

## DAFTAR PUSTAKA

1. Michalek IM, Loring B, John SM, World Health Organization. Global report on psoriasis. Switzerland; 2016. 1–16 p.
2. Segar D, Karmila ID, Praharsini I, Indira IE. Expanding the global perspective on psoriasis. *JAMA Netw Open*. 2023 Apr;6(4):1–2.
3. Jiang Y, Chen Y, Yu Q, Shi Y. Biologic and small-molecule therapies for moderate-to-severe psoriasis: focus on psoriasis comorbidities. *BioDrugs*. 2023 Jan;37(1):35–55.
4. Parisi R, Iskandar IYK, Kontopantelis E, Augustin M, Griffiths CEM, Ashcroft DM. National, regional, and worldwide epidemiology of psoriasis: systematic analysis and modelling study. *BMJ*. 2020 May 28;1–13.
5. Armstrong AW, Mehta MD, Schupp CW, Gondo GC, Bell SJ, Griffiths CEM. Psoriasis prevalence in adults in the United States. *JAMA Dermatology*. 2021 Aug;157(8):940–4.
6. Burden AD, Kirby B. Psoriasis and related disorders. In: Griffiths C, Barker J, Bleiker T, Chalmers R, Creamer D, editors. *Rooks Textbook of Dermatology*. 9th ed. 2016. p. 1133–80.
7. Vičić M, Kaštelan M, Brajac I, Sotošek V, Massari LP. Current concepts of psoriasis immunopathogenesis. *International Journal of Molecular Sciences*. 2021 Nov;22(21):1–14.
8. Ogawa K, Okada Y. The current landscape of psoriasis genetics in 2020. *Journal of Dermatology Sciences*. 2020 May;99(1):2–6.
9. Wati SM, Devita A. Pengaruh asupan nutrisi pada penyakit psoriasis. *Jurnal Ilmiah Multidisiplin*. 2023 Nov;2(12):5778–86.
10. Segar D, Karmila ID, Praharsini I, Indira IE. Prevalence and clinical manifestations of patients with psoriasis in RSUP Sanglah from 2017 to 2018. *Intisari Sains Medis*. 2019 Dec;10(3):840–3.
11. Berna-Rico E, Perez-Bootello J, Abbad-Jaime de Aragon C, Gonzalez-Cantero A. Genetic influence on treatment response in psoriasis: new insights into personalized medicine. *International Journal of Molecular Sciences*. 2023 Jun;24(12):1–19.
12. Vega-Lopez F, Ritchie S. Dermatological problems. In: *Manson's Tropical Infectious Disease*. 23rd ed. Elsevier Health Sciences; 2014. p. 1017–8.
13. Namdar ND, Arikan İ. The relationship between alexithymia, anxiety, depression, and severity of the disease in psoriasis patients. *Journal of Surgery and Medicine*. 2020 Mar;4(3):226–9.

