

DAFTAR PUSTAKA

- Aarestad, S. H., Flaa, T. A., Griffiths, M. D., & Pallesen, S. (2023). Smartphone Addiction and Subjective Withdrawal Effects: A Three-Day Experimental Study. *SAGE Open*, 13(4), 1–10. <https://doi.org/10.1177/21582440231219538>
- Al Aziz, A. A. (2020). Hubungan Antara Intensitas Penggunaan Media Sosial dan Tingkat Depresi pada Mahasiswa. *Acta Psychologia*, 2(2), 92–107. <https://doi.org/10.21831/ap.v2i2.135100>
- Alotaibi, M. S., Fox, M., Coman, R., Ratan, Z. A., & Hosseinzadeh, H. (2022). Perspectives and Experiences of Smartphone Overuse among University Students in Umm Al-Qura University (UQU), Saudi Arabia: A Qualitative Analysis. *International Journal of Environmental Research and Public Health*, 19(7), 1–21. <https://doi.org/10.3390/ijerph19074397>
- Amna, Z., Faradina, S., & Mufidah, R. (2021). Gambaran Kecenderungan Adiksi Penggunaan Ponsel Cerdas Pada Mahasiswa. *Seurune : Jurnal Psikologi Unsyiah*, 3(2), 101–112. <https://doi.org/10.24815/s-jpu.v3i2.17613>
- Ardhi, S. (2023). *Kementrian Kesehatan Ungkap Kasus Bunuh Diri Meningkat Hingga 826 Kasus*. Universitas Gajah Mada.
- Arthy, C. C., Effendy, E., Amin, M. M., Loebis, B., Camellia, V., & Husada, M. S. (2019). Indonesian version of addiction rating scale of smartphone usage adapted from smartphone addiction scale-short version (SAS-SV) in junior high school. *Open Access Macedonian Journal of Medical Sciences*, 7(19), 3235–3239. <https://doi.org/10.3889/oamjms.2019.691>

- Bakri, R. P. (2021). *Pengaruh Stres Akademik dan Kecanduan Smartphone Terhadap Prokrastinasi Akademik*. 9(3), 578–593. <https://doi.org/10.30872/psikoborneo>
- Bintang, A. Z., & Mandagi, A. M. (2021). Kejadian Depresi Pada Remaja Menurut Dukungan Sosial Di Kabupaten Jember. *Journal of Community Mental Health and Public Policy*, 3(2), 92–101. <https://doi.org/10.51602/cmhp.v3i2.55>
- BPS. (2023). Kota Padang Dalam Angka 2023. In *Sumedang Dalam Angka 2023* (p.). Badan Pusat Statistik Kota Padang.
- BPS. (2024). *Statistik Indonesia 2023 (1st ed.)*. Badan Pusat Statistik.
- Cali, M. A. A., Fernandez-Lopez, L., Navarro-Zaragoza, J., Caravaca-Sánchez, F., & Falcon, M. (2024). Smartphone Addiction among Adolescents in Southern Italy and Correlation with Other Risky Behaviors. *Actas Espanolas de Psiquiatria*, 52(5), 632–640. <https://doi.org/10.62641/aep.v52i5.1664>
- Cheng, Y., Yang, T., & Lee, J. (2021). *The Relationship between Smartphone Addiction , Parent – Child Relationship , Loneliness and Self-Efficacy among Senior High School Students in Taiwan*.
- Choi, B., & Kim, J. S. (2024). The Effect of Smartphone Addiction on School Adjustment of Children in Community Children’s Centers: Mediating Effect of Academic Enthusiasm. *K Education Research Society*, 9(3), 69–88. <https://doi.org/10.48033/jss.9.3.5>
- Daysal, B., & Yilmazel, G. (2020). Smartphone Addiction and Adolescence via

