

## DAFTAR PUSTAKA

- Abel. J.P., Cheryl, L.B., & Sarah, A.B. (2016). Social media and the fear of missing out: scale development and assessment. *Journal of Business & Economics Research, 14*(1),33-44.
- Ali, M., & Asrori, M. (2014). Psikologi remaja. Jakarta : Bumi Aksara
- Al-Menayes, J.J. (2016). The fear of missing out scale: Validation of the Arabic version and correlation with social media addiction. *International Journal of Applied Psychology, 06*(2),41-46.
- Al-Mighwar, M. (2006). Psikologi remaja. Bandung: CV.Pustaka Setia.
- Alt, D.(2015). College students' academic motivation, media engagement and fear of missing out.*Computers In Human Behavior, 49*,111-119.
- APJII.(2017).Penetrasi dan perilaku pengguna internet indonesia. Diakses pada tanggal 15 november 2018 melalui <https://apjii.or.id/survei2017>.
- Arianti, G. (2017).Kepuasan remaja terhadap penggunaan media sosial Instagram dan Path.*Wacana, 16*(02),180-192.
- Australian Psychological Society.(2015).Stress & wellbeing : How Australian are coping with life. Diakses melalui pada tanggal 9 Januari 2019 [https://www.headsup.org.au/documents/default-source/default-document-library/stress-and-wellbeing-in-australia-report.pdf?sfvrsn=7f08274d\\_4](https://www.headsup.org.au/documents/default-source/default-document-library/stress-and-wellbeing-in-australia-report.pdf?sfvrsn=7f08274d_4).
- Azwar, S.(2011). *Dasar-dasar psikometri*. Yogyakarta : Pustaka Pelajar.
- Azwar, S.(2013). *Metode penelitian*. Yogyakarta : Pustaka Pelajar.
- Azwar,S.(2015).Penyusunan skala psikologi Edisi 2.Yogyakarta : Pustaka Pelajar
- Badan Pusat Statistik.(2018). Statistik pemuda Indonesia (katalog BPS: 4103008). Diunduh pada tanggal 27 Januari 2019 melalui <https://www.bps.go.id/publication/2018/12/21/572f941511d090083dd742d6/statistik-pemuda-indonesia-2018.html>.
- Baker, Z.G., Krieger, H., LeRoy, A.S, (2016). Fear of missing out: Relationships with depression, mindfulness, and physical symptoms.*Translational Issues in Psychological Science, 02*,275-282.
- Baron, R. & Byrne, D. (2012). Psikologi Sosial jilid 2. Jakarta: Erlangga.
- Batubara, J.R.L.(2010). Adolescent development (Perkembangan remaja).*Sari Pediatri, 12*(1),21-29.
- Baumeister, R.F. & Leary, M.R.(1995). The need to belong: Desire for interpersonal attachments as a fundamental human motivation. *Psychological Bulletin, 117*(03),497-529.
- Baumeister, R. F., & Tice, D. M. (1990). Point-counterpoints: Anxiety and social exclusion. *Journal of social and clinical Psychology, 9*(2), 165-195.

