

## DAFTAR PUSTAKA

- Abreu Alves, S., Sinval, J., Lucas Neto, L., Marôco, J., Gonçalves Ferreira, A., & Oliveira, P. (2022). Burnout and dropout intention in medical students: the protective role of academic engagement. *BMC Medical Education*, 22(1), 83.
- Aguayo, R., Cañadas, G. R., Assbaa-Kaddouri, L., Cañadas-De la Fuente, G. A., Ramírez-Baena, L., & Ortega-Campos, E. (2019). A risk profile of sociodemographic factors in the onset of academic burnout syndrome in a sample of university students. *International journal of environmental research and public health*, 16(5), 707.
- Ahmad, S. R., Anissa, M., & Triana, R. (2022). Hubungan tingkat stres dengan kejadian insomnia pada mahasiswa angkatan 2017 Fakultas Kedokteran Universitas Baiturrahmah. *Indonesian Journal for Health Sciences*, 6(1), 1-7.
- Akter, S. (2021). Factors Affecting Academic Self-Efficacy and Its impact on Perceived Academic Burnout among Students in Bangladesh. *International Journal of Management, Entrepreneurship, Social Science and Humanities*, 4(1), 17-31.
- Amalia, V. R., Zwagery, R. V., & Rusli, R. (2022). The Role of Academic Self Efficacy on Academic Burnout in High School Students During Transition From Online Learning to Offline Learning. *Jurnal Education and Development*, 10(3), 434-441.
- Anggraini, D. P., & Chusairi, A. (2022). Pengaruh academic self-efficacy dan student engagement terhadap academic burnout mahasiswa dalam pembelajaran daring. *Journal of Community Mental Health and Public Policy*, 4(2), 79-94.
- Arrafi, N. F., & Laksmiwati, H. (2024). Pengaruh Academic Self Efficacy terhadap Academic Burnout pada Mahasiswa Psikologi Universitas Negeri Surabaya. *Character Jurnal Penelitian Psikologi*, 11(2), 1198-1209.
- A'yunin, Q., Fatmaningrum, W., & Soetjipto, S. (2023). Gambaran Burnout Akademik Mahasiswa Kedokteran Universitas Airlangga Angkatan 2021. *Jurnal Ilmiah Universitas Batanghari Jambi*, 23(3), 3083-3086.
- Azimi, H., Shams, J., Sohrabi, M. R., & Malih, N. (2016). The frequency of academic burnout and related factors among medical students at Shahid Beheshti University of Medical Sciences, Tehran, in 2016. *Social Determinants of Health*, 2(1), 21-28.
- Azwar, S. (2017). Metode Penelitian Psikologi. Yogyakarta: Pustaka Belajar.

- Azwar, S. (2021). Penyusunan Skala Psikologi. Yogyakarta: Pustaka Belajar.
- Bakker, A. B., Demerouti, E., & Schaufeli, W. B. (2002). Validation of the Maslach burnout inventory-general survey: An internet study. *Anxiety, Stress & Coping*, 15(3), 245-260.
- Bandura, A. (1997). Self-Efficacy: The Exercise of Control. New York: Freeman.
- Baron, R.A.,& Greenberg, J.(2008). Behaviour in organization: Understanding and managing the human side at work(3rd ed.)Allyn & Bacon.
- Basith, A., Syahputra, A., & Ichwanto, M. A. (2020). Academic self-efficacy as predictor of academic achievement. *JPI (Jurnal Pendidikan Indonesia)*, 9(1), 163-170.
- Bresó, E., Salanova, M., & Schaufeli, W. B. (2007). In search of the “third dimension” of burnout: Efficacy or inefficacy?. *Applied psychology*, 56(3), 460-478.
- Budiman, M. R., Syah, M. N., Rachmadhani, I. D., & Rohmawaty, E. (2024). Prevalensi Burnout dan Faktor yang Berasosiasi dengan Burnout Pada Mahasiswa Kedokteran UNPAS: Penelitian Potong Lintang. *Innovative: Journal Of Social Science Research*, 4(3), 11469-11482.
- Chiracu, A., & Dumitru, A. D. I. (2021). Burnout, empathy and well-being in medical and psychology students. *Studia Doctoralia*, 12(1), 71-82.
- Cong, Y., Yang, L., & Ergün, A. L. P. (2024). Exploring the relationship between burnout, learning engagement and academic self-efficacy among EFL learners: A structural equation modeling analysis. *Acta Psychologica*, 248, 104394.
- Coolican, H. (2014). *Research methods and statistics in psychology 6th edition*. Psychology press.
- Dahlin, M., Joneborg, N., & Runeson, B. (2007). Performance-based self-esteem and burnout in a cross-sectional study of medical students. *Medical teacher*, 29(1), 43-48.
- Darmayanti, K. K. H., Anggraini, E., Winata, E. Y., & Mardianto, M. F. F. (2021). Confirmatory Factor Analysis of the Academic Self-Efficacy Scale: An Indonesian Version. *Jurnal Pengukuran Psikologi Dan Pendidikan Indonesia (JP3I)*, 10(2), 118-132.
- Di Vincenzo, M., Arsenio, E., Della Rocca, B., Rosa, A., Tretola, L., Toricco, R., ... & Fiorillo, A. (2024). Is there a burnout epidemic among Medical Students? results from a systematic review. *Medicina*, 60(4), 575.

