

SKRIPSI

**PENGARUH EDUKASI *CYBERBULLYING* TERHADAP PENGETAHUAN
PADA REMAJA DI SMP NEGERI 25 KOTA PADANG**

Penelitian Keperawatan Anak



**ISMULYADI
NIM. 2111311001**

**FAKULTAS KEPERAWATAN
UNIVERSITAS ANDALAS
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FAKULTAS KEPERAWATAN
UNIVERSITAS ANDALAS
2025

Nama : Ismulyadi
NIM : 2111311001

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Penggunaan media sosial yang tinggi di kalangan remaja dapat menimbulkan dampak negatif, salah satunya adalah *cyberbullying*. Di SMP Negeri 25 Kota Padang, tercatat 85,88% siswa pernah terlibat dalam tindakan *cyberbullying*, namun sebagian besar belum pernah mendapatkan edukasi terkait hal tersebut. Penelitian ini bertujuan untuk mengetahui pengaruh edukasi *cyberbullying* terhadap pengetahuan remaja. Penelitian dilaksanakan pada bulan Juni 2025 dengan desain *One Group Pretest-Posttest* dan melibatkan 97 siswa yang dipilih menggunakan teknik *cluster sampling*. Data dikumpulkan menggunakan kuesioner pengetahuan tentang *cyberbullying*. Analisis data dilakukan menggunakan uji *Wilcoxon*. Hasil penelitian menunjukkan bahwa sebelum edukasi, 71,1% siswa memiliki pengetahuan kurang, dan setelah edukasi, sebanyak 95,9% memiliki pengetahuan baik, dengan peningkatan skor sebesar 78%. Uji *Wilcoxon* menunjukkan adanya pengaruh yang signifikan ($p = 0,000$). Berdasarkan hasil ini, disarankan agar edukasi tentang *cyberbullying* diberikan secara rutin agar siswa lebih memahami dampaknya dan tahu cara menghindarinya. Edukasi diharapkan membantu siswa bersikap bijak dalam bermedia sosial dan memperkuat hubungan sosial yang sehat di sekolah maupun dunia digital.

Kata Kunci : *Cyberbullying*, edukasi, pengetahuan, remaja, media sosial.

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FACULTY OF NURSING
ANDALAS UNIVERSITY
2025

Name : Ismulyadi
Student ID Number : 2111311001

*THE EFFECT OF CYBERBULLYING EDUCATION ON KNOWLEDGE
AMONG ADOLESCENTS AT SMP NEGERI 25 PADANG CITY*

The high use of social media among adolescents can lead to negative impacts, one of which is cyberbullying. At SMP Negeri 25 Kota Padang, 85.88% of students were found to have been involved in cyberbullying activities; however, most of them had never received education on the issue. This study aimed to determine the effect of cyberbullying education on adolescents' knowledge. The research was conducted in June 2025 using a one-group pretest-posttest design involving 97 students selected through cluster sampling. Data were collected using a cyberbullying knowledge questionnaire. The data were analyzed using the Wilcoxon signed-rank test. The results showed that before the educational intervention, 71.1% of students had low levels of knowledge, while after the intervention, 95.9% were categorized as having good knowledge, with a score increase of 78%. The Wilcoxon test indicated a significant effect of the education intervention on improving knowledge ($p = 0.000$). Based on these findings, it is recommended that cyberbullying education be provided regularly to help students better understand its impacts and how to prevent it. Such education is expected to encourage more responsible behavior on social media and promote healthier social relationships in both school and digital environments.

*Keywords : Cyberbullying, education, knowledge, adolescents, social media
References : 121 (2018-2024)*