



**PENGARUH EDUKASI *MANJUJAI* MELALUI MEDIA *VIDEO* TERHADAP
PERUBAHAN PENGETAHUAN, SIKAP DAN PRAKTEK
PENGASUHAN STIMULASI PADA IBU BADUTA STUNTING
DI WILAYAH KERJA PUSKESMAS BELIMBING**

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Sebagai Salah Satu Syarat Untuk Mendapatkan Gelar Sarjana Gizi

FAKULTAS KESEHATAN MASYARAKAT

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PENGARUH EDUKASI *MANJUJAI* MELALUI MEDIA VIDEO TERHADAP PERUBAHAN SIKAP DAN PRAKTEK PENGASUHAN STIMULASI PADA IBU BADUTA STUNTING DI WILAYAH PUSKESMAS BELIMBING

Xiii + 80 halaman, table, gambar, lampiran

ABSTRAK

Tujuan

Penelitian ini bertujuan untuk mengetahui pengaruh edukasi *manujai* melalui media video terhadap pengetahuan, sikap dan praktek pengasuhan stimulasi ibu baduta stunting di wilayah kerja Puskesmas Belimbing.

Metode

Metode pada penelitian ini menggunakan desain penelitian *pre-eksperimen one group pretest-posttest design*. Pengambilan sampel menggunakan teknik purposive sampling sehingga didapatkan jumlah sampelnya yaitu 30 ibu baduta stunting. Analisis data dilakukan secara univariat dan bivariat menggunakan *uji paired sample t-test*.

Hasil

Hasil penelitian menunjukkan perbedaan rata-rata skor pengetahuan sebelum dilakukannya edukasi 17.00 menjadi 20.17 pada saat setelah dilakukannya edukasi, rata-rata skor sikap sebelum dilakukannya edukasi 27.27 menjadi 38.17 setelah edukasi dan skor rata-rata praktek pengasuhan stimulasi responden sebelum dilakukan edukasi sebesar 30.97 menjadi 31.63 setelah dilakukan edukasi.

Kesimpulan

Pemberian edukasi *manujai* melalui media video memiliki pengaruh signifikan terhadap perubahan pengetahuan, sikap dan praktek pengasuhan stimulasi ibu baduta stunting.

Daftar Pustaka : 46 (2000-2024)

Kata Kunci : Edukasi, *Manujai*, Video, Pengetahuan, Sikap, Praktek Pengasuhan Stimulasi

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**THE EFFECT OF MANJUKAI EDUCATION THROUGH VIDEO MEDIA ON
CHANGES IN KNOWLEDGE, ATTITUDES AND PRACTICES OF PARENTING
STIMULATION OF STUNTED TODDLERS IN THE BELIMBING HEALTH
WORKING AREA**

Xiii + 80 halaman, table, gambar, lampiran

ABSTRACT

Objectives

This study aims to determine the effect of manjukai education through video media on the knowledge, attitudes, and practices of mothers in stimulating stunted toddlers in the working area of the Belimbing Community Health Center

Method

The method in this study uses a pre-experimental research design with a one-group pretest-posttest design. Sampling was conducted using purposive sampling techniques, resulting in a sample size of 30 mothers of stunted toddlers. Data analysis was performed univariately and bivariately using the paired sample t-test.

Result

The research results indicate that the average knowledge score increased from 17.00 before education to 20.17 after education. The average attitude score rose from 27.27 before education to 38.17 after education, and the average score for parenting practice stimulation of respondents increased from 30.97 before education to 31.63 after education.

Conclusion

The provision of manjukai education through video media has an impact on changes in knowledge, attitudes, and practices of mothers in stimulating stunted toddlers.

References : 46 (2000-2024)

Keywords : Education, Manjukai, Video, Knowledge, Attitude, Stimulation Parenting Practices