



UNIVERSITAS ANDALAS

**ANALISIS PELAKSANAAN PROGRAM POSYANDU LANSIA
DI WILAYAH KERJA PUSKESMAS PAUH KOTA PADANG
TAHUN 2024**

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FAKULTAS KESEHATAN MASYARAKAT

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PUSKESMAS PAUH KOTA PADANG TAHUN 2024**

xi + 103 halaman, 17 tabel, 3 gambar, 13 lampiran

ABSTRAK

Tujuan

Cakupan pelayanan kesehatan usia lanjut tahun 2023 Puskesmas Pauh menduduki posisi paling rendah di Kota Padang yaitu 50% disebabkan karena rendahnya kunjungan lansia ke Posyandu Lansia. Tujuan penelitian untuk menganalisis pelaksanaan program Posyandu Lansia di Puskesmas Pauh Kota Padang.

Metode

Penelitian kualitatif menggunakan *purposive sampling* dengan informan sebanyak 16 orang yang dilakukan pada Mei-Oktober 2024 di Puskesmas Pauh. Pengumpulan data melalui wawancara mendalam, observasi, dan telaah dokumen. Data diolah melalui tahapan reduksi penyajian, dan penarikan kesimpulan. Uji keabsahan dengan triangulasi sumber dan metode.

Hasil

Masih kurangnya kader lansia dan kader belum pernah mendapatkan pelatihan. Sarana dan prasarana seperti kursi dan meja masih meminjam, belum semua lansia mempunyai buku KMS, serta belum ada tempat khusus pelaksanaan posyandu. Pelayanan kesehatan rutin dilaksanakan setiap bulan, kecuali pemeriksaan laboratorium sederhana hanya dilakukan pada saat kondisi lansia memburuk. Senam lansia sudah tidak aktif lagi di beberapa posyandu dan kegiatan non kesehatan yang dilakukan berupa pengajian.

Kesimpulan

Pelaksanaan Posyandu Lansia di Puskesmas Pauh masih belum optimal. Disarankan kepada Puskesmas agar menambah jumlah kader sesuai pedoman, perlu dukungan fasilitas dan dana dari kelurahan, serta mengaktifkan kembali senam lansia yang terhenti guna menarik minat lansia untuk berpartisipasi aktif dalam kegiatan Posyandu Lansia.

Daftar Pustaka : 57 (2003-2024)

Kata Kunci : Lansia, Pelaksanaan, Posyandu lansia, Puskesmas.

**FACULTY OF PUBLIC HEALTH
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**ANALYSIS OF THE IMPLEMENTATION ELDERLY HEALTH CARE AT
PAUH HEALTH CENTER IN PADANG CITY IN 2024**

xi + 103 pages, 17 tables, 3 pictures, 13 appendices

ABSTRACT

Objective

The coverage of elderly health services in 2023 Puskesmas Pauh occupies the lowest position in Padang City, positioned at 50%, due to the low number of elderly visits to Posyandu Lansia. The purpose of the study is to analyze the implementation of the Posyandu Lansia program in the Pauh Puskesmas working area in Padang City.

Methods

Qualitative research using purposive sampling with 16 informants was carried out in May-October 2024 at the Pauh Health Center. Data collection through in-depth interviews, observations, and document reviews. The data was processed through the stages of reduction, presentation, and conclusion drawn. Validity test by triangulation of sources and methods.

Result

There is still a lack of elderly cadres and cadres who have never received training. Facilities and infrastructure such as chairs and tables are still borrowed, not all elderly people have KMS books, and there is no special place for the implementation of posyandu. Routine health services are carried out every month, except for simple laboratory examinations that are only carried out when the condition of the elderly deteriorates. Elderly gymnastics is no longer active in several posyandu and non-health activities carried out in the form of recitation.

Conclusion

The implementation of elderly health care at the Pauh Health Center is still not optimal. It is recommended to the Health Center to increase the number of cadres according to the guidelines, need support for facilities and funds from the village, and reactivate the stopped elderly gymnastics to attract the interest of the elderly to actively participate in the activities of elderly health care.

References : 57 (2003-2024)

Keywords : Elderly, Elderly Health Care, Health Center.