

DAFTAR PUSTAKA

- Aboaja, A., Blackwood, D., Alvarado, R., & Grant, L. (2023). The Mental Wellbeing of Female Prisoners in Chile. *BMC Research Notes*, 16(1).
- Amandari, S. L., & Sartika, D. (2015). Hubungan antara Character Strength dengan Penyesuaian Diri yang Efektif Pada Narapidana di Lapas Sukamiskin Kelas IIA Bandung. *Prosiding Psikologi*, 519-525.
- Amoke, C. V., Ede, M. O., Nwokeoma, B. N., Onah, S. O., Ikechukwu-Ilomuanya, A. B., Albi-Oparaocha, F. C., Nweke, M. L., Amoke, C. V., Amadi, K. C., Aloh, H. E., Anyaegbunam, E. N., Nwajiuba, C. A., Onwuama, O. P., Ede, K. R., Ononaiwu, A. I., & Nweze, T. (2020). Effects of group cognitive-behavioral therapy on psychological distress of awaiting-trial prison inmates. *Medicine*, 99(17). <https://doi.org/10.1097/MD.00000000000018034>
- Andrews, G., & Slade, T. (2001). Interpreting scores on the Kessler psychological distress scale (K10). *Australian and New Zealand journal of public health*, 25(6), 494-497.
- Andriany, M. (2017). Rencana narapidana perempuan menghadapi kebebasan di lapas perempuan kelas II A Semarang: konteks correctional nursing. *Idea Nursing Journal*. 2(2), 87-94.
- Ardilla, F., & Herdiana, I. (2013). Penerimaan diri pada narapidana wanita. *Jurnal psikologi kepribadian dan sosial*, 2(1), 1-7.
- Ashar, M. A. (2021). Hubungan antara Dukungan Sosial dengan *Psychological well-being* Pada Narapidana Remaja di Lembaga Pembinaan Khusus Anak Klas II Tanjung Pati (Tesis, Universitas Andalas). <http://scholar.unand.ac.id/id/eprint/205962>
- Azzahra, F. (2017). Pengaruh resiliensi terhadap distres psikologis pada mahasiswa. *Jurnal Ilmiah Psikologi Terapan*, 5(1), 80-96.
- Azwar, Saifuddin. (2017). Metode Penelitian Psikologi (Edisi II). Yogyakarta: Pustaka Pelajar
- Bapino, S. R. (2022). Perlindungan Hak Asasi Mantan Narapidana Terhadap Stigma Negatif Masyarakat Ditinjau Dari UU No. 39 Tahun 1999 Tentang Hak Asasi Manusia. *Lex Administratum*, 10(5).
- Baranyi, G., Scholl, C., Fazel, S., Patel, V., Priebe, S., & Mundt, A. P. (2019). Severe mental illness and substance use disorders in prisoners in low-income and middle-income countries: a systematic review and meta-analysis of prevalence studies. *The Lancet. Global health*, 7(4), 461– 471.
- Bronson, J., & Berzofsky, M. (2017). Indicators of mental health problems reported by prisoners and jail inmates. *Bureau of Justice Statistics*, 1-16.
- Budikafa, S. F. A., Suarni, W., & Pambudhi, Y. A. (2021). Dukungan Sosial dan Psychological Well-Being Narapidana Perempuan. *Jurnal Sublimapsi e-ISSN*, 2(3), 169-178.
- Cakir, H. Y., Erdinc, B., Akyil, Y., Oral, T., & Duman, S. (2024). The Mediating of Social Support between Psychological Distress and Mental Well-Being. *Journal of Education and New Approaches*, 7(2), 174-184.