- Beyens, I., Frison, E., & Eggermont, S. (2016). "I don't want to miss a thing": Adolescents' fear of missing out and its relationship to adolescents' social needs, facebook use, and facebook related stress. *Computers in Human Behavior*, 64, 1–8.
- Bohang, F.K.(2015 ; 10 April ).*Facebook masih didominasi remaja, bukan orang tua*. Diakses 28 Desember 2012, dari <https://tekno.kompas.com/read/2015/04/10/13100087/Facebook.Masih.Didominasi.Remaja.Bukan.Orang.Tua/>.
- Boyd, D. M., & Ellison, N. B. (2007). Social network sites: Definition, history, and scholarship. *Journal of Computer-Mediated Communication. Sosial Media*, 13, 210-230.
- Brandtzaeg, P.(2012). Social networking sites: Their users and social implications - a longitudinal study. *Journal of Computer-Mediated Communication*, 17, 467-488.
- Brocke, J.V., Richter, D., & Riemer, K.(2009). Motives for using social network sites (SNSs)—an analysis of SNS adoption among students. *22nd Bled eConference*.33-49.
- Buglass, S.L., Binder, J.F., Betts, L.R., & Underwood, J.D.M.(2017). Motivators of online vulnerability: The impact of social network site use and FOMO.*Computer in Human Behavior*, 66, 248-255.
- Burnell, K., George, M. J., Vollet, J. W., Ehrenreich, S. E., & Underwood, M. K. (2019). Passive social networking site use and well-being: The mediating roles of social comparison and the fear of missing out. *Journal of Psychosocial Research on Cyberspace*, 13(3).1-14.
- Coopersmith, S. (1967). *The antecedents of self-esteem*. San Francisco: Freeman.
- De Jong, P.J., Sportel, B.E., de Hullu, E., Nauta, M.H.(2011). Co-occurrence of social anxiety and depression symptoms in adolescence: differential links with implicit and explicit self-esteem?.*Psychological Machine*, 42, 475-484.
- Deci, E. L., & Ryan, R. M. (2015). Self-determination theory. *International Encyclopedia of the Social & Behavioral Sciences*, 21, 486-491.
- Deri, P.S.(2015).Pengaruh Self-Esteem Terhadap Orientasi Masa Depan Bidang Pekerjaan Pada Siswa SMKN 4 Padang.*Skripsi*.Universitas Andalas.
- Desmita. (2008). Psikologi Perkembangan. Bandung: PT.Remaja Rosdakarya.
- Dogan, V. (2019). Why do people experience the fear of missing out (FoMO)? Exposing the link between the self and the FoMO through self-Construal. *Journal of Cross-Cultural Psychology*, 50(4), 524-538.

- Dossey, L.(2014). FOMO, digital dementia, and our dangerous experiment. *Exploration,10*,69-73.
- Ellison, N.B., Steinfield,C., & Lampe, C.(2007). The benefits of facebook “friends:” social capital and college students’ use of online social network sites. *Journal of Computer-Mediated Communication,12*,1143-1167.
- Eriyanto.(2011). Analisis Isi : Pengantar Metodologi untuk Penelitian Ilmu Komunikasi dan Ilmu-ilmu Sosial Lainnya. Jakarta : Prenadamedia.
- Etikan. I., Musa, S. A. & Alkassim,R. S.(2016). Comparison of convenience sampling and purposive sampling. *American Journal of Theoretical anf Applied Statistics.5*(1).1-4.
- Fei, T., & Zhansheng, C.(2012). Does social support reduce distress caused by ostracism? It depends on the level of one's self-esteem. *Journal of Experimental Social Psychology,48*,1192-1195.
- Forest, A. L., & Wood, J.V. (2012). When social networking is not working: Individuals with low self-esteem recognize but do not reap the benefits of self-disclosure on Facebook. *Psychological Science, 23*, 295–302.
- Fox, J., & Moreland, J.J.(2015). The dark side of social networking sites: An exploration of the relational and psychological stressors associated with Facebook use and affordances. *Computers in Human Behavior,45*,168-175.
- Gezgin, D.M.(2018). Understanding patterns for smartphone addiction: Age, sleep duration, social network use and fear of missing out. *Cypriot Journal of Educational Sciences,13*,409-421.
- Ghufron, M.N., & Risnawita, R. (2011). *Teori-Teori Psikologi*. Yogyakarta: Ar Ruzz Media.
- Ghozali, Iman. (2011). *Aplikasi analisis multivariate dengan program IBM SPSS 19* (5th ed). Semarang: Universitas Diponegoro.
- Giagkou, S., Hussain Z., & Pontes H.M.(2018). Exploring the interplay between passive following on facebook, fear of missing out, self-esteem, aocial comparison, age, and life satisfaction in a community-based sample. *International Journal of Psychology & Behavior Analysis.04*.1-6.
- GlobalWebIndex. (2018). *Most active social media platform; survey based data figures represent users own claimed/reported activity*. Diakses melalui <Http://digitalreport.wearesocial.com/> Pada tanggal 10 Januari 2019.
- Grohol, J.(2013). FOMO addiction: the fear of missing out. Psychocentral.com. <http://psychcentral.com/blog/archives/2011/04/14/fomo-addiction-the-fear-of-missingout>. diakses pada tanggal 3 januari 2019.
- Guindon, M. H. (2010). Self-esteem across the lifespan : Issues and Interventions. USA : Taylor and Francis Group.