- Public Health View. *Turkish Journal of Family Medicine and Primary Care*, 14(2), 316–322. <https://doi.org/10.21763/tjfmpe.730254>
- Desi, Felita, A., & Kinasih, A. (2020). Gejala Depresi Pada Remaja di Sekolah Menengah Atas. *Jurnal Ilmiah Ilmu Kesehatan*, 8487(1), 30–38.
- Donsu, J. D. T. (2017). *Psikologi Keperawatan : Aspek-aspek Psikologi, Konsep Dasar Psikologi, Teori Perilaku Manusia*. Pustaka Baru Press.
- Faisyal, Sudarmika, D., & Lestari, I. R. (2022). Realitas Sosial Smartphone Dalam Interaksi Sosial Remaja. *Jurnal Oratio Directa*, 4(1), 616–635.
- Guajara, C. De, & Laguna, L. (2024). *Tinjauan Neurosains dan Bioperilaku Dampak kecanduan internet dan smartphone terhadap kontrol kognitif pada remaja dan dewasa muda : Tinjauan sistematis studi fMRI* ☆. 159. <https://doi.org/10.1016/j.neubiorev.2024.105572>
- Gustilawati, B., Utami, D., & Farich, A. (2020). *Tingkat Kecanduan Smartphone dan Self Efficacy dengan Prestasi Belajar Mahasiswa Fakultas Kedokteran Universitas Malahayati*. 9(1), 109–115. <https://doi.org/10.35816/jiskh.v10i2.230>
- Haidar, G., & Apsari, N. C. (2020). Pornografi Pada Kalangan Remaja. *Prosiding Penelitian Dan Pengabdian Kepada Masyarakat*, 7(1), 136. <https://doi.org/10.24198/jppm.v7i1.27452>
- Hardani, Auliya, N. H., Andriani, H., Fardani, R. A., Ustiawaty, J., Utami, E. F., Sukmana, D. J., & Istiqomah, R. R. (2020). *Metode Penelitian Kualitatif &*

Kuantitatif. CV. Pustaka Ilmu.

Haryanto, Wahyuni, H. D., & Nandiroh, S. (2020). Sistem Deteksi Gangguan Depresi Pada Anak-Anak Dan Remaja. *Jurnal Teknik Industri*.
<https://doi.org/10.23917/jiti.v14i2.998>

Hidayanto, D. K., Hasna, A., Ajjah, N., & Khoerunnisa, Y. (2021). *Pengaruh Kecanduan Telpon Pintar (Smartphone) pada Remaja (Literature Review)*. 8(1), 73–79.

Jeong, E. (2024). The moderated mediating effect of parental smartphone addiction in the relationship between smartphone addiction, sleep duration, and depression among adolescents. *Research in Community and Public Health Nursing*, 35(3), 216–225. <https://doi.org/10.12799/rcphn.2024.00549>

Karokaro, T. M., Afrizal, Amel, Y., & Hardisman. (2024). *Faktor-Faktor Yang Mempengaruhi Terjadinya Depresi Pada Remaja*. 6, 1927–1935.
<https://doi.org/10.31539/joting.v6i2.9943>

Kemkes RI. (2023). Fact Sheet Kesehatan Jiwa Remaja Tahun 2023. *Ski 2023*.
<https://www.badankebijakan.kemkes.go.id/hasil-ski-2023/>

Kim, S. G., Park, J., Kim, H. T., Pan, Z., Lee, Y., & McIntyre, R. S. (2022). The relationship between smartphone addiction and symptoms of depression , anxiety , and attention - deficit / hyperactivity in South Korean adolescents. *Annals of General Psychiatry*, 1–8. [https://doi.org/10.1186/s12991-019-0224-](https://doi.org/10.1186/s12991-019-0224-8)

Kwon, M., Kim, D., Cho, H., & Yang, S. (2013). *The Smartphone Addiction Scale : Development and Validation of a Short The Smartphone Addiction Scale : Development and Validation of a Short Version for Adolescents. February 2015*. <https://doi.org/10.1371/journal.pone.0083558>

Latifah, Zwagery, R. V., Safithry, E. A., & Nglimun. (2023). *Basic Concepts Of Child And Youth Creativity Development And Its Measurement In Developmental Psychology*.

Leblanc, J. C., Sc, M., Almudevar, A., Ph, D., Brooks, S. J., Ph, D., & Kutcher, S. (2002). *Screening for Adolescent Depression : Comparison of the Kutcher Adolescent Depression Scale with the Beck Depression Inventory*. 12(2), 113–126.

Mandasari, L., Tobing, D. L., & Kesehatan, F. I. (2020). *Tingkat depresi dengan ide bunuh diri pada remaja*. 2(1).

Mankovskyi, D. (2023). Predictors of the severity of cognitive impairment in adolescents with depression. *Ukrains'kyi Visnyk Psykhonevrolohi*.

Mansouri, A. El, Hessni, A. El, Aboussaleh, Y., Bikri, S., & Mohamed, W. (2023). *SMARTPHONE OVERUSE AS HABIT OF PLEASURE SEEKING IN MOROCCAN ADULTS*. 21(2), 1–18.

