

## DAFTAR PUSTAKA

- Abrams, L. S. (2006). Listening to Juvenile Offenders: Can Residential Treatment Prevent Recidivism? *Child and Adolescent Social Work Journal*, 23(1), 61–85. <https://doi.org/10.1007/s10560-005-0029-2>
- Asnita, L., Arneliwati, & Jumaini. (2015). Hubungan tingkat stress dengan harga diri remaja di Lembaga Pemasyarakatan. *Jurnal ilmu keperawatan Universitas Riau*
- Azwar, S. (2017). Metode Penelitian Psikologi Edisi II. Yogyakarta :Pustaka Pelajar
- Bandura, A. (1977). Self-efficacy. Dalam *Encyclopedia of psychology*, Vol. 7. (hlm. 212–213). Oxford University Press. <https://doi.org/10.1037/10522-094>
- Bandura, A. (1978). Self-efficacy: Toward a unifying theory of behavioral change. *Advances in Behaviour Research and Therapy*, 1(4), 139–161. [https://doi.org/10.1016/0146-6402\(78\)90002-4](https://doi.org/10.1016/0146-6402(78)90002-4)
- Bandura, A. (1997). *Self Efficacy: The Exercise of Control*. New York: Freeman and Company
- Bandura, A., & Locke, E. (2003). Negative self-efficacy and goal effects revisited. *Journal of Applied Psychology*, 88(1), 87–99.
- Benjamin, D., H., Snyder., Brian, A., Glaser., Georgia, B., Calhoun. (2015). Are Parental Attitudes Related to Adolescent Juvenile Offenders' Readiness to Change?. *International Journal of Offender Therapy and Comparative Criminology*, doi: 10.1177/0306624X13517665
- Biel, K. (2018). Readiness to change criminal women and men. *Resocjalizacja Polska*, 14, 121–136. <https://doi.org/10.22432/pjsr.2017.14.09>
- Burrowes, N., & Needs, A. (2009). Time to contemplate change? A framework for assessing readiness to change with offenders. *Aggression and Violent Behavior*, 14(1), 39–49. <https://doi.org/10.1016/j.avb.2008.08.003>
- Carroll, A., Ashman, A., Bower, J., & Hemingway, F. (2013). Readiness for change: Case studies of young people with challenging and risky behaviours. *Australian Journal of Guidance and Counselling*, 23(1), 49–71. <https://doi.org/10.1017/jgc.2012.17>
- Chang, C., Wang, T. J., Chen, M. J., Liang, S. Y., Wu, S. F., & Bai, M. J. (2021). Factors influencing readiness to change in patients with alcoholic liver disease: A cross-sectional study. *Journal of Psychiatric and Mental Health Nursing*, 28(3), 344-355.
- Cohen, Brian A. Glaser, Georgia B. Calhoun, Catherine P. Bradshaw & John V. Petrocelli (2005) Examining Readiness for Change: A Preliminary Evaluation of the University of Rhode Island Change Assessment With

- Incarcerated Adolescents, *Measurement and Evaluation in Counseling and Development*, 38:1, 45-62, DOI: [10.1080/07481756.2005.11909768](https://doi.org/10.1080/07481756.2005.11909768)
- Creswell, J. W., & Creswell, J. D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches* (5th ed.). SAGE Publications.
- Dalton, C. C., & Gottlieb, L. N. (2003). The concept of readiness to change. *Journal of Advanced Nursing*, 42(2), 108–117. <https://doi.org/10.1046/j.1365-2648.2003.02593.x>
- Dancey, C., & Reidy, J. (2017). *Statistics without maths for psychology (7th ed.)*. Pearson
- Deng, K., Tsuda, A., Horiuchi, S., & Aoki, S. (2022). Processes of change, pros, cons, and self-efficacy as variables associated with stage transitions for effective stress management over a month: a longitudinal study. *BMC Psychology*, 10(1), 122. <https://doi.org/10.1186/s40359-022-00822-8>
- Devereux, R. (2009). Motivating offenders to attend (and benefit from) rehabilitative programmes: The development of a Short Motivational Programme within New Zealand's Department of Corrections. *Journal of the New Zealand College of Clinical Psychologists*, 19(3), 6–14.
- DiClemente, C. C. (2018). *Addiction and change: How addictions develop and addicted people recover*. Guilford Publications
- DiClemente, C. C., Prochaska, J. O., & Gibertini, M. (1985). Self-Efficacy and the Stages of Self-Change of Smoking on Cognitive Therapy and Research (Vol. 9, Nomor 2).
- DiClemente, C. C., Schlundt, D., & Gemmell, L. (2004). Readiness and Stages of Change in Addiction Treatment. *The American Journal on Addictions*, 13(2), 103–119. <https://doi.org/10.1080/10550490490435777>
- DiClemente, C., Hughes, S. (1990). Stage of Change Profiles in Outpatient Alcoholism Treatment. *Journal of Substance Abuse*, 2, 217-235.
- Do, H. (2019). *Experiences in a rehabilitation programme: Case studies of male juvenile offenders in a correctional school in Vietnam* (Doctoral dissertation, Open Access Te Herenga Waka-Victoria University of Wellington).
- Farabee, david, Nelson, robin, & Spence, R. (1993). Psychosocial Profiles of Criminal Justice- and Noncriminal Justice-Referred Substance Abusers in Treatment. *Criminal Justice and Behavior*, 20(4), 336–346. <https://doi.org/10.1177/0093854893020004002>
- Fathiyah, A. B., & Mardhiyah, S. A. (2023). Personal growth initiative as a predictor of psychological distress in college students during the covid-19 pandemic. *Jurnal Ilmiah Psikologi Terapan*, 11(1), 58-64.