- Hawi, N.D., & Rupert, M.S.(2016). The relations among social media addiction, self-esteem, and life satisfaction in university students. *Social Science Computer Review*, 1-11.
- Hetz., Dawson., & Cullen.(2015). Social media use and the fear of missing out (FoMO) while studying abroad. *Journal of Research on Technology in Education*, 47, 259-272.
- Hirsch, B. J., & DuBois, D. L. (1991). Self-esteem in early adolescence: The identification and prediction of contrasting longitudinal trajectories. *Journal of Youth and Adolescence*, 20(1), 53-72.
- Huguenel, B.M.(2017). Fear of missing out: A moderated mediation approach to social media use. *Thesis*. Loyola University Chicago.
- Hurlock, E.B.(2003). *Psikologi perkembangan : Suatu pendekatan sepanjang rentang kehidupan*. Jakarta. Erlangga.
- Ilyas, A.(2018, 2 Juni). Facebook bukan lagi media sosial favorit bagi remaja. Diakses pada tanggal 3 Maret 2019 melalui <https://akurat.co/iptek/id-237316-read-facebook-bukan-lagi-media-sosial-favorit-bagi-remaja>.
- Inetdetik. (2018, 27 September). Deretan statistik menarik Facebook, WhatsApp dan Instagram . Diakses melalui <https://inet.detik.com/fotoinet/d-4232248/deretan-statistik-menarik-facebook-whatsapp-dan-instagram/>.
- Liftiah., Dahrianto L F., & Tresnawati F.R.(2016). Personality traits prediction of fear of missing out in college students. *The International Journal of Indian Psychology*. 03(4).128-136.
- Josina.(2018, 3 Juni).Facebook kalah populer dari Instagram dan Youtube. Diakses pada tanggal 3 Maret 2019 melalui <https://m.detik.com/inet/cyberlife/d-4051254/facebook-kalah-populer-dari-instagram-dan-youtube>.
- JWTIntelligence.(2012, 3 Maret). *Fear of missing out (FoMO)* Diakses pada tanggal 12 November 2018 melalui [http://www.jwtintelligence.com/wpcontent/uploads/2012/03/F\\_JWT\\_FOMO-update\\_3.21.12.pdf](http://www.jwtintelligence.com/wpcontent/uploads/2012/03/F_JWT_FOMO-update_3.21.12.pdf).
- Kernis, M.H.(2003). Optimal self-esteem and authenticity: Separating fantasy from reality. *Psychological Inquiry*, 14, 83-89.
- Kurnia, T.(2018, 24 April). 5 negara dengan jumlah pengguna media sosial terbanyak, Indonesia Berapa?. Diakses tanggal 2 januari 2018 melalui <https://www.liputan6.com/ teknico/read/3481323/5-negara-dengan-jumlah-pengguna-media-sosial-terbanyak-indonesia-berapa>.
- Kumar, R. (2005). Research methods (2nd ed). London : SAGE.
- Lai, C., Altavilla, D., Ronconi, A., & Aceto, P.(2016). Fear of missing out (FOMO) is associated with activation of the right middle temporal gyrus during inclusion social cue. *Computers in Human Behavior*, 61, 516-521.

