

HASIL PENELITIAN SKRIPSI



**UNIVERSITAS ANDALAS
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**HUBUNGAN MANAJEMEN *SELF-CARE* DENGAN KEJADIAN
KOMPLIKASI PADA PENDERITA DIABETES MELITUS TIPE
II DI PUSKESMAS ANDALAS TAHUN 2019**

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FAKULTAS KESEHATAN MASYARAKAT

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Skripsi, Juli 2019

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x + 49 halaman, 9 tabel, 3 gambar, 8lampiran

ABSTRAK

Tujuan Penelitian

Penderita DM tipe II memiliki manajemen *self-care* yang kurang baik 82,5% mengalami komplikasi. Penelitian ini bertujuan mengetahui hubungan manajemen *self-care* dengan kejadian komplikasi pada penderita DM tipe II di Puskesmas Andalas Tahun 2019.

Metode

Jenis penelitian ini adalah penelitian kuantitatif dengan desain kasus-kontrol. Populasi penelitian adalah penderita DM tipe II di Puskesmas Andalas Tahun 2019, dengan jumlah sampel 80 responden yang terdiri dari 27 responden kasus dan 53 responden kontrol. Teknik pengambilan sampel menggunakan *consecutive sampling*. Pengumpulan data primer dengan wawancara menggunakan kuesioner, data dianalisis secara univariat dan bivariat.

Hasil

Lebih banyak penderita DM tipe II (66,7%) dengan manajemen *self-care* kurang baik mengalami komplikasi, hasil analisis $p\text{-value} < 0,05(0,01)$ yang berarti terdapat hubungan antara manajemen *self-care* dengan kejadian komplikasi pada penderita DM tipe II di Puskesmas Andalas Tahun 2019. Penderita DM tipe II dengan manajemen *self-care* kurang baik memiliki risiko 3,5kali mengalami komplikasi dibandingkan penderita DM tipe II dengan manajemen *self-care* yang baik.

Kesimpulan

Terdapat hubungan manajemen *self-care* dengan kejadian komplikasi. Pemegang program PTM dapat memberikan informasi secara berkala kepada penderita DM tipe II mengenai pentingnya menjalankan manajemen *self-care* yang baik.

Daftar Pustaka : 38 (2000 - 2018)

Kata Kunci : DM Tipe II, komplikasi, manajemen *selfcare*.

**FACULTY OF PUBLIC HEALTH
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**THE RELATIONSHIP BETWEEN SELF-CARE MANAGEMENT AND
COMPLICATION AMONG PATIENTS WITH TYPE II DIABETES
MELLITUS IN ANDALAS HEALTH CENTER IN 2019**

x +49 pages, 9 tables, 3 images, 8 attachments

ABSTRACT

Objective

Patients with type II diabetes have self-care management less well (82.5%) had complications of diabetic foot ulcers. This study aims to determine the relationship of self-care management with the incidence of complications in patients with type II DM in Andalas Health Center in 2019.

Method

This type of research is quantitative research with case-control design. The study population was type II DM patients in the Andalas Health Center in 2019, with a sample of 80 respondents consisting of 27 case respondents and 53 control respondents. The sampling technique used consecutive sampling. Primary data collection of interviews using questionnaires, data was analyzed by univariate and bivariate.

Results

More patients with type II diabetes (66,7%) with self-care management was less well experienced complications, the results of p-value analysis 0.05 (0.01) which means there is a relationship between self-care management and the incidence of complications in patients with type II DM in Andalas Health Center in 2019. Patients with type II DM with self-care management less well has a risk of 3.5 times experiencing complications compared to patients with type II DM with good self-care management.

Conclusion

There is a relationship between self-care management and the incidence of complications. The NCDs program holder can provide periodic information to people with type II DM regarding the importance of running good self-care management.

References : 38 (2000 - 2018)

Keywords : complications, self-care management, type II DM