

DAFTAR PUSTAKA

- Adiputra, I. M. S., Trisnadewi, N. W., Oktaviani, N. P. W., Munthe, S. A., Hulu, V. T., Budiastutik, I., Ramdany, A. F. R., Fitriani, R. J., Tania, P. O. A., Rahmiati, B. F., Lusiana, S. A., Susilawaty, A., Sianturi, E., & Suryana. (2021). *Metodologi penelitian kesehatan*. Yayasan Kita Menulis.
- Aini, A. N., Lestari, S. P., & Apriliyanti, R. (2024). Hubungan beban tugas, kontrol diri, dan komunitas terhadap burnout academic pada mahasiswa selama pembelajaran daring. *JKJ: Persatuan Perawat Nasional Indonesia*, 12(1), 49–60.
- Alam, R. (2022). *Kelelahan kerja (burnout)*. Penerbit Kampus.
- Alimah, S., & Swasti, K. G. (2018). Gambaran burnout pada mahasiswa keperawatan di Purwokerto. *Jurnal Keperawatan Soedirman*, 11(2), 130-141.
<https://doi.org/10.20884/1.jks.2018.11.2.709>
- Alghtany, S., Madhuvu, A., Fooladi, E., & Crawford, K. (2024). Assessment of academic burnout and professional self-concept in undergraduate nursing students: A cross-sectional study. *Journal of Professional Nursing*, 52, 7–14.
<https://doi.org/10.1016/j.profnurs.2024.03.003>
- Almeida, I. F., Bernardes, R. A., Silva, R., Santana, E., Sousa, L. B., & Bernardo, A. R. (2023). Konsep diri profesional keperawatan: Tinjauan cakupan. *Nursing Reports*, 13(1), 51–56. <https://doi.org/10.3390/nursrep13010005>
- Amar, Z., Mita, & Ernawati. (2023). Pengalaman mahasiswa keperawatan universitas tanjungpura dalam praktik klinik: Tuntutan, tantangan, dan dampak psikologis. *Jurnal Keperawatan*, 5(1), 15–25.

<https://jurnal.untan.ac.id/index.php/jmkeperawatanFK/article/download/34660/75676582458>

- Angel, E., Craven, R., & Denson, N. (2012). *The Nurses Self-Concept Instrument (NSCI)*: Assessment of psychometric properties for Australian domestic and international student nurses. *International Journal of Nursing Studies*, 49(7), 880–886. <https://doi.org/10.1016/j.ijnurstu.2012.01.016>
- Arthur, D. (1992). Measuring the professional self-concept of nurses: A critical review. *Journal of Advanced Nursing*, 17(9), 1101–1107. <https://doi.org/10.1111/j.1365-2648.1992.tb01969.x>
- Arthur, D. (1995). Measurement of the professional self-concept of nurses: Developing a measurement instrument. *Nurse Education Today*, 15(1), 3–10. [https://doi.org/10.1016/s0260-6917\(95\)80004-2](https://doi.org/10.1016/s0260-6917(95)80004-2)
- Arthur, D., Pang, S., Wong, T., Alexander, M. F., Drury, J., Eastwood, H., ... (1999). Caring attributes, professional self-concept, and technological influences in a sample of registered nurses in eleven countries. *International Journal of Nursing Studies*, 36(5), 387–396. [https://doi.org/10.1016/S0020-7489\(99\)00035-8](https://doi.org/10.1016/S0020-7489(99)00035-8)
- Arthur, D., Sohng, K. Y., Noh, C. H., & Kim, S. (1998). The professional self-concept of Korean hospital nurses. *International Journal of Nursing Studies*, 35(8), 155–162. [https://doi.org/10.1016/S0020-7489\(98\)00024-8](https://doi.org/10.1016/S0020-7489(98)00024-8)
- Arthur, D., & Thorne, S. (1998). Professional self-concept of nurses: A comparative study of four strata of nursing students in a Canadian university. *Nurse*

Education Today, 18(9), 380–385. [https://doi.org/10.1016/0021-8634\(92\)80007-f](https://doi.org/10.1016/0021-8634(92)80007-f)

Arthur, D., & Randle, J. (2007). The professional self-concept of nurses: A review of the literature from 1992–2006. *Australian Journal of Advanced Nursing*, 24(3), 15–25.