- Leagult, L.(2017 ; 5 Oktober). Self-determination theory. Diakses pada tanggal 3 Januari 2019 melalui [https://www.researchgate.net/profile/Lisa\\_Legault/publication/317690916\\_SelfDetermination\\_Theory/links/59d686e7458515db19c4fd0d/Self-Determination-Theory.pdf?origin=publication\\_detail](https://www.researchgate.net/profile/Lisa_Legault/publication/317690916_SelfDetermination_Theory/links/59d686e7458515db19c4fd0d/Self-Determination-Theory.pdf?origin=publication_detail).
- Leary, M.R.(1990). Responses to social exclusion: Social anxiety, jealousy, loneliness, depression, and low self-esteem. *Journal of Social and Clinical Psychology*, 09, 221-229.
- Leary, M.R.(2003). Commentary on self-esteem as an interpersonal monitor: The sociometer hypothesis (1995). *Psychological Inquiry*, 14, 270-274.
- Leary, M.R., Terdal, S.K., Tambor, E.S., Downs, D.L.(1995). Self-esteem as an interpersonal monitor: The sociometer hypothesis. *Journal of Personality and Social Psychology*, 68, 518-530.
- Li X., & Chen, W.(2014). Facebook or Renren? a comparative study of social networking site use and social capital among Chinese international students in the United States. *Computers in Human Behavior*, 35, 116-123.
- Mutiasari, D.(2018, 2 Juni). Wah! ternyata Facebook mulai banyak ditinggalkan kalangan remaja. Diakses pada tanggal 5 Maret 2019 melalui <http://pontianak.tribunnews.com/2018/06/02/wah-ternyata-facebook-mulai-banyak-ditinggalkan-kalangan-remaja>.
- Neira, C.J.B., & Barber, B.L.(2014). Social networking site use: Linked to adolescents' social self-concept, self-esteem, and depressed mood. *Australian Journal of Psychology*, 66, 56-64.
- Oberst, U., Wegmann, E., Stodt, B., Brand, M., & Chamorro, A.(2017). Negative consequences from heavy social networking in adolescents: The mediating role of fear of missing out. *Journal of Adolescence*, 55, 51-60.
- Onoda, K., Okamoto, Y., Nakashima, K., Nittono, H., Yoshimura, S., Yamawaki, S., Yamaguchi, S., & Ura, M.(2010). Does low self-esteem enhance social pain? The relationship between trait self-esteem and anterior cingulate cortex activation induced by ostracism. *SCAN(2010)*, 05, 385-391.
- Ophir, Y.(2017). SOS on SNS: Adolescent distress on social network sites. *Computers in Human Behavior*, 68, 51-55.
- Papalia, D. E., Old, S. W., Feldman, & R. D. (2008). Human development (terjemahan A. K. Anwar). Jakarta: Prenada Media Group.
- Pertiwi, W.K.(2018 ; 1 Maret). Riset ungkap pola pemakaian medsos orang Indonesia. Diakses pada tanggal 2 Januari 2019 melalui <https://tekno.kompas.com/read/2018/03/01/10340027/riset-ungkap-pola-pemakaian-medsos-orang-indonesia>.
- Periantalo, Jelpa .(2015). Penyusunan skala psikologi asyik mudah & bermanfaat. Yogyakarta: Pustaka Pelajar.

- Priyatno, Duwi. (2014). SPSS 22 pengolahan data terpraktis. Yogyakarta: CV Andi Offset.
- Przybylski, A., Murayama, K., DeHaan, C., & Gladwell, V. (2013). Motivational, emotional, and behavioral correlates of fear of missing out. *Computers in Human Behavior*, 29, 1841-1848.
- Putro, K.Z. (2017). Memahami ciri dan tugas perkembangan masa remaja. *Journal APLIKASIA*. 17.01.25-32.
- Rahman, A. R. (2017). Metode penelitian psikologi. Bandung: PT Remaja Rosdakarya.
- Richter, K .(2018). Fear of missing out, social media abuse, and parenting styles. *Electronic Theses and Dissertations*. Abilene Cristian University.
- Riggio, R.E., Throckmorton, B., & DePaola, S.(1990). Social skill and self esteem. *Person. individ. Diff.*, 11, 799-804.
- Riordan, B.C., Flett, J.A.M., Hunter, J.A., Scarf, D., & Conner, T.S.(2015). Fear of missing out (FoMO): the relationship between FoMO, alcohol use, and alcohol-related consequences in college students. *Journal of Psychiatry and Brain Functions*, 02.1-7.
- Robert J.A., & David M.E. (2019). The mocial Media party: Fear of missing out (FoMO), social media intensity, connection, and well-being. *International Journal of Human–Computer Interaction*. 1-7.
- Sessa, FM.(2016). Adolescence. *Encyclopedia of Mental Health*. 01.11-19.
- Schreiber, F., Bohn, C., Aderka, I.M., Stangier, U., & Steil, R.(2012). Discrepancies between implicit and explicit self-esteem among adolescents with social anxiety disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 43, 1074-1081.
- Septiana, R.C.(2018; 2 Maret). Indonesia, pengguna Facebook terbanyak ke-4 di dunia. Diakses pada tanggal 2 januari 2019 melalui <https://tekno.kompas.com/read/2018/03/02/08181617/indonesia-pengguna-facebook-terbanyak-ke-4-di-dunia> diakses
- Smock, A.D., Ellison, N.B., Lampe, C., & Wohn, D.Y.(2011). Facebook as a toolkit: a uses and gratification approach to unbundling feature use. *Computers in Human Behavior*, 27, 2322-2329.
- Stead, H., & Bibly, P.A.(2017). Personality, Fear of missing out and problematic internet use and their relationship to subjective well-being. *Computers in Human Behavior*, 76, 534-540.
- Stillman, D., & Stillman, J.(2018). Generasi Z : Memahami generasi baru yang akan mengubah dunia kerja. Jakarta : Penerbit PT Gramedia Pustaka Utama.