- Fadhlurrahman, F. R., Rahayuningsih, T., & Anggreiny, N. (2024). The Role of Perfectionism on Academic Burnout in Medical Students: Testing the 2 x 2 Model of Perfectionism. *INSAN: Jurnal Psikologi dan Kesehatan Mental*, 9(1).
- Fariborz, N., Hadi, J., & Ali, T. N. (2019). Students' academic stress, stress response and academic burnout: Mediating role of self-efficacy. *Pertanika Journal of Social Sciences & Humanities*, 27(4), 2441-2454.
- Field, A. (2018). *Discovering Statistics Using IBM SPSS Statistics 5<sup>th</sup> Edition*. UK: Sage Publication Inc.
- Firdausi, A. N., Fityadari, R. I., Tristiana, D., Fauziningtyas, R., & Thomas, D. C. (2023). Self-efficacy and Social Support Have Relationship with Academic Burnout in College Nursing Students. *Indicators*, 24, 25.
- Fitzpatrick, O., Biesma, R., Conroy, R. M., & McGarvey, A. (2019). Prevalence and relationship between burnout and depression in our future doctors: a cross-sectional study in a cohort of preclinical and clinical medical students in Ireland. *BMJ open*, 9(4), e023297.
- Frajerman, A., Morvan, Y., Krebs, M. O., Gorwood, P., & Chaumette, B. (2019). Burnout in medical students before residency: a systematic review and meta-analysis. *European Psychiatry*, 55, 36-42.
- Gravetter, F. J. & Forzano, L.-A. B. (2018). Research methods for the behavioral sciences (Edisi ke-6). Boston, AS: Cengage.
- Gunawan, M. A. (2015). Statistik Penelitian bidang pendidikan, psikologi dan sosial. Yogyakarta: Parama Publishing.
- Hansell, M. W., Ungerleider, R. M., Brooks, C. A., Knudson, M. P., Kirk, J. K., & Ungerleider, J. D. (2019). Temporal trends in medical student burnout. *Family Medicine*, 51(5), 399–404. <https://doi.org/10.22454/fammed.2019.270753>
- Hussain, H., & Rao, S. S. (2022). A cross-sectional and comparative study of burnout among medical students of urban government medical college. *Telangana Journal of Psychiatry*, 8(2), 81-87.
- Irlaks, V. S., Murni, A. W., & Liza, R. G. (2020). Hubungan antara stres akademik dengan kecenderungan gejala somatisasi pada mahasiswa Program Studi Kedokteran Tingkat Akhir Fakultas Kedokteran Universitas Andalas angkatan 2015. *Jurnal Kesehatan Andalas*, 9(3), 334-342.
- Jacobs, S. R., Dodd, D.. (2003). Student burnout as a function of personality, social support, and workload. *Journal of college student development*, 44(3), 291-303.

- Jung, I., Kim, J. H., Ma, Y., & Seo, C. (2015). Mediating effect of academic self-efficacy on the relationship between academic stress and academic burnout in Chinese adolescents. *International Journal of Human Ecology*, 16(2), 63-77.
- Kartawinata, R., & Evi, E. (2024). Perbandingan Tingkat Depresi Mahasiswa Fakultas Kedokteran Univeritas Tarumanegara Angkatan Awal dan Akhir. *Jurnal Kesehatan Tambusai*, 5(2), 3283-3288.
- Khansa, F., & Djamhoer, T. D. (2020). Hubungan academic self efficacy dengan academic burnout pada mahasiswa di Kota Bandung. *Prosiding Psikologi*, 6(2), 834-839.
- Khosravi, M. (2023). Factors affecting medical students' academic burnout: a moderation analysis. *Italian Journal of Medicine*, 17(3).
- Khusni, B., Hasan, H., & Maramis, M. M. (2022). Correlation Between Academic and Non-Academic Factors with Burnout Syndrome Incidence in Medical Study Program Faculty of Medicine Airlangga University. *International Journal of Research Publications*, 116(1).
- Kilic, R., Nasello, J. A., Melchior, V., & Triffaux, J. M. (2021). Academic burnout among medical students: respective importance of risk and protective factors. *Public Health*, 198, 187-195.
- Laily, N., & Sholichah, I. F. (2021). The Effect of Academic Self Efficacy on Academic Burnout on Engineering Students Who Work. *Journal Universitas Muhammadiyah Gresik Engineering, Social Science, and Health International Conference (UMGESHIC)*, 1(2), 207-215.
- Latuheru, G., Bension, J. B., & Tjandra, G. P. P. (2024). Hubungan Efikasi Diri dengan Prokrastinasi Akademik pada Mahasiswa Baru di Fakultas Kedokteran Universitas Pattimura. *Jurnal Kesehatan Tambusai*, 5(2), 2826-2833.
- Lee, S. H., Jeon, W. T., Lee, S. H., & Jeon, W. T. (2015). The relationship between academic self-efficacy and academic burnout in medical students. *Korean journal of medical education*, 27(1), 27-35.
- Lin, F., & Yang, K. (2021). The external and internal factors of academic burnout. In *2021 4th International Conference on Humanities Education and Social Sciences (ICHES 2021)* (pp. 1815-1821). Atlantis Press.
- Luo, Y., Wang, Z., Zhang, H., & Chen, A. (2016). The influence of family socio-economic status on learning burnout in adolescents: Mediating and moderating effects. *Journal of Child and Family Studies*, 25, 2111-2119.

