



**UNIVERSITAS ANDALAS**

**PENGARUH EDUKASI MANJUJAI DAN MP-ASI LOKAL  
MENGUNAKAN VIDEO *STORY TELLING* TERHADAP  
PENGETAHUAN DAN SIKAP IBU BADUTA STUNTING  
DI PUSKESMAS KOTO PANJANG IKUA KOTO**

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**Diajukan Sebagai Pemenuhan Syarat Untuk Mendapatkan Gelar  
Sarjana Gizi**

**FAKULTAS KESEHATAN MASYARAKAT**

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**PADANG, 2024**

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**Skripsi, Oktober 2024  
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IKUA KOTO**

**xii + 89 halaman, 14 tabel, 3 gambar, 12 lampiran**

**ABSTRAK**

**Tujuan**

Penelitian ini bertujuan untuk mengetahui pengaruh edukasi *manjujai* dan MP-ASI lokal menggunakan video *story telling* terhadap pengetahuan dan sikap ibu baduta stunting di Puskesmas Koto Panjang Ikua Koto.

**Metode**

Penelitian ini menggunakan desain penelitian *pre-eksperiment one group pretest-posttest design*. Pengambilan sampel menggunakan teknik total *sampling* sehingga didapatkan jumlah sampelnya yaitu 28 ibu baduta stunting. Analisis data dilakukan secara univariat dan bivariat menggunakan uji *paired sample t-test* serta dilakukan uji Uji *N-Gain Score* untuk melihat efektivitas media edukasi yang digunakan.

**Hasil**

Hasil penelitian menunjukkan terdapat perbedaan rata-rata pengetahuan dan sikap responden sebelum dan setelah diberikannya edukasi dengan nilai *p-value* masing masing yaitu  $<0.001$ . Berdasarkan uji *N-Gain Score* didapatkan hasil yaitu 59.33% untuk pengetahuan dan 58.2% untuk sikap yang berarti media edukasi yang digunakan cukup efektif untuk meningkatkan pengetahuan dan sikap ibu.

**Kesimpulan**

Pemberian edukasi menggunakan media video *story telling* mengenai *manjujai* dan MP-ASI lokal cukup efektif dan memiliki pengaruh terhadap pengetahuan dan sikap ibu baduta stunting.

**Daftar Pustaka : 67 (1995-2024)**

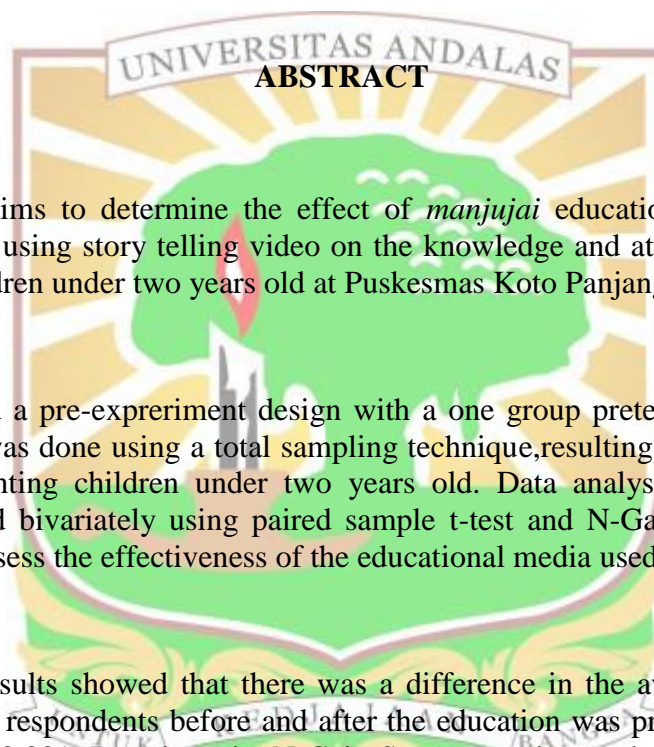
**Kata Kunci :** Edukasi, *Manjujai*, MP-ASI lokal, Pengetahuan, Sikap, Video, *Story telling*

**FACULTY OF PUBLIC HEALTH  
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**Undergraduate Thesis, Oktober 2024  
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**THE EFFECT OF *MANJUJAI* EDUCATION AND LOCAL  
COMPLEMENTARY FEEDING USING STORYTELLING VIDEOS ON THE  
KNOWLEDGE AND ATTITUDES OF MOTHERS OF STUNTING  
CHILDREN UNDER TWO YEARS OLD AT PUSKESMAS KOTO PANJANG  
IKUA KOTO**

**xii + 89 pages, 14 tables, 3 picture, 12 appendices**



**Objectives**

This research aims to determine the effect of *manujai* education and local food complementary using story telling video on the knowledge and attitudes of mothers of stunting children under two years old at Puskesmas Koto Panjang Ikua Koto.

**Method**

This study used a pre-experiment design with a one group pretest-posttest design. The sampling was done using a total sampling technique, resulting in a sample of 28 mothers of stunting children under two years old. Data analysis was conducted univariately and bivariately using paired sample t-test and N-Gain Score test was performed to assess the effectiveness of the educational media used.

**Result**

The research results showed that there was a difference in the average knowledge and attitudes of respondents before and after the education was provided, with each p-value being  $<0.001$ . Based on the N-Gain Score test, the results were 59.33% for knowledge and 58.2% for attitudes, indicating that the educational media used was fairly effective in improving the mothers' knowledge and attitudes.

**Conclusion**

Providing education using story telling videos about *manujai* and local complementary feeding is quite effective and has an impact on the knowledge and attitudes of mothers with stunting children under two years old.

**References** : 67 (1995-2024)

**Keywords** : Attitude, Education, Knowledge, Local MP-ASI, *Manujai*, Story Telling , Video