- Sugiyono.(2013). Metode penelitian kuantitatif, kualitatif dan R&D. Bandung . Alfabeta.
- Supratiknya, A. (2014). *Pengukuran psikologis*. Yogyakarta. Universitas Sanata Dharma.
- Tafarodi, R.W., & Swann, W.B.(2001).Two-dimensional self-esteem : theory and measurement.*Personality and Individual Differences*.31.653-673.
- Tafarodi, R.W., & Swann, W.B.(1995).Self-liking and self-competence as dimensions of global self-esteem : Initial validation of a measure.*Journal of Personality Assessment*.65.323-342.
- Tafarodi, R.W., & Swann, W.B.(1996).Individualism-collectivism and global self-esteem evidence for a cultural trade-off.*Journal of Cross-Cultural Psychology*.27.06.651-672.
- Tafarodi, R. W., & Vu, C. (1997). Two-dimensional self-esteem and reactions to success and failure. *personality and social psychology Bulletin*, 23(6), 626–635.
- Tanta, I., Mihovilovic, M., & Sablic, Z.(2014). Uses and gratification theory – why adolescents use Facebook?.*Medij. istraž*,20,85-110.
- Triani, C.I.(2017). Hubungan antara kebutuhan berelasi dan fear of missing out pada pengguna media sosial dengan harga diri sebagai moderator.*Tesis*.Fakultas Psikologi Universitas Gadjah Mada
- Urbandictionary.(2013, 3 September). Defenition of FoMO Diakses melalui [Https://www.urbandictionary.com/define.php?term=Fomo/](https://www.urbandictionary.com/define.php?term=Fomo/)
- Vaidya, N., Jaiganesh, S., & Krishnan, J.(2016). Prevalence of internet addiction and its impact on the physiological balance of mental health. *National Journal of Physiology, Pharmacy and Pharmacology*,06,97-100.
- Wang, J.L., Jackson, L.A., Zhang, D.J., & Su, Z.Q.(2012). The relationships among the Big Five Personality factors, self-esteem, narcissism, and sensation-seeking to Chinese University students' uses of social networking sites (SNSs). *Computers in Human Behavior*,28,2313-2319.
- Wardhono W.(2005).Pengukuran Variabel.*Bina Ekonomi*,09,12-28.
- Webb, K. D. (2016). Fear of Missing Out (FoMO) and Personality: Their relationship to collegiate alcohol abuse.*Thesis*.Butler University
- Wiesner, B., Rompay, T.J.L., & Jong, M.D.T.(2017). "Fighting FoMO : A study on implications for solving the phenomenon of the fear of missing out".*Thesis*. University of Twente.
- Winarsunu, T. (2004). Statistik dalam penelitian psikologi dan pendidikan. Malang : Universitas Muhammadiyah Malang.

Zimmerman, M. A., Copeland, L. A., Shope, J. T., & Dielman, T. E. (1997). A longitudinal study of self-esteem: Implications for adolescent development. *Journal of youth and Adolescence*, 26(2), 117-141.