- Fitriani, R. E. (2023). Pelaksanaan Pembinaan Terhadap Narapidana Anak Di Lembaga Pembinaan Khusus Anak (LPKA). *Jurnal Hukum Pelita*, 4(2), 79–92.
- Folk, J. B., Mashek, D., Tangney, J., Stuewig, J., & Moore, K. E. (2016). Connectedness to the criminal community and the community at large predicts 1-year post-release outcomes among felony offenders. *European Journal of Social Psychology*, 46(3), 341–355. <https://doi.org/10.1002/ejsp.2155>
- G. Myers, David. (2012). Psikologi Sosial Edisi 10, Buku 2. Jakarta Selatan: Salemba Humanika.
- Gideon, L. (2010). Drug offenders' perceptions of motivation: The role of motivation in rehabilitation and reintegration. *International Journal of Offender Therapy and Comparative Criminology*, 54(4), 597-610.
- Gravetter, F. J., & Forzano, L.-A. B. (2018). Research methods for the behavioral sciences. Cengage Learning.
- Hidayat, S. W. *Pengaruh Bimbingan Agama terhadap Personal Growth Initiative pada Remaja Binaan di Panti Sosial Bina Remaja (PSBR) Taruna Jaya 2 Dinas Sosial DKI Jakarta* (Bachelor's thesis, Fakultas Dakwah dan Ilmu Komunikasi Universitas Islam Negeri Syarif Hidayatullah Jakarta).
- Hilman, D. P., & Indrawati, E. S. (2018). Pengalaman menjadi narapidana remaja di Lapas Klas I Semarang. *Jurnal Empati*, 6(3), 189-203.
- Janatri, sri. (2023). The Influence of Knowledge, Attitudes, and Self-Efficacy on the Preparedness of School-Age Children in Facing Earthquake Disasters. *Jurnal Keperawatan Komprehensif*, 9(4). <https://doi.org/10.33755/jkk>
- Jatnika, Dyana C., Mulyana, Nandang., & Tri Raharjo, Santoso (2015). Residivis Anak Sebagai Akibat Dari Rendahnya Kesiapan Anak Didik Lembaga Masyarakat Dalam Menghadapi Proses Integrasi Ke Dalam Masyarakat. *Pustakaunp*. 354-264
- Javier, Sánchez., Junjie, Guo. (2023). Self-efficacy. 117-124. doi: 10.1016/b978-0-323-91497-0.00085-0
- Keller S, Nigg CP, Jaekle C, Baum E, Basler H. Self-efficacy, decisional balance, and the stages of change for smoking cessation in a German sample. *Swiss Journal of Psychology*. 1999;58:101– 110.
- Khwaja, I., & Deshpande, A. (2021). Relationship Between Readiness to Change, Hope and Self-Efficacy of Adults with Alcohol Use Disorde. *The International Journal of Indian Psychology*, 1344–1350.
- King, L.A. (2012). Psikologi Umum: Sebuah Pandangan Apresiatif. Jakarta: Salemba Humanika.

