proses Penyakit. In EGC. Jakarta : EGC.
- Purssell, E., Gallagher, R., & Gould, D. (2023). Aseptic Versus Clean Technique During Wound Management? Systematic Review With Meta-analysis. *International Journal of Environmental Health Research*, 34(3).
<https://doi.org/doi.org/10.1080/09603123.2023.2229758>
- Sari, I. P., Dwikora, D., & Kurniawati, N. D. (2020). Comparison of Asmaul Husna and Benson Relaxation on Decreasing of Pain among Patients with Post Antebrachii Operated at Public Hospital Sidoarjo. *International Journal of Nursing and Health Services (IJNHS)*, 3(1), 6–11.

<https://doi.org/10.35654/ijnhs.v3i1.173>

Shendre, V., & Taksande, V. (2021). Effect of Benson's Relaxation Technique on Post-operative Stress and Pain among Women Undergone Abdominal Hysterectomy. *Journal of Pharmaceutical Research International*, 33, 1055–1062. <https://doi.org/10.9734/jpri/2021/v33i60b34713>

Simeonov, E. (2024). Femoral Shaft Fracture With Total Superficial Femoral Artery and Vein Ruptur Following Traction Mechanism Type of Injury – a Case Report. *Journal of IMAB - Annual Proceeding (Scientific Papers)*, 30(3), 5627–5630. <https://doi.org/10.5272/jimab.2024303.5627>

Smeltzer, S. C., & Bare, B. G. (2001). *Buku Ajar Keperawatan Medikal-Bedah Edisi 8*. Jakarta : EGC.

Suk, M., & Horwitz, D. S. (2021). *Hoppenfeld's Treatment and Rehabilitation of Fractures*. Wolters Kluwer Health.

Susanti, N., & Rindang, T. D. (2023). Penatalaksanaan Fisioterapi Pada Post Op Oriffraktur 13 Radius Distal Sinistra Denganmodalitas Infra Red (Ir) dan Terapi Latihan. *Jurnal Ilmiah Fisioterapi Muhammadiyah*, 3(I), 18–27.

Taylor, C. R. (2011). *Fundamentals of nursing: The art and science of nursing care (7th ed.)*. Wolters Kluwer Health/Lippincott Williams & Wilkins.

Tazrean, R., Nelson, G., & Twomey, R. (2022). Early Mobilization in Enhanced Recovery After Surgery Pathways: Current Evidence and Recent Advancements. *Journal of Comparative Effectiveness Research*, 11(2), 121–129. <https://doi.org/10.2217/cer-2021-0258>

Tim Pokja SDKI DPP PPNI. (2017). *Standar Diagnosis Keperawatan Indonesia : Definisi dan Indikator Diagnostik, Edisi 1*. Jakarta: Dewan Pengurus PPNI.

WHO. (2024). *Fragility Fractures*. <https://www.who.int/news-room/fact-sheets/detail/fragility-fractures>

Wilkinson, J. . (2006). *Buku Saku Diagnosa Keperawatan Edisi 7*. Jakarta : EGC.

Wolters, F., Peerdeman, K. J., & Evers, A. W. M. (2019). Placebo and Nocebo Effects Across Symptoms: From Pain to Fatigue, Dyspnea, Nausea, and Itch. *Frontiers in Psychiatry*, 10(July), 1–13. <https://doi.org/10.3389/fpsy.2019.00470>