Mike Michael, S., Nadine Donata, W., Christina, M., Juliane, H., Fabio, S., Dusan, H., Katharina Maria, K., Julian, K., & Robert Christian, W. (2022). Aberrant Intrinsic Neural Networks Strength in Individuals with “Smartphone Addiction”: An MRI Data Fusion Study. *Journal of Psychiatry Treatment and*

Research, 4(1), 77–85. <https://doi.org/10.36959/784/430>

Murthy J, V., & Tauro, V. G. (2024). Smartphone Addiction and the Associated Factors of Adolescents and Purposes and Pattern of Smartphone Use. *International Journal of Science and Healthcare Research*, 9(1), 158–168. <https://doi.org/10.52403/ijshsr.20240120>

Nirudya, V., M, M. R., Chandrasekhar, R. S., A, P., & V, M. R. (2023). Prevalence of Depression in School-Going Adolescents and Its Impact on Scholastic Performance: A Cross-Sectional Study. *Cureus*, 15(4). <https://doi.org/10.7759/cureus.38340>

Nishida, T., Tamura, H., & Sakakibara, H. (2020). The association of smartphone use and depression in Japanese adolescents. *Psychiatry Research*, 273(November 2019), 523–527. <https://doi.org/10.1016/j.psychres.2019.01.074>

Notoatmodjo, S. (2012). *Metodologi Penelitian Kesehatan (Edisi Revisi)*. PT. Rineka Cipta.

Notoatmodjo, S. (2018). *Metodologi Penelitian Kesehatan (Kedua)*. PT RINEKA CIPTA.

Nursalam. (2020). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis* (5th ed.). Salemba Medika.

Oh, W. O., & Heo, Y. J. (2024). Exploring the Link Between Smartphone Overdependence, Depression, and Suicidal Behaviors Through the Mediating

- Effect of Lifestyle Risk Behaviors Among South Korean Adolescents: A Cross-sectional Study Using National Big Data. *Journal of Pediatric Health Care*, 38(3), 298–309. <https://doi.org/10.1016/j.pedhc.2023.12.011>
- Ohtani, K., Tamura, A., Sakaki, M., Murayama, K., Ishikawa, S., Ishii, R., Nakazato, N., Suzuki, T., & Tanaka, A. (2023). Parental perception matters: Reciprocal relations between adolescents' depressive symptoms and parental perceptions. *Journal of Counseling Psychology*, 70(1)(103–118). <https://doi.org/https://psycnet.apa.org/doi/10.1037/cou0000632>
- Pamungkas, B. A., & Kamalah, A. D. (2021). *Prosiding Seminar Nasional Kesehatan 2021 Lembaga Penelitian dan Pengabdian Masyarakat Gambaran Tingkat Depresi Pada Remaja: Literature Review Prosiding Seminar Nasional Kesehatan 2021 Lembaga Penelitian dan Pengabdian Masyarakat Universitas Muhammadiyah*. 1332–1341.
- Park, S., & Yoo, J. Y. (2023). A study on smartphone dependence and depression in Korean high school students. *Medicine (United States)*, 102(12), E33354. <https://doi.org/10.1097/MD.00000000000033354>
- Pertiwi, S. T., Moeliono, M. F., & Kendhawati, L. (2021). Depresi, Kecemasan, dan Stres Remaja selama Pandemi Covid-19. *JURNAL Al-AZHAR INDONESIA SERI HUMANIORA*, 6(2), 72. <https://doi.org/10.36722/sh.v6i2.497>
- Pratama, D., & Sari, Y. P. (2021). Karakteristik Perkembangan Remaja | Jurnal Edukasimu. *Edukasimu.Org*, 1(3), 1–9.

<http://edukasimu.org/index.php/edukasimu/article/view/49>

Pratiwi, R. (2020). Perkembangan Remaja: Tinjauan Psikologis. *Jurnal Ilmiah Psikologi*, 8(2), 145–156.

Ramadani, I. R., Jl, A., Iskandar, W., Estate, M., Percut, K., Tuan, S., Serdang, K. D., & Utara, S. (2024). *Penyebab Dan Gejala Depresi minat terus-menerus . Manual Statistik Diagnostik Gangguan Mental dari American Psychiatric*. 2.