14. Ariani T. Hubungan Rasio Omega-6/Omega-3 Serum dengan Derajat Keparahan Psoriasis Vulgaris di RSUP Dr. M. Djamil Padang. [Padang]: Universitas Andalas; 2016.
15. Chen Y, Wei L, Song Y, Zhang R, Kuai L, Li B, *et al.* Life quality among psoriasis patients based on Dermatology Life Quality Index evaluation and its association with psoriasis severity in China: a cross-sectional study. *Annals of Medicine*. 2023 Dec 12;55(1).
16. Bulat V, Situm M, Aždajić M, Lovrić I, Dediol I. Study on the impact of psoriasis on quality of life: Psychological, social and financial implications. *Psychiatria Danubina*. 2020 Jul;32:553–61.
17. Nurfaiqoh E, Evanti AM, Primisawitri PP, Irawanto ME. Relationship between severity of psoriasis vulgaris based on Psoriasis Area And Severity Index (PASI) scores and depression. *Journal of Pakistan Association of Dermatologists*. 2023 Mar 5;33(1):101–7.
18. Luna PC, Chu CY, Fatani M, Borlenghi C, Adora A, Llamado LQ, *et al.* Psychosocial burden of psoriasis: A systematic literature review of depression among patients with psoriasis. *Dermatology and Therapy (Heidelb)*. 2023 Dec 23;13(12):3043–55.
19. Bakar RS, Jaapar SZS, Azmi AF, Aun YC. Depression and anxiety among patients with psoriasis: A correlation with quality of life and associated factors. *Journal of Taibah University Medical Sciences*. 2021 Mar;16(4):491–5.
20. Jackson-Koku G. Beck depression inventory. *Occupational Medicine (Chic Ill)*. 2016 Mar;66(2):174–5.
21. Gebrie MH. An analysis of Beck Depression Inventory 2nd Edition (BDI-II). *Global Journal of Endocrinological Metabolism*. 2018 Jul 5;2(3).
22. Jacob TNA. Psoriasis. In: *Ilmu Penyakit Kulit dan Kelamin*. 7th ed. Jakarta: Badan Penerbit FK UI; 2016. p. 213–21.
23. Gudjonsson JE, Elder JT. Psoriasiform disorders. In: Kang S, Amagai M, Bruckner AL, Enk AH, Margolis DJ, McMichael AJ, *et al.*, editors. *Fitzpatrick's Dermatology*. 9th edition. New York: McGraw-Hill; 2019. p. 457–94.
24. Raharja A, Mahil SK, Barker JN. Psoriasis: a brief overview. *Clinical Medicine*. 2021 May;21(3):170–2.
25. Alverina L, Hidajat D, Hendrawan IW, Medikawati IGAAR. Karakteristik penderita psoriasis di poliklinik rawat jalan dermatologi dan venereologi Rumah Sakit Umum Daerah Provinsi Nusa Tenggara Barat periode Januari 2016 – Desember 2020. *Intisari Sains Medis*. 2021 Dec 19;12(3):880–4.

26. Ollech A, Rotenberg M, Tirosh I, Bar-Ilan E, Solomon M, Greenberger S, *et al.* Pediatric psoriasis with or without arthritis: Does it make a difference? *J Clin Med.* 2023 Dec;13(1):242.
27. Bhagwat AP, Madke B. The Current Advancement in Psoriasis. *Cureus.* 2023 Oct;
28. Mateu-Arrom L, Puig L. Genetic and epigenetic mechanisms of psoriasis. *Genes (Basel).* 2023 Aug;14(8):1619.
29. Grän F, Kerstan A, Serfling E, Goebeler M, Muhammad K. Current developments in the immunology of psoriasis. *Yale Journal of Biology and Medicine.* 2020 Mar;93(1):97–104.
30. Chhabra S, Dogra S, Sharma K, Raychaudhuri SK, Raychaudhuri SP. Recent update on immunopathogenesis of psoriasis. *Indian Journal of Dermatology.* 2022 Jul;67(4):360–73.
31. Putra MRE, Anggraini DI, Nasution SH, Sibero HT. Diagnosis and treatment of psoriasis. *Medical Profession Journal of Lampung.* 2023 Feb 18;13(2):164–9.
32. Salgado-Boquete L, Carrascosa JM, Llamas-Velasco M, Ruiz-Villaverde R, de la Cueva P, Belinchón I. A new classification of the severity of psoriasis: What's moderate psoriasis? *Life.* 2021 Jun;11(7):627.
33. Manchanda Y, De A, Das S, Chakraborty D. Disease Assessment in Psoriasis. *Indian Journal of Dermatology.* 2023;68(3):278–81.
34. Wahyudi D, Novianto E, Fitri EM, Rahmayunita G, Budianti WK. Alur Tata Laksana Psoriasis di Indonesia. *UI Publishing;* 2024. 1–4 p.
35. WHO. Depressive disorder (depression) [Internet]. 2023 [cited 2024 May 23]. Available from: <https://www.who.int/news-room/fact-sheets/detail/depression>
36. Boland RJ, Verduin ML, Ruiz P. Kaplan & Sadock's synopsis of psychiatry. 12th ed. Lippincott Williams & Wilkins (LWW); 2021. 1215–1284 p.
37. Ismail RI, Siste K. Gangguan depresi. In: *Buku Ajar Psikiatri.* 3rd ed. Jakarta: Badan Penerbit FK UI; 2017. p. 259–67.
38. Sadock BJ, Sadock VA, Ruiz P. Kaplan & Sadock's synopsis of psychiatry. 11th ed. Philadelphia: Lippincott Williams & Wilkins; 2015. 1152–1195 p.
39. Hu Y, Yiu V, Clark R. Etiology of Depression: Biological and Environmental Factors in the Development of Depression. *Journal of Student Research.* 2021 Nov;10(4):1–6.
40. Ginting H, Näring G, van der Veld WM, Srisayekti W, Becker ES. Validating the Beck Depression Inventory-II in Indonesia's general population and