- Cooper, C., & Berwick, S. (2001). Factors affecting psychological well-being of three groups of suicide-prone prisoners. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 20(2), 169–182. <https://doi.org/10.1007/s12144-001-1025-0>
- Dachew, B. A., Fekadu, A., Kisi, T., Yigzaw, N., & Bisetegn, T. A. (2015). Psychological distress and associated factors among prisoners in North West Ethiopia: cross-sectional study. *International journal of mental health systems*, 9, 1-6.
- Dadi, A. F., Dachew, B. A., Kisi, T., Yigzaw, N., & Azale, T. (2016). Anxiety and associated factors among prisoners in North West of Amhara Regional State, Ethiopia. *BMC psychiatry*, 16 (1), 83.
- Direktorat Jenderal Pemasyarakatan Kementerian Hukum dan Hak Asasi Manusia. (2021). Data Penghuni Lembaga Pemasyarakatan. Kementerian Hukum dan Hak Asasi Manusia. <https://sdppublik.ditjenpas.go.id/analisa/jumlah-penghuni>
- Direktorat Jenderal Pemasyarakatan Kementerian Hukum dan Hak Asasi Manusia. (2024). Data Narapidana Wanita Lembaga Pemasyarakatan. Kementerian Hukum dan Hak Asasi Manusia. <https://sdppublik.ditjenpas.go.id/analisa/jumlah-penghuni>
- Facer-Irwin, E., Blackwood, N. J., Bird, A., Dickson, H., McGlade, D., Alves-Costa, F., & MacManus, D. (2019). PTSD in prison settings: A systematic review and meta-analysis of comorbid mental disorders and problematic behaviours. *PloS one*, 14(9).
- Fangand, C.Y., & Schnoll, R.A. (2002). Impact of psychological distress on outcomes in cancer patients. *Expert Review of Pharmacoeconomics & Outcomes Research*, 2, 495 - 506.
- Faruq, M & Jarodi, O. (2023). Hubungan Dukungan Keluarga dengan Tingkat Depresi Narapidana Perempuan di Lembaga Pemasyarakatan Kelas II Bogor. *Jurnal Komunikasi Hukum*. 9(1), 302-313.
- Fazel, S., & Baillargeon, J. (2011). The Health of Prisoners. *The Lancet*, 377(9769), 956-965.
- Fazel, S., & Danesh, J.. (2002). Serious Mental Disorder In 23000 Prisoners: A Systematic Review Of 62 Surveys. *The Lancet*. 359.
- Figuerola, G. H., & Proaño, C. A. (2022). Mental and behavioral disorders in the prison context. *Revista española de sanidad penitenciaria*, 24(2), 66–74. <https://doi.org/10.18176/resp.00052>
- Fisabilillah, S. D., & Agustina, M. T. (2024). Psychological Well-Being pada Remaja dari Keluarga Broken Home. *Phronesis: Jurnal Ilmiah Psikologi Terapan*, 13(1).
- Fitri, W. (2017). Perempuan dan Perilaku Kriminalitas: Studi Kritis Peran Stigma Sosial Pada Kasus Residivis Perempuan. *Kafaah: Journal of Gender Studies*, 7(1), 67-78.
- Febres, E. S., Gamarra, G. S., Peña, L. M., & Gutiérrez, Q. Y. (2023). Psychological distress of inmates at a women's prison in Lima after the first wave of COVID-19 in November 2020. *Revista española de sanidad penitenciaria*, 25(2), 57–61. <https://doi.org/10.18176/resp.00068>

- Forry, J. B., Ashaba, S., & Rukundo, G. Z. (2019). Prevalence and associated factors of mental disorders among prisoners in Mbarara municipality, southwestern Uganda: a cross-sectional study. *BMC psychiatry*, 19(1), 178.
- Goncalves, L. C., Dirkzwager, A. J. E., Van den Brink, W., & de Vries, H. (2016). Psychological Distress and Quality of Life in Prisoners: A systematic review. *International Journal of Law and Psychiatry*, 46, 75-87.
- Harding, T., & Zimmerman, E. (1989). Psychiatric symptoms, cognitive stress, and vulnerability factors: A study in a remand prison. *British Journal of Psychiatry*, 155, 36 – 43.
- Harrevel, F.V., Van der Plight, F.H.J, Claassen, L. Van Dijk, W. (2007). Inmate emotion coping and psychological and physical well-being: the use of Crying Over Spilled Milk. *Criminal Justice and Behavior*, Vol. 34 No. 5, May, 697-708.
- Hasan, M. I. (2004). *Pokok-pokok Materi Statistik 1 (Statistik Deskripsif)*. Jakarta: Bumi Aksara.
- Heffernan, E. B., Andersen, K. C., Dev, A., & Kinner, S. (2012). Prevalence of mental illness among Aboriginal and Torres Strait Islander people in Queensland prisons. *The Medical journal of Australia*, 197(1), 37–41. <https://doi.org/10.5694/mja11.11352>
- Kessler, R. C., & Essex, M. (1982). Marital Status and Depression: The Importance of Coping Resources. *Social Forces*, 61(2), 484–507.
- Kessler, R.C. (1985). Social factors in psychopathology: stress, social support, and coping stress. *Annual Reviews*, 36, 531-572.
- Kessler, R. C., Andrews, G., Colpe, L. J., Hiripi, E., Mroczek, D. K., Normand, S. L., Walter, E. E., & Zaslavsky, A. M. (2002). Short screening scales to monitor population prevalences and trends in non-specific psychological distress. *Psychological medicine*, 32(6), 959-976. <https://doi.org/10.1017/S0033291702006074>
- Keyes, C. L. M. (2013). Promoting and protecting positive mental health: Early and often throughout the lifespan. In C. L. M. Keyes (Ed.) *Mental well-being: International contributions to the study of positive mental health* (pp. 3-28). Springer Netherlands.
- Kumar, Ranjit. (1999). *Research Methodology*. London: Sage Publications.
- Kusumaningsih, L. P. S. (2017). Penerimaan diri dan kecemasan terhadap status Intuisi. 9(3): 234-242.
- Lani, L., Quinto, R. M., Lauriola, M., Crosta, M. L., & Pozzi, G. (2019). Psychological well-being and Distress in Patients with Generalized Anxiety Disorder: The Roles of Positive and Negative Functioning. *Plos One*, 14(11), <https://doi.org/10.1371/journal.pone.0225646>
- Lindfors, P., Berntsson, L., & Lundberg, U. (2006). Factor structure of Ryff's psychological well-being scales in Swedish female and male white-collar workers. *Personality and individual differences*, 40(6), 1213-1222.
- Mandira, T. M., Marjohan, M., & Fernandes, F. (2019). Gambaran kecemasan narapidana wanita di Sumatera Barat. *Holistik Jurnal Kesehatan*, 13(3), 213-217.

