

## CHAPTER V

### CONCLUSION

#### 5.1. Research Conclusion

This study uses 4 variables, namely Family Support, Internship Program as the independent variable, Self-Efficacy as the mediating variable and Career Readiness as the dependent variable. This research was conducted by distributing questionnaires to all members of Undergraduates Management Students at the Faculty of Economics specifically to the students in batch 2020 and 2021, Andalas University as many as 167 questionnaires, from the discussion that has been explained it can be concluded that Family Support has a negative and insignificant effect on Career Readiness. This indicates that the Family Support has a negative impact with the Career Readiness of the Student's undergraduate management study programs.

Apart from that Family Support has positive and significant effect on Self-efficacy. This indicates that the Family Support has a positive impact with the Self-efficacy of the Student undergraduates management study programs. While on the topic, Internship Program has positive and significant effect on Career Readiness. This indicates that the Internship Program has a positive impact with the Career Readiness of the Student undergraduates management study programs. In addition to that, the Internship Program has positive and insignificant effect on Self-efficacy. This indicates that the Internship Program has a negative impact with the Self-efficacy of the Student undergraduates management study programs. Last but not least, Self-efficacy has a negative and insignificant effect on Career Readiness. This Indicates the Self-Efficacy

has a negative impact with the Self-efficacy of the Student undergraduates management study programs.

## 5.2. Research Implication

This study has several findings that have important implications for Undergraduate Management Students at the Faculty of Economics, Andalas University, especially for its members to be used as references, including the following:

a. Proven by the rejection of the hypothesis which means that Undergraduate Management study program students must maintain and improve relationships with their families to get better support from their respective families and gain relevant work experience from the Internship Program to have a better impact on Career Readiness.

b. The evidence of this study shows that the University should be able to direct its students more to be able to obtain information about internship programs so that students can find out their career readiness and can assess their career readiness.

c. Based on the results of the study above, it can be used for all components of Andalas University to be able to create better preparation and awareness of students' future careers that can improve academic stability and self-understanding, Optimizing the Career and Counseling Center with activities that are acceptable and able to raise students' spirits in realizing their interests, hopes and plans after graduation and providing the latest information to students about how they can gain relevant work experience before entering the workforce in the form of an Internship Program. Finally, to encourage more roles of organizations to become a good container and environment so that the process of forming good graduates in the world of work. As stated in the

lowest statistical description of the questionnaire such as counseling with their academic lecturers and lack of understanding of something that interests them.

### 5.3. Research Limitation

Based on the research that has been done, the researcher realizes that the research result is not perfect and has limitations. The limitations of the research are as follows:

1. The sample in this study can be said to be of a relatively small scale because the scope is only members of the undergraduate Management student, Faculty of Economics, Andalas University, which is a small- scale environment

2. The variables in this study are limited to Family Support, Internship Program, and Self-Efficacy.

Based on limitations of the study, there are several suggestions that can be given for further research:

A. It is hoped that in further research the number of samples can be produced and expand the scope of objects so that the data produced is more accurate.

B. In future research, it is expected to add other variables that affect Career Readiness and use other variables as mediating variables or moderating variables if needed.