Barry, A., Parvan, K., Jabbarzadeh Tabrizi, F., Sarbakhsh, P., & Safa, B. (2019). Is professional self-concept associated with stress among nursing students in clinical setting: A descriptive correlational research. *Crescent Journal of Medical and Biological Sciences*, 6(2), 191–195. <https://www.cjmb.org>

Chang, Y.-C., Yeh, M.-L., Lin, K.-C., & Wang, K.-Y. (2021). Trajectory of growth in Taiwanese nursing students' professional self-concept over two years and its association with critical thinking and class climate. *Journal of Professional Nursing*, 37(5), 729–734. <https://doi.org/10.1016/j.joprofnurs.2021.05.002>

Cowin, L. (2002). Measuring nurses' self-concept. *Western Journal of Nursing Research*, 23(3), 13. <https://doi.org/10.1177/01939450122045177>

Dahlan, S. (2019). *Statistik untuk kedokteran dan kesehatan* (W. Kurniawan, Ed.; 6th ed.). Epidemiologi Indonesia.

Ding, Z., Weng, H., Yang, L., Zhang, B., Luo, Y., & Wang, Q. (2024). Transition shock, future time perspective, professional self-concept, and professional identity among nursing interns: A cross-sectional study. *Heliyon*, 10(2024), e26207. <https://doi.org/10.1016/j.heliyon.2024.e26207>

- Dini, M. P., & Sari, A. R. (2020). Analisis hubungan antara self-efficacy dan beban kerja akademik dengan stres mahasiswa profesi ners. *Psychiatry Nursing Journal*, 1(2), 69–75. <http://dx.doi.org/10.20473/pnj.v2i2.22269>
- Dini, M. P., Fitryasari, R., & Asmoro, C. P. (2020). Analisis hubungan antara self-efficacy dan beban kerja akademik dengan stres mahasiswa profesi ners: Studi literatur. *Psychiatry Nursing Journal*, 2(2), 78–91. <https://ejournal.unair.ac.id/PNJ/article/download/22269/pdf>
- Donsu, J. D. T. (2016). *Metodologi penelitian keperawatan* (1st ed.). Pustaka Baru Pres.
- Eliyana, E. (2016). Faktor - faktor yang berhubungan dengan burnout perawat pelaksana di ruang rawat inap RSJ provinsi kalimantan barat tahun 2015. *Jurnal ARSI (Administrasi Rumah Sakit Indonesia)*, 2(3), 172–187. <https://doi.org/10.7454/arsi.v2i3.2200>
- Fakultas Ilmu Kesehatan Universitas Nasional. (2020). *Kurikulum pendidikan profesi Ners.* Retrieved from <https://fikes.unas.ac.id/wp-content/uploads/2020/10/BUKU-KURIKULUM-NERS.pdf>
- Goliroshan, S. (2021). The protective role of professional self-concept and job embeddedness on nurses' burnout: structural equation modeling. *BMC Nursing*, 29(4), 203.
- Gómez-Urquiza, J. L., Velando-Soriano, A., Membribe-Jiménez, M. J., Ramírez-Baena, L., Aguayo-Estremera, R., Ortega-Campos, E., ... (2023). Prevalence and factors associated with burnout among nursing students: A systematic

review and meta-analysis. *Nurse Education in Practice*, 72, 103753.

<https://doi.org/10.1016/j.nepr.2023.103753>

Hwang, E., & Kim, J. (2022). Factors affecting academic burnout of nursing students according to clinical practice experience. *BMC Medical Education*, 22(1).

Kementerian Kesehatan Republik Indonesia. (2023). Pengaruh burnout akademik pada kesehatan mental mahasiswa. Retrieved November 2024

Kesworowati, D., Setiyadi, A., & Handayani, H. (2023). Organizational effort factors dan burnout pada perawat di unit perawatan terpadu. *Binawan Student Journal*, 5(1), 40-46. <https://doi.org/10.54771/bsj.v5i1.847>

Kouzes, J. M., & Posner, B. Z. (2017). *The leadership challenge: How to make extraordinary things happen in organizations* (6th ed.). John Wiley & Sons.