- Matthews, G. (2016). Distress. Stress: Concepts, cognition, emotion, and behavior, 219-226.
- Milka, M. (2023). *Psychological distress warga binaan pemasyarakatan (WBP) Lapas kelas IIA Palu* (Doctoral dissertation).
- Mirowsky, J., & Ross, C.E. (2003). Social Causes of Psychological Distress. Hawthorne: Aldine De Gruyter.
- Moe, K. (2012). *Factors influencing women's psychological well-being within a positive functioning framework* (Disertasi tidak terpublikasi). College of Education, University of Kentucky.
- Mowen, T. J., Boman, J. H., 4th, & Schweitzer, K. (2020). Strain and Depression following Release from Prison: The Moderating Role of Social Support Mechanisms on Substance Use. *Deviant behavior*, 41(6), 750–764.
- Palma, E. M. S., Reis de Sousa, A., Aguiar, C. V. N., Nilo, N. G., & Dos Santos, T. M. (2022). Mindfulness and psychological distress in men during the COVID-19 pandemic: The mediating role of environmental mastery and purpose in life. *Counselling and psychotherapy research*, 10.1002/capr.12606. Advance online publication. <https://doi.org/10.1002/capr.12606>
- Pearlin, L. I. (1989). The Sociological Study of Stress. *Journal of Health and Social Behavior*, 30. 241-256.
- Prabowo, A. (2016). Kesejahteraan psikologis remaja di sekolah. *Jurnal Ilmiah Psikologi Terapan*, 4(2), 246–260.
- Priya., & Singh, S. (2023). Evaluation of psychological well-being of college students during pandemic covid-19. *South India Journal of Social Sciences*, 21(31), 65-73.
- Puspasari, D., & Rahmi, F. (2017). Efektifitas terapi kognitif perilaku dalam kelompok untuk menurunkan depresi narapidana wanita di Lapas Klas IIA Muaro Padang. *Happiness*, 1(1), 13-21.
- Quiquiles, C. C. C., & Medez, S. R. G. (2022). Psychological Well-Being and Quality of Life of Breast Cancer Survivors in Negros Occidental. *Technium Social Sciences Journal*, 36(1), 396–410. <https://doi.org/10.47577/tssj.v36i1.7447>
- Rachmayani, K. A. U., Sutarjo, P., & Rahmat, I. (2018). Hubungan Penyesuaian Diri dengan Stres pada Narapidana Wanita di Lembaga Pemasyarakatan Perempuan Kelas IIB Yogyakarta. *Jurnal Keperawatan Klinis dan Komunitas (Clinical and Community Nursing Journal)*, 2(3), 173-182.
- Rahma, A. S., Fitronio, R. A., Danuarta, A., Chamami, M. R., & Cahyani, Y. S. (2022). Penerapan Fungsi Hukum Pidana Dalam Kasus Investasi Bodong. *Jurnal Analisis Hukum*, 5(1), 56-65.
- Rizqa, P. N., (2024). *Pengaruh Optimisme terhadap Psychological Distress pada Narapidana Wanita di Lembaga Pemasyarakatan Klas IIB Kota Padang* (Tesis, Universitas Andalas). <http://scholar.unand.ac.id/id/eprint/466260>
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069.

