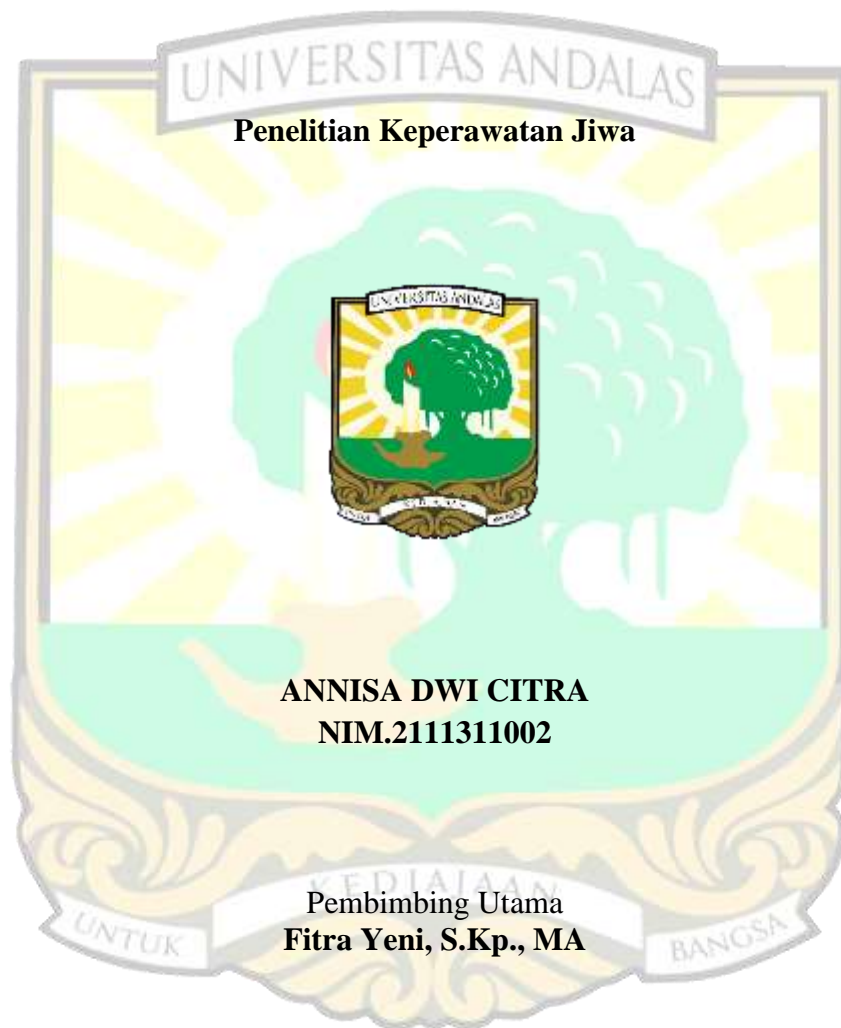


**SKRIPSI**

**HUBUNGAN *PERCEIVED SOCIAL SUPPORT* DENGAN *RECOVERY*  
PASIEN SKIZOFRENIA DI RSJ PROF. HB SAANIN PADANG  
TAHUN 2024**



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Hubungan *Perceived Social Support* dengan *Recovery* Pasien Skizofrenia di RSJ  
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### ABSTRAK

*Recovery* pada ODS (Orang Dengan Skizofrenia) saat ini tergolong rendah, hanya sekitar 20% ODS mencapai pemulihan total. Salah satu faktor yang mempengaruhi *recovery* adalah *perceived social support*. Tujuan penelitian ini yaitu mengetahui hubungan *perceived social support* dengan *recovery* pasien skizofrenia di RSJ Prof. HB Saanin Padang Tahun 2024. Penelitian ini dilakukan dengan menggunakan metode kuantitatif dengan desain *cross-sectional*. Sampel penelitian ini adalah ODS di poliklinik dewasa RSJ Prof. HB Saanin Padang sebanyak 225 orang, pengambilan sampel dengan menggunakan teknik *non probability sampling* dalam bentuk *accidental sampling*. Instrument yang digunakan dalam penelitian ini adalah kuesioner *Multidimensional Scale of Perceived Social Support* (MSPSS) dan *Recovery Assessment Scale – Domain and Stages* (RAS-DS). Hasil penelitian ini didapatkan skor nilai rata-rata *perceived social support* 57,59 yang artinya sedang dan nilai rata-rata pada *recovery* 115,61 yang artinya tinggi. Hasil uji korelasi *pearson product moment* menunjukkan terdapat hubungan yang signifikan antara *perceived social support* dengan *recovery* ( $p = 0,001$ ) dengan kekuatan sedang dan arah positif ( $r = 0,413$ ) yang artinya semakin tinggi *perceived social support* maka semakin tinggi *recovery* pada ODS di RSJ Prof. HB Saanin Padang. Oleh karena itu diharapkan upaya peningkatan dukungan sosial dari teman ODS melalui edukasi penyuluhan terkait dukungan sosial dari teman ODS dalam proses *recovery* pasien skizofrenia.

Kata kunci : *Perceived Social Support*, *Recovery*, Skizofrenia, ODS  
Daftar Pustaka: 63 (1988 – 2024)

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*Relationship between Perceived Social Support and Recovery of Schizophrenia  
Patients at Prof. HB Saanin Padang Mental Hospital in 2024*

ABSTRACT

*Recovery in people with schizophrenia (PWS) is currently low, only about 20% of PWS achieve complete recovery. One of the factors that affect recovery is perceived social support.. The purpose of this study was to determine the relationship between perceived social support and the recovery of schizophrenia patients in Prof. HB Saanin Padang Mental Hospital in 2024. This research was conducted using quantitative methods with a cross-sectional design. The sample of this study was PWS in the adult polyclinic of Prof. HB Saanin Padang as many as 225 people, sampling using non-probability sampling techniques in the form of accidental sampling. The instrument used in this study was the Multidimensional Scale of Perceived Social Support (MSPSS) questionnaire and the Recovery Assessment Scale - Domain and Stages (RAS-DS). The results of this study obtained a mean score of perceived social support of 57.59 which means moderate and a mean score on recovery of 115.61 which means high. The results of the Pearson product moment correlation test show that there is a significant relationship between perceived social support and recovery ( $p = 0.001$ ) with moderate strength and positive direction ( $r = 0.413$ ) which means that the higher the perceived social support, the higher the recovery in PWS in Prof. HB Saanin Mental Hospital Padang. Therefore, it is hoped that efforts to increase social support from PWS friends through education to reduce stigma, increase positive social interactions so that PWS feels accepted and supported in the recovery process.*

*Keywords : Perceived Social Support, Recovery, Schizophrenia, PWS*  
*Reference : 63 (1988 - 2024)*