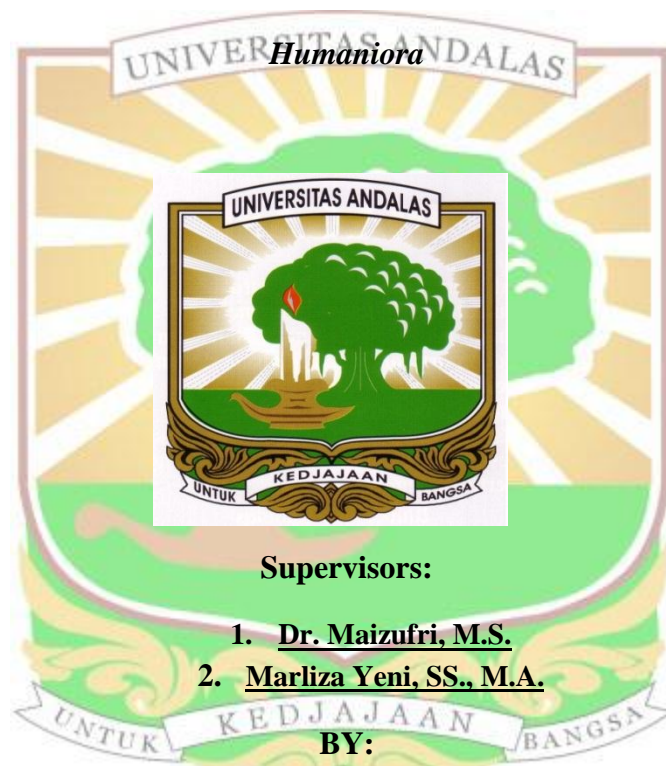


**TRACY LETTS' POST TRAUMATIC STRESS DISORDER AS REFLECTED  
IN HIS PLAY *AUGUST: OSAGE COUNTY***

**A Thesis**

***Submitted for Partial Fulfillment to the Requirement for the Degree of Sarjana***



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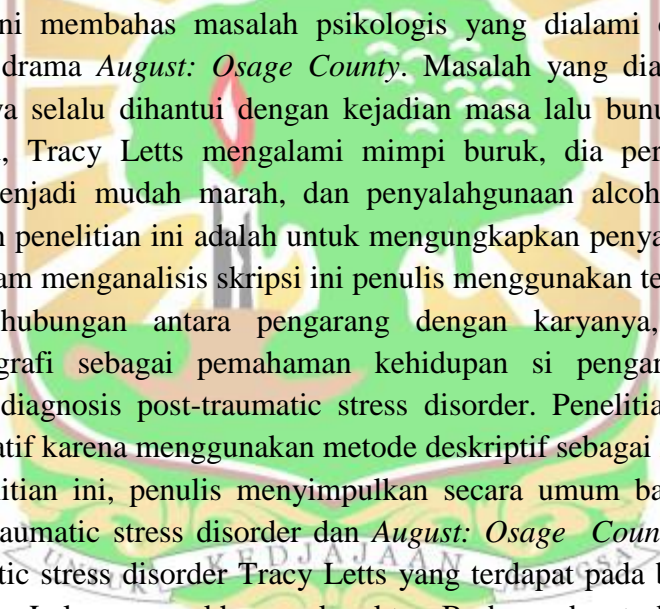
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# TRACY LETTS' POST TRAUMATIC STRESS DISORDER AS REFLECTED IN HIS PLAY *AUGUST: OSAGE COUNTY*

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Skripsi ini membahas masalah psikologis yang dialami oleh Tracy Letts sebagai penulis drama *August: Osage County*. Masalah yang dialami Tracy Letts adalah pikirannya selalu dihantui dengan kejadian masa lalu bunuh diri kakeknya. Oleh karena itu, Tracy Letts mengalami mimpi buruk, dia pergi meninggalkan kampungnya, menjadi mudah marah, dan penyalahgunaan alcohol dan obat-obat terlarang. Tujuan penelitian ini adalah untuk mengungkapkan penyakit psikologi dari Tracy Letts. Dalam menganalisis skripsi ini penulis menggunakan teori ekspresif oleh Abrams yaitu hubungan antara pengarang dengan karyanya, didukung oleh pendekatan biografi sebagai pemahaman kehidupan si pengarang, pendekatan psikologis, dan diagnosis post-traumatic stress disorder. Penelitian ini merupakan penelitian kualitatif karena menggunakan metode deskriptif sebagai metode penyajian data. Dari penelitian ini, penulis menyimpulkan secara umum bahwa Tracy Letts penderita post-traumatic stress disorder dan *August: Osage County* adalah refleksi dari post-traumatic stress disorder Tracy Letts yang terdapat pada beberapa karakter di dalam drama. Lalu secara khusus, karakter Barbara dapat dikatakan sebagai gambaran dari Tracy Letts sebagai seorang penderita post-traumatic stress disorder karena memiliki sifat dan gejala post-traumatic stress disorder yang hampir persis dengan Tracy Letts.

**Kata kunci : Teori ekspresif, pendekatan biografi, psikologi sastra, post-traumatic stress disorder, Tracy Letts.**

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**ABSTRACT**

This thesis discusses the psychological problems experienced by Tracy Letts as an August drama writer: *Osage County*. The problem experienced by Tracy Letts is that her mind is always haunted by past events of her grandfather's suicide. Therefore, Tracy Letts had a nightmare, she left her village, became irritable, and misused alcohol and drugs. The purpose of this study was to reveal psychological ailments from Tracy Letts. In analyzing this thesis the author uses Abrams's expressive theory of the relationship between the author and his work, supported by a biographical approach as an understanding of the author's life, psychological approach, and the diagnosis of post-traumatic stress disorder. This research is qualitative because it uses descriptive methods as a method of presenting data. From this study, the authors conclude in general that Tracy Letts suffers of post-traumatic stress disorder and *August: Osage County* are a reflection of Tracy Letts' post-traumatic stress disorder in several characters in the drama. Then specifically, Barbara's character can be said to be an illustration of Tracy Letts as a post-traumatic stress disorder sufferer because it has the nature and symptoms of post-traumatic stress disorder that is almost the same as Tracy Letts.

**Keywords: Expressive theory, biographical approach, psychoanalysis, post-traumatic stress disorder, Tracy Letts.**