- Madigan, D. J., & Curran, T. (2021). Does burnout affect academic achievement? A meta-analysis of over 100,000 students. *Educational Psychology Review*, 33, 387-405.
- Marchella, F., Matulessy, A., & Pratitis, N. (2023). Academic burnout pada mahasiswa tingkat akhir: Bagaimana peranan prokrastinasi akademik dan academic burnout?. *INNER: Journal of Psychological Research*, 3(1), 28-37.
- Maslach, C., Schaufeli, W. B., & Leiter, M. P. (2001). Job burnout. *Annual review of psychology*, 52(1), 397-422
- Morcos, G., & Awan, O. A. (2023). Burnout in medical school: a medical student's perspective. *Academic radiology*, 30(6), 1223-1225.
- Morgan, T. L., McFadden, T., Fortier, M. S., Tomasone, J. R., & Sweet, S. N. (2020). Positive mental health and burnout in first to fourth year medical students. *Health Education Journal*, 79(8), 948–962. <https://doi.org/10.1177/0017896920944206>
- Nowińska, M., Kozyra, M., Raczkiewicz, P., Kaczerska, M., Śmiech, N., & Milanowska, J. (2021). The phenomenon of burnout among medical students-literature review. *Journal of Education, Health and Sport*, 11(8), 291-299.
- Olson, N., Oberhoffer-Fritz, R., Reiner, B., & Schulz, T. (2023). Study related factors associated with study engagement and student burnout among German university students. *Frontiers in Public Health*, 11, 1168264.
- Özhan, M. B. (2021). Academic self-efficacy and school burnout in university students: Assessment of the mediating role of grit. *Current Psychology*, 40(9), 4235-4246
- Permatasari, D., Latifah, L., & Pambudi, P. R. (2021). Studi academic burnout dan self-efficacy mahasiswa. *Jurnal Prakarsa Paedagogia*, 4(2)
- Pilkauskaite-Valickiene, R., Zukauskiene, R., & Raiziene, S. (2011). The role of attachment to school and open classroom climate for discussion on adolescents' school-related burnout. *Procedia-Social and Behavioral Sciences*, 15, 637-641.
- Rabbani, M. R., & Wahyudi, H. (2023, January). Pengaruh academic self-efficacy terhadap stress akademik mahasiswa yang sedang mengerjakan skripsi. In *Bandung Conference Series: Psychology Science*, 3(1), 202-211.
- Rahmati, Z. (2015). The study of academic burnout in students with high and low level of self-efficacy. *Procedia-Social and Behavioral Sciences*, 171, 49-55.

