



FAKULTAS KESEHATAN MASYARAKAT
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HUBUNGAN STATUS GIZI , MOTIVASI BELAJAR, DAN DUKUNGAN KELUARGA DENGAN PRESTASI BELAJAR PADA SISWA SMP DI KOTA SUNGAI PENUH TAHUN 2025

x + 82 halaman, 21 tabel, 2 gambar, 10 Lampiran

ABSTRAK

Tujuan penelitian

Prestasi belajar adalah hasil dari penilaian upaya belajar yang dapat dinyatakan dalam bentuk simbol, huruf, atau kalimat. Ada banyak faktor yang mempengaruhi prestasi belajar. Tujuan penelitian ini untuk mengetahui hubungan status gizi, motivasi belajar, dan dukungan keluarga dengan prestasi belajar pada siswa SMP di Kota Sungai Penuh tahun 2025.

Metode

Penelitian menggunakan desain cross sectional. Data dikumpulkan melalui pengukuran antropometri dan pengisian kuesioner motivasi belajar serta dukungan keluarga. Sampel sebanyak 97 siswa kelas VIII dipilih secara probability sampling dari populasi 208 siswa di SMPN 1 dan SMPN 6 Sungai Penuh.

Hasil

Hasil menunjukkan 59,8% siswa berprestasi, 74,2% gizi normal, 55,7% memiliki motivasi tinggi, dan 55,7% mendapat dukungan keluarga. Analisis chi-square menunjukkan tidak ada hubungan antara status gizi dan prestasi belajar ($p=0,246$), namun terdapat hubungan signifikan antara motivasi belajar ($p=0,001$) dan dukungan keluarga ($p=0,030$) dengan prestasi belajar.

Kesimpulan

Prestasi belajar siswa SMP di Kota Sungai Penuh berhubungan dengan motivasi belajar dan dukungan keluarga. Diharapkan pihak sekolah mengadakan bimbingan belajar, kelas motivasi, dan melibatkan orang tua untuk mendukung proses belajar siswa.

Daftar Pustaka : 58 (2010 – 2024)
Kata Kunci : Dukungan Keluarga, Motivasi Belajar, Prestasi Belajar

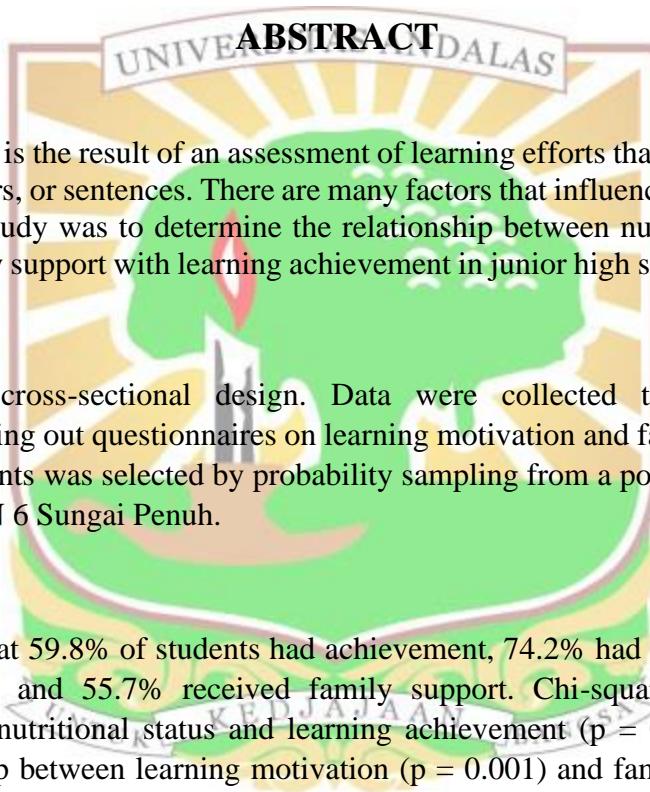
**FACULTY OF PUBLIC HEALTH
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THE RELATIONSHIP BETWEEN NUTRITIONAL STATUS, LEARNING MOTIVATION, AND FAMILY SUPPORT WITH LEARNING ACHIEVEMENT IN JUNIOR HIGH SCHOOL STUDENTS IN SUNGAI PENUH CITY IN 2025

x + 82 pages, 21 tables, 2 pictures, 10 appendices



Objectives

Learning achievement is the result of an assessment of learning efforts that can be expressed in the form of symbols, letters, or sentences. There are many factors that influence learning achievement. The purpose of this study was to determine the relationship between nutritional status, learning motivation, and family support with learning achievement in junior high school students in Sungai Penuh City in 2025.

Method

The study used a cross-sectional design. Data were collected through anthropometric measurements and filling out questionnaires on learning motivation and family support. A sample of 97 grade VIII students was selected by probability sampling from a population of 208 students at SMPN 1 and SMPN 6 Sungai Penuh.

Result

The results showed that 59.8% of students had achievement, 74.2% had normal nutrition, 55.7% had high motivation, and 55.7% received family support. Chi-square analysis showed no relationship between nutritional status and learning achievement ($p = 0.246$), but there was a significant relationship between learning motivation ($p = 0.001$) and family support ($p = 0.030$) with learning achievement.

Conclusion

The learning achievement of junior high school students in Sungai Penuh City is related to learning motivation and family support. It is expected that schools will hold tutoring, motivational classes, and involve parents to support the student learning process.

References : 58 (2010 – 2024)

Keywords : Family Support, Learning Achievement, Learning Motivation