

CHAPTER IV

CONCLUSION

After analyzing the novel *“Room”* by Emma Donoghue, the writer concludes that Ma, one of the characters in the novel has a psychological problem that is depression and she can survive with some of defense mechanism. Ma gets depression because of several factors and symptoms. As a result, the writer can conclude this research in three points.

First, Ma shows the symptoms of depression by applying the symptom of depression according to Sigmund Freud and David S. Baldwin and Jon Birtwistle, Ma shows the symptoms of depression such as lost interest or enjoyment, loss ability to love, oversleeping or insomnia, guilty thought, and the last is the ideas of self-harm or suicide. From this symptom, the writer proves that Ma is depressed.

Second, Ma gets depression because of some factors such as kidnap when she was nineteen years old, this is the turning point of Ma's life. From this event, Ma gets a psychological problem. Parental divorce after she escapes from the room, this factor is the most influenced that leads her into depression. The last factor is the mess media that chasing her life after she escapes from the room.

Third, Ma can survive from her depression using the defense mechanism. By applying the theory of defense mechanism according to Sigmund Freud in Dr. C. George Boeree's book the writer finds that there are three types of defense

mechanism that Ma use to overcome her depression and anxiety. Those are denial, isolation or intellectualization, regression.

When someone holding hopes in their hard time in life, they will survive to reach their hopes. But when it betrays them, they will do something about that. Whether it's good or bad depends on their ego defense mechanism. Just as Ma, Ma hanging her hopes to her family during the abduction. When she escapes from the room, she finds that her family in separate. Consequently, Ma gets depressed and anxious about that. She trying to commit suicide because she cannot bear her problem. Fortunately, she can be saved and gets rehab. In the end, she chooses to live separately with her family, she lives in her new apartment with Jack just like when she was in room just both of them. This decision is her defense mechanism as a response to her loss of a love object.