- coronary heart disease patients. *International Journal of Clinical and Health Psychology*. 2013 Sep;13(3):235–42.
41. Tohid H, Aleem D, Jackson C. Major Depression and Psoriasis: A Psychodermatological Phenomenon. *Skin Pharmacology and Physiology*. 2016;29(4):220–30.
  42. Roongpisuthipong W, Klangjareonchai T. The Relationship between Eating Styles and the Severity of Psoriasis: A Cross-Sectional Study in Thailand. *Dermatology and Therapy*. 2024 Jan 9;2024:1–6.
  43. Lubis FM, Sinaga RM. The relationship of psychosocial problems to the severity of psoriasis vulgaris. *Bali Medical Journal*. 2022 Dec;11(3):2062–5.
  44. Jing D, Xiao H, Shen M, Chen X, Han X, Kuang Y, *et al*. Association of psoriasis with anxiety and depression: A case-control study in Chinese patients. *Frontiers Medicine e(Lausanne)*. 2021 Dec;8.
  45. Dogan Y, Kiliç F, Özçelik S. Anxiety, depression, and sexual dysfunction in patients with psoriasis. *Turkish Journal of Dermatology*. 2022;16(2):62.
  46. Sriramoju S, Dunde S, Eggadi V, Koppolu MS, Bandaru Seshagiri SB. Evaluation of depression and quality of life in patients with psoriasis. *International Journal of Dermatology and Venereology*. 2022 Mar;5(1):27–31.
  47. Fabrazzo M, Romano F, Arrigo M, Puca RV, Fuschillo A, De Santis V, *et al*. A Multivariate analysis of depression prevalence in psoriasis patients: A cohort study. *International Journal of Environmental Research and Public Health*. 2022 Feb;19(4):2060.
  48. Susanti R, Adi MS, Susanto HS, Sutiningsih D. Gambaran kualitas hidup penderita psoriasis di komunitas psobat Jawa Tengah. *Jurnal Kesehatan Masyarakat*. 2020 May;8(3):347–8.
  49. Evanti AM, Kasmitasari F, Irawanto ME. Perbedaan derajat keparahan penyakit berdasarkan skor psoriasis area and severity index (PASI) terhadap profil lipid pada psoriasis vulgaris. *Journal Health Sains*. 2022 May;3(5):705–13.
  50. Eftekhari H, Soleimani R, Mostafavi S, Eslamdoust-Siahestalkhi F, Yeganeh S. Depression and anxiety among psoriasis patients. *Dermatology Review*. 2024;111(3):191–7.
  51. Wintermann G, Bierling AL, Peters EMJ, Abraham S, Beisert S, Weidner K. Psychosocial stress affects the change of mental distress under dermatological treatment—A prospective cohort study in patients with psoriasis. *Stress and Health*. 2024 Feb;40(1).