Rodhiyah, I., & Djuwita, E. (2023). Difficulty Emotion Regulation as a Predictor of Adolescent Depressive Symptoms. *Psikostudia : Jurnal Psikologi*, 12(2), 218. <https://doi.org/10.30872/psikostudia.v12i2.10340>

Sadock, B. J., Sadock, V. A., & Ruiz, P. (2015). *Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry*. Wolters Kluwer Health. <https://books.google.co.id/books?id=IzGYBAAAQBAJ>

Sajidah, A. H. B., Jayanti, I., Rahman, N., & Yulianto, A. (2024). Differences in Smartphone Addiction between Male and Female Adolescents. *Journal of Mental Health Issues and Behavior*, 44, 1–7. <https://doi.org/10.55529/jmhib.44.1.7>

Saputri, I. A., & Nurrahima, A. (2020). *Faktor- Faktor yang Mempengaruhi Depresi Anak Usia Sekolah : Kajian Literatur*. 3(2), 50–58.

Sharma, D., Goel, N. K., Sidana, A., Kaura, S., & Sehgal, M. (2023). Prevalence of Smartphone Addiction and its Relation with Depression among School-going Adolescents. *Indian Journal of Community Health*, 35(1), 27–31.

<https://doi.org/10.47203/IJCH.2023.v35i01.006>

Sindhumathi, Tamilselvi, Jeyagowri, & Krishnan, M. (2023). Assessing the Impact of Behavioral Activation Therapy on Physiological and Chemical Markers of Depression in Adolescents: A Study in Puducherry Schools. *Journal of Advanced Zoology*, 25(1–2), 1462–1470.

SKI. (2023). Survei Kesehatan Indonesia (SKI). *Kementrian Kesehatan Indonesia*, 1–68.

Smith, M., Nolan, M., & Gaffey, J. (2024). Online safety and social media regulation in Australia: eSafety Commissioner v X Corp. *Griffith Law Review*, 33(1), 2–18. <https://doi.org/10.1080/10383441.2024.2405760>

Sugiyono. (2020). *Metode Penelitian Kesehatan*. ALFABETA.

Tarjo. (2019). *Metode Penelitian*. Deepublish.
https://www.google.co.id/books/edition/Metode_Penelitian_Sistem_3x_Baca/Si%0AzGDwAAQBAJ?hl=id&gbpv=1&dq=metodologi+penelitian+tarjo&printsec=fro%0Antcover

Tymofiyeva, O., Yuan, J. P., Kidambi, R., Huang, C., Henje, E., Rubinstein, M. L., Jariwala, N., Max, J. E., Yang, T. T., & Xu, D. (2020). Neural Correlates of Smartphone Dependence in Adolescents. *Frontier in Human Neuroscience*, 14(October), 1–8. <https://doi.org/10.3389/fnhum.2020.564629>

Unicef. (2022). Apa itu depresi? *Unicef Indonesia*.

Wang, P., Liu, S., Zhao, M., Yang, X., Zhang, G., & Chu, X. (2019). Children and

Youth Services Review How is problematic smartphone use related to adolescent depression ? A moderated mediation analysis. *Children and Youth Services Review*, 104(April), 104384.
<https://doi.org/10.1016/j.childyouth.2019.104384>

WHO. (2020). *Coming of age: adolescent health*. <https://www.who.int/news-room/spotlight/coming-of-age-adolescent-health>

Widhigdo, J. C. (2020). Smartphones Trigger Depression. *Journal PSIKODIMENSIA*. <https://doi.org/10.24167/psidim.v19i1.2230>

Wiguna, G. R. P., & Aryani, L. N. A. (2023). Depresi Pada Remaja Denga Adiksi Telaah Sistematis. *Jurnal Inovasi Hasil Penelitian Dan Pengembangan*, 5(2), 38–45.

Wulandari, C., & Rusmawati, D. (2019). Hubungan Konfromitas dengan Kecanduan Gadget Pada Siswa SMA Negeri 9 Semarang. *Jurnal Empati*, 5(1), 1–10.

Zhang, J., Liu, D., Ding, L., & Du, G. (2023). *Prevalence of depression in junior and senior adolescents*. December, 1–9.
<https://doi.org/10.3389/fpsy.2023.1182024>

Zhou, X., Liao, M., Gorowska, M., Chen, X., & Li, Y. (2024). Compliance and alternative behaviors of heavy gamers in adolescents to Chinese online gaming restriction policy. *Journal of Behavioral Addictions*, 13(2), 687–692.
<https://doi.org/10.1556/2006.2024.00021>