- Ryff, C. D., & Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69(4), 719–727.
- Ryff, C. D. & Singer, B. (1996). Psychological Well-being: Meaning, measurement, and implications for psychotherapy research. *Psychotherapy and Psychosomatics*, 65(1), 14-23.
- Salsman, J. M., Lai, J. S., Hendrie, H. C., Butt, Z., Zill, N., Pilkonis, P. A., & Cella, D. (2014). Assessing psychological well-being: self-report instruments for the NIH Toolbox. *Quality of Life Research*, 23(1), 205-215.
- Shuford, S. H., Gjelsvik, A., Clarke, J., & van den Berg, J. J. (2018). Depression among Women Released from Prison or Jail in the United States. *Journal of health care for the poor and underserved*, 29(3), 914–929.
- Sinuraya, R. R. Y., & Subroto, M. (2021). Kondisi Psikologis Narapidana Selama Menjalani Hukuman Seumur Hidup. *Jurnal Gema Keadilan*, 8(3), 1-15.
- Steyn, F., & Hall, B. (2015). Depression, anxiety and stress among incarcerated female offenders. *Acta Criminologica: African Journal of Criminology & Victimology*, 82-100.
- Sugiyono, 2018, *Metodelogi Penelitian Kuantitatif, Kualitatif Dan R&D*. Bandung: ALFABETA.
- Sukadana, I. M., Amiruddin., & Parman, L. (2018). Alat bukti keterangan saksi mahkota dalam perkara pidana pencurian, *Law Reform*, 14(2), 262-274.
- Suresh, A., & Jayachander, M. (2013). Psychological Determinants Of Well Being Among adolescents. *Asia Pacific Journal of Research Vol. 1*. 2320-5504.
- Triana, A., Rahmi, E., & Fransiska, A. (2020). Hubungan Stres dengan Temporomandibular Disorder Pada Narapidana di Lembaga Pemasyarakatan Perempuan Kelas II B Padang. *Andalas Dental Journal*, 8(2), 74-82.
- Turner, R. J., Wheaton, B., & Lloyd, D. A. (1995). The Epidemiology of Social Stress. *American Sociological Review*, 60 (1), 104-125.
- Utami, W. (2018). Pengaruh Persepsi Stigma Sosial dan Dukungan Sosial Terhadap Kesejahteraan Psikologis pada Narapidana di Lapas Kelas IIA Kediri. (Tesis, Pascasarjana Universitas Muhammadiyah Malang).
- Utari, D. I., Fitria, N., & Rafiyah, I. (2013). Gambaran Tingkat Kecemasan Pada Warga Binaan Wanita Menjelang Bebas Di Lembaga Pemasyarakatan Wanita Kelas IIA Bandung. *Jurnal Keperawatan BSI*, 1(1).
- Pemerintah Indonesia (1995). Undang-Undang Nomor 12 Tahun 1995 tentang Pemasyarakatan. Lembaran Negara Republik Indonesia Tahun 1995 Nomor 77. Sekretariat Negara. Jakarta.
- Van Hout, M. C., & Mhlanga-Gunda, R. (2018). Contemporary women prisoners health experiences, unique prison health care needs and health care outcomes in sub Saharan Africa: a scoping review of extant literature. *BMC international health and human rights*, 18(1), 31. <https://doi.org/10.1186/s12914-018-0170-6>
- Wingenfeld, K., Schaffrath, C., Rullkoetter, N., Mensebach, C., Schlosser, N., Beblo, T., Driessen, M., & Meyer, B. (2011). Associations of childhood trauma, trauma in adulthood and previous-year stress with psychopathology in patients with major depression and borderline personality disorder. *Child*

abuse & neglect, 35(8), 647–654.

<https://doi.org/10.1016/j.chiabu.2011.04.003>

Winarsunu, T. (2002). Statistik untuk Psikologi dan Pendidikan. *Malang: UMM Pres.*

Winger, J. G., Adams, R. N., & Mosher, C. E. (2016). Relations of meaning in life and sense of coherence to distress in cancer patients: a meta-analysis. *Psycho-oncology*, 25(1), 2–10. <https://doi.org/10.1002/pon.3798>

Yamada Park, M.J., & Jeffries, S. (2018). Prisoners of indentity: The experiences of the ethnic minority Vietnamese women categories os foreign in Cambodian prisons. *Women's Studies International Forum*, 69, 56-66.

Yap, A. U., Marpaung, C., & Rahmadini, E. D. (2021). Psychological well-being and distress: Their associations with temporomandibular disorder symptoms and interrelationships. *Oral surgery, oral medicine, oral pathology and oral radiology*, 132(2), 163–171. <https://doi.org/10.1016/j.oooo.2021.02.012>

Zhang, X., Yue, H., Sun, J., Liu, M., Li, C., & Bao, H. (2022). Regulatory emotional self-efficacy and psychological distress among medical students: multiple mediating roles of interpersonal adaptation and self-acceptance. *BMC medical education*, 22(1), 283. <https://doi.org/10.1186/s12909-022-03338-2>