- Rahmatpour, P., Chehrzad, M., Ghanbari, A., & Sadat- Ebrahimi, S.-R. (2018). Academic burnout as an educational complication and promoted barrier among undergraduate students: A crosssectional study. January, 1–6. <https://doi.org/10.4103/jehp.jehp>
- Rotenstein, L. S., Ramos, M. A., Torre, M., Segal, J. B., Peluso, M. J., Guille, C., & Mata, D. A. (2016). Prevalence of depression, depressive symptoms, and suicidal ideation among medical students: a systematic review and meta-analysis. *Jama*, 316(21), 2214-2236.
- Rumapea, L. R. R., & Rahayu, M. N. M. (2022). Hubungan antara self-efficacy dengan academic burnout pada mahasiswa. *Jurnal Psikologi Talenta*, 8(1), 27-36.
- Safarzaie, H., Nastiezaie, N., & Jenaabadi, H. (2017). The relationship of academic burnout and academic stress with academic self-efficacy among graduate students. *The New Educational Review*, 49, 65-76.
- Sagone, E., & De Caroli, M. E. (2014). Locus of control and academic self-efficacy in university students: The effects of self-concepts. *Procedia-Social and behavioral sciences*, 114, 222-228.
- Schaufeli, W. B., Martinez, I. M., Pinto, A. M., Salanova, M., & Bakker, A. B. (2002). Burnout and engagement in university students: A cross-national study. *Journal of cross-cultural psychology*, 33(5), 464-481.
- Schmitz, N., Neumann, W., & Oppermann, R. (2000). Stress, burnout and locus of control in German nurses. *International journal of nursing studies*, 37(2), 95-99.
- Schunk, D. H. (1991). Self-efficacy and academic motivation. *Educational psychologist*, 26(3-4), 207-231.
- Sharififard, F., Asayesh, H., Hosseini, M. H. M., & Sepahvandi, M. (2020). Motivation, Self-efficacy, Stress, and academic perfomance corelation with academic burnout among nursing students. *Journal of Nursing and Midwifery Sciences*, 7(2), 88–93.
- Shokrpour, N., Bazrafcan, L., Ardani, A. R., & Nasiraei, S. (2020). The factors affecting academic burnout in medical students of Mashahd University of Medical Sciences in 2013-2015. *Journal of Education and Health Promotion*, 9(1), 232.
- Singh, L. B., Kumar, A., & Srivastava, S. (2021). Academic burnout and student engagement: a moderated mediation model of internal locus of control and loneliness. *Journal of International Education in Business*, 14(2), 219-239.

- Singh, S., Prakash, J., Das, R. C., & Srivastava, K. (2016). A cross-sectional assessment of stress, coping, and burnout in the final-year medical undergraduate students. *Industrial psychiatry journal*, 25(2), 179-183.
- Supratiknya, A. (2014). Pengukuran Psikologis. Penerbit Universitas Sanata Dharma, Yogyakarta. ISBN 978-602-9187-75-5.
- Ulfa, S., & Aprianti, M. (2021). Pengaruh efikasi diri terhadap burnout dan perbedaannya berdasarkan gender. *Psychosophia: Journal of Psychology, Religion, and Humanity*, 3(1), 24-35.
- Von Harscher, H., Desmarais, N., Dollinger, R., Grossman, S., & Aldana, S. (2018). The impact of empathy on burnout in medical students: new findings. *Psychology, health & medicine*, 23(3), 295-303.
- Wang, X. C., Zhang, M., & Wang, J. X. (2024). The Effect of University Students' Academic Self-Efficacy on Academic Burnout: The Chain Mediating Role of Intrinsic Motivation and Learning Engagement. *Journal of Psychoeducational Assessment*, 07342829241252863.
- Wasito, A. A., & Yoenanto, N. H. (2021). Pengaruh Academic Self Efficacy Terhadap Academic Burnout Pada Mahasiswa Yang Sedang Menggerjakan Skripsi. *Buletin Riset Psikologi Dan Kesehatan Mental (BRPKM)*, 1(1), 112-119.
- Windasari, M. A., Hidayah, F. K., & Anisa, R. (2022). Pengaruh Burnout Dan Konsentrasi Terhadap Performa Akademik Saat Pembelajaran Daring Mahasiswa Pre-Klinik Fakultas Kedokteran UNISMA. *Jurnal Kedokteran Komunitas (Journal of Community Medicine)*, 10(2).
- Wing, T., Pey, Y., Subramaniam, V., Raof, N., Ting, O., & Ahmad, M. (2018). Prevalence of burnout in medical and non-medical undergraduate Malaysian students in various international universities-A cross-sectional study. *Journal of Advances in Medicine and Medical Research*, 25(11), 1-13.
- Yang, H. J. (2004). Factors affecting student burnout and academic achievement in multiple enrollment programs in Taiwan's technical-vocational colleges. *International journal of educational development*, 24(3), 283-301.
- Yang, H. J., & Farn, C. K. (2004). An investigation the factors affecting MIS student burnout in technical-vocational college. *Computers in Human Behavior*, 21(1), 917 – 932.
- Ye, Y., Huang, X., & Liu, Y. (2021). Social support and academic burnout among university students: a moderated mediation model. *Psychology research and behavior management*, 335-344.

Yu, J. H., Chae, S. J., & Chang, K. H. (2016). The relationship among self-efficacy, perfectionism and academic burnout in medical school students. *Korean journal of medical education*, 28(1), 49.

Zhu, Q., Cheong, Y., Wang, C., & Tong, J. (2023). The impact of maternal and paternal parenting styles and parental involvement on Chinese adolescents' academic engagement and burnout. *Current Psychology*, 42(4), 2827-2840.