Kusuma, R. D., Susanti, I. H., & Sukmaningtya, W. (2022). The relationship between peer emotional support and burnout in students: Literature review.

Jurnal Cakrawala Ilmiah, 1(12), 3649–3656.

<http://dx.doi.org/10.53625/jcijurnalcakrawalailmiah.v1i12.3279>

Lee, B. S. (1996). Concept analysis of caring. *The Journal of Nurses Academic Society*, 26(2), 337–344. <https://doi.org/10.4040/jnas.1996.26.2.337>

Lee, H. K., & Yang, H. J. (2015). Influence of professional self-concept and professional autonomy on nursing performance of clinic nurses. *International Journal of Bio-Science and Bio-Technology*, 7(5), 14.

<https://doi.org/10.14257/ijbsbt.2015.7.5.28>

- Leiter, M. P., Maslach, C., & Frame, K. (1993). Burnout: A multidimensional perspective. *Current Directions in Psychological Science*, 30(1), 60-65.
<http://dx.doi.org/10.4324/9781315227979-3>
- Leiter, M. P., & Maslach, C. (1988). The impact of interpersonal environment on burnout and organizational commitment. *Journal of Organizational Behavior*, 9(4), 297-308. <https://doi.org/10.1002/job.4030090402>
- Malik, F. A., & Simamora, R. S. (2022). Hubungan tingkat pengetahuan dengan implementasi komunikasi terapeutik pada mahasiswa profesi ners STIKes Medistra Indonesia. *Jurnal Keperawatan Mandira Cendikia*, 1(1), 18–22.
<https://doi.org/10.70570/jkmc.v1i1.4>
- Manurung, Y. R. (2021). *Gambaran konsep diri mahasiswa program profesi Ners STIKes Santa Elisabeth Medan*. Sekolah Tinggi Ilmu Kesehatan Santa Elisabeth Medan
- Marsh, H. W., & Craven, R. G. (2006). Reciprocal effects of self-concept and performance from a multidimensional perspective: Beyond seductive pleasure and unidimensional perspectives. *Perspectives on Psychological Science*, 1(2), 133–163. <https://psycnet.apa.org/doi/10.1111/j.1745-6916.2006.00010.x>
- Maslach, C., & Leiter, M. P. (2016). Understanding the burnout experience: Recent research and its implications for psychiatry. *World Psychiatry*, 15(2), 103-111.
<https://doi.org/10.1002/wps.20311>
- Miao, C., Liu, C., Zhou, Y., Zou, X., Song, L., Chung, J. W. Y., Tan, W., Li, X., & Li, D. (2024). Nurses' perspectives on professional self-concept and its influencing factors: A qualitative study. *BMC Nursing*, 23(237).

- Montgomery, A. P., & Patrician, P. A. (2020). The concept of burnout in the nursing profession. *International Journal of Nursing and Health Care Research*, 3(10), 1204. 10.29011/2688-9501.101204
- Maisyaroh. S. (2024). Pengaruh academic burnout terhadap motivasi belajar mahasiswa. *Jurnal Psikodinamika*, 6(1), 1–10. <https://doi.org/10.36636/psikodinamika.v4i1.3936>
- Nursalam. (2011). *Manajemen keperawatan: Aplikasi dalam praktik keperawatan profesional* (Ed. Revisi). Jakarta: Salemba Medika.
- Nursalam. (2015). *Metodologi penelitian ilmu keperawatan*. Salemba Medika.
- Notoatmodjo, S. (2014). *Metode penelitian kesehatan*. Jakarta: Rineka Cipta.
- Program Studi Ilmu Keperawatan dan Pendidikan Profesi Ners. (2022). *BPKM profesi ners keperawatan medikal bedah*. STIKes Mediistra Indonesia.
- Putri, K. P. D., Nauli, F. A., & Aziz, A. R. (2022). Hubungan burnout terhadap perilaku prokrastinasi akademik pada mahasiswa keperawatan Universitas Riau. *JUKEJ: Jurnal Kesehatan Jompa*, 2(2), 164–173. <https://doi.org/10.57218/jkj.Vol2.Iss2.896>
- Ramadhanty, S. N., Nauli, F. A., & Guna, S. D. (2025). Gambaran burnout pada mahasiswa keperawatan. *Jurnal Keperawatan Profesional*, 13(1), 32–48. <https://doi.org/10.33650/jkp.v13i1.9992>
- Rusmianingsih, N., Rahmawati, E., & Wulan, N. (2024). Hubungan tingkat stres dan kualitas tidur dengan konflik pada mahasiswa profesi ners di Sekolah Tinggi Ilmu Kesehatan Kuningan. *Journal of Nursing Practice and Education*, 4(2), 297-306. <https://doi.org/10.34305/jnpe.v4i2.1080>