- Leoni, W.G. (2019). *Inisiatif Pertumbuhan Pribadi pada Narapidana Remaja* (Doctoral dissertation, UNIVERSITAS NEGERI JAKARTA).
- Lestari, Y. I. (2021). Kebersyukuran mampu meningkatkan subjective well-being pada remaja muslim. *Jurnal Psikologi*, 17(1), 31–46
- Made, S. N., & Ketut, S. N. (2020). Penyimpangan Perilaku Remaja Di Perkotaan. *Kulturistik: Jurnal Bahasa dan Budaya*, 4(2), 51-59.
- Maisun, S. S. I. (2020). Efektivitas Pelaksanaan Pembinaan Anak Didik Masyarakat (ANDIKPAS) di Lembaga Pembinaan Khusus Anak (LPKA). *Jurnal Penelitian Sosial dan Politik*, 9(1).
- Marcus, B. H., Selby, V. C., Niaura, R. S., & Rossi, J. S. (1992). Self-Efficacy and the Stages of Exercise Behavior Change. *Research Quarterly for Exercise and Sport*, 63(1), 60–66. <https://doi.org/10.1080/02701367.1992.10607557>
- Maruna, S., & Mann, R. E. (2006). A fundamental attribution error? Rethinking cognitive distortions †. *Legal and Criminological Psychology*, 11(2), 155–177. <https://doi.org/10.1348/135532506X114608>
- Mathlin, G., Freestone, M., & Jones, H. (2024). Factors associated with successful reintegration for male offenders: a systematic narrative review with implicit causal model. *Journal of Experimental Criminology*, 20(2), 541–580. <https://doi.org/10.1007/s11292-022-09547-5>
- McAllister-Williams, R. H., Massey, A. E., & Fairchild, G. (2007). Repeated cortisol administration attenuates the EEG response to buspirone in healthy volunteers: Evidence for desensitization of the 5-HT1 A autoreceptor. *Journal of Psychopharmacology*, 21, 826-832
- Moffitt, T. E. (1993). The neuropsychology of conduct disorder. *Development and Psychopathology*, 5(1–2), 135–151. <https://doi.org/10.1017/S0954579400004302>
- Monahan, K., Steinberg, L., & Piquero, A. R. (2015). Juvenile justice policy and practice: A developmental perspective. *Crime and justice*, 44(1), 577-619
- Nazir, M. (2011). *Metode penelitian*. Ghalia Indonesia.
- Novrianto, R., Maretih, A. K. E., & Wahyudi, H. (2019). Validitas Konstruk Instrumen General Self Efficacy Scale Versi Indonesia. *Jurnal Psikologi*, 15(1), 1. <https://doi.org/10.24014/jp.v15i1.6943>
- Papalia, D.E., Olds, S.W., & Feldman, R.D. (2013). *Human Development*. Jakarta: Salemba Humanika.
- Petersen, A. C., Compas, B. E., Brooks-Gunn, J., Stemmler, M., Ey, S., & Grant, K. E. (1993). Depression in adolescents and their parents. *Genetic Psychology Monographs*, 109, 53-75.

- Plant, G., & Taylor, P. J. (2012). Recognition of Problem Drinking among Young Adult Prisoners. *Behavioral Sciences & the Law*, 30(2), 140–153. <https://doi.org/10.1002/bsl.2002>
- Prabowo, A. (2017). Gratitude dan psychological well being pada remaja. *Jurnal Ilmu Psikologi Terapan*, 5(2), 260-270
- Prochaska, J. O., & DiClemente, C. C. (1982). Transtheoretical therapy: Toward a more integrative model of change. *Psychotherapy: Theory, Research & Practice*, 19(3), 276–288. <https://doi.org/10.1037/h0088437>
- Putra, A. (2021). *Gambaran Readiness to Change Pada Narapidana Remaja*. Universitas Andalas.
- Rosidah, N. (2019). *SISTEM PERADILAN PIDANA ANAK*.
- Rosyidah, M., & Fijra, R. (2021). *Metode Penelitian*. Deepublish Indonesia
- Schomerus, G., Matschinger, H., Lucht, M. J., & Angermeyer, M. C. (2014). Changes in the perception of alcohol-related stigma in Germany over the last two decades. *Drug and Alcohol Dependence*, 143, 225–231. <https://doi.org/10.1016/j.drugalcdep.2014.07.033>
- Septiani, A. R., Maslihah, S., & Musthofa, M. A. (2019). Kebersyukuran Pada Anak Didik Lembaga Pembinaan Khusus Anak (LPKA) Kelas II Bandung. *Personifikasi: Jurnal Ilmu Psikologi*, 10(2), 83-99.
- Snyder, B. D. H., Glaser, B. A., & Calhoun, G. B. (2015). Are parental attitudes related to adolescent juvenile offenders' readiness to change? *International Journal of Offender Therapy and Comparative Criminology*, 59(5), 466–479. <https://doi.org/10.1177/0306624X13517665>
- Supratiknya, A. (2014). *Pengukuran psikologis*. Universitas Sanata Dharma
- Suputra, I. K. D., Rahayu, Y. P., Dianovinina, K., & Suputra, I. K. D. (2022). Pengaruh Pelatihan Self-Compassion Terhadap Kontrol Diri Anak yang Berkonflik Dengan Hukum. *Psikostudia: Jurnal Psikologi*, 11(3), 429-441.
- Tandriani, C., Gozali, W., & Elvinawaty, R. (2021). Efek Self-Efficacy terhadap Readiness for Change Masyarakat Samosir dalam Menyambut Bali Baru. *Media Wisata*, 19(2), 134-145.
- van der Laan, A., & Eichelsheim, V. (2013). Juvenile adaptation to imprisonment: Feelings of safety, autonomy and well-being, and behaviour in prison. *European Journal of Criminology*, 10(4), 424-443.
- Walters, G. D. (2020). *Parental Warmth, Parenting Self-Efficacy, and Delinquency I Self-Efficacy in Parents and Children and its Relationship to Future Delinquent Behavior in Children*. <https://doi.org/https://doi.org/10.1177/0044118X20959230>