- Rosasalsaprilia, R. (2024). *Mencegah burnout pada perawat: Strategi meningkatkan resiliensi*. Kompasiana. Retrieved from <https://www.kompasiana.com/rosasalsaprilia0233/666784ec34777c6a4c2118e2/mencegah-burnout-pada-perawat-strategi-meningkatkan-resiliensi>
- Sasat, S., Burnard, P., Edwards, D., Naiyapatana, W., Hebden, U., Boonrod, W., Arayathanitkul, B., & Wongmak, W. (2002). Self-esteem and student nurses: A cross-cultural study of nursing students in Thailand and the UK. *Nursing and Health Sciences*, 4(9), 193–198. <https://doi.org/10.1046/j.1442-2018.2002.00095.x>
- Schaufeli, W. B., Martinez, I. M., Pinto, A. M., Salanova, M., & Bakker, A. B. (2002). Burnout and engagement in university students: A cross-national study. *Journal of Cross-Cultural Psychology*, 33(5), 464-481. <https://doi.org/10.1177/0022022102033005003>
- Shin, S., & Hwang, E. (2020). The effects of clinical practice stress and resilience on nursing students' academic burnout. *Korean Medical Education Review*, 22(2), 115–121. <https://doi.org/10.17496/kmer.2020.22.2.115>
- Siallagan, A. M., Ginting, F., & Manurung, Y. (2021). Konsep diri mahasiswa profesi Ners di STIKes Santa Elisabeth Medan. *JINTAN: Jurnal Ilmu Keperawatan*, 1(2), 119–126. <https://doi.org/10.5177/jintan.v1i2.51>
- Siswantoro, E., & Dwipayanti, P. I. (2023). *Pengembangan model perilaku caring berbasis kecerdasan emosional terhadap peningkatan kompetensi mahasiswa keperawatan*. Yayasan Abdi Amanah Masyarakat Mojokerto. ISBN: 978-602-52358-6-3.

Sugiyono. (2019). *Metodologi penelitian kualitatif, kuantitatif, dan R&D*. Pusat Bahasa Depdiknas.

Sugiyono. (2020). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Alfabeta

Suha, Y., Nauli, F. A., & Karim, D. (2021). Gambaran burnout pada mahasiswa jurusan keperawatan. *Coping: Community of Publishing in Nursing*, 10(3), 282. <http://dx.doi.org/10.24843/coping.2022.v10.i03.p07>

Sutriyawan, A. (2021). *Metodologi penelitian kedokteran dan kesehatan* (N. F. Atif, Ed.; 1st ed.). PT Refika Aditama.

Syapitri, H., Amila, & Aritonang, J. (2021). *Metodologi penelitian kesehatan* (A. H. Nadana, Ed.; 1st ed.). Ahlimedia Press.

Wang, M., Guan, H., Li, Y., Xing, C., & Rui, B. (2019). Academic burnout and professional self-concept of nursing students: A cross-sectional study. *Nurse Education Today*, 77, 27–31. <https://doi.org/10.1016/j.nedt.2019.03.004>

Zhang, T., Su, D., Yang, Y., & Li, S. (2023). Does interpersonal self-support matter for freshman nursing students' professional identity? Evidence from mainland China. *Frontiers in Psychology*, 14, 1123625. <https://doi.org/10.3389/fpsyg.2023.1123625>